



CLIMBING TRIANGLE

ASSEMBLY & USE GUIDE



Confidence Through Activity



We believe that children deserve spaces
that help them thrive.

Clark Davis, Founder

Thank you for choosing Sprout! As parents ourselves, we know the care and consideration that goes into selecting something for your child. We appreciate your trust in allowing us to be a part of your space! We hope that these resources will serve your family for years to come.



Sustainably made
in the USA



Design inspired by
Dr. Emmi Pikler



Heirloom quality,
made to last

We're Here to Help



Please reach out to our support team if you need any assistance along the way!



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M-F 8-4 MST



support@sprout-kids.com

Assembly Instructions

Assembly Video

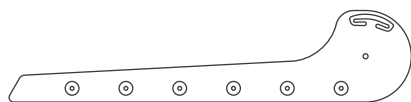
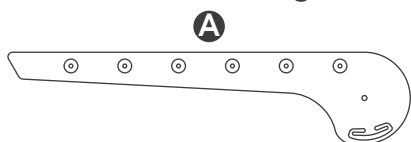
Assembly Video ▶

Enjoy the best assembly experience
sprout-kids.com/CT

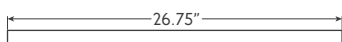


Included Parts

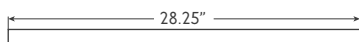
Left Outer Leg



Right Outer Leg

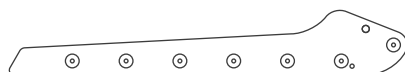
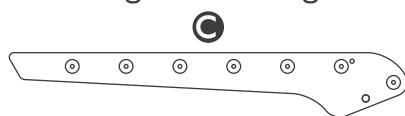


Short Dowels (x7)



Long Dowels (x6)

Right Inner Leg



Left Inner Leg



Bolts (x2)



Screws (x26)

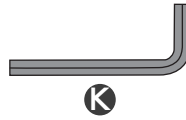
Included Tools



4mm Allen
Wrench
long & skinny



Hex Bit



3/16" Allen
Wrench
short & fat



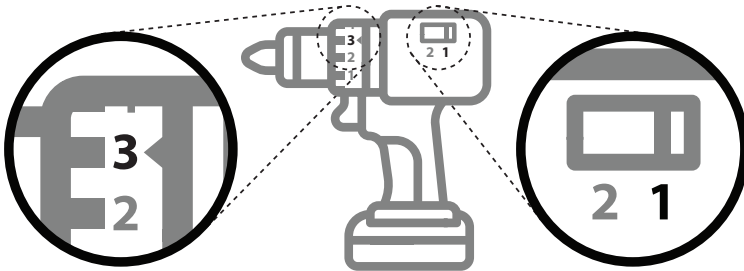
Sandpaper

What to Know



If using a drill, set clutch on drill to **LOW SETTING** (around 3).

If your drill has two speeds, set it to the **SLOW SPEED** (1).



A high clutch setting will strip screw heads or wood and can render parts useless!

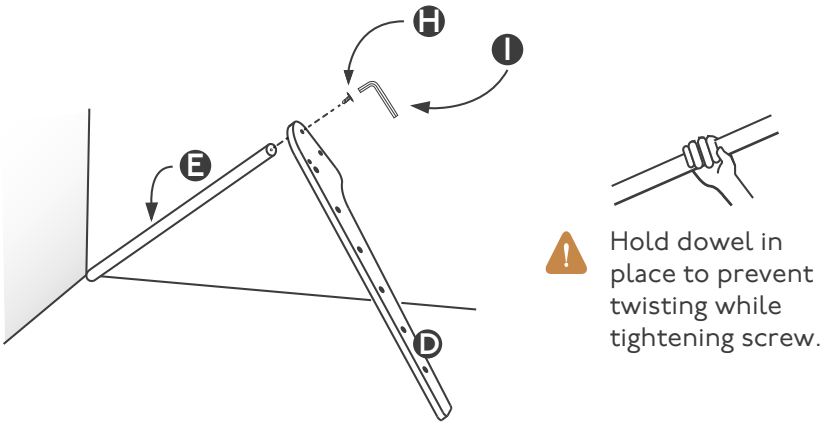
CLUTCH TOO HIGH: If the drill twists dramatically in your hand when drilling. Lower the clutch setting.

CLUTCH TOO LOW: If the screw does not screw in all the way. Adjust clutch up by 1 setting and try again.

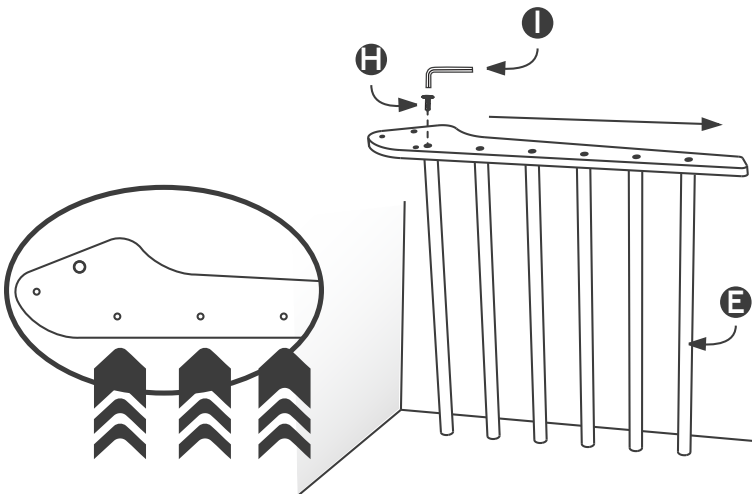
STRIPPED WOOD: If the screw continuously spins in place, the wood has stripped. To fix, insert a toothpick into the stripped hole and break the top off so it's even with the hole opening, then try again. If needed, add additional toothpicks until the screw stops spinning in place.

Begin Assembly

- 1 Starting with Right Inner Leg **D**, insert one of the Short Dowels **E** into the top indented space. Pushing the end of Dowel **E** up against a corner for balance, insert Screw **H** into the drilled hole and tighten with drill and Hex Bit **J**, or 4mm Allen Wrench **I**.

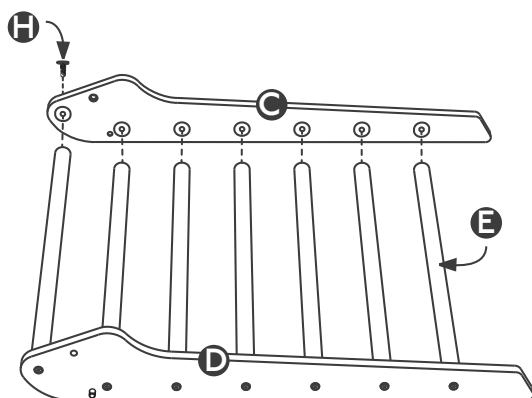


- 2 Repeat with the remaining Short Dowels **E** using Screw **H** and a drill and Hex Bit **J**, or 4mm Allen Wrench **I**.



3

Once all Short Dowels **E** are tightened into place on Right Inner Leg **D**, line up the Dowels with the indents on the surface of Left Inner Leg **C**. Insert and thread Screw **H** into place.

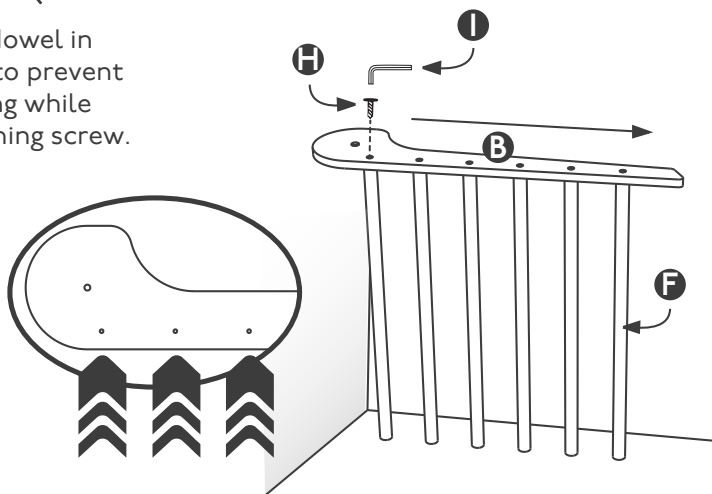


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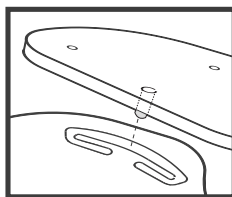
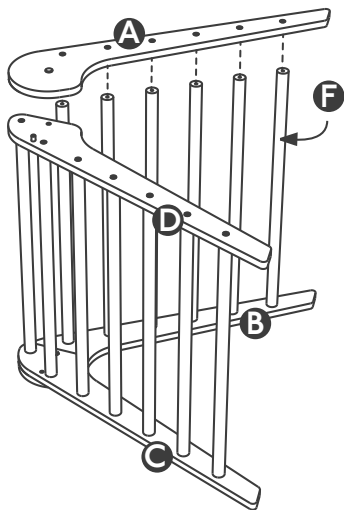
Set aside the finished inner half. Following instructions in Steps 1 & 2, tighten six Long Dowels **F** into place into Right Outer Leg **B**. **Do not repeat Step 3.**



Hold dowel in place to prevent twisting while tightening screw.

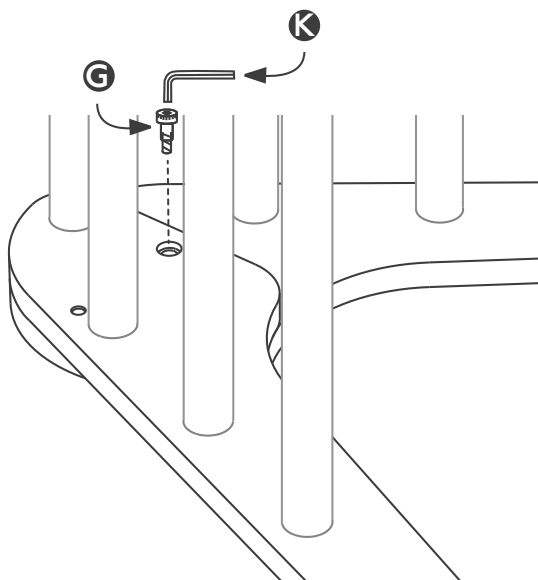


- 5** Align Left Outer Leg **A** with unattached ends of the Long Dowels **F**, **do not screw dowels in place yet**. Place the finished Inner Legs (**C** & **D**) on the inside of both Outer Legs (**A** & **B**).

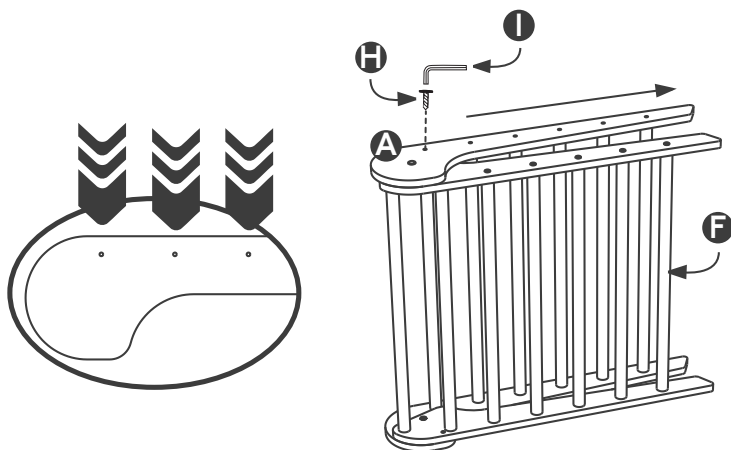


Align legs so Dowel Pin in the hole on parts **C** & **D** goes into the middle of the sliding slot on parts **A** & **B**.

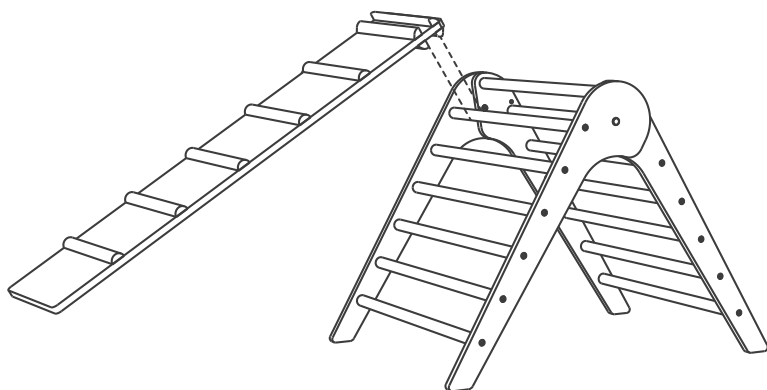
- 6** Place Bolts **G** in the aligning holes on the tops of both the Outer and Inner Legs. Use Allen Wrench **K** to tighten.



- 6** Once both Bolts **G** are in place, ensure Left Outer Leg **A** is aligned with unattached ends of the Long Dowels **F**. Tighten into place with Screw **H** using a drill and Hex Bit **J**, or 4mm Allen Wrench **I**.



- 7** When opening the Climbing Triangle for the first time, **you will hear a cracking noise**. This is by design; the noise is from the sliding slot which allows the triangle to click open and closed. Feel free to open and close it a few times to try it out. Add ramp accessories as desired.



Safety Information

As a parent, you know your child's abilities the best. However, when considering their environment, we recommend the following safety measures:



Open the Triangle fully. When completely opened, the Triangle is 35 inches wide, as opposed to 30 inches when not fully opened.



Children should not climb on the Triangle while it is folded for storage.



Holds up to 150 lbs - enough for multiple small children.

Keep In Mind

This design is inspired by the Climbing Triangle first produced by [Dr. Emmi Pikler](#). Below are some developmental guidelines as your child uses this resource:

- When introducing an open-ended item in your home, your child might not know how to start. It might take time and space for them to adjust and explore.
- Your child might start by stepping onto one bar and standing for a while. They will typically only go as high up as they feel safe.
- Your child might experiment with balancing on a rung with no hands, hanging below the Triangle, or other unique uses as they explore their abilities.

Bite-Sized Education

pro·pri·o·cep·tion : noun

Proprioception, otherwise known as kinesthesia, is the sense that lets us perceive the location, movement, and action of parts of the body.

Full body work, like rocking, carrying, and climbing, can help your little one develop this sense and discover all the things that their body is capable of!



“

I remember the first time Val stepped on the Climbing Triangle, she climbed to the first bar and noticed that she was able to see further out the window. Then she tried to step on the second bar, and she stood there for a long time while exploring the view. It was amazing watching her progression of using the Wooden Climbing Triangle.

”



- Yuyu, mother of two

Proper Care & Use

In order to maintain the quality of your product, we recommend following these basic guidelines:



Clean gently with a soft cloth. Avoid using harsh or abrasive cleaners.



While the Climbing Triangle is durable, know that throwing items at the wood may cause minor dents.



It's best to use the triangle on carpet or a mat to avoid scratching your floors and to keep the triangle from sliding.

Not Just for Climbing

Interested in ideas for introducing your child to the Climbing Triangle? Here are a few suggestions:

- You can tie scarves or toys from the rungs and let an infant lay underneath for a sensory experience.
- When on the top rung, the slide side of the ramp can be quite steep. Consider putting the ramp on a lower rung or using a pillow for a soft landing.
- Encourage imagination! The Triangle could become a castle with a drawbridge, a playground for dolls, or a covered wagon in the wild west!

A Space for Learning

When you invite children to explore challenges and be intrigued by mistakes they can become lifelong learners. If you're looking to create spaces in your home for children to learn gross motor skills and independence, here are some other items you might consider:



The **Pikler® Labyrinth** allows your baby to cruise, crawl, pull themselves up, and move. When your little one crawls through, they discover for themselves spatial awareness - how much to move their body in a given space.

As babies develop, the **Infant Shelf** can provide a stable surface for them to pull themselves up to explore materials and cruise along the length of the shelf. Older children can use it for toy rotations or as a play surface.



Share with the Community

Parenting can be hard and learning from others who have been there before can be helpful! **We invite you to share your experience to help other parents** by leaving a review or sharing on social media! Each month, we randomly select three reviewers to receive a \$100 gift card.



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