

smart wristband

user's manual

wear correctly

The bracelet is best worn behind the ulnar styloid.

Adjust the size of the wrist according to the adjustment hole;
fasten the wrist strap buckle.

The sensor should be close to the skin and avoid moving.

charge the bracelet

sure the power of the bracelet is normal when using it for the first time . If the power cannot be turned on normally due to low power , please connect the charger to charge the device.

Install the bracelet APP on your phone

Scan the QR code or enter the APP Store , App Store to download and install the APP



Android/IOS

System requirements: Android 5.0 and above; iOS9.0 and above;
Bluetooth 4.0 supported .

device connection

For the first use, it is necessary to connect the APP for calibration. After successful connection, the bracelet will automatically synchronize the time, Turn on the Bluetooth switch of the mobile phone system → enter the app device module → click "Unbind" to enter, and the system will automatically search the nearby bracelet Bluetooth device, find the bracelet device, and connect with it.

- After the Android phone is paired successfully, an audio pairing box will pop up on the APP end. Click the successful connection to make/receive calls and listen to music; IOS needs to search the audio Bluetooth name on the mobile phone Bluetooth, and click to connect. (Note: If the Bluetooth of the mobile phone system fails to search audio Bluetooth all the time, please enter the Bluetooth call menu and turn on the switch. You cannot make a call without connecting an audio device)
- APP will automatically save the Bluetooth address of the bracelet. When the APP is opened or running in the

background , it will automatically search and connect to the bracelet .

- Android phones use all notification permissions to read contact information and give the APP background running in the phone settings.

Bracelet function description

Up button: short press once on the dial page to enter the main menu, double-click on the main menu page to switch styles, and short press on other pages to return to the previous level

Down key: Press and hold the dial for 2 seconds to shut down, press briefly on any page to return to the dial, and press briefly on the dial page to extinguish the screen.

Knob function: the dial knob can switch between different dials, the main menu can be cut to the next page; the honeycomb main menu can be zoomed in and out

Standby page: Slide down to enter the information page, and slide up to enter the control center interface; Left sliding switch dial; Right slide in sideslip

control center

- Bluetooth call: 1. If no audio is connected within 5 minutes after the first power on, the switch will automatically turn off; Or the user manually turns off the audio Bluetooth on

the bracelet, and needs to manually turn on the switch when using it again. 2. The audio Bluetooth is connected and remains connected. If the audio Bluetooth is disconnected within 1 minute, it will automatically turn off if it is not connected back. After the APP is connected back, it will take the initiative to turn on the audio and connect back. If it is not connected back within 1 minute, it will turn off the audio

- Style switching: click the menu to switch the main menus of different styles.
- Music control: The bracelet can control the switching between the previous song and the next song, and pause/start playing.
- Flashlight: click the flashlight icon to display a white background image, and the backlight is the brightest by default. Only exit manually
- Do Not Disturb Mode: Turn on the Do Not Disturb mode, and the bracelet will stop receiving notification messages to avoid disturbing the reminder messages.
- Flight mode: On the control center page, turn on the flight mode, and the Bluetooth function will be turned off.

health tricycle

- **Number of steps (the outermost ring):** The total number of steps every day, reset overnight, and the number of steps can be set on the APP.
- **Exercise (middle ring):** The data comes from any exercise under exercise, and it is cleared overnight. (As long as it is any exercise time in the exercise, it can be accumulated.) It can be set on the exercise target APP.
- **Standing (innermost ring):** Data source (if the number of steps in an hour is more than 20 consecutive steps, a standing will be displayed), reset overnight, and can be set on the standing target APP.
- The second page shows the goals and proportions of the three rings of health.

Histogram: Figure Steps: Distribution of steps per hour from 0:00 to 23:00 in a day.

Figure 2 Exercise: hourly exercise duration distribution from 0:00 to 23:00 in a day.

Figure 3 Standing: Hourly distribution of standing from 0:00 to 23:00 in a day.

Below the graph there is also a display showing total distance and total calories.

Exercise :

Heart rate is measured at the beginning of each exercise, and then it is automatically measured every 5 minutes during the exercise process. Each exercise can pause and continue its functions, and the music can be controlled during the exercise. When the exercise is finished, the current exercise summary will be displayed. This exercise data is not saved locally, and the exercise summary will not be displayed when the exercise is finished for less than 5 minutes.

Heart rate /blood pressure/bloxygen/electrocardiogram

After entering the measurement interface and waiting for a few seconds, the current test result will be displayed. This feature requires the bracelet to support a heart rate sensor.

dial

Dial the dial to make calls (note: the phone needs to be connected with audio to use this function)

phone book

Add common contacts in the APP, and the contacts can be displayed in the phone book of the phone ring synchronously. Click The contact person can make a call (note: the phone needs to be connected with audio to use this function)

SOS

Add common contacts in the APP, and the first number in the APP is set as the emergency contact number by default. Users can also change the settings. If the audio is connected, click this icon to directly pull out the phone. If the audio is not connected, click to prompt that Bluetooth is not connected.

style switch

can switch between different styles of the main menu in the options .

voice assistant

- Pull down the standby page to enter the shortcut interface, click the voice assistant menu to start the language assistant. (Note: The **mobile phone needs to be connected to the Well Audio device** at the same time , and the user's voice needs to be set in advance in the voice menu on the smartphone side)

information mode

connected to the APP, if the push notification reminder is enabled, when the bracelet pushes multiple reminder messages, you can enter this interface to view the latest message records .

Stopwatch function

Enter the stopwatch and click the start button to start timing, click the pause button to stop, and click the reset button to clear the timing.

weather

Connect to the app and enter this interface to view the weather conditions of the day.

find a phone

APP is connected , click "Find Phone " on the bracelet and the phone will emit a prompt tone

Game

Built-in entertainment games

sleep mode

The latest 7-day records are displayed locally on the sleep details page, and the sleep data details can be viewed by connecting to the APP.

Note: Only when the app is connected and the bracelet is worn to sleep will the sleep data be uploaded to the app and the detection will start at 10 pm.

Photograph

connected to the app , start the camera from the bracelet or enter the remote camera interface from the APP, shake/turn the

wrist/touch the bracelet, and automatically take a photo after a countdown of 3 seconds. Please allow the APP to access the album to save the self-portrait photo.

Reset

Resetting this function will clear all data on the bracelet.
(like step counting)

More

- **About:** You can view information about the machine.
- **Siri:** Tap the voice assistant menu to launch the language assistant. (Note: The mobile phone needs to be connected to the audio at the same time, and the user's voice needs to be set in advance in the voice menu on the smartphone side)
- **Language:** You can set any language in the options.
- **Set Date:** You can set the date required by the user.
- **Set time:** You can set the time required by the user.
- **Backlight time:** There are multiple options on the backlight time setting page. When the corresponding time is selected, the screen will automatically turn off.
- **Return to the dial:** There are multiple options for returning to the dial setting page. After the disk is extinguished,

the timer starts. When the corresponding time is selected, it will return to the dial.

- **Bedside lamp:** Turn on the switch, the charging page screen is always on, and only pressing the key can stop the screen
- **Sideslip:** It is enabled by default, and slides right on the dial to enter the sideslip page

QR code

Mobile phone scanning QR code can download the APP, and scanning the code at the APP end can automatically bind the bracelet device

APP functions and settings

Personal information

You can gender-age-height-weight-distance, etc.

You can also set your daily goal step count and monitor your daily progress.

App push

In the connected state, if this function is turned on, when there are messages such as WeChat, QQ, Facebook, etc., the

bracelet will push reminders and display the received content (you can also go to the bracelet information menu to view the latest message records). (APP should be given permission to obtain system notification).

Tips for Android users :

When using the reminder function, it needs to be set to allow " FitPro " to run in the background; it is recommended to add " FitPro " as trust in the permission management and open all permissions.

Alarm setting

In the connected state, you can set 8 alarm clocks. After setting, they will be synchronized to the bracelet. It supports offline alarm clocks. After the synchronization is successful, even if the APP is not connected, the bracelet will remind you at the set time.

Find the bracelet

When connected, click "Find Bracelet" and the bracelet will be prompted to respond.

custom watch face

Connect the APP to get the dial settings, and select the recommended dial/mobile phone album to upgrade and synchronize to the bracelet.

Sedentary reminder

Set whether to enable the long sitting reminder function.

If you sit for a long time within the set time, the bracelet will remind you once an hour.

Device reset

Setting reset this function will clear all data of the bracelet (such as step counting)

remove device

Remove Device This feature will clear data and remove the device

Basic parameters

Equipment type	smart wristband	Battery Type	Lithium polymer
vibration motor	support	Synchronously	Bluetooth 4.0
Operating temperature	-10℃ ~50 ℃	sensor	Low power accelerometer
System Requirements	IOS 9 or above /Android 5.0 or above		

Precautions

1. It is not advisable to wear it for bathing and swimming.
2. Please connect the bracelet when synchronizing data.
3. Use the included charging cable to charge.

4. Do not expose the handle to places with high moisture, extremely high or low temperature for a long time.
5. If the wristband crashes and restarts, please check the phone memory information to clear it and try again, or exit the APP and reopen it.

Parts Introduction

* Host * Wristband * Charging cable * Packaging box and manual

This manual is for reference only, please refer to the actual product

FCC WARNING

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception,

which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction