

Please check if you have the following items:



Smart watch



Wireless charger



ATTACK PRO USER MANUAL
Operation Guide

Instructions



Upper right: Long press to switch on and off, short press to turn off the screen.

Bottom right: Back, secondary menu.

Upper left: heart rate.

Bottom Left: Sports.

Set up the watch

ATTACK PRO is used in Android 4.4 and iOS 8.2 or above. You can download and install Da Fit first through the following QR code.



Android: Search for Da Fit in the "Google Store" app market to download it.

IOS platform: Search for Da Fit in App Store to download.

How to charge a watch and trouble:

- 1)** Before using the product, please charge it for 2 hours.
- 2)** If the connection between the charging cable and the charger is unstable, please reconnect the data cable and the charger.
- 3)** If you cannot turn on the device or charge it, please use a 5V/2A or higher charger to charge the device for more than 20 minutes to activate the battery.

Operation Introduction

Swipe the screen to the left: Voice assistant, call records, today's data, health monitoring, weather, camera control, music, breathing training

Swipe the screen right: Secondary menu

Slide Down Screen: Phone, About This Phone, Menu View, Vibrate On, Brightness, Settings

Swipe Up Screen: display information.

Bluetooth connection operation steps

Download and open the Da Fit APP, search for the Bluetooth device "ATTACK PRO", and connect to Bluetooth 5.1

Function introduction

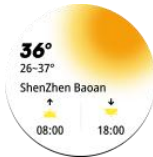


Dial Mode: Long press the dial interface to switch the dial.

Call Function: Make calls, hands-free calls, hang up, call records, sync contacts, adjust volume.

Menu: List menu, 8 sets of different UI styles, switch at will.

Information Push: After the phone is connected to the watch, it will vibrate to remind you of incoming calls and text messages.

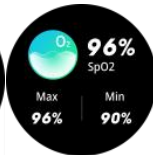


Weather: After the watch is connected to the APP, the weather interface will display the weather status.

Music: After the watch is connected to the APP, it can control the music player.

Sports: Walking, running, cycling, hiking, rope skipping, basketball, volleyball, badminton, tennis, football, golf, table tennis, rock climbing and more than 100 sports.

Sports Data: Display the number of steps, distance, and calories recorded on the day, and you can set exercise goals in the APP.



Heart Rate: Heart rate measurement, the green light is on to start the measurement, and there will be a vibration reminder when it is completed.

Blood Pressure: For blood pressure measurement, the green light will start the measurement, and there will be a vibration reminder after completion.

Sleep Monitoring: Display the sleep monitoring status of the day

Blood oxygen: When blood oxygen measurement is completed, there will be a vibration reminder.

Common Problem

Watch won't turn on

Please press and hold the power button for more than 3 seconds or the battery power may be too low, please charge it in time.

Bluetooth is not connected or unable to connect

- 1) Please try to restart the watch and reconnect.
- 2) Please try to restart the phone's Bluetooth and connect again.
- 3) Do not connect the mobile phone to other Bluetooth devices at the same time.

Inaccurate measurement of heart rate/blood pressure/blood

oxygen

- 1) Generally, it is caused by poor contact between the sensor of the watch and the human body during measurement.
- 2) Please make sure that the sensor is in full contact with your wrist during measurement.
- 3) For people with darker skin and more hair on their arms, please turn on the enhanced measurement in App[Device]> [Enhanced Measurement].

Sleep data is not accurate enough

- 1) Sleep monitoring is to simulate a person's natural falling asleep and waking time state, and it needs to be worn normally.
- 2) Wear it when you fall asleep too late or when you fall asleep, errors may occur.
- 3) Sleep data is not monitored during the day, and the default sleep monitoring is from 9:30 pm to 12:00 noon the next day.

For more frequently asked questions, please check App [My]> [FAQ].

FCC STATEMENT

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

—Reorient or relocate the receiving antenna.

—Increase the separation between the equipment and receiver.

—Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

—Consult the dealer or an experienced radio/ TV technician for help.

FCC Radiation Exposure Statement:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.