Thank you for choosing our company's smart earphones. You can comprehensively understand the usage of the equipment by reading this manual. This device provides a variety of practical functions and services to facilitate your use.

Our company reserves the right to modify the content of this manual without prior notice.

This product is not a medical device. The health data and recommendations provided are for reference only and are not intended as diagnostic or therapeutic equipment.

Charging reminder

Please use the standard charger provided by our company for charging; We are not responsible for any malfunctions caused by using non-standard chargers for charging.

Operating instructions for headphone compartment

Power button: 1. Long press to turn on/off, 2. Click to turn off the screen when turned on, 3. Long press to pair headphones when the cover is open, 4. Double click on the menu interface to switch menu styles.

Touch gesture: Left swipe to switch to the shortcut function component interface; Right swipe to enter the menu; Pull down to access shortcut functions; Pull up to enter the message interface.

Connection between headphone compartment and mobile phone

Firstly, you need to download the app "FereFit" onto your phone and install it in two ways.

1. IOS/Android mobile phone users

Scan the QR code below through a mobile browser or use WeChat to open the interface, select Android/iOS in the interface, and then use a mobile browser to open and download.

The QR code below is for downloading FereFit APP

Android/ iOS

2. On Android phones, search for "FereFit" on the App Store and Google Play app store to download, and on Apple phones, search for "FereFit" on the App Store to download.
After the download is completed, there will be various permission reminders during the installation process. Click 'Agree' for all, and the headphone case and phone need to be connected to two Bluetooth ports: 3.0 and 5.4 to achieve all functions.

Bluetooth 5.4 connection method: After installation, open "FereFit" and turn on your phone's Bluetooth. FereFit will

have an activation notification prompt, click OK. Click on 'Mine' in the bottom right corner, enter the scanning device, search for the Bluetooth address and click 'Connect'. Some Android phones require turning on the phone's GPS to find the Bluetooth name.

Common problem and easy solution: Due to the lack of uniformity in Bluetooth protocols among different mobile phone brands, there may be unstable Bluetooth connections between the phone and the headphone compartment. You can turn off the phone's Bluetooth and reconnect it again, or restore the headphone compartment to factory settings.

How to set up email notifications

Go to Settings - Application Management on your phone, find "FereFit" - Permission Management, and open all settings. Go to Notification Management again - find 'FereFit' and open it with all permissions.

What if I don't receive notifications?

Firstly, the notification function of the headphone jack only synchronizes with the notification function of the phone, such as sending notifications via phone, QQ, or WeChat. If your phone does not receive notifications, the headphone jack end will also not receive them. You need to go to the phone settings - Notification function, find the corresponding APP, and enable notifications.

Function Introduction

Dial push: It can push APP side pointer dials, digital dials,

and custom dials.

QR code: Scan the QR code with your phone and it will redirect you to download the FereFit app.

Phone: Connecting to the APP to synchronize contacts allows you to view contacts, dial numbers, call records, and more from the APP end.

Counter: Can perform simple counting.

Information: View messages pushed on mobile devices, support Facebook twitter, whatsapp, qq, WeChat, etc.

Search for phone: Connect Bluetooth, click to search for phone, the phone ringtone will sound until cancelled.

Location information: After connecting the APP to Bluetooth 5.3, activate the phone's location permission, and the headphone compartment will display the current location information.

Game: The game list includes the casual game "Groundhog".

Music: You can control the playback of music on your phone.

Sound effects: You can adjust different sound effects according to your preferences.

Taking photos: After connecting the phone, the watch can be used as a remote control for the phone camera.

Stopwatch: Enabling this function allows for single or multiple timing.

Alarm clock: 3 sets of alarms can be set.

Altitude and pressure: After connecting to the app, you can view the current altitude and pressure.

Collection code: WeChat, Alipay and other collection codes can be uploaded to the headset warehouse after connecting to the APP.

Headphone button settings: You can set the headphone button touch function.

Weather: The weather page displays current weather, air quality information, and weather conditions for the next three days.

Calendar: You can query the current month's calendar.

Business card holder: After connecting to the app, you can access Facebook Twitter, WhatsAPP, QQ, Upload WeChat and other business card folders to the headphone compartment.

Female health function: Reminder function for safe periods of menstruation and ovulation.

Flashlight: Flashlights can be used for simple illumination.

Voice assistant: After connected to the app, simple conversations can be conducted.

Mode selection: You can choose between music mode and game mode.

Component function: Swipe left on the dial interface to quickly access functions such as weather, music, etc.

set up

System menu: You can view information about the headphone compartment, restore to factory, restart, and shut down.

Display settings: adjustable screen brightness and

duration.

Time setting: You can set the time, date, and time format.

Theme setting: Different theme formats can be selected.

Password setting: You can set a password. If you forget it, you can unlock it with 8888.

Language switching: Supports multiple languages, choose according to your needs.

Dial settings: Built in dial, allowing for the selection of different dials.

Touch wake-up: After turning off the screen, double-click the screen to light up the display screen.

Headphone operation instructions

Normal state

1) Left and right ear clicks: pause/play;

2) Double click on the left ear: Previous track; Double click on the right ear: Next track;

3) Left ear three strikes: reduce volume; Right ear three strikes: increase volume;

Call status

1) Left and right ear click: Connect

2) Double click on left and right ears: hang up

Call status

Double click on left and right ears: hang up

Thank you for your purchase and reading

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.