

USER MANUAL

AUVON Tens Unit Pads

Reseal Package to Keep Electrodes Fresh



RECOMMEND MASSAGE POINTS

The schematic shown is for reference only, please use it based on your actual needs.



1. It won't work with just one pad. You **MUST USE TWO PADS** on your body at the same time.
2. The larger the pad needs the higher the intensity.

APPLICATION

- **Before applying, make sure stimulator is off**
- Skin must be clean and dry. Dirty or oily skin will prevent electrode adhesion.
- Remove electrodes from bag and then reseal bag to protect the remaining electrodes.
- Insert lead wire pin into wire connector of electrode, making sure no bare metal shows.
- Remove electrode from protective liner. Do not remove by pulling on the wire connector. Save liner for electrode storage.
- Apply by pressing electrodes firmly onto skin. If necessary, clip excess hair with scissors.

REMOVAL AND STORAGE

- **DO NOT peel the electrode off by the wire.** Lift a corner of the electrode and slowly peel it away. Avoid touching the gel as much as possible.
- Place the electrodes back onto the glossing side of the saved protective liner.
- After ensuring that the stimulator is turned off, remove lead wire pin from electrode connector by gently twisting and pulling it out.
- Remove the electrodes back to the storage bag and reseal tightly to prevent dry-out.
- Store at room or cool temperature and keep out of direct sunlight.

INTENDED USE

The self-adhesive electrode is intended to be used to apply electrical stimulation current to the patient's skin. Example electrical stimulations for current applications of the electrodes are: TENS and EMS.

CONTRAINDICATION

Do not use cutaneous electrodes for stimulation (stimulation electrodes) if you have a cardiac pacemaker, implanted defibrillator, or other implanted metallic or electronic device. Such use could cause electric shock, burns, electrical interference, or death.

WARNINGS

- Do not place stimulation electrodes across your chest because the introduction of electrical current into the chest may cause rhythm disturbances to your heart, which could be lethal;
- Do not place stimulation electrodes over your neck because this could cause severe muscle spasms resulting in closure of your airway, difficulty in breathing, or adverse effects on heart rhythm or blood pressure;
- Do not place stimulation electrodes over open wounds or rashes, or over swollen, red, infected, or inflamed areas or skin eruptions (e.g., phlebitis, thrombophlebitis, varicose veins);
- Do not place stimulation electrodes over, or in proximity to, cancerous lesions;
- Electrodes should be applied only to normal, intact, clean, healthy skin;
- Do not share electrodes with other persons because of the risks of adverse skin reactions and disease transmission;
- The size, shape, and type of electrodes may affect the safety and effectiveness of electrical stimulation and recording;
- The electrical performance characteristics of electrodes may affect the safety and effectiveness of electrical stimulation and recording;
- Using stimulation electrodes that are too small or incorrectly applied could result in discomfort or skin burns;
- You should contact the manufacturer of the electrical stimulator or recording device if you do not know if the electrode can be used with the simulation or recording device;
- Do not use while operating a motor vehicle;
- Do not wear electrodes when showering, bathing, or swimming;
- If skin irritation should occur and persist, discontinue use and contact your physician or therapist;
- Check skin under pad periodically;
- If any adverse reaction occurs, discontinue use immediately.

PRECAUTIONS

- The long-term effects of cutaneous electrodes for electrical stimulation and/or recording are unknown;
- Since the effects of stimulation of the brain are unknown, stimulation electrodes should not be placed on opposite sides of your head;
- Keep electrodes out of the reach of children or pets;
- Use caution if electrodes are applied over areas of skin that lack normal sensation;
- Replace self-adhesive electrodes if they no longer stick firmly to your skin, or become crusted or separated, or weakens stimulation.

ADVERSE REACTIONS

- You may experience skin irritation and burns beneath the stimulation electrodes applied to your skin;
- You may experience headache and other painful sensations during or following the application of electrical stimulation near your eyes and to your head and face.