INSTRUCTION MANUAL
使用說明

momax

1-Wear
Smart Watch
智能手錶

SW2S

Front Side / 正面
Strap / 錶帶
Rotational Crown Button / 旋轉錶冠按鈕
Touch Screen / 觸控螢幕
Back Side / 背面
Microphone / 麥克風
Magnetic Charging Port / 磁吸充電口
Wrist Rate Sensor / 心率檢測器
Speaker / 揚聲器
Pressure relief hole / 洩壓孔

Getting started / 入門指南

Watch
1. After pairing, The watch will automatically record your data.
2. You can manually measure your heart rate, SpO2, and stress using the smart watch. Additionally, it can monitor your heart rate and sleep throughout the day. You can choose to operate it manually or set it to automatically monitor your health continuously.
3. To start an exercise; Open the sports app on the watch, tap the icon for the type of sport, set your goal, and then begin exercising.

App
1. Open the "Momax Wear" app, enable Bluetooth, and grant GPS location permission.
2. Wake up the Watch's screen and bring it close to your phone.
3. Tap "Bind Device" in the app and select the model from the search results to complete the binding.
4. Enter your information and set your step goal in the app to finalize the binding process.

手錶
1. 配對後，手錶將自動記錄您的數據。
2. 您可以使用智能智能手錶手動測量您的心率、SpO2 和壓力。此外，它還可以全天候監測您的心率和睡眠。您可以選擇手動操作或設置為自動持續監測您的

健康。
3. 要開始鍛煉；請打開手錶上的運動應用程式，點擊運動類型的圖標，設定您的目標，然後開始鍛動。

應用程式
1. 打開「Momax Wear」應用程式，啟用藍牙並授予 GPS 定位許可。
2. 喚醒手錶的螢幕，並將其靠近您的手機。
3. 在應用程式中點擊「綁定設備」，然後從搜索結果中選擇您知匹配或結果。
4. 在應用程式中輸入您的信息並設定步數目標，以完成綁定過程。

Introduction / 介紹

1. Dial
You can switch between watch faces manually on the watch or through the Momax Wear App's watch face settings. The app also allows for customization of the watch face. Additional watch faces are available for download in the "Watch Face Market."

2. Application List
To access the application list while viewing the watch face, press the physical button. The applications are listed as follows (from top to bottom): Activity, Phone, AI Voice, Sports, Sports Records, Heart Rate, Blood Oxygen, Stress, Sleep, Breathe Weather ,Cycle Tracking, Music, Camera, Find Phone, Alarm, Stop Watch, Timer, World Clock and Settings.

2.1 Activity
The watch collects and displays various activity data, including:
• Daily exercise/activity/walking data and goals
• Hourly histogram of exercise/activity/walking data
• Total steps and distance for the day
• Recovery time and maximal oxygen uptake from the latest exercise
• Daily goal setting

1. 錶盤
手錶可以通過手錶或 Momax Wear 應用程式的錶盤切換錶盤。應用程式還可以自定義錶盤。更多錶盤可以在「錶盤市場」中下載。

2. 應用程式列表
在查看錶盤時，按下實體按鈕以進入應用程式列表。應用程式按以下順序列出（從上到下）：活動、電話、AI 語音、運動、運動記錄、心率、血氧、壓力、睡眠、呼吸、天氣、週期追蹤、音樂、相機、尋找手機、鬧鐘、計時器、世界時鐘和設定。

2.1 活動
手錶可收集並顯示各類活動數據，包括：
• 每日運動/活動/步行數據及目標
• 每小時運動/活動/步行數據的直方圖
• 當天的步數和距離
• 最近一次鍛煉的恢復時間和最大攝氧量
• 每日目標設定

Function Description / 功能說明

2.2 Phone Functionality
1. You can add up to 10 frequent contacts through the app and call them directly from the watch.
2. Recent call history is accessible on the watch, allowing you to call designated numbers.
3. Calls can be made using the watch's dialer.

2.3 AI Voice
Control your phone's built-in voice assistants, such as Siri and Google Assistant, by inputting voice commands on the watch.

2.4 Sports
a) The watch supports up to 12 default exercise types:
• Outdoor Run, Indoor Run, Outdoor Walk, Indoor Walk, Hiking, Outdoor Cycle, Indoor Cycle, Cricket, Pool Swim, Open Water Swim, Rower, Elliptical.
You can add or remove exercise types and change their display order in the Momax Wear App, which offers a total of 100 exercise types.
b) The watch features intelligent exercise recognition, automatically detecting when you're running or walking. It can pause exercises automatically and remind you when an exercise ends; this feature can be toggled on or off in the app.
c) The watch provides a summary of various exercise data, which can be reviewed in the Momax Wear App.
d) Recent exercise records, including detailed data,

are viewable on the watch and in the app.

2.5 Sports Records
Record the data for each exercise and view your exercise records at any time

2.6 Heart Rate
1. You can manually measure your heart rate using the watch. In the app settings, you can enable or disable the intelligent around-the-clock heart rate monitoring, or view your heart data.
2. When measuring your heart rate, keep your arm and wrist still and wait patiently until the measurement is complete.

2.7 Blood Oxygen
1. You can manually measure your blood oxygen levels using the watch. Additionally, the watch supports automatic around-the-clock blood oxygen monitoring. In the app settings, you can enable or disable this function, or view your blood oxygen data.
2. When measuring your blood oxygen, keep your arm and wrist still and wait patiently until the measurement is complete.

2.8 Stress
1. You can manually measure your stress levels using the watch. The watch also supports automatic around-the-clock stress monitoring. In the app

settings, you can enable or disable this function, or view your stress data.
2. When measuring your stress levels, keep your arm and wrist still and wait patiently until the measurement is complete.

2.9 Sleep
You can view your most recent sleep record and the status of each sleep stage.

2.10 Breathe
1. Open the app for "Breathe" function and select the desired duration.
2. Click to start, then follow the vibration frequency and animation instructions to adjust your breathing. This will help you relax.

2.11 Cycle Tracking
After opening the Women's Health on the app, the watch will display options for cycle tracking. You can set the cycle length, reminder time, and other preferences, and the watch will provide periodic reminders.

2.12 Weather
Supports viewing the weather for seven days. You can check today's current weather, as well as the highest and lowest temperature values for today and the next six days.

2.13 Music
1. When the watch is connected to the app, you can control the mobile music player to perform functions such as "next," "previous," "play/pause," and "increase/decrease volume."
2. This function can be displayed or hidden in the app settings.

2.14 Camera
When the watch is connected to the app, you can manually activate the phone's camera to take photos.

2.15 Find Phone
1. When the watch is connected to the app, you can make your phone ring.
2. Click the icon to stop the ringing.
3. This function can be displayed or hidden in the app settings.

2.16 Stopwatch
Use the watch as a stopwatch. The stopwatch features a "Lap" function.

2.17 Timer
You can set a timer with a preset duration on the watch. It will notify you when the timer expires, and you can customize the timer duration.

2.18 Alarm

The watch allows you to add, delete, and turn alarms on or off. You can also set alarms through the app and assign labels to identify each alarm.

2.19 World Clock
Users can set multiple displays in the app to show the time in various countries around the world, each in its respective time zone. The first choice will be displayed on the watch.

3. Settings
1. You can customize the watch display.
2. You can also adjust the sounds, vibrations, and Do Not Disturb (DND) mode.
3. Additionally, you can restart the watch, restore factory settings, and view device information.

4. Reminder Message
The watch supports various reminder modes, including message reminders, incoming call alerts, drinking reminders, exercise goal notifications, and exercise heart rate warning alerts, among others.

1. 表盤
您可以透過手錶或 Momax Wear 應用程式的表盤設置手動切換表盤。應用程式還可以自訂表盤。您可以在「表盤市場」下載更多表盤。

2. 應用程式列表

2.2 電話功能
1. 您可以通過應用程式添加多達 10 位常用聯絡人，並直接從手錶撥打給他們。
2. 手錶上可以查看最近的通話記錄，並撥打指定號碼。
3. 可以通過手錶的撥號器進行通話。

2.3 AI 語音
透過在手錶上輸入語音指令控制手機內建的語音助手，如 Siri 和 Google Assistant。

2.4 運動
a) 手錶預設支援多達 12 種運動模式：
• 戶外跑、室內跑、戶外步行、室內步行、遠足、戶外騎車、室內騎車、板球、游泳池游泳、開放水域游泳、划船、橢圓機。您可以在 Momax Wear 應用

程式中添加或刪除運動類型，或更改它們的顯示順序，應用程式提供總計 100 種運動類型。
b) 手錶具有智能運動識別功能，可以自動偵測您何時跑步或步行。它可以自動暫停運動並在運動結束時提醒您；此功能可在應用程式中開啟或關閉。
c) 手錶的運動摘要功能，可在 Momax Wear 應用程式中查看。
d) 您可以在手錶上查看最近的運動記錄，包括詳細的運動數據，也可以在應用程式中查看運動記錄。

2.5 運動記錄
隨時記錄每次運動的數據，並查看運動記錄。

2.6 心率
1. 您可以使用手錶手動測量心率。您可以在應用程式的設定中啟用或停用智能全天候心率監測，或查看您的心率數據。
2. 測量心率時，請保持手臂和手腕靜止，耐心等待測量完成。

2.7 血氧
1. 您可以使用手錶手動測量血氧水平。此外，錶支援自動全天候血氧監測。在應用程式的設定中，您可以啟用或停用此功能，或查看您的血氧數據。
2. 測量血氧時，請保持手臂和手腕靜止，耐心等待測量完成。

2.8 壓力
1. 您可以使用手錶手動測量壓力，錶支援自動全天候壓力監測。在應用程式的設定中，您可以

Basic Operations / 基本操作

1. **Wear the Watch Correctly:** Ensure that your watch is positioned at least one finger's width above your wrist bone, with the sensor on the back touching your skin.
2. **Screen Operation:** The **SW2S** features a full touch screen, allowing for operations such as short taps, swipes left/right, and swipes up/down.
3. **Button Operation:** The **SW2S** has one physical Rotational Crown Button. The button supports "short press," "long press" and "Rotation"
(1) **Short Press on the Button:**
   • Enter or exit the application list.

• Short press to pause/start during exercise.
• Wake the screen when it is off.
(2) **Long Press on the Upper Button:**
   • Long press for 8 seconds to restart the device.
   • Long press during exercise to end the activity.
   • Turn on the watch when it is in the off state.
(3) **Rotating button :**
   • Rotate the button to scroll through the application list.

1. 正確佩戴手錶：確保手錶至少距離手腕骨一個手指的寬度，並使背面的感測器貼合您的皮膚。
2. 螢幕操作：SW2S 配備全觸控螢幕，支持短按、左右滑動和上下滑動等操作。
3. 按鈕操作：SW2S 具有一個實體旋轉冠按鈕。按鈕支持「短按」、「長按」和「旋轉」。
(1) 短按按鈕：
   • 進入或退出應用程式列表。
   • 在運動中短按以暫停/開始。
   • 在螢幕關閉時喚醒螢幕。
(2) 按鈕長按：
   • 長按 8 秒重新啟動設備。
   • 在運動過程中長按以結束運動。
   • 關機狀態下長按開機以開啟手錶。
(3) 旋轉按鈕：
   • 旋轉按鈕捲動瀏覽應用程式清單。

SPECIFICATION / 產品規格

MODEL: SW2S
Input	: DC 5V =0.5A
Display	: 1.38" Touch Screen
Battery capacity	: 3.8V , 300mAh Li-Po Battery
Operation Time	: Up to 5-7Days per single charge
Charging time	: ~2.5Hours
Connectivity	: Wireless
Wireless range	: 10M
Sensor	: PPG Sensor 3D Accelerometer
Waterproof	: IP68
Switch	: Rotational Crown Button
Charing Port	: Magnetic Charging Port
Dimension:	Watch (w/o Strap) : 52*49*13mm
Watch (with Strap)	: 260*49*13mm
Weight	: 59g
Material	: Glass/Zinc-Alloy/Plastic/ Silicone
Compatibility	: iOS/ Android

型號: SW2S
輸入	: 直流5V =0.5A
螢幕	: 直徑 1.38" 觸控螢幕
電池容量	: 3.8V，300mAh 鋰電池
工作時間	: 每次充電最多 5-7 天
充電時間	: ~2.5小時
連接方式	: 無線
無線範圍	: 10M
傳感器	: PPG傳感器/3D加速度計
防水等級	: IP68
開關	: 旋轉錶冠按鈕
充電接口	: 磁吸充電口
尺寸：手錶（不含錶帶）	: 52*49*13毫米
手錶（含錶帶）	: 260*49*13毫米
重量	: 59克
材質	: 玻璃/鋅合金/塑膠/矽膠
兼容性	: iOS/安卓

Contains:
1-Wear Smart Watch
USB A to Pogo Magnetic Charging Cable
Instruction manual and warranty card

包裝內容:
1-Wear 智能手錶
USB A 轉 Pogo 磁性充電線
使用說明書及保固卡