



OPERATING INSTRUCTIONS

A decoded list of our titled sessions is available to registered customers only.
Contact us to receive your login access.

WELCOME TO THE GLOBAL COMMUNITY OF JWLABS RIFE MACHINE USERS!

Our instruments transform audio frequencies to electrical output which produces a tingling sensation at the place of contact. This electrical stimulation can be acquired from our specially tuned sessions or from your favorite music. Explore the sensations of our Tactio® feature which makes music a whole body experience!

JWLABS Machines are media adapters that act as transducers, which convert audio frequencies, including music, to electrical impulses the user feels as gentle vibrations or a tingling sensation.

Our instruments are not FDA certified medical devices. We offer them only for general well being and entertainment purposes.

Once you experience our Rife technology you will appreciate why our customers use our machines routinely to improve, preserve and protect their well being.

Frequency matters... Change Your Tune!

TABLE OF CONTENTS

Warnings	4
Cautions	5
Maintenance	5
Take an Inventory	6
General Background	7
<u>The Basics of JWLABS Rife Machines</u>	<u>7</u>
Basic Instructions	8
<u>Our General Alignment Rife Session - Where Everyone Begins</u>	<u>8</u>
<u>Preparing Your Session</u>	<u>10</u>
<u>Outline of General Alignment Session</u>	<u>11</u>
JWLABS Library of Frequency Sessions	12
<u>How to Stream Frequency Sessions via a Computer or Tablet</u>	<u>12</u>
Supplies	13

WARNINGS

Check with your physician before beginning use of the device.

DO NOT use this device if you have a pacemaker and/or defibrillator or other sensor, monitor or electronic device.

DO NOT use the device on children under 18 years old and do NOT allow children to use the device without adult supervision.

DO NOT use the device near water.

DO NOT plug electrode wires into an electrical outlet.

DO NOT place electrodes in places on the body other than the palms of the hands and/or soles of the feet because it may cause skin irritation, injury or burns.

DO NOT apply electrodes over the heart or above the neck because it could cause serious injury.

DO NOT engage in any use of the device which is not expressly stated in our material. If the user engages in using the device for anything other than entertainment, the user accepts full responsibility for the consequences such as serious physical injury.

If the user feels any sensation of pain, burning, skin irritation, or shock stop using the device immediately and turn it off. Seek medical advice if necessary.

JWLABS devices are Media Adapters intended for
General Wellness and Entertainment purposes only.

These are not FDA certified medical devices.

CAUTIONS

Read all instructions carefully before beginning use.

Turn the amplitude dial all the way down at the end of each track, ensuring that you begin each portion of your session with the amplitude minimized. In this position, you can make adjustments to your connections, to your track selection, or turn your device on or off.

We recommend limiting the use of the device to the duration of the general alignment (G.A.), or approximately 90 minutes. Longer sessions could result in fatigue or headache. We encourage you to drink plenty of water before, during and/or after your sessions. If headache or fatigue persists for more than two hours, you may want to consult your physician.

Check the device before each use to make sure all components are intact and that no wires are frayed. Do NOT use device if wires are frayed or damaged. Doing so may result in a shock, or no output at all.

MAINTENANCE

Clean your device with a soft cloth. Do NOT apply cleaning agents to the instrument.

To ensure proper conductivity of the wires, check for any discoloration of the electrode pins. A fine emery board or sandpaper will prevent residue accumulation on the electrode pins.

We recommend topping off the battery after each GA session. We expect about two hours of continual use with each charge of the battery.

TAKE AN INVENTORY

First, take a moment to inventory what you have received. Compare the contents with the packing slip to verify that your shipment is complete. If anything is missing or appears damaged, contact us immediately. *Save all packing materials.*

Package includes:

- LiveWires 2.0 Rife Machine
- 20-pack of adhesive electrode patches
- Charging cable.
- One removable 6-ft electrode wire
- Input cable (for streaming frequencies from an outside source)



Find additional supplies at jwlab.com

Features:

- Palm size plastic enclosure
- Measures 5 inches x 2 1/2 inches
- Extended General Alignment session on board (spans 3 hz to 10,000hz)
- Five LEDs corresponding to the tracks of General Alignment
- Thumbwheel for adjusting the amplitude (intensity of the signal)
- Rechargeable battery
- Maximum power is 80 volts
- Advanced Frequency sessions are available via streaming from JWLABS website or with select packages for downloading or on Flash Drive on our store
- 3 year warranty



GENERAL BACKGROUND

JWLABS has been producing products since 1987 which are based on the long history of Rife technology. Originally built by hand in our workshop, our devices have long been assembled in state-of-the-art factories in the US. We have stayed true to our commitment to the original analog signal (Audiophiles appreciate the significance of this, in that the output is more natural, full bodied than those created digitally. This means that with each frequency we deliver, the harmonics around that number are produced.)



The Basics of JWLABS Rife Technology

Our basic strategy has always been to provide expert frequency tuning throughout the lower end of the audio range. Though many have referenced targeted frequencies for specific health conditions, we do not make or imply such claims. Each of our JWLABS frequency sessions provides concentration on certain key numbers, accompanied by sophisticated tuning techniques such as sweeping (both upward and downward) and dithering. These techniques, coupled with the original analog source of our sessions, provide a carefully composed and expertly tuned experience of electro-stimulation.

Our devices deliver the safest range of frequencies, in the lower end of the audio range. (Up to 10,000hz.) Each session is expertly tuned, providing unique sequences of frequencies selected for each application.

Our devices are intended to appeal to people who are not interested in learning the intricate details of Rife technology, but prefer a research based user-friendly format which is designed to enhance their General Wellness.

Our recorded sessions are a form of music. They are hand-tuned and played with skill, much like any musical instrument is played while music is recorded. The needs and preferences of the user are anticipated in the contents of each recording, or score. Satisfaction of your experience can be realized with little or no education required.

All of our sessions are created on JWLABS Model B27, our analog instrument. The energy our machines use is a volts/amps electrical current, balanced in a way that feels good to the user. With our specialized tuning, you will have the confidence and freedom to explore numerous variations in your sessions, including emphasis on certain frequencies (and ranges of frequencies).

Each title is masterfully tuned throughout these ranges with specific sets of exact traditional frequencies, which have been known to be helpful for thousands of users. Our tuning is both general and specific in emphasis, ensuring that you have a comprehensive session.

Some people prefer to feel the energy on their palms, others choose to apply the electrodes to the soles of their feet. Each approach will produce a variation in sensation, and will likely serve a different purpose.

With our specialized tuning, you will have the confidence and freedom to explore numerous variations in your sessions, including emphasis on certain frequencies (and ranges of frequencies).

BASIC INSTRUCTIONS

Our General Alignment Rife Session - Where Everyone Begins

We recommend that you begin your exploration conservatively, with a ten minute session on the General Alignment title. (This is true even for folks who have previously used other Rife machines or those who have taken a significant furlough from their routine sessions.)



Allow your body to get used to the experience before gradually building up your time to include the entire GA. As you build your time, you are also expanding the breadth of frequencies being addressed. This session is also excellent for routine maintenance for our seasoned users. The healthy person will be able to move consistently through the tracks of the General Alignment (GA) session smoothly.

With the exception of the General Alignment recording, the frequency range for each channel used from the Model B always corresponds to the four tracks of each session title as follows:

- A = Track 1, delivering 3 to 33 Hz
- B = Track 2, delivering 33 to 333 Hz
- C = Track 3, delivering 333 to 3333 Hz
- D = Track 4, delivering 3300 to 10k Hz



JWLABS
Model B

Each title is masterfully tuned throughout these ranges with specific sets of exact traditional frequencies, which have been known to be helpful for thousands of users. Our tuning is both general and specific in emphasis, ensuring that you have a comprehensive session.

Our Rife sessions are divided into tracks. The lower tracks deliver the lower frequencies, moving higher as we go up in tracks, the highest being the last track of a given session. You will note a different sensation on each track at the place of contact (usually palms and/or soles of feet). Most users will begin with Track 2 for not more than 10 minutes per day, five days in a row, taking two days off each week. This is a ten minute track. (There may be exceptions to this, so please contact us for further discussion if needed).

Start each track before increasing Amplitude. This will avoid any sensation of a sudden burst of output.

Note: The amplitude dial on LiveWires is a one turn thumbwheel. This means that one full turn will deliver the maximum output. We advise that you keep your thumb on the wheel throughout your session, as it is not unusual to require adjustment in the intensity of the signal during the course of your session. Please keep the amplitude at a level that is comfortable for you; it is not necessary to have the output higher than your comfort level to experience the effects.

Begin as follows

- ▷ Make certain you begin and end each track with the amplitude turned down.
- ▷ Track 2 (10 minute track)
- ▷ After completing this Rife session for 3-5 days, introduce ten minutes of Track 3 — After a couple days here, bring in ALL of track 3.
- ▷ After 3-5 days of tracks 2 and 3, add Track 4 for ten minutes. When you have completed 3 to 5 days of this, bring in ALL of Track 4 and Track 5.
- ▷ When you have completed 2-5, you may circle back to Track 1 — We're sometimes as low as 3hz on the beginning of any Track 1.
- ▷ You will now use the entire session, tracks 1 through 5. Tracks 1 through 5 comprise the entire General Alignment session, totaling about 83 minutes.
- ▷ You will note that the frequencies on the lower tracks are quite slow. They have a more pronounced "beat" and you will prefer to have the amplitude lower than on the other tracks. This is perfectly normal. The final track of any recording, on the other hand, is composed of much higher frequencies which require more power. You will notice a desire to intensify the amplitude accordingly.
- ▷ Set the amplitude to your comfort level. Feel free to adjust it at any time, given the range of frequencies you're using. Ensure the strength of the signal is never beyond your comfort level. This may change as you're going through your session.

Preparing for Your Session

CAUTION: Make sure your LiveWires is powered off and the amplitude is in the power down position before beginning. This will avoid any sensation of a sudden burst of output.

BEGINNERS will use only the General Alignment (GA) session.

1. Separate the red and white ends of your electrode wires to about 12 inches. Insert the pins on the ends of the wires into the pigtail on the electrode patches.



Place the electrode patch with the red lead wire (indicating positive) onto your right palm and the electrode patch with the white lead wire (indicating negative) onto your left palm.

2. Press the POWER button on your LiveWires device unit.
3. Select TRACK 2
4. With the amplitude turned down and the electrode patches in place on your palms, press PLAY to begin your session. (We recommend beginning with TRACK 2 because TRACK 1 is more intense in some respects.)
5. Turn the AMPLITUDE thumbwheel clockwise to a level that is COMFORTABLY STRONG. It's normal to tolerate more amplitude on the higher tracks.

Turn the AMPLITUDE all the way down if you pause during a session as well as between the tracks of your session.

6. At the end of your session, turn the AMPLITUDE all the way down. Turn the device off.
7. Remove electrode patches from your palms and place them back onto the plastic shield provided. This will protect the patches and help them last longer. Remove the electrode wires from your unit and store carefully.
8. You will build your time (and the range of frequencies being addressed) at a pace which is appropriate for you, taking into account any minor reactions.

Outline of General Alignment (GA) Session

Track 1 - Delivers 2 - 33hz (23 minute sweep)

These frequencies are very slow. Some are slower than our brain waves in the waking state. For this reason, people sometimes feel calmed when using this track. We recommend that users add this track to their routine only after they have progressed through tracks 2-5.

Track 2 - Delivers 33 - 404hz (10 minute sweep)

These frequencies remain in the lower end of the range which we address. This is where beginners initiate their exploration.

Track 3 - Delivers 383 - 700hz (17 minute sweep)

These mid-range frequencies will have a noticeably different feel from the ones in the lower range.

Track 4 - Delivers 680 - 4,000hz (20 minute sweep)

This higher mid-range of frequencies may prompt you to desire more amplitude. It's okay to turn the amplitude up to a level that's "comfortably strong".

Track 5 - Delivers 3300 - 10,000hz (15 minute sweep)

These higher frequencies will feel much more subtle. It is possible that you may not feel the highest of these frequencies, This is normal and does not indicate that you are not receiving the flow of the current which has been carefully tuned at frequency.

JWLABS LIBRARY OF FREQUENCY SESSIONS

Once you have completed the entire General Alignment session, you may wish to employ sessions from our library. These can be accessed by subscribing to our [streaming service](#) or by [ordering packages of select frequency sessions for download or on Flash Drives](#).

How to Stream Frequency Sessions Via a Computer or a Tablet

- ▷ Connect the INPUT CABLE to the input jack on your LiveWires device and the HEADPHONE JACK on your computer or tablet.
- ▷ To ensure that LiveWires can effectively receive the signal and convert to electrical stimulation, be sure that the VOLUME on your computer or TABLET is at MAXIMUM.
- ▷ You will navigate the tracks from the screen on your computer or tablet, rather than on the LiveWires device itself.
- ▷ Be sure to turn down the amplitude at the end of each track. In other words, begin and end with the amplitude turned DOWN. This is to avoid any sudden jolts when you embark on a new track.
- ▷ For the LiveWires Start-up video, click [HERE](#) (Coming Soon)
- ▷ For further discussion of the General Alignment, [click HERE](#) (Password Protected)



SUPPLIES

In the course of using your Wright Laboratories frequency instrument, you will need to re-order supplies from time to time. Please [click here](#) for a complete list of supplies.

Do You have more questions?

Email us at info@jwllabs.com

Or give us a call at 888.891.1122 or 708.356.6513

(We're on Central time.)

NOTES

