

The AT325 smartwatch instruction manual

01 Product introduction

Please read the manual carefully and keep it properly. For more detailed product information, please bind the watch first and then check the instruction manual.

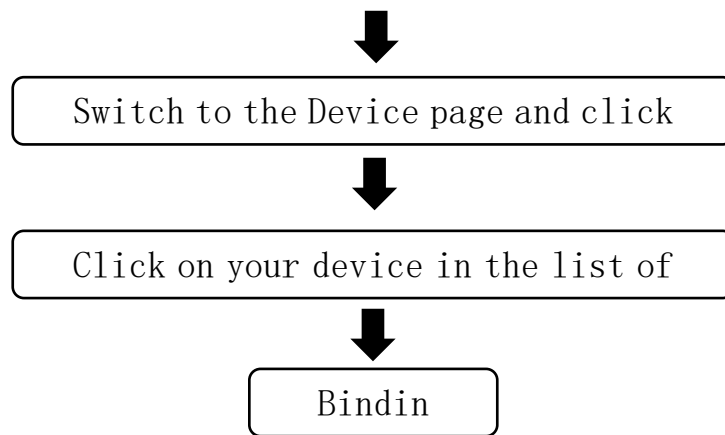
The products, accessories, and user interface in the instruction manual are schematic drawings for reference only. Due to the update and upgrade of the product, the physical product and the schematic diagram may be slightly different, please refer to the physical object.

Note: The watch is made of healthy material. After a strict skin allergy test, you can wear it safely. Due to personal differences, if you feel skin discomfort when wearing them, please stop wearing them and consult your doctor.

02 Install the watch APP

Scan the QR code below or enter the major app market to download it Install the 'GloryFitPro's

Open the mobile phone APP to set up



Wechat scans the QR code on the watch

03 Use operation

1. Slide down from the top edge on the dial home page: open the shortcut menu.
2. Slide right on the dial home page: open the split screen page.
3. Slide on the bottom edge on the dial homepage: open the

message notification.

4. Slide left on the dial home page: switch between the function card.

5. Swipe right from the left edge on the other page: Return to the upper level.

6. Press the length of the dial home page: select another dial setting.

04. Core functions

The watch supports Bluetooth call, daily activity monitoring, exercise mode monitoring, health management data monitoring, message reminder and other functions.

1、 Bluetooth call

The watch can be connected to the smartphone through Bluetooth, and it can also call / answer and reject the calls at the end of the watch, and check the call records and contacts.

2、 Monitoring of daily activities

A watch worn on the wrist can monitor and record the number of steps,

distances, and calories in daily activities.

Note: The frequency of hand movements will affect the accuracy of data recording.

3、 Health management monitoring

The watch supports the monitoring and display of health data such as heart rate, blood oxygen, pressure and sleep (the health data provided is for reference only and not as medical diagnosis data).

A. Heart rate monitoring

Monitor the real-time heart rate, the watch can record and display the heart rate value of 24h all day, and set the highest and lowest heart rate warning.

B. Blood oxygen monitoring

Measure the current blood oxygen value, the watch can record and display the blood oxygen value of 24h all day, and set the hypotension warning.

C. pressure monitoring

Measure the current pressure value, easily, normal, medium, and high.

D. Sleep information

Record and display total sleep duration, deep sleep, light sleep, rapid eye movement, wake duration, and check more on the APP.

E. One key measurement

You can measure heart rate, blood oxygen and pressure with one key.

F. Women's health

The female physiological cycle and prompt time can be set in the APP to synchronize to the watch. The corresponding information and prompts can be displayed on the watch end.

4、 **Motion mode monitoring**

The watch supports a multi-function motion mode, and can set the movement targets and data records.

Exercise supports 100 + sports modes: outdoor running, outdoor cycling, indoor running, indoor cycling, rope skipping, badminton, table tennis, tennis, mountaineering, basketball, football, baseball, volleyball, cricket, rugby, hockey, dancing, yoga, sit-ups, gymnastics, boating, opening and closing, free training...

5、 Other functions

Information, weather, music, voice assistant, low power reminder, alarm clock, call reminder, looking for mobile phone, sedentary reminder, wrist bright screen, 12 / 24 time system, flashlight, stopwatch, timer, screen display, calculator, etc. (due to the functional differences between various types of watch, the specific physical object shall prevail).

05 Charging

When the watch indicates that the power level is low, please charge it in time.

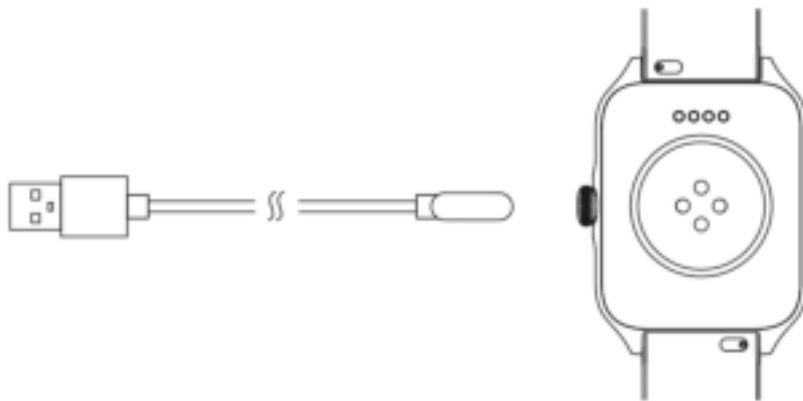
The watch is a magnetic suction charging, charging the charging contact of the charging cable at the charging port of the watch until the charging power appears on the watch screen

point out:

1. Please use the watch special charging line for charging. The charging mode is single direction. Please pay attention to the charging direction.

2. When charging, in order to ensure the stability of charging, the watch will charge on the screen, click the button to wake up the watch, when the watch power is too low, it needs to charge for 3~5 minutes to wake up the watch, which is normal, please wait for 5 minutes to check the charging situation of the watch.

3. Please use the charger with rated output voltage 5V and rated output current 0.5A or the computer USB interface to charge the watch.



06. Basic parameters

Main control chip	ATS3085L
battery capacity	340mAh
Display size	1.78" Amoled
duration of flight	10 Days

resolution ratio	368*448px
PDA	Bluetooth5.3
Product weight	About 35g
working temperature	0° C~45° C
product size	50.8*39.3*12.3mm
Compatible system	Android5.0+IOS10.0
Carpal band material	silica gel
packing list	Host machine, charging cable, and instruction manual

07 Notes

1. Please avoid strong impact, extreme heat and sun exposure to the watch.
2. Do not disassemble, repair, or modify the machine by yourself.
3. The use environment of this machine is 0° C~45° C. It is forbidden to throw it into the fire to avoid causing explosion.
4. When the watch is wet, please dry with a soft cloth before

running charging operation, otherwise it will corrode the charging contact point and lead to charging fault.

5. Do not make contact with chemicals such as gasoline, cleaning solvents, propanol, alcohol, or insect repellent.

6. Do not use this product in a high pressure and high magnetic environment.

7. Please dry the sweat drops on your wrist. Long time contact with soap, sweat, allergens or contamination ingredients, which may cause skin allergy and itching.

8. If you wear it regularly, it is recommended to clean the watch every week, wipe it with a wet cloth, and remove oil or dust with mild soap. It can be worn when washing your face and hands, and it is not recommended to wear it when taking a bath or swimming.

9. Charge with the attached charging cable and the CCC certified power adapter.

Three guarantees of vouchers

Three guarantees of vouchers			
customer information			
model		Selling machine unit	
Customer name		contact number	
Sales telephone		date of purchase	
Customer address			
Sales address			
abstract			
date			
fault phenomenon			

examine and repair		
remarks		

[Product name] Smart watch

[Product Model] AT325

[Wireless Connection] Bluetooth BLE 5.3

[Execution standard] GB-XXXX-XXXX

[Manufacturer] Uchuang yi Health Technology (Guangzhou) Co., Ltd

[Address] No.228, Huadi Avenue, Liwan District, Guangzhou city

This device complies with part 15 of the FCC Rules. Operation is subject to the foll

owing two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

FCC warning:

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the

receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.