AROMA°



instruction manual

Roaster Oven

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Digital Rice & Grain Multicookers



Rice & Grain Cookers



Electric Kettles



Indoor Grills



2.

AROMA°

To Enhance and Enrich Lives.

Here at Aroma we strive to make a difference—to design and distribute products that enhance and enrich people's lives.

Aroma offers an array of exceptional products to make cooking simple and satisfying. Discover other countertop appliances and cookware from our current product lineup to complement your kitchen.

REGISTER YOUR PRODUCT



Activate your warranty.
Registration is quick and easy.

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- new product releases
- new test kitchen recipes
- sales and promotions ...and more!

SCAN TO REGISTER

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IMPORTANT SAFEGUARDS

Basic safety precautions should always be followed when using electrical appliances, including the following:

- Important: Read all instructions carefully before first use.
- 2. Do not touch hot metal surfaces. Use handles or knobs.
- To protect against electrical shock, do not immerse the appliance, cord or plug in water or other liquid. See instructions for cleaning.
- Close supervision is necessary when any appliance is used by or near children. This appliance is not intended to be used by children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts, and before cleaning the appliance.
- 6. Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. Contact Aroma® Customer Service for examination, repair or adjustment.
- 7. The use of accessory attachments not recommended by Aroma Housewares, may result in fire, electrical shock or injury.
- 8. Do not use outdoors.
- Do not let the cord touch hot surfaces or hang over the edge of a counter or table.
- 10. Do not place on or near a hot gas or electric burner or in a heated oven.
- Extreme caution must be used when using or moving an appliance containing hot oil or other hot liquids.
- Do not use the appliance for anything other than its intended use.
- Do not clean with metal scouring pads. Pieces may break off the pad and touch electrical parts, creating a risk of electric shock.
- 14. Intended for countertop use or on a dry, level, heat resistant surface.
- Keep at least 4 inches away from walls and other flammables in a well-ventilated area.
- 16. Prior to plugging appliance into the wall outlet, ensure the temperature control dial is set to the MIN position. To disconnect, turn the temperature control to the MIN position, and then remove plug from wall outlet.

- 17. Do not store any materials, other than those accessories recommended by Aroma Housewares, in this oven when not in use
- 18. Use only with a 120V AC power outlet.
- 19. The roaster oven should be operated on a separate electric circuit from other operating appliances. If the electric circuit is overloaded with other appliances, this appliance may not operate properly.
- 20. Always make sure the outside of the removable enameled cooking pan is dry prior to using. If the cooking pan is returned to the roaster oven when wet, it may damage or cause the product to malfunction.
- 21. To reduce the risk of electric shock, cook only in the removable enameled cooking pan provided.
- Oversize foods or metal utensils must not be inserted in the roaster oven as they may create a fire or risk of electric shock.
- 23. A fire may occur if the roaster oven is covered by or touching flammable materials, including curtains, draperies, walls, and the like, when in operation. Do not store any item on top of the appliance when in operation.
- Do not cover any part of the roaster oven with metal foil. This will cause overheating of the roaster oven.
- 25. Use extreme caution when opening the lid during or after cooking. Hot steam will escape and may cause scalding.
- 26. To disconnect, first turn the temperature control to the MIN position, then remove the plug from the wall outlet. Never pull on the cord.
- 27. Use oven mitts when removing the enameled cooking pan and/or cooked food from the roaster oven.
- 28. Do not wrap or tie cord around appliance.

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IMPORTANT SAFEGUARDS

- 29. Some countertop surfaces are not designed to withstand the prolonged heat generated by certain appliances. Use only on a flat, heat-resistant surface.
- 30. WARNING: Spilled food can cause serious burns. Keep appliance and cord away from children. Never drape cord over edge of counter, never use outlet below counter, and never use with an extension cord.

SAVE THESE INSTRUCTIONS

Short Cord Instructions

A short power-supply cord is provided to reduce the risks resulting from it being grabbed by children, and becoming entangled in or tripping over a longer cord.



WARNING

Spilled food can cause serious burns. Keep appliance & cord away from children.

NEVER

- Drape cord over edge of counter.
- · Use outlet below counter.
- · Use extension cord.

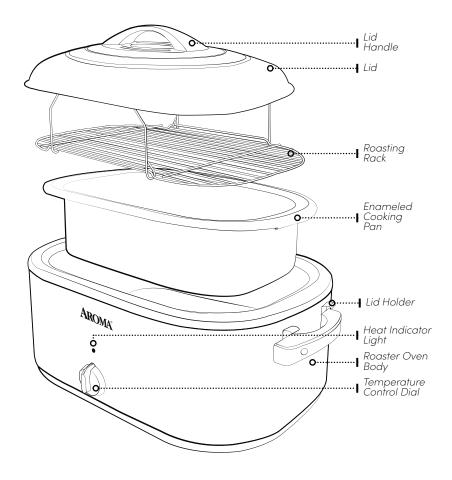
Polarized Plug

This appliance has a polarized plug (one blade is wider than the other); follow the instructions below:

To reduce the risk of electric shock, this plug is intended to fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to modify the plug in any way.

If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or a similarly qualified person in order to avoid a hazard.

Parts Identification



THIS APPLIANCE IS FOR HOUSEHOLD USE ONLY.

Controls/Functions

Temperature Dial

Turn the dial to the desired temperature to begin heating up to 450°F. To power the unit off, turn the dial to the MIN position.

Keep Warm

Sets the roaster oven to optimal serving temperatures.

Defrost

Defrosts frozen food at 275°F.

BEFORE FIRST USE

- 1. Read all instructions and important safeguards.
- 2. Remove all packaging materials and check that all items have been received in good condition.
- 3. Tear up all plastic bags and dispose of them properly as they can pose a risk to children.
- 4. Wash the removable cooking pan, lid, and all other accessories in warm, soapy water.
- 5. Wipe the roaster's body clean with a damp cloth.
- 6. Dry all parts and accessories thoroughly then reassemble for use.
- Ensure that the temperature control dial is turned to the MIN position then plug the power cord into an available 120V AC outlet.
- 8. Heat the roaster oven on 400°F for 30 minutes or until smoke and/or odors have completely dissipated.
- Once smoke and/or odors have ceased to emit, turn the temperature control dial to the MIN position then remove the plug from the wall outlet. The roaster oven is now ready for use.

TO CLEAN

- Turn the temperature control dial to the MIN position then remove the plug from the wall outlet.
- 2. Allow the unit to completely cool.

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- 3. Wash the removable cooking pan, lid, and all other accessories in warm, soapy water.
- 4. Wipe the roaster's body clean with a damp cloth.
- 5. Dry all parts and accessories thoroughly then reassemble for next use.

Note:

- Any other servicing should be performed by Aroma[®] Housewares.
- Do not use harsh abrasive cleaners, scouring pads or products that are not considered safe to use on nonstick coatings.
- Due to the manufacturing process, it is normal for smoke and odors to be emitted during the first use.
- Not satisfied with your Aroma® purchase? Our product experts can help! Before returning, contact Customer please Service at 1-800-276-6286 for product support, helpful tips and more!

Helpful Hints:

For stubborn food stains, pour 4 cups of hot water into the cooking pan and allow it to soak for 30 minutes. After soaking, wash with warm, soapy water.

ROAST & BRAISE

- Place the cooking pan into the roaster oven then place the lid on top securely.
- Plug the power cord into an available 120V AC wall outlet.
- Turn the temperature control dial to the desired temperature. The heat indicator light will illuminate.
- Allow the roaster to preheat. The heat indicator light will turn off once the cooking pan has reached the selected temperature. During operation, the indicator light will turn on and off, indicating the input temperature is being maintained.
- Once the roaster has preheated, open the lid using caution then carefully place the roasting rack into the cooking pan. Wear protective heatresistant gloves to prevent injury as the roaster oven will be hot.
- 6. Place desired ingredients onto the roasting rack.
- When finished cooking, remove the food from the roasting rack, turn the temperature control dial to the MIN position then remove the plug from the wall outlet.

KEEP WARM

- To keep foods at a ready-to-serve temperature after cooking, begin by following steps 1 through 6 of "Roast & Braise" above.
- 2. When finished cooking, turn the temperature control dial to *Keep Warm*.
- 3. After serving, turn the temperature control dial to the MIN position then remove the plug from the wall outlet.



Caution:

Before placing the cooking pan into the roaster, check that the cooking pan is dry and free of debris. Adding the cooking pan when wet may damage the roaster.

During and after use, the lid, cooking pan, and roasting rack will become extremely hot. Be sure to use the handle and wear protective heat-resistant oven mitts or gloves.

Always use caution when opening the lid while cooking as hot steam will escape and can cause scalding.

Note:

- To use the lid holder, attach the lid facing down to the two hooks found above the handles on the roaster's body.
- Always preheat the oven before placing ingredients inside, unless the recipe specifies otherwise.
- Food should not be left in the roaster on Keep Warm for more than 12 hours.

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DEFROST

- 1. Place the cooking pan into the roaster oven then place the lid on top securely.
- Plug the power cord into an available 120V AC wall outlet.
- 3. Turn the temperature control dial to *Defrost*. The heat indicator light will illuminate.
- 4. Allow the roaster to preheat. The heat indicator light will turn off once the cooking pan has reached the selected temperature. During operation, the indicator light will turn on and off, indicating the input temperature is being maintained.
- Once the roaster has preheated, open the lid using caution then carefully place the roasting rack into the cooking pan. Wear protective heatresistant gloves to prevent injury as the roaster oven will be hot.
- 6. Place frozen ingredients onto the roasting rack.
- 7. After defrosting, turn the temperature control dial to the desired cooking temperature.
- When finished cooking, remove the food from the roasting rack, turn the temperature control dial to the MIN position then remove the plug from the wall outlet.

Roasting & Baking Guides

Note:

- · Using a reliable meat thermometer to monitor your foods as they cook is crucial to obtaining delicious results, however, refrain from opening the lid too often to prevent heat loss.
- Food should not be left in the roaster on **Keep Warm** for more than 12 hours.
- Always preheat the oven before placing ingredients inside, unless the recipe specifies otherwise.

Helpful Hints:

To enhance the flavor of your roasted meats, fish, and vegetables, add your favorite broth or stock to the cooking pan during the last 30 minutes of roasting.

| Food | Temperature | Cook Time Per Pound | Total Cook Time |
|----------------------------|-------------|------------------------|-----------------|
| Whole Turkey 10-22 lbs. | 350°F-400°F | 13-18 Min. | 2-3½ Hours |
| Whole Chicken 4-6 lbs. | 450°F | 15-18 Min. | 1-1½ Hours |
| Whole Duck 4-6 lbs. | 325°F-350°F | 18-24 Min. | 1¼-3 Hours |
| Beef 3-5 lbs. | 325°F-350°F | 15-20 Min. | 3/4-13/4 Hours |
| Pork 3-5 lbs. | 325°F-350°F | 20-35 Min. | 1-2¼ Hours |
| Lamb 5-8 lbs. | 325°F-350°F | 20-30 Min. | 1½-3½ Hours |
| Ham 6-9 lbs. | 325°F-350°F | 15-25 Min. | 1½-3½ Hours |

| Food | Temperature | Total Cook Time |
|---------|-------------|-----------------|
| Bread | 375°F | 45-75 Min. |
| Pie | 375°F | 45-60 Min. |
| Cake | 325°F | 45-60 Min. |
| Cookies | 375°F | 10-15 Min. |
| Rolls | 375°F | 15-20 Min. |
| Muffins | 400°F | 20-25 Min. |

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Caution:

Before placing the cooking pan into the roaster, check that the cooking pan is dry and free of debris. Adding the cooking pan when wet may damage the roaster.

During and after use, the lid, cooking pan, and roasting rack will become extremely hot. Be sure to use the handle and wear protective heat-resistant oven mitts or gloves.

Always use caution when opening the lid while cooking as hot steam will escape and can cause scalding.

To prevent food-borne illness, always make sure food is cooked thoroughly before serving.

Note:

- To bake dishes using the roaster oven, simply pour batter and other desired ingredients into a heat-safe bowl or pan then place onto the roasting rack.
- Cooking times are approximate. Altitude, humidity, outside temperature, and ingredient thickness will affect cooking times.
- These charts are for reference only. Actual cooking times may vary.

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RECIPES

Cauliflower and Carrot Casserole

2 cups cauliflower, chopped 1 cup carrots, chopped

1 (12-oz.) can cream of mushroom soup

⅓ tsp. black pepper

½ cup milk

1 (2.8-oz.) can crispy fried onions

-- salt, to taste

Place the roasting rack on top of the cooking pan and preheat the roaster oven to 350°F. Mix together the cauliflower, carrots, cream of mushroom soup, black pepper, and milk in a 1.5-quart casserole dish. Cover with tin foil, place the casserole on top of the roasting rack then cover with the lid. Allow the casserole to bake for about 30 minutes then remove the tin foil and top with a sprinkling of crispy fried onions. Adjust the temperature to 450°F and bake for another 5 minutes or until the onions are golden brown then serve.

SERVES 6-8.

Low-Fat Blueberry Oat Muffins

1 egg

2½ tbsp. brown sugar

1/4 cup milk 1/2 tsp. salt

1 tsp. vanilla extract

½ cup flour ¾ cup oat bran

1½ tsp.2 cups1 tbsp.baking powderblueberriesvegetable oil

Place the roasting rack on top of the cooking pan and preheat the roaster oven to 400°F. Whisk together the egg, sugar, milk, salt, and vanilla extract in a large bowl. Once incorporated, stir in flour, oat bran, and baking powder. Mix until the batter becomes a thick consistency then stir in the blueberries. Grease a 6-cup muffin pan or line with cupcake liners then fill each muffin cup with the batter. Place the muffin pan on top of the roasting rack and bake for 18–20 minutes, or until the muffin tops are golden brown.

SERVES 6-8.

RECIPES

Roast Lamb

| 1 | leg of lamb (5-6 lbs.) |
|-------|-----------------------------|
| 11/2 | large onions, thinly sliced |
| 5-6 | garlic cloves, chopped |
| ⅓ cup | extra virgin olive oil |
| ½ cup | dry red wine |
| ½ cup | light soy sauce |

2½ tsp. fresh thyme, chopped salt and pepper, to taste

Combine all ingredients except the onions in a large bowl. Place the lamb into the bowl and coat with the marinade then cover with plastic wrap and refrigerate overnight. Place the roasting rack on top of the cooking pan and preheat the roaster oven to 325°F. Place the lamb on top of the roasting rack then arrange the onions on the lamb or surrounding the meat. Roast for 1½ to 3½ hours, or until the lamb's internal temperature is 145°F. Occasionally open the lid using caution and baste with the remaining marinade. After finished cooking, remove the lamb from the roaster and allow it to rest for 5–10 minutes before cutting and serving.

SERVES 4-6.

Beef Ribs

| 6 lbs. | beef ribs |
|---------|-----------|
| 3 tbsp. | olive oil |

4 garlic cloves, minced

2 tbsp. kosher salt 1 tbsp. black pepper

1 tbsp. fresh thyme, chopped1 tbsp. fresh rosemary, chopped

1 tsp. sugar

½ tsp. ground allspice¼ tsp. cayenne pepper

Place the roasting rack on top of the cooking pan and preheat the roaster oven to 250°F. Thoroughly mix garlic cloves, salt, pepper, thyme, rosemary, sugar, allspice, and cayenne pepper in a large bowl. Brush olive oil over the entire surface of the rib roast then massage in the dry rub. Place the rib roast on top of the roasting rack then cover with the lid and allow to roast for 2 hours. After 2 hours have passed, adjust the temperature to 400°F and roast for an additional 30 minutes then serve.

SERVES 8-12.

RECIPES

Teriyaki Roast Chicken

1 whole chicken (about 4 lbs.)

½ cup soy sauce ¼ tsp. garlic salt

1/4 tsp. white pepper powder

¼ cup dry sherry¼ cup sugar½ tsp. honey

3 slices fresh ginger root

3 tbsp. water 1½ tbsp. cornstarch

Pat the chicken dry with paper towels then place in a large bowl and set aside. Combine soy sauce, garlic salt, white pepper powder, dry sherry, sugar, honey, and ginger in a small saucepan on medium heat for 2–3 minutes. Mix together water with cornstarch then stir into the saucepan to thicken the sauce. Once thickened, remove the sauce from heat. Brush or coat the chicken with the sauce, being sure to get inside crevices. Cover with plastic wrap and refrigerate for 2 hours. Preheat the roaster to 325°F then place the chicken onto the roasting rack. Allow to cook for 1½ hours or until the chicken's internal temperature is 165°F then serve.

SERVES 4.

Vegetable Soup

6 tbsp. peanut oil

3 small cabbages, cut into strips

2 cups carrots, chopped 9 celery stalks, chopped 1 cup green onion, chopped

4½ quarts water 3 tsp. sherry 3 tbsp. soy sauce

-- salt and pepper, to taste

Coat the bottom of the cooking pan with oil and set the temperature to 275°F. Preheat the oil then add cabbage, carrots, celery, and green onions and sauté until softened. Stir in water, soy sauce, sherry, salt and pepper. Cover with the lid and simmer for 2½ hours then serve in heat-safe bowls.

SERVES 10-15.

NOTES

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NOTES

LIMITED WARRANTY

Aroma Housewares Company warrants its products against defects in material and workmanship for one year from provable date of purchase in the United States.

Within this warranty period, Aroma Housewares Company will repair or replace, at its discretion, defective parts at no charge, provided the product is returned, freight prepaid with proof of purchase and U.S. \$20.00 for shipping and handling charges payable to Aroma Housewares Company. Before returning an item, please call the toll free number below for a return authorization number. Allow 2-4 weeks for return shipping.

This warranty does not apply if the warranty period expired; the product has been modified by any unauthorized service center or personnel; the defect was subject to abuse, improper use not conforming to product manual instructions, or environmental conditions more severe than those specified in the manual and specification, neglect of the owner or improper installation; the defect was subject to Force Majeure such as flood, lightning, earthquake, other natural calamities, war, vandalism, theft, brownouts or sags (damage due to low voltage disturbances).

This warranty gives you specific legal rights, which may vary from state to state, and does not cover areas outside of the United States.

SERVICE & SUPPORT

In the event of a warranty claim, or if service is required for this product, please contact Aroma® customer service toll-free at:

1-800-276-6286

M-F, 8:30am-4:30pm, Pacific Time

Or we can be reached online at:

CustomerService@AromaCo.com



Activate your warranty.
Registration is quick as Registration is quick and easy.

SCAN TO REGISTER or visit AromaCo.com/registration

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Note:

Proof of purchase is required for all warranty claims.



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