# foxin

## FOXFIT AMAZE

**IP68**
WATER
PROOF

**30+**
WATCH FACE

**10**
SPORTS
MODES

**15**
DAYS
USING TIME

**30**
DAYS
STANDBY TIME

**24** Hr
HEART RATE
MONITORING

Fitness
Smart Watch

QR Code for **YFit**
APP Download :

## USER MANUAL

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## APP Downloading:

Scan the QR code to install the [Yfit] APP.

\* Compatible with iOS 9.0 & Android 5.0 or above.

\* If software is not the latest Version, YFit APP may not work properly.

Update software for Watch: **App[YFit]→[Device]→[Firmware upgrade]→[upgrades]**

Update software for APP: **App[YFit]→[Profile]→[update]**

Note: IPad or Tablet is not supported.

## Watch & APP Connecting:

\* Turn on your phone's Bluetooth and GPS. Make sure the watch is not connected to any other devices.

\* **[YFit APP]→[Device]→[Add Device]→**Tap on the watch name to pair it.

| Status | Workout | Device | Profile |
|--------|---------|--------|---------|

## Charging:

\* Before you use the watch for the first time, please charge it to ensure that the watch has sufficient power.

\*Reusing the watch after a long period, please charge the watch at least 2 hours to activate the battery. But don't overcharge it every time when charging the watch, which

will shorten the battery working life.

*Making sure that the watch will be charged every 2 months when you don't use it.

* If 5% of battery capacity left, Watch will switch to the power saving mode automatically. All functions will be disabled.

*Please use the standard accessories for charging,Please choose a charger with an output voltage/current of 5V/500mA or 1A.

*The two charging thimbles of charging accessories shall not be contact on metal objects under which it is energized, so as to avoid short circuit or fire. Do not use quick charger.

## FEATURES

### 1. Changing Main Watch Face / Dial (2 Ways)

#### Change Watch Face from Watch

In watch→Find the menu:[Setting] or [More]→[Watch faces], or find the menu :[Watch faces] to change it directly（some software version Support）

#### DIY Watch Face or Watch face market from APP

[YFit APP]→[Device]→[Watch faces]→[Edit]or [More]→[Select picture] →OK(Do not leave the download interface until the download is 100% completed)
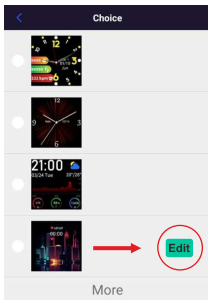
## 2. Step

The watch will record the number of moving steps, distance and burned calories. Other fitness activity data will synchronize to the APP. It resets every day after 00:00, and all history records are available in the APP.

## 3. Sleep

It will record the sleep time, the duration of deep sleep and light sleep. You can view more data about sleep records through YFit APP. Default sleep statistics period: 8:00pm-10:00am.

## 4. Sport

Multi-Sport modes (Walk, Run, Cycling, Climb, Yoga, Basketball, Football, Badminton, Skip and Swim). Press the home button to pause/stop the exercise mode. Exercise data will be synchronized to YFit APP, you can view the detailed data records in the sports mode in the APP

* watch doesn't have GPS, so when using GPS in sport mode, the APP will activate the mobile GPS to record the movement track

## 5. Heart Rate

Entering the heart rate measuring interface, it will start in 2 seconds and wait for 10-20 seconds to complete the measuring. If you need heart rate measuring automatically, please set in APP. Tip:**[YFit APP]→[Device]Open→ [Automatic heart rate detection]**. You will have more detailed view and analysis in the APP.

Note: The measuring result is only for reference and cannot be used for medical purpose.

## 6. Breath

Entering the breath training interface, you can choose the time and rhythm. For example, selecting the time of 1 minute and then the rhythm is slow. Click the breathing icon to start breathing training. Breathing training helps to reduce stress and improve vital capacity

## 7. Blood Oxygen

The principle of blood oxygen monitoring is to use the PPG measurement method to measure the oxygen saturation in blood through a light sensor. Put the smart watch on your wrist and start measuring after clicking the blood oxygen interface on the watch. In the APP blood oxygen interface, you can check the historical measuring result.

## 8. News

Whenever there is a new message notification in the smart phone, the watch will vibrate and synchronously show the message content. Watch can save the latest 5 new messages and the latest new message will automatically overwrite the previous saved message, including SMS and other information.

## 9. Weather

You can view the weather today and next two days. You need to connect the watch and YFit APP to get location weather information.

* The weather information displayed on the smart watch obtains from the service provider. So if the service provider of the smart phone is different, the weather information displayed may be different.

## 10. Shutter (should be connected with APP)

A: In the APP, go to **[Device]→[Easy camera]**

B: On the watch, from the main interface, swipe from upwards till the "More" menu. Tap on It then tap on "Shutter".

## 11. Music control

After connecting with the APP ,Playing music in the smart phone, the watch can control the music

## 12. Find Phone &stop watch

Click to use it

## 13. Setting

Tap on it to use: Watch face, QR code, Screen sleep, Brightness, Power off, Reset, Find phone, Stop watch

## 14. Sedentary Reminder

**[YFit]APP→[Device]→[Idle alert]** Toggle to enable/disable the function. When there are no activities in 1 hour, or if less than a certain number of steps within a given period of time, the smart watch will vibrate to remind you.

## 15. Call Reminder

**[YFit]APP→[Device]→[Call reminder].** Toggle to enable/disable the watch to remind you the incoming calls of your phone.

Note: The watch cannot be used to answer calls or reply to messages. It can only display messages or reject the incoming call.

## 16. Alarm

**[YFit]APP→[Device]→[Alarm]**. Up to 5 alarms can be set. The alarm will only remind when the time set is more than 2 minutes.

## 17. Wake Screen on Wrist Raising:

Flipping your arm, the screen will automatically light up.

## 18. QR Code:

Scanning the QR Code to download YFit APP.

# FAQ

**1-APP cannot detect the smart watch and cannot be paired.**
**1.1.** Please confirm the smart phone version firstly. Android needs to be version 5.0 or above; iOS needs to be version 9.0 or above. And confirm that the notification permissions of the smart phone are all turned on.

**1.2.** Confirm that the Bluetooth and GPS of the smart phone are all turned on.

**1.3.** Move your smart phone close to the smart watch and search again.

**1.4.** If the steps above cannot solve the problem, please set in the smart phone: open the phone settings→app and notifications →permissions→switch all permissions of **Yfit to ON**→**turn on GPS**→reset the watch after restarting the phone.

### 2- Why can't the watch receive the messages?

As the Android phone backplatform will automatically clean up the less used software, it will cause the watch to go offline and no longer push messages.

**2.1:** Ensure that the YFit APP operating in the phone

**2.2:** Ensure that the applications that needed to be notified by watch are only logged in smart phone. The watch cannot be notified due to that the information has been read by the other device if the application logged in smart phone and computer (or Ipad).

**2.3:** Ensure that the notification center of the smart phone software is open(if there is no message displayed in the notification bar of the phone, the message will not be displayed on the watch, If you find some information missed, also need check the drop-down menu of the mobile phone notification centre and whether get the message):

**2.4.1:**Mobilephone Setting:**[Smart phone]→[Settings]→[App and notifications]→[Permissions]→[YFit]**Set all permissions to be ON.

Special Note : Above iOS 12 system version, **[settigs]→[bluetooth]→[my devices]→[device name]** tap this: (i)**→[share system notifications]→open it**
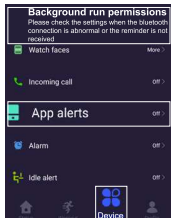
**2.4.2:** APP "permission settings"

First Step (Android Phone):

**[YFit]APP→[Device]→[Background run permissions] → [Click ]**

Second Step(iOS&Android Phone)：

**[YFit]APP→[Device]→[App alerts]→[Message reminding] →[YFit] →[OFF]change to[ON]**

Note:APPLE mobile only need set the second step

**3-After the smart watch and the smart phone are connected with Bluetooth, the APP of the phone and the clock are not synchronized and the displaying time is inconsistent.**

Please don't use the phone's own Bluetooth setting to connect the watch and phone. If

connected, delete the watch from the list of paired devices. After that, please follow the steps of "Watch & APP Connecting" to connect the watch and phone.

**4-Question: The number of steps displayed in the APP is inconsistent with the number of steps of the watch.**

Answer: Please confirm the connection status between watch and APP. After connecting with the phone, APP will automatically synchronize the steps of the watch.

# Balaji Solutions Private Limited

**Ecospace Business Park, Plot No. 2F/11, Block - 4B, 9th Floor,
Unit No.902, New Town, Rajarhat, Kolkata - 700 156, W.B, India.
E-mail: foxin.sales@balajisolutions.in
Website: www.foxin.in | www.balajisolutions.in**

**FOR ANY SERVICE RELATED QUERIES PLEASE CONTACT OUR
Service Helpline: +91 9038565656 or
Mail us : service@balajisolutions.in**