

USER MANUAL



SCAN for more

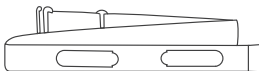


A l l A b o u t P a s s i o n

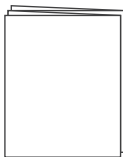
Standard Accessories



Heart Rate Monitor x 1
(CR2032 battery installed)



Chest Strap x 1



User Manual x 1

Product Introduction

H6 captures real-time heart rate data by Bluetooth and ANT+. It can pair with your favorite training Apps, GPS watches and bike computers. This user manual will help you to use the product better, please keep it for reference.

Note: This product is for sports purposes only and it is not meant to replace any medical device.

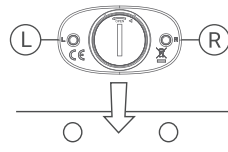
Function and Operation

Wear the Heart Rate Monitor

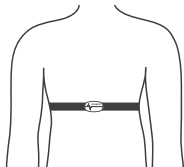
- 1 Moisten the electrode areas of the chest strap.



- 2 Attach the connector to the chest strap, marked 'L' towards left.



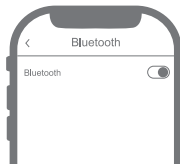
- 3 Adjust the strap length to fit tightly but comfortably. Check if the moist electrode areas are firmly against your skin and if the COOSPO logo of the connector is in a central and upright position.



Connect to the App

Turn on Bluetooth: Settings--Toggle Bluetooth to ON position.

Don't search device or try to pair on this page, just turn on Bluetooth and go to the App.



About Connecting to the ANT+ Watch

- 1 Refer to the "Wear the heart rate Monitor" wear heart rate Monitor correctly.
- 2 Find and add H6 in the ANT+ device list.
- 3 Start training as prompted by the watch and check your heart rate in real time on the display.

Both ANT+ and Bluetooth compatibility allow wireless connection to both smartphones and GPS devices at the same time or separately.

Maintenance

H6 is a high-tech instrument that should be handled with care. Please follow the caring instructions to ensure reliable measurement and maximize the life span of the heart rate Monitor.

1 Heart Rate Connector

Detach the connector from the strap after each use and dry the connector with a soft towel. Do not use cleaning chemicals.

2 Chest Strap

Clean the strap under running water after each use and hang to dry. Cleaning of strap in a washing machine or dryer is strongly prohibited.

Never use cleaning chemicals.

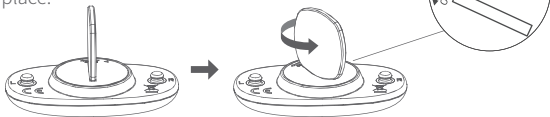
(Cleaning chemicals may cause rapid aging of the strap and shorten the service life).

Do not stretch the strap or bend the electrode areas sharply.

Do not store the heart rate Monitor wet in non-respirable materials to prevent rapid oxidation. Dry and store the strap and the connector.

Battery Replacement

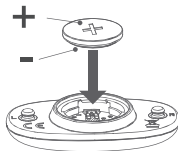
- 1 Use a coin and twist the battery cover counter clockwise until it clicks out of place.



- 2 Remove battery, and properly dispose of used batteries in accordance with local environmental regulations.



- 3 Replace the battery positive (+) side up. Use a coin to twist the battery cover back into place.



To avoid danger, batteries should be kept away from children.

Specifications

Weight	15 g
Battery Life	400 hours
Heart Rate Range	30 - 240 bpm
Waterproof	IP67
Wireless	Bluetooth & ANT+
Size	60 x 33.8 x 12.2 mm
Distance	Bluetooth: 10 m ANT+: 6 m
Strap Adjustable	(L) 65 - 95 cm

Applicable Smart Phones



IOS 7.0 or above, iPhone 4s model or above



Android 4.3 or above with Bluetooth 4.0

Compatible Apps

CoospoRide, Wahoo Fitness, Endomondo, Polar Beat, Adidas Running, UA Run, Zwift, Nike+ Run Club, Heartool, or other Apps with heart rate display feature.

Note: When using Nike+ Run Club, please refer to the steps of displaying heart rate data in the App running settings.

Disclaimer

- The product described in the use manual is subjected to change without prior notice, due to the manufacture's further development program.
- Our company shall not be liable for any damages, losses, costs or expenses, direct, indirect or incidental, consequential or special, arising out of, or related to the use of this material or the products described herein.

FCC statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver. - 8 -

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1 this device may not cause harmful interference, and .
- 2 this device must accept any interference received, including interference that may cause undesired operation.

Waste electrical products should not be disposed of with household waste. Please recycle where facilities exist. Contact your local government or a retailer for additional information.



- Do not open or modify the product.
- Do not disassemble or attempt to service this product.



- This product is safe under normal and reasonably foreseeable operating conditions.
- If product is operating improperly, call COOSPO support.
- Product must be returned to the manufacturer for any service or repair.

Battery Statement

WARNING

- **INGESTION HAZARD:** This product contains a button cell or coin battery.
- **DEATH** or serious injury can occur if ingested.
- A swallowed button cell or coin battery can cause **Internal Chemical Burns** in as little as **2 hours**.
- **KEEP** new and used batteries **OUT OF REACH of CHILDREN**
- **Seek immediate medical attention** if a battery is suspected to be swallowed or inserted inside any part of the body.



- Remove and immediately recycle or dispose of used batteries according to local regulations and keep away from children, Do NOT dispose of batteries in household trash or incinerate.
- Even used batteries may cause severe injury or death.
- Call a local poison control center for treatment information.
- Compatible battery type: CR2032
- Nominal battery voltage: 3V
- Do not force discharge, recharge, disassemble, heat above 45°C or incinerate. Doing so may result in injury due to venting, leakage or explosion resulting in chemical burns.
- Ensure the batteries are installed correctly according to polarity (+ and -).
- Do not mix old and new batteries, different brands or types of batteries, such as alkaline, carbon-zinc, or rechargeable batteries.
- Remove and immediately recycle or dispose of batteries from equipment not used for an extended period of time according to local regulations.
- Always completely secure the battery compartment. If the battery compartment does not close securely, stop using the product, remove the batteries, and keep them away from children.