

# Popglory P66 Smart Watch FAQs

## 1. What affects blood oxygen, heart rate and blood pressure readings and how to get the correct data?

### Factors:

- (1) Incorrect wearing posture will affect the measurement of blood oxygen, heart rate and blood pressure, such as the deviation of the green light detector when the watch is not close to the skin.
- (2) Swing of the arm and dislocation of the watch on the skin. Wearing the watch too tightly, raising your hand or make a fist will affect blood circulation, it may also affect the readings.
- (3) Even when worn correctly, individual differences such as skin tone, hair, tattoos, and scars can affect the readings.

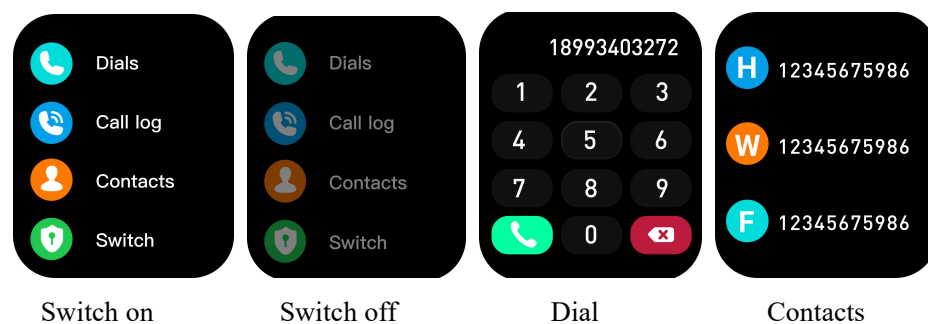
### Measurement method:

- (1) Fill in the gender, age, height, and weight information in the app.
- (2) Lay the arm flat, relax and keep still, while making sure the watch is close to the skin.

**NOTE:** The watch is not professional measuring instrument and cannot be intended for medical use, all measurements are for general fitness purposes.

## 2. How to use Bluetooth calling function?

- (1) Keep the watch connected with app and Bluetooth
- (2) Swipe right on the homepage of the watch and click the call function - switch to turn on or off the Bluetooth call function at any time.
- (3) Click '**Device - Bluetooth Call - Sync Contacts - Open**' in the app, then you can sync your contacts to your watch.
- (4) You can dial directly on the watch. Or you can directly tap the call log or synchronized contacts on the watch to make calls.

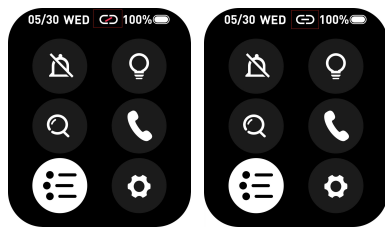


### Note:

If the Bluetooth call function cannot be used, please confirm the connection status in the app and Bluetooth list.

The watch can still receive the incoming call alerts, but cannot answer them, when Bluetooth call function is forbidden.

### 3. How to reconnect if the watch fails to connect with the App GloryFit?



Not connected

Connected

#### Important notice:

- (1) It only supports the connection with mobile phone, not the tablets, laptop or personal computers.
- (2) Do not connect the watch directly in Bluetooth list.

#### Check the connection status of the watch

##### (1) the watch shows 'connected'

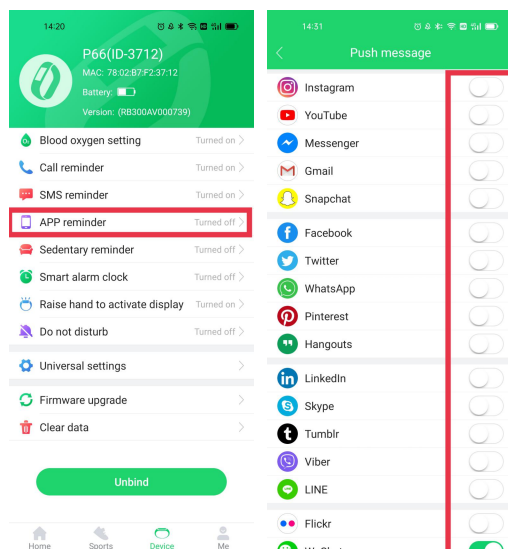
Please confirm whether it is connected with other mobile phones, forget the device in the Bluetooth list on the phone, and disconnect in the app, then restart the watch and reconnect in the app.

##### (2) the watch shows 'not connected'

Keep the watch screen on and the distance between the watch and phone within 1 meter. Uninstall the app and reset the watch first, then install the app again and connect the watch with phone directly in the app. (Make sure to have enough battery power during connection.)

### 4. How to receive the messages on the watch?

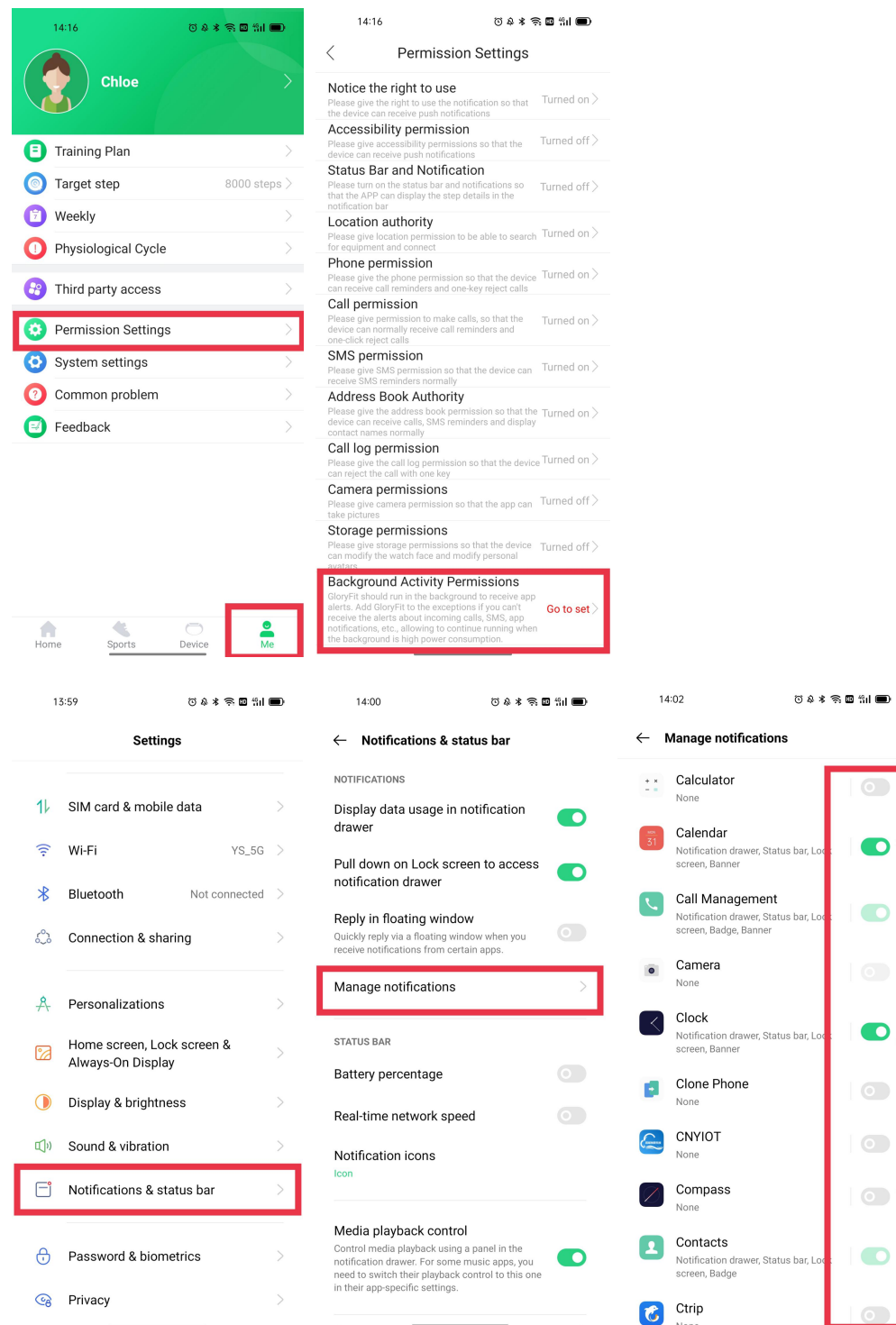
- (1) If you have allowed all permissions when installing the app, please open the app **GloryFit - Device - App Reminder - Turn on the app** you want to receive notifications. You will receive message notifications at last.
- (2) If you did not allowed all usage permissions when installing the app, please uninstall and reinstall the app, and allow all usage permissions, click **Device - App Reminder- Turn on the app** you want to receive notifications, and you will receive message notifications.



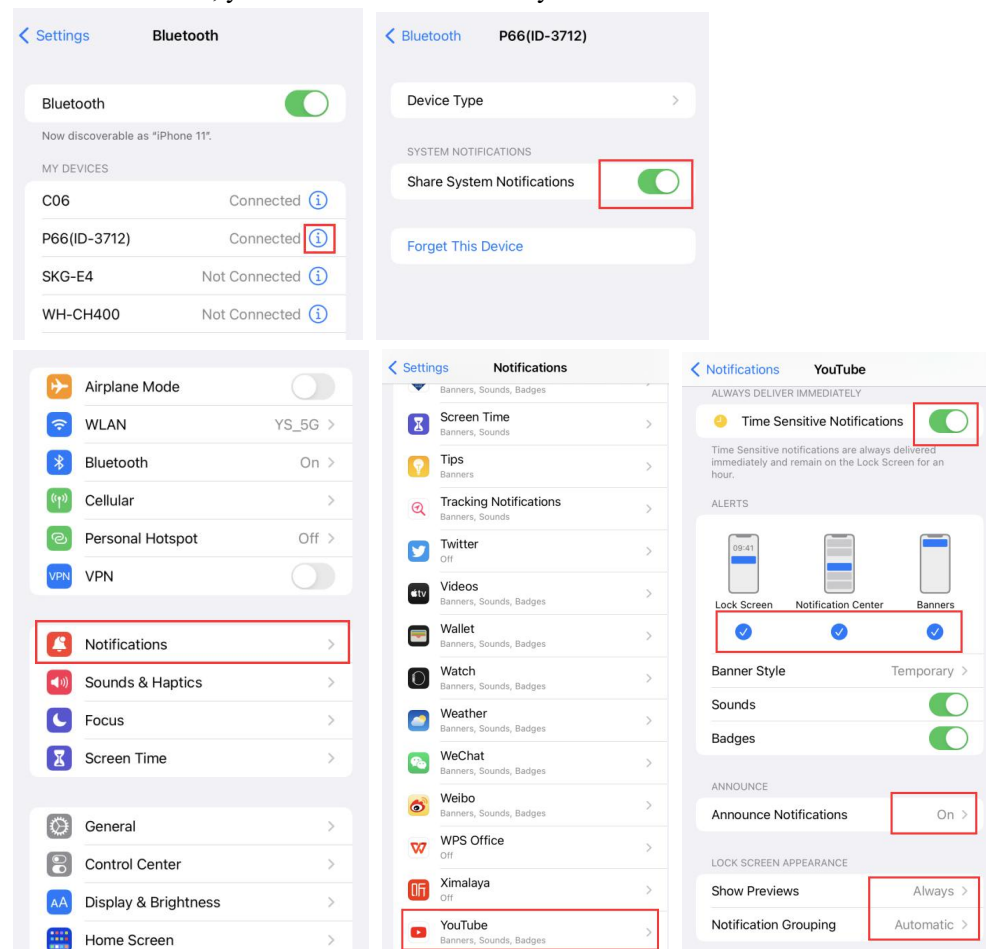
### Note:

- (1) The watch needs to be connected to the app and Bluetooth of the mobile phone.
- (2) Keep the watch and mobile phone within 5 meters.
- (3) The watch only receive message displayed in the mobile phone message notification bar.
- (4) If you want the message notification to display normally, please follow the following screenshot steps. Android users and iOS users have different operations.

For Android phone users, you need to allow the app to run in the background to ensure that you can receive messages.



For iPhones users, you need to turn on Share System Notifications in the iPhone's Bluetooth.



## 5. What should I do if the steps is inaccurate?

- (1) Fill in the gender, age, height, and weight information in the app, so that the watch can update the algorithm according to the personal physical information.
- (2) When you swing your arm, the watch will record your steps. If you walk less than 30 steps in a row, the watch won't record the steps.

## 6. How to restart the watch or restore factory settings?

- (1) Swipe down the homepage of the watch, and click **Settings - Off / Restore Factory**.
- (2) Long press the side button, the **Turn off** interface appears, click **✓**.

## 7. How to switch the watch language?

Under connection, open the GloryFit App, click **Device - Universal settings - Device language**, and select the language you want.

## 8. How to set the watch time and time format?

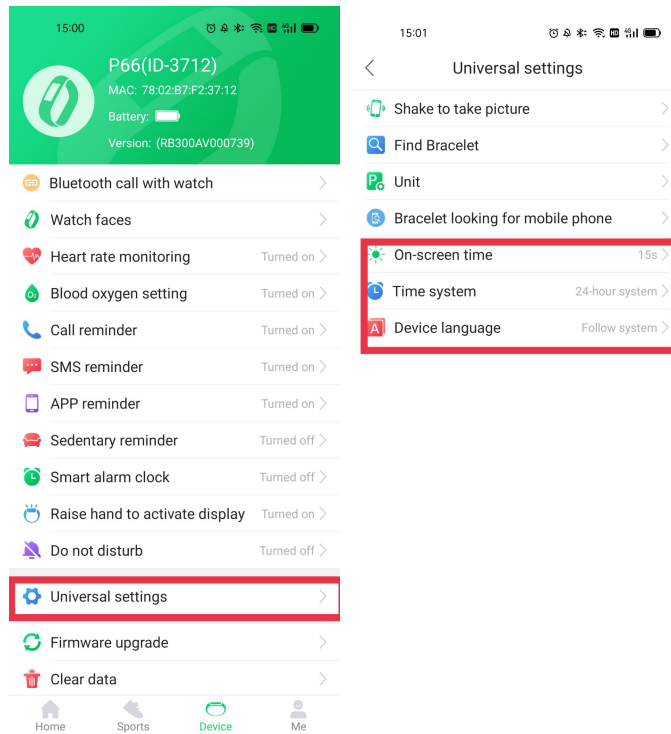
Set the watch time: Please connect the watch with the phone firstly, and the watch time will be sync with the phone. If there is still a problem with the time, please disconnect the watch and reconnect it.

Set the time format: Under connection, open the GloryFit App, click **Device - Universal settings -**

**Time system**, and you can choose 12-hour/24-hour time.

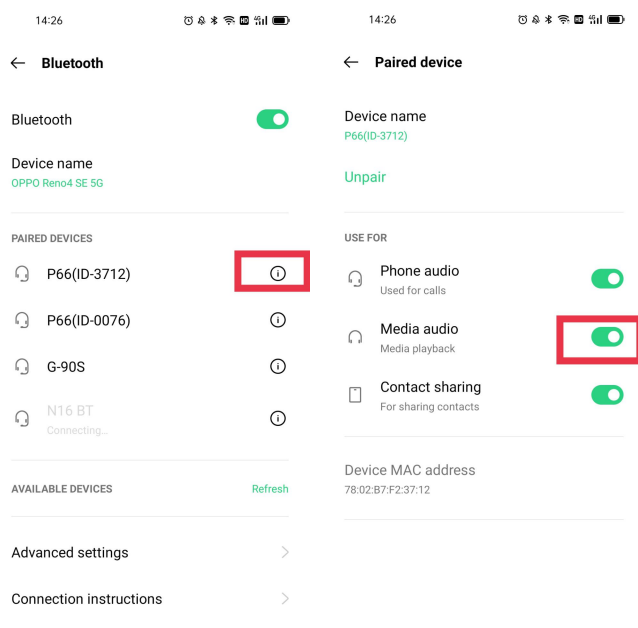
## 9. How to set the screen-on time?

Under connection, open the GloryFit App, click **Device - Universal settings - On-screen time**, you can choose 5/10/15 seconds.

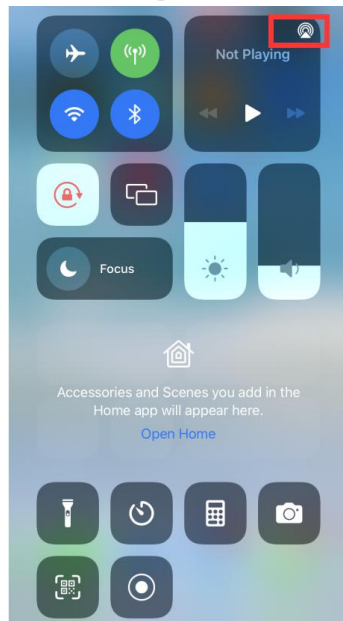


## 10. How to choose or change the playback device?

Android: Click Phone **Settings - Bluetooth - P66 - Turn off Media audio**. (The path names of different mobile phone systems are slightly different, please refer to the above steps to set)



iOS: Swipe down on the homepage on your iPhone, click the Media Audio icon in the upper right corner of the player, and select the iPhone as the default playback device.



## 11. What should I do if the watch fails to be charged?

- (1) Please adjust the position of the magnetic contacts of the charging cable. Make sure that the contacts be well connected.
- (2) It fails to turn on the watch due to excessive power consumption. Please charge it for more than 10 minutes to restart the watch.
- (3) To change the charging interface, you can try the computer USB plug, power bank or other USB plugs.