# SMART WATCH USER MANUAL







Note: Please make a full charge before using it.



Please scan this QR code to get the operation video

# **English**

# Packaging List

Please check all the followings after unpacking



# Watch Introduction

Full touch screen: slide down to enter the status setting bar, slide up to view the notifications, slide left to enter the sports data interface, and slide right to enter the split screen menu.

Power button&Operating button: Long Press to turn on/off. wake up the screen/enter the main function interface/return to the dial, rotate to switch the dial.



### APP Download

 Download and install through Google Play Store



2. Download and install via APPStore



3. Download and install by scanning OR code



### First Time Use

Please charge the smartwatch for 10-20 minutes before using. Turn on: Long press the button for 5 seconds.

Open the APP--Agree all the permissions--Choose "Visit as Guest"--Set "height, weight, gender, daily steps goal"







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# **Binding Device**

1. Binding devices with Android phones: Open the FitCloudPro application, enter the device page, and click "Bind Device"

Click the Bluetoooth device named "I F37" on the searching results page to bind.

You need to agree to the following permissions to use the bluetooth call function.

Then Click search icon



When the pop-up window is displayed on the app page, you need to click "Agree" on the watch to complete the device binding

2. Binding devices with iOS phones: Open the enter the deivce

Fitcloudpro application. page, click "Bind Device".

Click the Bluetooth device named "LE37" on the searching results page to bind.



When the pop-up windowis displayed on the app page, you need to click "Agree" on the watch to complete the device binding.



Allow

You need to agree to the following permissions to make the watch function and bluetooth call function work

Bluetooth Pairing Request "LF37" would like to pair with

Allow LF37 to Receive Your Phone Notifications? to :LF37 and may be shown on its

# Charging Guide



- Using the equipped magnetic charger to attach it to the metal contact on the back
  of the watch. Then connecting the other end of the charging line to the 5V1A
  USB charging head or the computer USB interface.
- 2. There will be a reminder when the battery is low, it is recommended to maintain regular charging habits
- 3. Avoid using or storing in extreme temperatures as this may affect battery life.

Note: Please ensure that the charging port is clean, dry, and unobstructed when charging

# Audio settings

Call audio: If you want to make bluetooth call, please open it.

Media audio: The watch Instead the phone to play all the sounds.





# LED Flashlight

Open the LED flashlight through this option. You can use the LED flashlight in any dark environment, and its brightness is enough to help you solve the problem.





# | Dial Setting



Wallpaper switch: On the main page, rotate the button

to switch the built-in dial.

Wallpaper download: You can select the dial via "Dial Push" in the app.

### Product Parameters

Color: Black Heart Rate Sensor: HX3918

CPU: RTL8763EWE-VP Bluetooth: 5.3 Memory: 128Mb Battery: 620mAh

Display: 2.1" Charging Type: Magnetic sear charger

Resolution: 320\*390 Waterproof: IP68

Touch Screen: Full touch screen Product Dimension: 49.5mm\*46mm\*13.6mm

Note: Please do not take a bath in hot water while wearing the watch.

### Main Functions



#### Time Synchronization

Automatically synchronize phone time, and can add multiple city times

#### Health Monitoring

Monitor heart rate, blood oxygen, steps, sleep, etc. View detailed reports through the APP





#### Smart Notifications

Receive notifications from your phone for incoming calls, text messages, social media, etc.

#### 100+ Sports Modes

100+ sports modes, automatically record sports data





### Music Control

Control music playback on your phone

### **Other Functions**

- · Time Sync
- Alarm
- · 100+ sports modes
- Weather
- Gesture wakeup
- · Sleep monitoring
- Timer
- · Find phone
- Coming call/SMS reminder
- · Notification push
- · Hear rate monitoring

- Blood oxygen detection
  - Blood pressure detection
  - Respiratory training
  - Female menstrual cycle
     Remote music control
  - Wallpaper download
  - Remote upgrade
  - Data sync
     Bluetooth Call
  - Bluetootii Can
  - Vibrate

### Attention

- Please do not use smart watches in an environment with a strong magnetic field to avoid affecting its normal operation.
- Smart watches should avoid contact with chemicals, such as perfumes, cosmetics, etc., to avoid corrosion of the watch body.
- Please do not disassemble the smart watch privately to avoid damage and affect the warranty.
- 4. Smart watches should be charged periodically to ensure normal use.



# 1. The phone can receive the messages from the social app, but the watch can not sync them?

Confirm when you received the messages whether the messages can be displayed normally on the top of the phone. The watch sync messages by reading the messages in the mobile notification bar, if there is no message in the mobile notification bar, the device can not rereive the push. (You need to open all the app's notification permissiongs in the phone settings.)

Open the APP and enter the device page - click the message reminder - open the corresponding application switch button to receive message push.

The Bluetooth connection between the device and the mobile phone is always maintained.

2. How can the watch be unbound from the phone?

Choose "unbind" in the device page in app, then choose "ignore this device" in the phone's bluetooth settings.

3. Why are Android phones easy to disconnect?

The APP must be running in the background so that Bluetooth will not automatically disconnect, but the Android mobile plone system memory management will force the APP to close. We need to manually turn off the power saving mode of the mobile phone system or add the APP to the whitelist of system memory management so that the APP will not be forced to close.

### 4. How to stop the watch from making sounds? Close the "media audio" in the watch status har

5. Why can't you wear a watch when taking a shower?

# generated, which enters the watch.

6. Is the watch waterproof?
Yes, it is IP68 waterproof

### 7. Why are the heart rate/blood pressure/blood oxygen test results inaccurate?

When you take a shower, the temperature rises and a lot of water vapor is

The fit of the watch to your arm, your skin color, and your arm hair will all affect the accuracy of the data.

8. How to improve the battery life of your watch?

Appropriately lower the brightness of the watch, turn off the raise to wake up function, and turn off the 24-hour heart rate monitoring function.

#### 9. What should I do if my watch suddenly cannot be turned on?

Charge the watch first, and then check again after about 15 minutes to see if the watch can be turned on. If not, check the charging cable and the power button.

#### 10. Why is sport data sometimes inaccurate?

The measurement results of the motion sensor will be updated over time, so you need to wait for a while then the watch will display the correct sport data.

### 11. What should I do if my smart watch cannot be connected to my phone? Make sure the Bluetooth function of your phone is turned on.

Make sure the distance between the smartwatch and the phone is within the effective range, usually about 10 meters.

Reset the watch and try to connect again.

### **FCC Statement**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception,

which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected

-Consult the dealer or an experienced radio/TV technician for help.

To assure continued compliance, any changes or modifications not expressly approved by the party.

Responsible for compliance could void the user's authority to operate this equipment. (Example- use only shielded interface cables when connecting to computer or peripheral devices).

This equipment complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- This device may not cause harmful interference, and
- This device must accept any interference received, including interference that may cause undesired operation.

RF warning statement:

The device has been evaluated to meet general RF exposure requirement.

The device can be used in portable exposure condition without restriction.