

# PROSCAN

Smart Watch  
Model No.:PBTW188



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property of their respective owners.

## **Safety Warning**

The information in this document will not be modified or extended in accordance with any notice.

The watch should be charged for at least 2 hours prior to initial use, please use charger and cable accredited.

"Search functions" can not be used before re-connected when watch is disconnected by far distance.

Please re-connect APP by bluetooth while watch is disconnected during use. (Device must be re-connected by manual operation while disconnected for over 5 mins.)

**The measurement results of this product are for reference only and are not intended for any medical use or basis. Please follow the doctor's instructions.**

**Do not self-diagnose and treat according to the measurements taken by this product.**

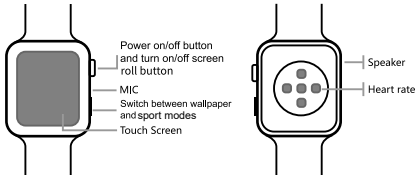
# Notes



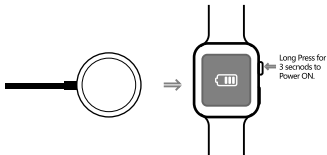
## **Sweat proof only, not waterproof**

If you want this watch to save the battery, please turn off the Notification from QRunning app.

# Appearance

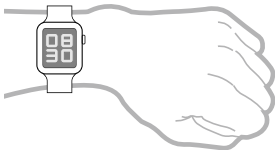


# Wireless Charging & Power on



\* Please use Charger made by Manufacturer

# How to wear



Wear watch on your wrist with suitable tightness,  
this watch band is removeable.

# APP installation & Connecting



Android/iOS

Android 5.0 and above  
iOS 9.0 and above  
Bluetooth 4.0 support.

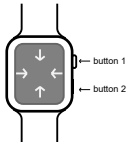
APP Name:  
**QRunning**

Scan this QR code to download and install "Qrunning" APP in your mobile phone.

First time use, scan this QR code from left or from smart watch 'APP' to download 'Qrunning' app.

Turn on the Bluetooth from your phone, then open Qrunning app from your mobile, tap "Device", find "Connect device", it will appear 'PBTW188' here, tap to connect it. It will pop up a dialog 'Bluetooth Pairing Request' from your mobile phone, tap 'Pair' to connect it, it will sync the time and date after connected to your Bluetooth devices. There is also a dialog about "Prompt", tap "ok" and then going to your mobile phone Bluetooth setting to find out the PBTW188\_Audio-XXXX, and tap it to connect it to make Bluetooth phone calls and listen musics.

# Operations



## Buttons:

Long Press button 1 for 3 seconds to Power ON/ Power OFF watch.  
On wallpaper interface, quick click power on/off button for 2 times to go to user interface.

Short press to turn on / turn off screen.

Dark screen by short press button 1 to wake up screen.


Roll button 1 can change wallpaper or user interface.

Short press button 2: Switch between wallpaper and sport modes.


## At wallpaper :


Swipe up to display mobile notification.


Swipe down to go to left shortcut menu.


Tap  to open dual bluetooth call function.

Tap  to look for phone function.

Tap  to download QRunning APP.

Tap  to change different UI style.

Tap  to change watch brightness.

Tap  to go to sri function.

Swipe left to go to steps, heart rate, blood pressure, blood oxygen, sleep monitor, weather.

Swipe right to go to shortcut interface.





**Steps:** tap Steps icon. The watch starts to log your daily steps, calories burned, distance. If connected to the app, daily data is logged. Swipe right to exit the Steps screen.

**Heart Rate:** Tap Heart Rate icon. The watch starts to record your heart rate.

**SPO2H(Blood Oxygen):** tap SPO2H icon. The watch starts to record your blood oxygen.

**Blood Pressure (BP):** tap the Blood Pressure icon. The watch starts to record your blood pressure.



**Sport:** tap sport, there are walking, running, cycling, hiking, skipping, basketball, badminton, pingpong modes, tap each one can go to test each mode time, calorie burned and heart rate etc.

**Sleep:** tap the Sleep icon. The watch starts to record your deep and shallow sleep patterns.

**Message:** after you connect watch with your mobile phone by bluetooth, tap the Message icon can check sync messages from your mobile phone .

**Phone:** after you connect watch with your mobile phone by bluetooth, tap the phone icon can check sync contacts, call records from your mobile phone, and can also make bluetooth phone call from watch.



**Style:** tap style icon can change watch display mode into cellular, list, or 4 grids.

**Find:** after you connect watch with your mobile phone by bluetooth, tap Find Phone. Your phone will begin to beep when it has been located. Swipe right on the watch face to exit.

**Camera:** after you connect watch with your mobile phone by bluetooth, tap camera icon, open phone camera, tap camera can control phone to take pictures.

**Music:** after you connect watch with your mobile phone by bluetooth, tap music icon, open phone music player app, can control phone to play last/ next music, play/ pause music, swipe right on watch face to exit.



**Timer:** tap timer icon to measure time.

**Weather:** after you connect watch with your mobile phone by bluetooth, tap weather icon, the watch displays the current time and weather conditions. Swipe right on the watch face to exit.

**APP:** tap it there is QRUNNING APP download QR code, scan it by phone can download and install it.

**Setting:** tap setting icon, there is about/ language/ date/ time/ brightness/ backlight/ vibration/ reset/ shutdown functions, you can check or set each functions you want from here.

# Attentions

What should I do if Bluetooth cannot be connected? (Failed to connect / reconnect or slow connection / reconnect)

1. Please confirm whether the mobile phone supports (IOS9.0 or Android 4.2 or above, mobile phones or tablet products with Bluetooth 4.0)
2. Due to the problem of signal interference in the Bluetooth wireless connection, the connection time may be different every time. If you cannot connect for a long time, please make sure to connect in a place where there is no magnetic field or too much Bluetooth device interference.
3. Turn off the phone's Bluetooth and then turn it on
4. Clear the phone background application or restart the phone
5. Do not connect your phone to other products of the same type at the same time
6. Whether the APP is still running in the background, if it is not running in the background, it cannot be connected

Can't find the watch ?

Because the Bluetooth radio of the watch is not searched by the mobile phone, please make sure that the watch is powered on and activated, and it is not connected to other mobile phones. Put the watch close to the mobile phone and search again. If it is still invalid, turn off the Bluetooth of the mobile phone for 20 seconds then restart Bluetooth and search again.

Should the Bluetooth connection be always on? Will there be any data if it is closed?

Before synchronizing the data, exercise and sleep data will be kept on the wristband host. When the mobile phone and the watch Bluetooth are successfully connected, the watch will automatically upload data to the mobile phone, but the data stored by the watch is limited, and only about one week of Bluetooth data can be stored. When the space is full, the earliest data will be automatically overwritten to generate the latest data , So please sync the watch to your phone in time. Remarks: If you turn on the incoming call and SMS reminder function, you need to keep Bluetooth connected, and the alarm reminder supports offline.

What should I do if the watch cannot be charged?

1. Please confirm whether the direction of the charging stand is correct and whether the charging clip is in good contact with the watch.
  2. When the watch power is lower than 3.6V, there will be a period of battery precharge time
- Remarks: After plugging in the charger, it will immediately enter the charging state. If there is no display, it will take 3-5 minutes to enter the charging state.

Will wear the watch for a long time cause harm to the human body?

The radiation of the equipment is far lower than the FCC standard of the United States, and it is basically negligible.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/ TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

FCC ID: 2ATSTXG

To make a warranty claim, please email [support2@curtiscs.com](mailto:support2@curtiscs.com) or call 1-800-968-9853.

## 90 day Warranty

This product is warranted to be free from defects in material and workmanship for a period of ninety (90) days from the date of original purchase. During this period, your exclusive remedy is repair or replacement of this product or component found to be defective, at our option; however, you are responsible for all costs associated with returning the product to us. If the product or component is no longer available, we will replace with a similar one of equal or greater value. Prior to a replacement being sent, the product must be rendered inoperable or returned to us.

This warranty does **not** cover glass, filters, wear from normal use, use not in conformity with the printed directions., or damage to the product resulting from accident, alteration, abuse, or misuse. This warranty extends only to the original consumer purchaser or gift recipient. Keep the original sales receipt, as proof of purchase is required to make a warranty claim. This warranty is void if the product is used for other than single-family household use or subjected to any voltage and waveform other than as on the specified rating on the label (e.g., 120V~60Hz).

We exclude all claims for special, incidental, and consequential damages caused by breach of express or implied warranty. All liability is limited to the amount of the purchase price. **Every implied warranty, including any statutory warranty or condition of merchantability or fitness for a particular purpose, is disclaimed except to the extent prohibited by law, in which case such warranty or condition is limited to the duration of this written warranty.** This warranty gives you specific legal rights. You may have other legal rights that vary depending on where you live. Some states or provinces do not allow limitations on implied warranties or special, incidental, or consequential damages, so the foregoing limitations may not apply to you.

For faster service, locate the model, type, and serial numbers on your appliance.

For service assistance and product information, please call:

1-800-968-9853.Curtis International Ltd.

7045 BECKETT DRIVE, UNIT 15. MISSISSAUGA. ON,  
L5S2A3 [www.curtisint.com](http://www.curtisint.com)

To make a warranty claim, do not return this product to the store. Please email [support2@curtiscs.com](mailto:support2@curtiscs.com)  
or call 1-800-968-9853.

**ATTACH YOUR PROOF OF PURCHASE HERE, PROOF OF PURCHASE IS REQUIRED  
TO OBTAIN WARRANTY SERVICE.**

Please have the following information available when you contact the Support Team:

- Name, address and telephone number.
- Model number and serial number.
- A clear, detailed description of the problem.
- Proof of purchase including dealer or retailer name, address and date of purchase.