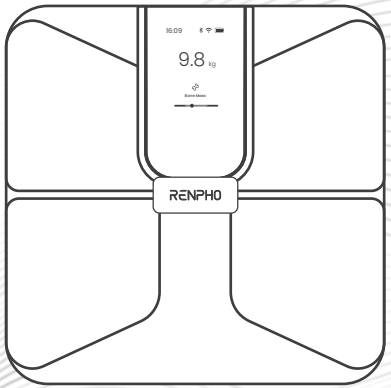


RENPHO

USER MANUAL



Elis Evo

Model: R-MSB05

RENPHO is committed to protecting the environment by reducing paper usage. Scan the QR Code or enter the URL to view or download the full version of the electronic user manual:

<https://renpho.com/pages/body-fat-scale-with-TFT-display>

01

IMPORTANT SAFETY INSTRUCTIONS

READ ALL INSTRUCTIONS CAREFULLY BEFORE USE.

- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- The scale is for household use only and not for medical or commercial purposes. It should not be used in diagnosing a disease, disorder or abnormal physical state.
- Children under 8 or individuals who are pregnant, have osteoporosis, a pacemaker, artificial joints, portable ECG or other metal implants should use the scale for weighing purposes only and make sure to wear shoes to prevent any electric current when stepping onto the scale.
- All body composition data provided is for reference and should not be used as a substitute for advice from a licensed healthcare professional.
- Do not overload the scale. (Maximum Capacity: 400lb / 180kg)
- Inspect the scale for any damage before each use. Do not use a damaged scale to avoid inaccuracy or injury.
- Only use the provided charging cable and charger (DC 5V 0.5A, not included) to charge the scale.
- To ensure accuracy, use the scale on a hard, flat and dry surface.
- To avoid interference or danger, do not use the scale in an environment near equipment with strong electromagnetic fields.
- To prevent injury, do not stand on the edges of the scale, jump on or stomp it.
- The scale is a delicate and precise measuring device. Handle with care to avoid breakage.
- The scale is not waterproof. Keep it dry and never submerge it in water. To clean the surface, use a damp cloth or glass cleaner. Do not use soap or chemical cleaning agents.
- Do not expose the scale to direct sunlight or use it in high temperatures or extremely humid areas. Store the scale in a cool, dry place.

02

SAVE THESE INSTRUCTIONS

TECHNICAL SPECIFICATIONS

Product Name: Body Fat Scale

Model: R-MSB05

Unit: kg / lb / st / stlb

Capacity: 0.4-400lb / 0.2-180kg

Division: 0.2lb / 0.05kg

Dimension: 11.7 x 11.7 x 1.2inch / 297 x 297 x 30mm

Battery Capacity: 800mAh 2.96Wh

Input: 5V  $\overline{\text{---}}$  1A

Rated Power: 5W

03

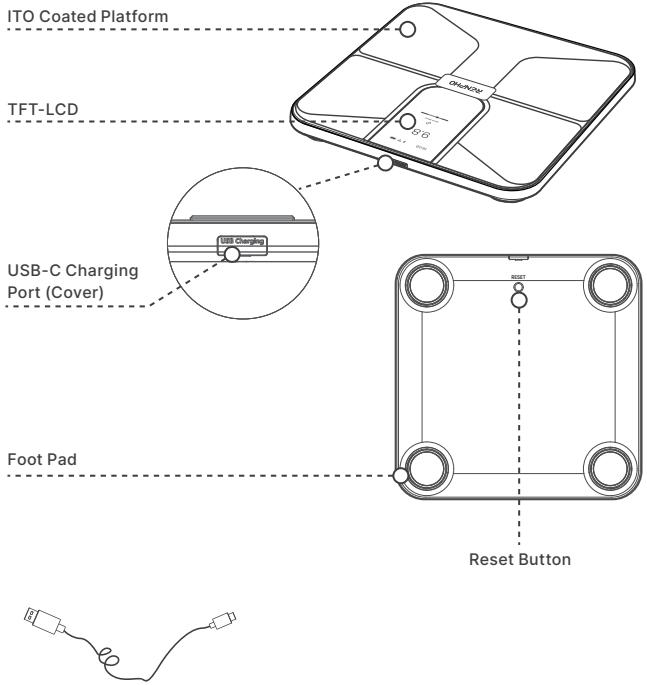
ABOUT YOUR ELIS EVO

ITO Coated Platform

TFT-LCD

USB-C Charging Port (Cover)

Foot Pad



Reset Button

04

Icons

00:00					
Time	Pregnancy Mode	Baby Mode	Bluetooth Connectivity Bluetooth is disconnected. Bluetooth is connected.	Wi-Fi Connectivity Wi-Fi is disconnected. Wi-Fi is connected. Wi-Fi is connected, but data sync to the app fails.	Low Battery Charge the scale.


kg lb st stlb	0.00 / 0.0			
Units Switch the unit via the app.	Calibrated Calibrate the scale before each use.	User Identification Create a correct user profile in the app for user identification.	Overloaded Maximum Capacity: 400lb / 180kg.	Measuring Body Compositions Make sure to step on the scale with bare, dry feet.

\* To preserve power, the scale will automatically shut off after 10 seconds of inactivity.

INITIALIZING/RESETTING YOUR ELIS EVO

1. To initialize the scale, press and hold the Reset Button for 5 seconds or connect the scale to a power source using the provided charging cable and charger (not included).

2. To reset the scale, press and hold the Reset Button for 10 seconds.






05

RENPHO HEALTH APP SETUP

1. Download the RENPHO Health App

Scan the QR code below or search for "RENPHO Health" from the App Store or Google Play to download the app.

System requirement: iOS 12.0 or later, Android 7.0 or later



Note: Due to continuous updates and improvements, the "RENPHO Health" App may appear slightly different.

2. Pair the Scale via Bluetooth

Before pairing, enable Bluetooth on your smartphone.

a. Open the RENPHO Health App, place the scale on a hard and flat surface, and step onto it with bare and dry feet.

b. Tap "+" in the upper-right corner of the "Home" page and select your body fat scale from the device list.

c. Follow the in-app instructions to complete Bluetooth pairing.

Note:

- Once you have successfully paired the scale with the app via Bluetooth, establish a Wi-Fi connection for automatic data synchronization, eliminating the need for a constant Bluetooth connection.
- After successful Bluetooth connection, you can customize the displayed information (up to 5 indicators) on the scale and choose your preferred avatar via the app.

06


3. Set up Wi-Fi Connectivity

Go to "Device" page, tap of the scale that has been connected via Bluetooth and follow the in-app instructions to complete Wi-Fi connection.

Note:

- Select the 2.4GHz Wi-Fi network and enter the correct Wi-Fi password. 5GHz Wi-Fi networks are not currently compatible with this scale.
- Once the Wi-Fi icon appears on the scale's display, it indicates a successful connection.

For more app instructions, please scan the QR code or refer to the detailed user manual on our website.



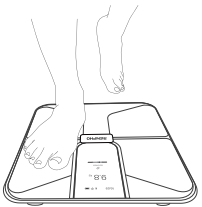
CALIBRATING YOUR ELIS EVO

Calibrate the scale before each use to ensure accuracy.

1. Place the scale on a flat, hard surface. Avoid any carpeting.

2. Step on the scale with a single foot to activate it and then step off.

3. The display will show "0.0" or "0.00" to indicate calibrating is complete.



07

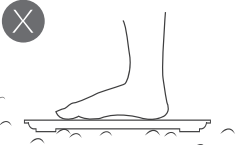
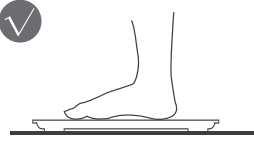
USING YOUR ELIS EVO

\* Create your correct user profile in the RENPHO Health App before taking your first measurement. This ensures your measurements are precisely recorded and associated with your profile.

1. Make sure the scale is placed on a flat, hard surface.

2. After calibrating the scale, step on the scale with bare, dry feet, keep still and wait for the measurement(s) to be shown on the scale's display.

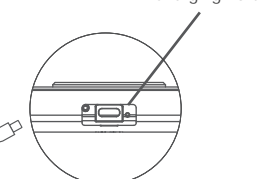
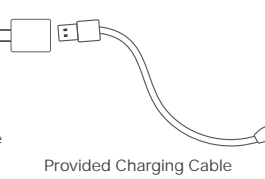

3. After measuring, the scale will transmit the data to the app via Bluetooth or Wi-Fi. Open the app to sync and view your detailed measurements, track your progress, and access additional features and insights.



CHARGING YOUR ELIS EVO

Charging Time: approx. 3 hours

DC 5V 1A Charger (Not Included)

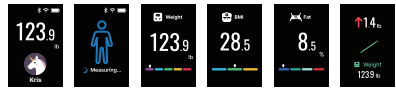

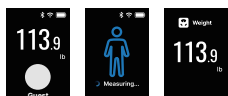



Note: Do not use the scale while charging.

08

TROUBLESHOOTING GUIDE

1. Display Issues

Display	Description/Cause
	<ul style="list-style-type: none"><li>User identification was detected by the scale.</li><li>This measurement was taken with bare feet.</li></ul>
	<ul style="list-style-type: none"><li>User identification was detected by the scale.</li><li>This measurement was taken with socks or shoes.</li></ul>
	<ul style="list-style-type: none"><li>User identification was not detected by the scale.</li><li>This measurement was taken with bare feet.</li></ul>
	<ul style="list-style-type: none"><li>User identification was not detected by the scale.</li><li>This measurement was taken with socks or shoes.</li></ul>

09

2. Other Issues

Problem	Solution
I can get my data of weight, body fat, and BMI from the scale's display, but my family or friends failed.	Your family or friends must complete their profile information on your app using the "add a member" function or log in to the RENPHO Health App with their own account.
I failed to set up Wi-Fi connectivity.	<ul style="list-style-type: none"><li>Ensure the scale is paired with the RENPHO Health App via Bluetooth before Wi-Fi connection.</li><li>Open the app and follow the on-screen instructions to reconnect the scale via Wi-Fi. Choose the 2.4GHz Wi-Fi network and enter the correct Wi-Fi passwords.</li><li>Prior to the Wi-Fi setup, relocate the scale near your router for better signal strength.</li></ul>
The scale cannot detect body fat and/or other data.	<div>a. Ensure your feet are dry and bare.</div> <div>b. Stand and keep still until the final measurement(s) appear on the display. If still not available, try applying moisturizer to your feet and measure again, or ask another person to try the 2 steps mentioned above.</div>
I registered an account on the RENPHO website but failed to use it to log in to the RENPHO Health App.	The RENPHO website and RENPHO Health App are two separate systems. Please create an account for the RENPHO Health App.

10

WARRANTY POLICY

Your RENPHO product purchase is covered by a one-year limited manufacturer warranty from the date of delivery.

For warranty terms and conditions, please visit:  
<https://renpho.com/pages/warranty-terms-and-conditions>

Note: Product registration is not required for the warranty. If you choose not to register your product, it will not void the product warranty.

CUSTOMER SERVICE

Please feel free to contact us if you have any questions or concerns. RENPHO Customer Service Team guarantees a quick response and hassle-free solutions to any issue you may have within business hours.

TEL: +44(0)7434 666088 (UK ONLY)  
Monday-Friday 9:00AM-5:00PM (GMT)  
+1(844) 417 0149 (US&CA)  
Monday-Friday 9:00AM-4:30PM  
1800 MY RENPHO (1800 69 7367) (AU ONLY)  
Monday-Friday 9:00AM-6:00PM (CET)

Email: support-eu@renpho.com (UK&EU)  
support@renpho.com (US&CA)  
support-au@renpho.com (AU)

\*For defective products or the return of items, please contact us with your order number within the specified warranty period. DO NOT dispose of any product parts as they may be required for inspection/repair.

Made in China

NA1

更新日期:	20250527	设计师:	Halsey
型號:	R-MSB05		
尺寸:	98x135mm		
材质:	128g铜版纸		
颜色:	四色印刷		
工艺:	过哑油		
装订方式:	风琴折		

红线不印刷