



Dear Teachers,

Thank you for your purchase of the new SPACE BLITZ™ RICOCHETBALL GAME designed for school physical education programs.

Our SPACE BLITZ™ is a fun, efficient, and multi-ability game perfectly suited for elementary and secondary school physical education programs. The SPACE BLITZ™ features a two-sided, ANGLE ADJUSTED rebounder net which deflect balls to the receiving student or opponent team, improving hand-eye coordination, mobility, agility, and stamina. It comes with two soft foam balls. Plus, it includes this free Lesson Plan Guide developed in partnership with a 11-year veteran physical education instructor!

The SPACE BLITZ™ provides instructors with a new activity perfectly suited for the shorter time periods that schools allot for physical education. The lesson plan guide also supports teachers in developing adapted mobility physical education programs as well as accommodating neurodivergent students.

We believe in the power of sport and play for youth that change the way our children develop motor skills and form bonds with their peers. With the SPACE BLITZ™ we hope we can help make your job as an educator easier, more efficient, and most of all – fun for your students!!



**DEVELOPED IN PARTNERSHIP  
WITH TEACHERS LIKE YOU!**

*Special thanks to Brendan Rubenstein, a former pro baseball player, youth baseball coach, and elementary physical education teacher with 11+ years of experience.*

*Based in Wellington, Florida, Brendan is passionate about bringing physical education to underserved communities and providing children with a safe, supportive and engaging environment for learning healthy habits and having fun.*

*You can find him on TikTok at @coachrubenstein!*



CLICK ON THE QR CODE BELOW WHICH WILL  
TAKE YOU TO OUR **YOUTUBE CHANNEL** TO VIEW  
THESE 5 INDIVIDUAL ACTIVITIES.

CREATE YOUR OWN GAME AS WELL AND POST  
ON SOCIAL MEDIA!



Scan here for different fun games !







This can be done with any grade level, any age participant; depending on experience, modify as appropriate to set them up for success AND challenge.

### Equipment:

- Ricochet
- Volleyball

### Preparation:

Set up with groups of 2 people.  
Both stand about 5 feet away from Ricochet.  
Angle to be set upward.  
One person starts as the thrower.

### Procedure:

#### \*\*Level 1\*\*

- 1)The thrower gets the ball to hit the ricochet.
- 2)The goal is to have one player's forearm pass the ball.
- 3)Player to forearm pass must call for it with a "mine-mine" or another type of communication.
- 4)Once it is passed directly upward, the player catches it, and the next person becomes the thrower.

#### \*\*Level 2\*\*

- This time, incorporate control on the forearm pass, so the person who passes must pass it to their partner.
  - Partner catches it, and then continues with the same steps.
- \*Scorekeeping opportunity\*
- Groups gain point if the pass and catch is completed

#### \*\*Level 3\*\*

- TPSC (Throw, Pass, Set, Catch)
- Completed successful turn contains all 4 steps in order.
- Pass and set both need to be to the other player, cannot be a pass or set to themselves

















