

AGPTEK



W06 Smart Watch User Manual

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❖ Before Use

Thank you for purchasing this product. Please read this user manual carefully before use and keep this instruction for future reference. If you have any problem about this product, please feel free to contact us at support@agptek.com.

❖ Warning

Please consult your doctor before starting a new exercise program. Although the smart watch can monitor the real-time dynamic heart rate, it cannot be used for any medical purpose.

❖ Cautions

1. With the functions of water resistant, sweat proof, rain-proof, it can be used directly in daily washing, shower (cold water) and other daily environments.
2. Do not use in bath, sauna, hot spring or other hot environments with hot water and steam, which will lead to product failure.
3. Owing to the action of water pressure, do not wear it while swimming or diving.

❖ Note

1. The data of blood pressure measurement are for reference only. It cannot be used as a basis for medical related aspects.
2. The language of App is synchronized by Settings on your mobile phone.
3. The monitored information of watch will be synchronized to the watch. Only wear the watch, you can get these information.
4. The functions available in the watch are included: multiple dial selection, Pedometer, Calories, Heart rate monitor, Blood Pressure monitor, Multi - sport Mode, Smart reminder(Call/SMS/Sedentary and other reminder.), Stopwatch, Brightness adjustment, Find Phone, Power On/Off.
5. These function of App, such as Continuous HR monitoring, Call Remind, SMS Remind, Alarm Clock and more, is off by default. If needed, you can turn on the relative function on Device Management of AGPTEK App.

❖ More Assistance

There are some videos about W06 Smart Watch. If you are needed, please visit:

1. Demo functions of w06 Smart Watch

<https://www.agptek.com/index.php/demo-functions-of-smart-watch-sw06b-or-sw06cg/>

2. How to bind W06 Smart Watch to App

<https://www.agptek.com/index.php/how-to-bind-smart-watch-sw06b-or-sw06cg-to-app/>

3. How to operate the App of W06 Smart Watch

<https://www.agptek.com/index.php/how-to-operate-the-app-of-smart-watch-sw06b-or-sw06cg/>

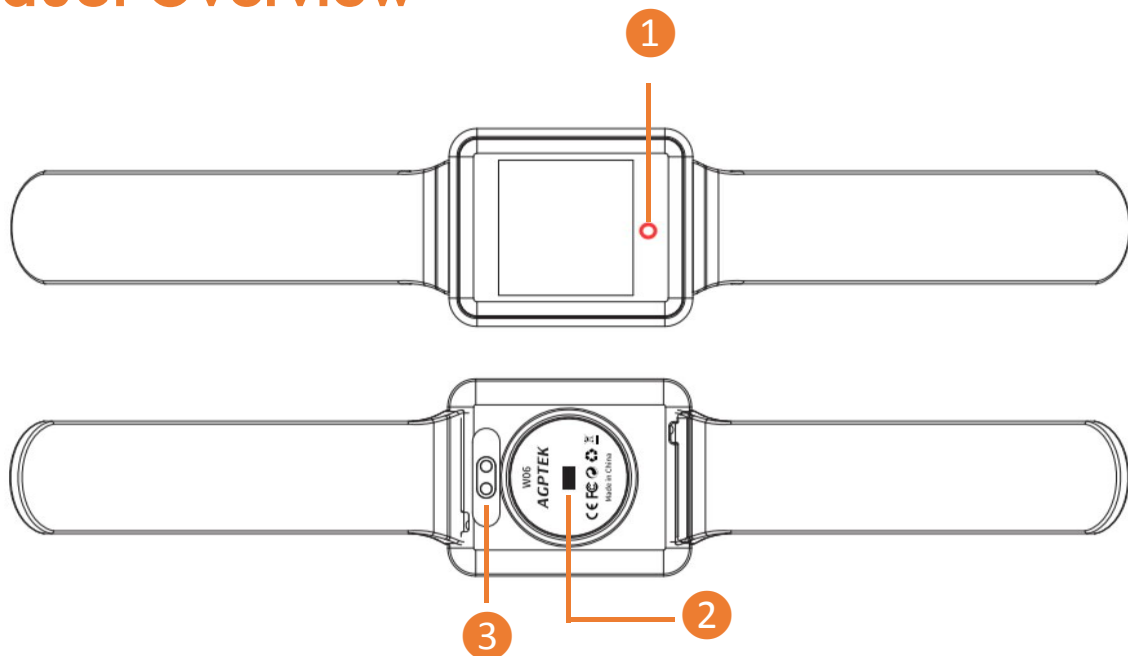
4. How to replace the wristband of W06 Smart Watch

<https://www.agptek.com/index.php/how-to-replace-the-wristband-of-smart-watch-sw06b-or-sw06cg/>

5. How to download App of W06 Smart Watch

<https://www.agptek.com/index.php/videos-for-w06-smart-watch/>

❖ Product Overview



Buttons & Controls

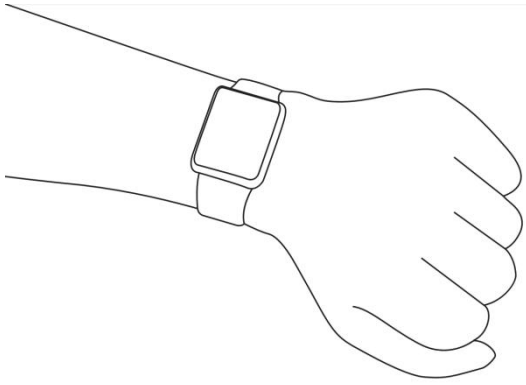
- ① Multi-Function Button (MFB)
- ② Heart Rate Sensor
- ③ Charging Contact

Basic Operations

1. Turn On: When in Power off, hold the Multi-Function Button(MFB) for 5s to turn on the watch.
2. Turn Off: When in Power on, find the On/Off shutdown interface, hold the MFB for 5s and select “yes” to turn off.

Note: When LED indicator is flashing, it means the watch is monitoring heart rate, blood pressure. Do not directly look at the blinking sensor light when detecting, which may cause eye irritation.

❖ How to Wear



Generally wear at 1-2 finger width from wrist join. The sensor of smart watch should be close to skin. Sensor for accurate heart rate monitoring result, it is not recommended to wear tightly and does not shake. Otherwise, it will affect the blood circulation.

❖ Charging



Charge under the following circumstances:

Use at the first time;

When the battery is low and power off automatically.

1. Attach the equipped magnetic charger to the metal contact on the back of the watch, and insert the other end of the charger into USB wall charger or USB interface of computer.
2. Screen displays in charging state.

Note: Do not directly look at the blinking sensor light when charging, which may cause eye irritation.

❖ App Download & Supported System.



iOS



Google Play



Android

You can download and install the App “**AGPTEK**” by scanning the QR code above or search “**AGPTEK**” in “App store” on iPhones or in “Google play” on Android phones. After successfully connecting to your phone through AGPTEK App, the watch will automatically sync data and analyze your activities within 1mins.

Note: Mobile phone must support Android 4.4 or iOS 8.2 or above and Bluetooth 4.0 or above.

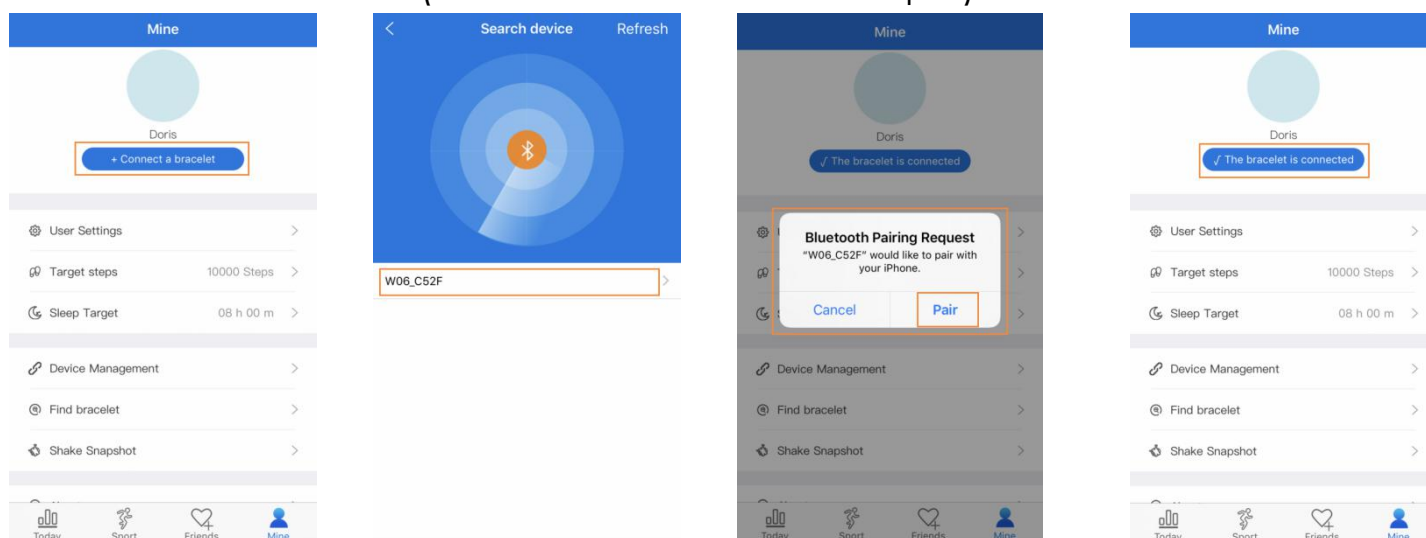
❖ Bind Smart Watch to App.

1. Click “Mine” in the “AGPTEK” App.
2. Click “Connect to tracker”, and select “W06” in the scanned device list to connect.

At this moment, there are two situations:

- iOS system: A pairing request will Appear, so you just click "Confirm" to connect.
 - Android phones: No pairing request, directly connect.
3. Binding is complete.

Note: You need to bind your watch in this App, not directly via phone's Bluetooth connection. (Take iPhone 7 as an example).

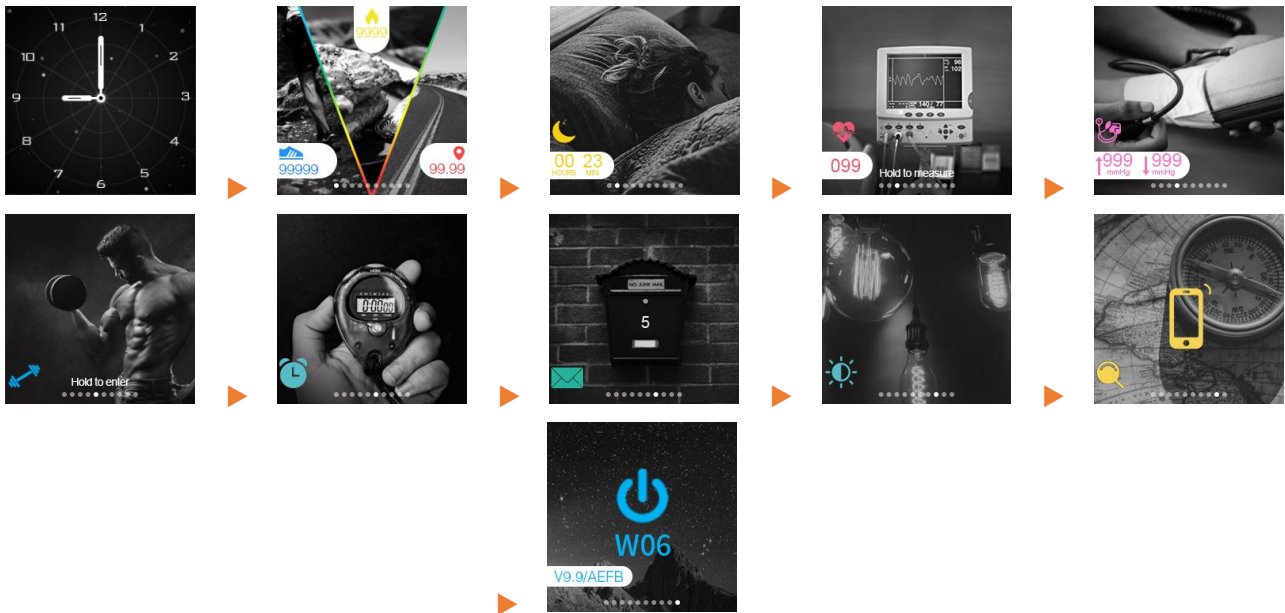


☆ Bluetooth Auto Re-connection

1. There is no reminder on the watch when out of the Bluetooth connection range. However, Bluetooth will automatically reconnect when the watch reaches the valid range of the Bluetooth connection.
2. If you close the background Application or restart the phone or click on “one click clean-up” of the phone, you need to enter into “AGPTEK” App again. And Bluetooth will automatically reconnect within the valid range of Bluetooth connection.

❖ Smart Watch - Main Menu

❖ Switch Interface



Press MFB to switch different interfaces. (Main interface > Activity track > Sleep monitor > Heart rate monitor > Blood pressure monitor > Multi - sport mode > Stopwatch > Message > Brightness adjustment > Find phone > Power off.)

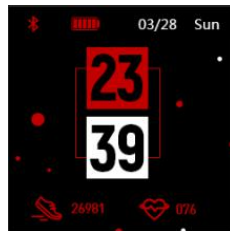
❖ Function & Operation

① Main interface

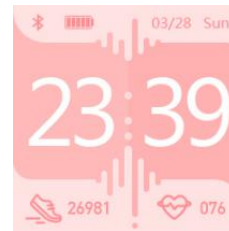
Hold MFB for 4s in turns to cycle through 4 different dials.



Default



Dial 1



Dial 2



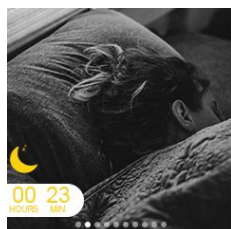
Dial 3

② Activity track



Record every step and distance you walk each day. Display the total calories of each day you are burned (Based on walking steps, your setting height and weight in App). These data will also synchronize and update in App.

③ Sleep monitor



Record your sleep from **22:00 pm** of the current day to **8:00 am** of the next day. The watch exits sleep monitoring mode after generating the data. The sleeping data detected by the watch will be synchronized and updated to the "Sleep" in App through manually pulling down the the "Today" page

4 Heart rate monitor



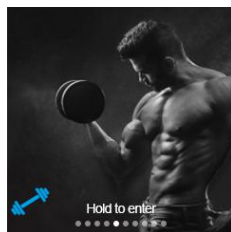
In the heart rate interface, hold MFB for 4s to start detecting your heart rate. It will constantly detect your heart rate until the watch vibrates, which means the measure is done.

5 Blood pressure monitor



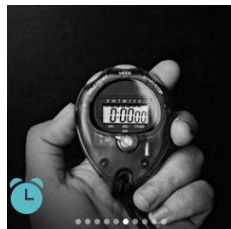
In the interface of blood pressure, it will automatically detect your blood pressure until the vibration is felt to indicate that the measure is finished.

6 Multi - sport mode



In this interface, hold the MFB to access it sub-menu, included Running, Mountaineering, Riding, Swimming, Ping pong, Basketball, Badminton, Football. Press MFB to switch different modes.

7 Stopwatch



Find Stopwatch in main menu, hold MFB for 4s to access its function until an Alarm Clock icon displays. Press the MFB to start timing and press it again to stop timing. Exit the stopwatch by holding the MFB for 4s.

8 Message



Find Message in main menu, hold the MFB for 4s to check your messages. Press the MFB in turns to view the whole content of the message or switch other message. The watch will save the 3 messages recently pushed by the App when receiving message.

9 Brightness adjustment



Find Brightness adjustment on main menu, hold the MFB for 4s to access its function. Press the MFB in turns to switch different brightness (Available in 6 levels of brightness).

10 Find phone



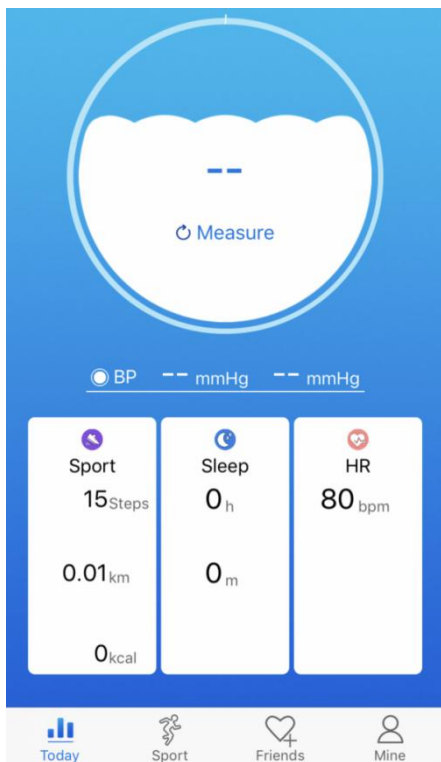
Switch to the Find Phone interface, hold the MFB for 4s to start searching for your phone. When searching successfully, your phone will vibrate or ring (According your performance).

11 Power off



Switch to the Power off interface, hold the MFB for 4s to access its function and choose "yes" by pressing the MFB to turn off the watch .

❖ AGPTEK App - Main Menu



Today page displays daily fitness data, including Heart Rate, Blood Pressure, Steps, Calories, Distance, Sleep.



On Sports page you can start running. Connect the GPS on your mobile phone to see real-time run stats on display and record a map of your workout route.



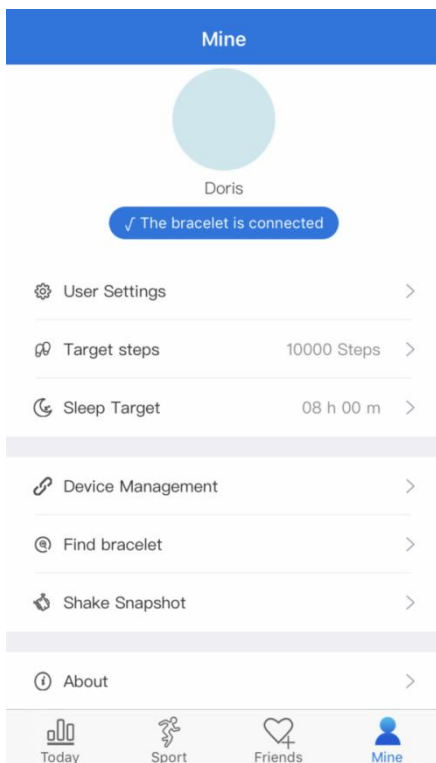
Add your friends who have registered this App. On the Friends page, You can add your friends via searching for his/her nickname, phone number, or email.



On Mine page, you can set your personal information and other functions of AGPTEK Watch, such as Call Reminder, Message Reminder, Shake Snapshot, Find Bracelet, etc.

✧ Mine - Submenu

Switch to Mine page, a related list will show as follow:



Tap  **User Settings**, you can set your personal information (nickname, height, weight, gender, etc. And change the registering password.



Tap  **Target Steps**, scroll the target steps (3000~30000steps) and select your target steps. Then tap "Confirm".



Tap  **Sleep Target**, scroll the target steps (hrs: 00~09h; mins: 00-59m) and select your sleep target. Then tap "Confirm".



Tap  **Device Management**, you can choose to enable or disable Lift wrist to activate screen, Call Remind, SMS Remind, Continuous HR monitoring, Do not Disturb, More Reminders from various applications, such as Wechat, QQ, Skype, etc. And also disconnect the watch, set Alarm Clock, Time format, Unit, upgrade and reset your watch.



Tap  **Find Bracelet** to search for your watch. The watch will vibrate if search successfully.



Tap  **Shake Snapshot** to access the camera of your smart phone. Take photo through shaking your watch to remotely control the camera.



Tap  **About** to check the App version, FAQ and write your suggestion on Feedback.

❖ FQA

☹ What if you can't search for the watch?

1. First, please check whether the watch has electricity.
2. Secondly, please bring the watch close to the mobile phone and try to connect the watch again. If the above operation still fails to connect, please try to switch the phone Bluetooth once or restart the phone and the watch.

☹ Cannot bind to Phone's Bluetooth occasionally?

1. Due to the problem of signal interference in Bluetooth wireless connection, the time for each connection may vary. If it fails to connect for a long time,

please ensure that the operation is conducted in an environment without magnetic field or interference from Bluetooth devices.

2. When Bluetooth service of some mobile phones is restarted, occasionally there will be an exception, resulting in a problem of connection failure. Normally, the connection can be normally established by switching the phone Bluetooth again.

Set up a call notification. Why the watch does not vibrate to remind me when there is a call?

1. First, please confirm whether Bluetooth is turned on and connected to the watch.

2. Secondly, please check whether AGPTEK App (Android and iOS) is running (just running in the background). Tip: One-click memory cleaning and some housekeeping software may clean up the process or block it. Please add App to the white list.

Why the watch can't receive the message pushed by the applications of phone?

1. Confirm that the message push switch is turned on at the mobile phone client.

2. Confirm that the message can be displayed normally on the mobile phone notification bar, and the message of the watch is pushed by reading the mobile phone notification bar message. If there is no message in the mobile phone notification bar, the watch will not be able to receive the push. (We need to find the notification settings in the mobile phone settings and turn on the notification switches of Wechat, QQ, phone, SMS and mobile phone clients.)

3. Open the auxiliary function settings of the watch client. (Find the auxiliary function in the mobile phone settings and open the auxiliary function settings of the watch client.)

Apple mobile phone settings:

1. Confirm that the message push switch is turned on at the mobile phone client.

2. Confirm that the message push switch is turned on at the mobile phone client. (We need to find the notification settings in the mobile phone settings and turn on the notification switches of Wechat, QQ, phone, SMS and mobile phone clients.)

Why did my heart rate monitoring fail?

When measuring the heart rate, be careful to keep you at rest and keep the bottom of the watch close to the arm without obvious gaps. Do not shake the arm during the measurement.

Why does the blood pressure value deviate from the sphygmomanometer?

1. The deviation between the measured values of the watch and the sphygmomanometer is determined by various factors.
2. The measurement site of the sphygmomanometer is in the brachial artery and the measurement site of the watch is in the two main branches of the arteriole. Under normal circumstances, the measured values of aortic blood pressure and arteriole blood pressure will differ by three to forty.
3. If you use a watch and a sphygmomanometer to measure at the same time, because the blood flowing in the artery is in the centrifugal direction, the sphygmomanometer's bandage will keep the area below the middle of your elbow under pressure and temporarily the blood will not flow smoothly to the artery branch below. Increased tension in the blood vessels will lead to a greater deviation of the upper and lower blood pressure measurements.

☹ **Why can't you wear a watch to take a hot bath?**

4. The temperature of the bath water is relatively high and will produce a lot of water vapor.
5. The water vapor is in the gas phase. Its molecular radius is small and easily seeps through the gaps in the shell of the watch. When the temperature drops down, it will condense into liquid droplets again, which will easily cause short circuits inside the watch and damage the watch circuit board, thus damaging the watch.

☹ **Why is the watch not sensitive to touch?**

1. When there is oil or water on the touch screen, it will cause the touch screen to malfunction. Dry the surface of the watch with a dry cloth to keep the touch screen clean.
2. When there is sweat or water on the finger, it will cause the touch screen to be insensitive.

❖ **Maintenance**

1. Clean the watch regularly, especially the inside of the watch, to keep it dry.
2. Adjust the tightness of the watch to ensure air circulation.
3. Wearing watch should not use excessive skin care products.
4. If you have skin allergy or discomfort, please stop wearing it.

❖ Specifications

Dimensions	41.4*32.7*9.8mm
Product weight	40.2g
Screen	1.3 TFT color screen
Resolution	240*240 dpi
Body material	Metal
Band material	TPU
Battery	170mAh
Standby time	20 days
Working time	6-8 days
Bluetooth effective distance	10m(In the open space)
Charging	5V/500mA USB charger; Computer USB
Charging time	3 hours
Waterproof	IP67
Support message notification	QQ/Wechat/Linkedin/Skype/Facebook/Twitter/WhatsApp/Viber/Line
Compatibility	✓ iOS8.2+/Android4.4/Smartphones with Bluetooth 4.0 or above; ✗ iPad/Tablet/HuaweiP8/SamsungS7&S8&J3/LG/Windows/Phone /Tablet computer/PC