

IMPORTANT SAFETY INFORMATION

It is the sole responsibility of the purchaser of MATRIX Fitness Systems products to instruct all individuals, whether they are the end user or supervising personnel on proper usage of the equipment.

It is recommended that all users of MATRIX Fitness Systems exercise equipment be informed of the following information prior to its use.

PROPER USAGE

Do not use any equipment in any way other than designed or intended by the manufacturer. It is imperative that MATRIX Fitness Systems equipment be used properly to avoid injury.

Keep hands and feet clear at all times from moving parts to avoid injury.

CHECK FOR DAMAGED PARTS

- 1. DO NOT use any equipment that is damaged and or has worn or broken parts. Use only replacement parts supplied by your country's local MATRIX Fitness Systems dealer.
- 2. MAINTAIN LABELS AND NAMEPLATES: Do not remove labels for any reason. They contain important information. If unreadable or missing, contact your MATRIX Fitness Systems dealer for a replacement.
- 3. SECURING EQUIPMENT: All equipment MUST be secured to the floor to stabilize and eliminate rocking or tipping over. This must be performed by a licensed contractor.
- 4. MAINTAIN ALL EQUIPMENT: Preventative maintenance is the key to smooth operating equipment as well as keeping your liability to a minimum. Equipment needs to be inspected at regular intervals.
- 5. Ensure that any persons) making adjustments or performing maintenance or repair of any kind is qualified to do so. MATRIX Fitness Systems dealers will provide service and maintenance training at our corporate facility upon request.

**WARNING: SERIOUS INJURY CAN OCCUR ON THIS EQUIPMENT. FOLLOW THESE PRECAUTIONS TO AVOID INJURY!**

- 1. Never allow children on freeweight or bench equipment. Teenagers must be supervised at all times while using this equipment.
- 2. All warnings and instructions should be read and proper instruction obtained prior to use.
- 3. Cease exercise if you feel faint or dizzy. Obtain a medical exam before beginning an exercise program
- 4. Keep body, hair, clothing and fitness accessories free and clear of all moving parts.
- 5. Inspect the machine before use. DO NOT use machine if it appears damaged or inoperable.
- 6. This equipment should only be used in supervised areas where access and control are regulated by the owner.

MAINTENANCE CHECKLIST

ACTION		FREQUENCY
Clean Upholstery		Daily
Inspect Cables		Daily
Clean Guide Rods		Monthly
Inspect Hardware		Monthly
Inspect Frame		Bi-Annually
Clean Machine		As Needed
Clean Grips		As Needed
Lubricate Guide Rods		As Needed

Upholstery & Grips should be cleaned with a non-ammonia based cleaner (like Simple Green) or a mild soap and water. Guide rods should be lubricated with Teflon based lubricant. Apply the lubricant to a cotton cloth and then apply up and down the guide rods.

PRODUCT SPECIFICATIONS

TECH SPECS	
Overall dimensions	44"L x 48"W x 73"H
Weight	745 lbs
Weight Stack	295 lbs.
Shipping weight	825 lbs.

WARANTY (Valid in USA only)	
Frame (not coatings)	10 years
Structural parts	10 years
Weight stacks	5 years
Pulleys	5 years
Pivot bearings	5 years
Any items not specified	3 years
Labor (excluding upholstery/cables/grips)	3 years
Upholstery/cables/grips/springs	1 year



AURA (G3-S76) ROTARY HIP

UNPACKING AURA (G3-S76) ROTARY HIP

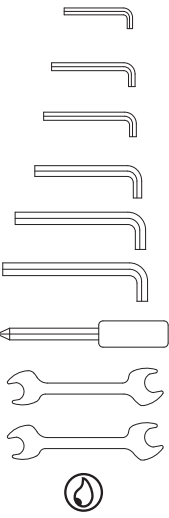
Thank you for purchasing a MATRIX Fitness product. This machine is an EN957-1 and EN957-2 complaint Class S product. Your MATRIX AURA (G3-S76) ROTARY HIP is inspected before it is packaged. It is shipped in multiple pieces to facilitate the compact packaging of the machine. Prior to assembly, confirm all the components by matching them with the exploded diagrams. Carefully unpack the unit from this box and dispose of the packing materials in accordance with your local laws.

CAUTION

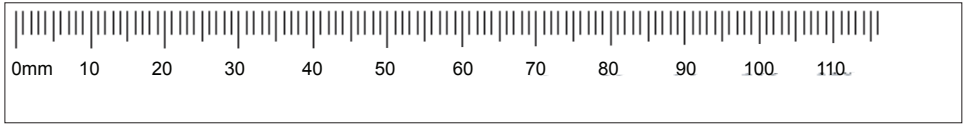
The weight of the AURA (G3-S76) ROTARY HIP is 745 lbs (338 kg). To avoid injury to yourself and prevent damage to the frame components, be sure to have proper assistance removing the frame pieces from this box. Please be sure to install the equipment on a stable base, properly level the machine and leave at least two feet of clearance to enter and exit the machine. Maximum user weight for this machine is 300 lbs. (136 kg).

INCLUDED TOOLS REQUIRED FOR ASSEMBLY

- 3MM L-Shaped Allen Wrench
- 4MM L-Shaped Allen Wrench
- 5MM L-Shaped Allen Wrench
- 6MM L-Shaped Allen Wrench
- 8MM L-Shaped Allen Wrench
- 10MM L-Shaped Allen Wrench
- Phillips Screwdriver
- 8MM Open-End Wrench
- 17MM Open-End Wrench
- Guide Rod Lubrication



If any items are missing please contact your country’s local MATRIX dealer for assistance.



STEP 1

Frame Detail

Item	Description	Qty
Z09	Flat Washer (M10)	8
Z10	Lock Washer (M10)	8
Z39	Arc-flat Washer (M10)	4
Z08	Allen Head Cap Screw (M10x25L)	12

Allen Head Cap Screw (M10x25L)

Lock Washer (M10)

Arc-flat Washer (M10)

Flat Washer (M10)

STEP 2

Input Detail

Item	Description	Qty
Z24	Flat Washer (M12)	1
Z15	E-Clip (E24)	4
Z16	Allen Head Cap Screw (M12x30L)	1
D20	Screw (M10x25L)	2
D40	Wavy Was	1
Z12	Spacer	1
Z13	Cover	1
Q05	Rubber Shield Spacer	4
Q06	Rubber Tip Weight Shield Bolt	4

STEP 3

Weight Stack Detail

Item	Description	Qty
Z31	E-Clipper (E-15)	4
Z30	Rubber Stack Cushions	2

Guide Sleeve

Top Weight

Guide Rod

Screw

Selector Pin

STEP 4

Belt Routing Detail

Item	Description	Qty
F05	Cable	1

Cable Fixer

STEP 5

Accessory Detail

Item	Description	Qty
B34	Screw (M8x30L)	2
B71	Screw (M8x18L)	4
B43	Screw (M4x12L)	6
Z34	Internal Tooth Lock Washer	6
Q05	Rubber Shield Spacer	6
Q06	Rubber Tip Weight Shield Bolt	6
Q02	Upper Cover	2