

Jabra

Elite Active 45e



User manual

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MADE IN CHINA
MODEL: OTE090



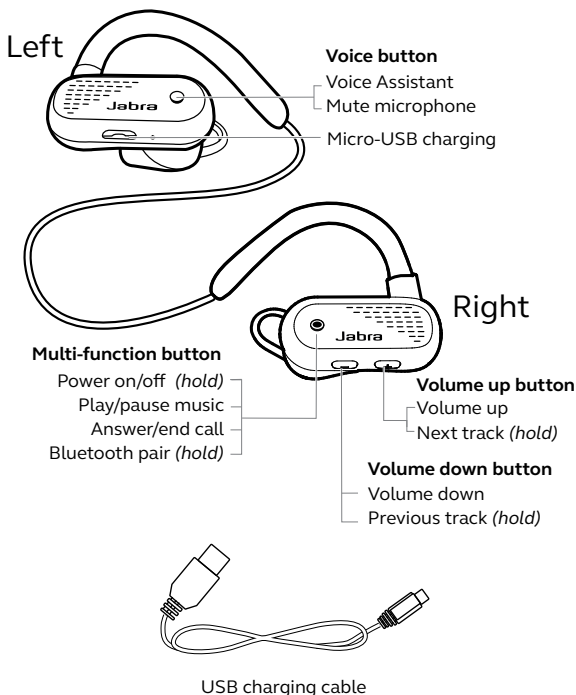
Declaration of Conformity can be found on
www.jabra.com/CP/US/doc

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1. Welcome

Thank you for using the Jabra Elite Active 45e.
We hope you will enjoy it!

2. Jabra Elite Active 45e overview



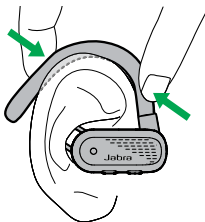
3. How to wear

The earbuds are worn with the cable behind the neck and the earhooks behind each ear.

1. Insert the earbud into your ear canal, ensuring the looped eargel fits into the ridge of your ear, as illustrated.

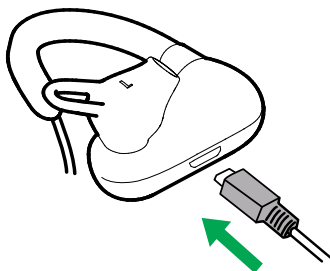


2. Shape the earhook behind your ear for the best fit. It may help to pre-shape the earhook before wearing.



4. How to charge

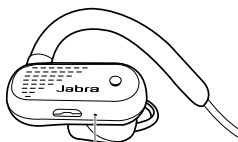
To charge the earbuds, connect a USB charging cable to the USB charging port on the left earbud. It is recommended to charge the earbuds using the supplied Jabra charging cable, however it is possible to charge the earbuds using a compatible charger.



It takes approx. 2 hours to fully charge the battery. If the earbuds are fully out of battery, 15 minutes of charging will give 1 hour of battery.

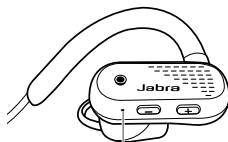
Note: Always clean and dry the USB charging port before charging the earbuds. It is recommended to recharge the earbuds at least once a month.

4.1 What the LEDs mean



Battery LED

- Full
- Medium
- Low
- Very low



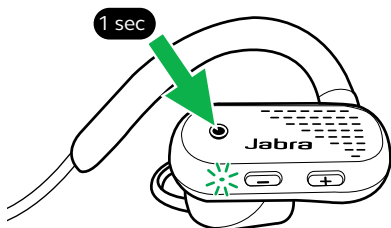
Status LED

- Power on
- Power off
- Pairing mode
- Resetting

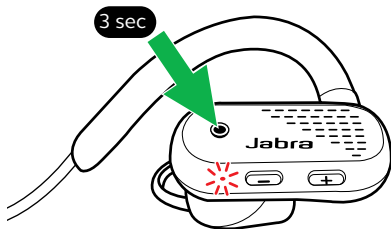
5. How to connect

5.1 Power on/off

On: Press and hold (1 sec) the **Multi-function** button. The LED will flash green and you will hear a power on tone.

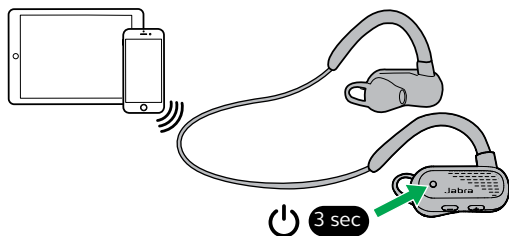


Off: Press and hold (3 sec) the **Multi-function** button. The LED will flash red and you will hear a power off tone.



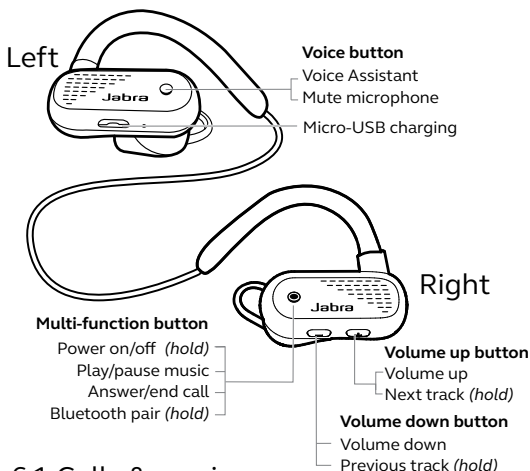
5.2 Pairing with a smartphone

1. Ensure the earbuds are powered off, and then press and hold (3 sec) the **Multi-function** button until the LED flashes blue and you hear an announcement in the earbuds.



2. Go to the Bluetooth menu on your smartphone and select the Jabra Elite Active 45e from the list of available devices.

6. How to use



6.1 Calls & music

Right	Calls & music	
	Power on	Press and hold (1 sec) the Multi-function button
	Power off	Press and hold (3 sec) the Multi-function button
	Play/pause music	Press and hold (1 sec) the Multi-function button
	Answer/end call	Press the Multi-function button
	Reject call	Double-press the Multi-function button

	Adjust volume	Press the Volume up or Volume down button, when listening to music or on a call
	Next track	Press and hold (1 sec) the Volume up button (smartphone only)
	Restart track	Press and hold (1 sec) the Volume down button to restart the current track.
		Press and hold twice to play the previous track.
	Hear battery and connection status	Press the Volume up or Volume down button, when not listening to music or on a call

Left			Calls & music
	Activate Siri, Google Assistant or Amazon Alexa (phone dependent)	Press the Voice button, when not on a call	
	Mute/un-mute microphone	Press the Voice button, when on a call	

6.2 Voice Assistant

The Jabra Elite Active 45e enables you to speak to Siri or Google Assistant on your smartphone using the **Voice** button.

Left	Voice Assistant	
	Activate Siri, Google Assistant or Amazon Alexa (phone dependent)	Press the Voice button, when not on a call

6.3 Multiple call handling

The earbuds can answer or reject calls when you are already on a call.

Right	Multiple call handling	
	End current call and answer incoming call	Press the Multi-function button
	Put current call on hold and answer incoming call	Hold (1 sec) the Multi-function button
	Switch between held call and active call	Hold (1 sec) the Multi-function button
	Reject incoming call, when on a call	Double-tap the Multi-function button

6.4 Voice guidance

Voice guidance are announcements intended to guide you, or give you earbud status updates (e.g. connection and battery status).

Voice guidance is enabled by default.

Left	Voice Guidance	
	Turn Voice guidance on/off	Hold (5 sec) the Voice button until you hear an announcement in the earbuds

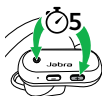
Alternatively, use Jabra Sound+ on your smartphone to turn Voice guidance on or off.

6.5 How to reset

Resetting the earbuds clears the list of paired devices and all earbud settings.

Right

Reset



Reset the pairing list

Ensure the earbuds are powered on and you are not on a call. Then simultaneously hold (5 sec) the **Volume up** button and the **Multi-function** button until the LED lights up purple. You will then need to re-pair the earbuds.

6.6 Firmware update

Firmware updates improve performance, or add new functionality to Jabra devices.

Download Jabra Sound+ for firmware updates.

7. Jabra Sound+ app



Jabra Sound+



Customize
your music



Manage
voice prompts



Register your
2-year warranty



8. Support

8.1 FAQ

View the FAQs on Jabra.com/help/eliteactive45e

8.2 How to care for your earbuds

- Always store the earbuds with the power off and safely protected.
- Avoid storage at extreme temperatures (above 50°C/122°F or below -10°C/14°F). This can shorten battery life and may affect the earbuds.