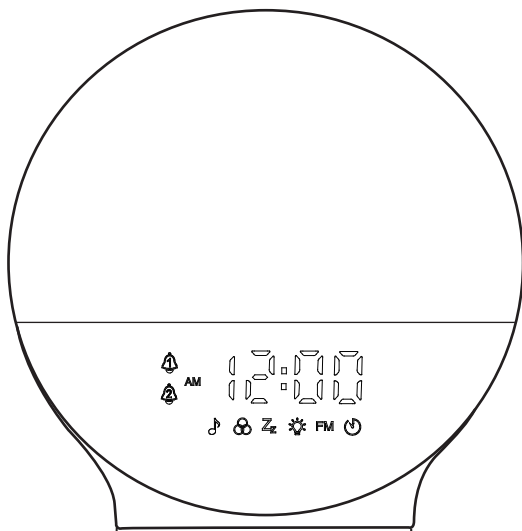


**CLASSIC**  
UPGRADE

# Wake-Up Light User Manual



**Thanks for selecting our products.**

# IMPORTANT SAFETY INFORMATION

- Danger** • Water and electricity are a dangerous combination. Do not use this appliance in wet surroundings (e.g. in the bathroom or near a shower or swimming pool).



- Keep the adapter dry.
- Do not let water run into the appliance or spill water onto the appliance.
- This appliance is for indoor use only.





- Warning** • If the adapter, cord or appliance has been damaged in any way, liquid has spilled or objects have fallen into and/or onto the appliance, the appliance has been exposed to rain or moisture, does not operate normally or has been dropped or damaged, it should not be operated.
- Only use the appliance in combination with the adapter supplied.
  - If the adapter (cord) is damaged, always have it replaced with one of the original type in order to avoid a hazard.

- Caution** • The appliance has no on/off switch. To disconnect the appliance, remove the adapter from the wall socket. The adapter must remain easily accessible at all times.
- If you often wake up too early or with a headache, reduce the set light intensity level and/or the set Sunrise Simulation time.
  - If you often wake up by the alarm sound, increase the set light intensity level or the set Sunrise Simulation time.





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**EN**




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## Alarm

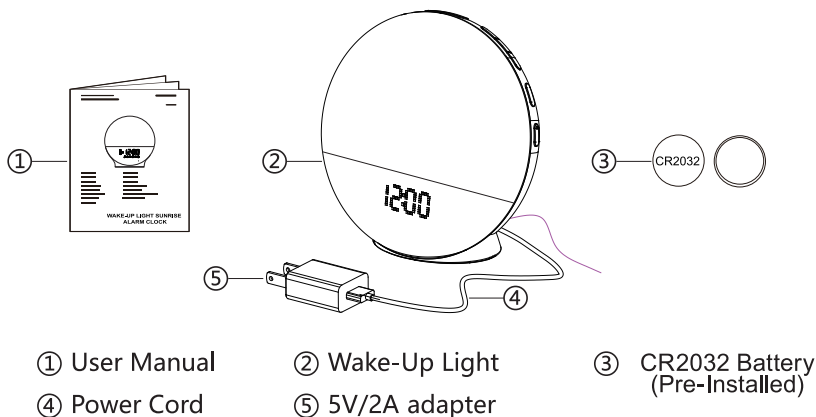
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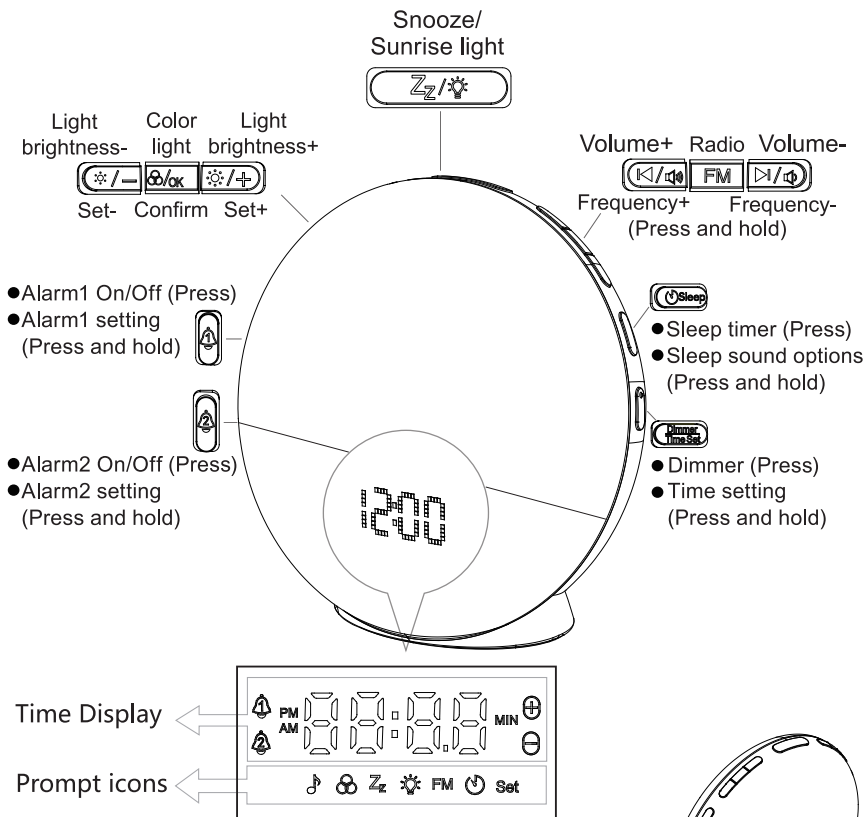
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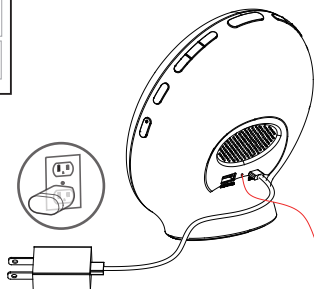
## The effects of Wake-Up Light

The Wake-Up Light gently prepares your body for waking up during the last 10 to 60 minutes, depending on the Sunrise Simulation time you set. In the early morning hours our eyes are more sensitive to light than when we are awake. During that period the relatively low light levels of a simulated natural sunrise prepare our body.

If the Sunrise Simulation is active (default is 30 minutes), the light intensity of the lamp gradually increases to the set level and the light color changes from deep morning red to bright daylight. The light gently prepares your body for waking up at the set time. To make waking up an even more pleasant experience, you can use natural wake-up sounds or the FM radio to wake up to.



**NOTE:** All your personalized settings will be permanently stored in the memory, they will not be erased by removing the adapter from the electrical outlet. You can change all settings at any time, the last setting will be stored.



# i Display icons

## Prompt icons

FM Radio

Sound

Alarm1/2

Snooze

Fall-asleep

Set+ / Set-

Colored lights

Sunrise light

Setting mode

## Buttons

Alarm1 / Alarm2

Snooze / Sunrise light

Light brightness- / Set-

Color light

Light brightness+ / Set+

Frequency+ / Volume+

Radio

Frequency- / Volume-

Sleep

Dimmer/Time set

## Pulling out Insulation Sheet

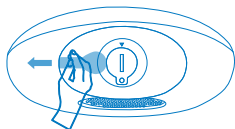
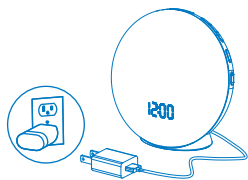


Fig.1

The Wake-Up Light comes with a pre-installed CR2032 battery. Pull out the insulating sheet to initiate memory mode(Fig.1).

NOTE: When the Wake-Up Light is not plugged in, the attached battery stays memory mode. Normally, the battery lasts 2 years, please replace it when the battery is exhausted.

# Power on



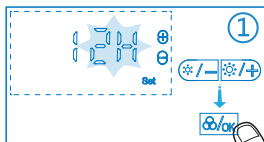
Please use a 5V/2A adapter to connect the Wake-Up Light and power on. Some functions will be limited if the adapter power is less than 5V/2A.



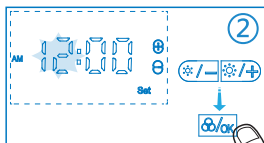
Place the Wake-up Light 16-20in/40-50cm from your head, for example on a bedside table.

## Setting the clock time

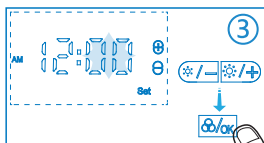
You have to set the clock time when you plug in the appliance for the first time.



① Press the [12/24] button to adjust it to 12-hour or 24-hour format. And Press the [OK] button to confirm, then next;



② Press the [HOUR] button to set Hours; And press the [OK] button to confirm, then next;



③ Press the [MINUTE] button to set Minutes; And press the [OK] button to complete.





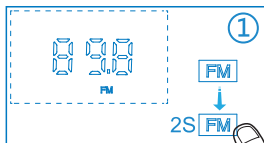
NOTE(Next use):


Press and hold [Clock/Time Set] button on the right to enter time setting process, and the operation steps are the same as above.

## Searching for FM channels

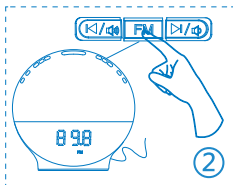
Both the Fall-asleep and FM Radio are based on FM channels. Please search FM channels first.

- ① Press  button to turn on the FM radio.  
Press  for 2 seconds to automatically search for channels (frequency from 76.0MHz to 108MHz).

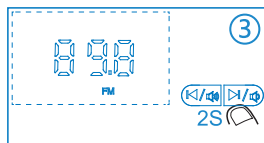


**USER TIP:** After searching for FM channels for the first time, you can step into the previous channel directly just by clicking the  button.



## Listening to the Radio



- ② Press  button to turn on the FM radio.



### • Adjust the channels manually

- ③ Press and hold   button to adjust channels manually after automatic channel searching.

**Tip:** Make sure to unwind the antenna fully and move it around until you receive the best reception.

### • FM Volume

When FM is enabled, click   to adjust the radio volume.

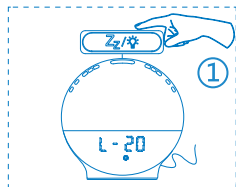
The volume ranges from 01 to 20.

### • Press button again to turn off radio.





## Using sunrise light as a lamp



- ① Press button to turn on the Sunrise light.

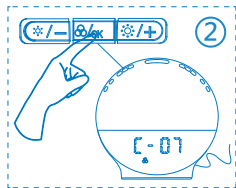
### • Light Brightness

Use the / button to adjust the light brightness while it is lightening. The brightness ranges from 01 to 20.

- Press button again to turn off sunrise light.



## Colored lights



- ② Press button to turn on the colored lights.

### • Adjust the lighting mode:

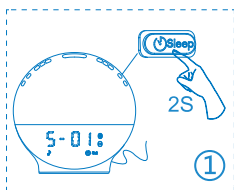
Press button repeatedly to adjust the colored lights in turn. There are 11 lighting effects.

1~5: Color-Mode(Red, Green, Cyan, Blue, Purple);  
6~11: Effect-Mode(autochromic, clockwise, counterclockwise, aurora, flame, Snowy mountain).

### • Light Brightness

Use the / button to adjust the light brightness while it is lightening. The brightness ranges from 01 to 20.

- Press button again to turn off the colored light When you adjust it to C-11 mode.



## • Sleep sound options

① Press and hold button on the right to enter sleep sound setting process. The following steps are completed by .

② The word "S-0x" will flash on the screen. Use to choose among the follow 4 options: S-01 (meditation), S-02 (chirp), S-03 (ocean wave), FM Radio (The channel of the Radio depends on the channel you listened to last time).

Press the button to complete.

## • Sleep timer

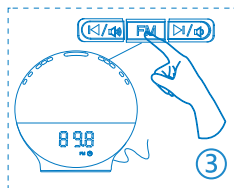
Press button repeatedly to adjust the duration of sleep timer. Options available are ALL (continuous), OFF, 15/30/60/90/120 minutes. The setting will automatically be saved and started after 2 seconds.

## • Sound volume

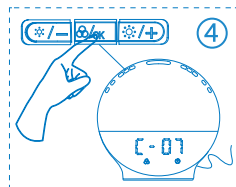
Press to adjust the sound volume while it is sounding (level 1 to 20).

## • The operation after sleep started

You can continue to adjust the sleep sound parameters and light mode. And the volume and light brightness will fade until the timer is ended.



③ You can continue to adjust FM radio, See page 8 for details.



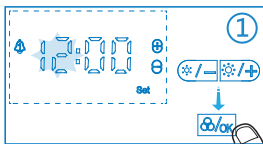
④ You can continue to adjust the light, See page 9 for details.



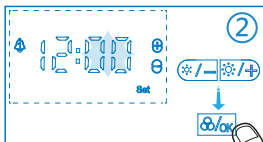
## Setting alarms(Alarm 1)

Press and hold button on the left to enter Alarm1 setting process. The following steps are completed by .

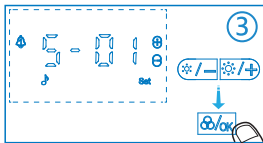
When you set your alarm, you set the alarm-time (steps①-②), the alarm-sounds(steps③-④) and the sunrise profiles (steps⑤-⑥) you want to wake up to.



- ① Press the button to set Alarm-hours; And press the button to confirm, then next;



- ② Press the button to set Alarm-Minutes; And press the button to confirm, then next;



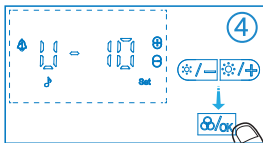
- ③ Press the button to set alarm-sounds; And press the button to confirm, then next;

The range is:

OFF: No Sound;

S01~S07 : Wake-Up ringtones(Brid, Ocean wave , Beep, Piano 1, Piano 2, Valley Echo, Bell);

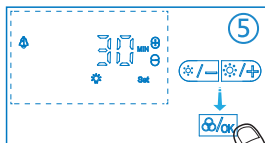
FM Radio(The channel that the Radio wakes up depends on the channel you listened to last time).



- ④ Press the button to adjust Alarm Volume; And press the button to confirm, then next (Volume level 01 to 20);



## Setting alarms(Alarm 1)

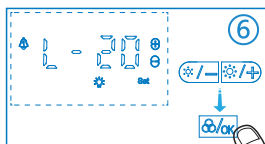


- ⑤ Press the / button to set sunrise time in advance; And press button to confirm, then next;

The range is:

OFF: Sunrise off

10~60MIN: Sunrise minutes before alarm goes off.



- ⑥ Press the / button to set maximum brightness of Sunrise; And press the button to complete(Sunrise level 01 to 20).

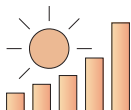


NOTE(Alarm 2):

Alarm 2 works in the same way as alarm 1.

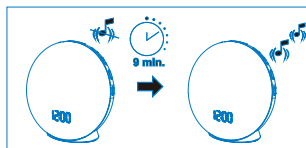
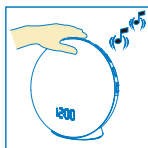


## Snoozing




When the wake-up curve has ended (when the set maximum light intensity has been reached) and the alarm sound is playing, you can tap the top button to snooze.

The lamp stays on, but the sound is muted. After 9 minutes, the alarm sound starts playing again.









## Turning the alarm off

When the alarm goes off, you can turn it off by pressing  button. If you turn off the alarm, the alarm profile is deactivated for that day.

Note: The light and sound automatically turn off 30 minutes after the alarm has gone off.



## Alarm on/off / Alarm set

- Press  or  button if you want to switch the alarm on or off. The corresponding icon appears on the display when you switch on the alarm. It disappears when you switch off the alarm.
- Press and hold  or  button to enter alarm setting process. See page 11 for more details.





## Colored lights

See page 9 for more details.



## Snooze / Sunrise light

- When the alarm sound is playing, you can tap the top  button to snooze.
- Press  button to turn on the Sunrise light.



## FM radio

See page 8 for more details.



## **Fall-asleep**

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See page 10 for more details.

## **Dimmer / Time set**

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- In the time display interface, click the  to adjust the brightness of the screen to 100%-25%-OFF in turns.
- Press and hold  button to enter time setting process.  
See page 7 for more details.

## **Charging your USB device**

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You can use the USB port to charge your USB device  
(max 1000 mA).

## **Cleaning and storage**

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- Clean the appliance with a soft cloth.
- If you are not going to use the appliance for an extended period of time, remove the adapter from the wall socket and store the appliance in a safe, dry location where it will not be crushed, banged, or subject to damage.
- Do not throw away the product with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment.
- Follow your country's rules for the separate collection of electrical and electronic products. Correct disposal helps prevent negative consequences for the environment and human health.

# ? Specifications

## Model

Rated input voltage adapter	100-240V
Rated input frequency adapter	50/60Hz
Rated output power adapter	10W
USB charging port	5V, 1000mA
Nominal light output (level 1 - 20)	1 ~ 210 lux at 45cm
Nominal light color (Mode 1 - 12)	1600W

## Physical characteristics

Dimensions (height × width × Depth)	17 × 17 × 8 cm
Weight main unit / adapter	Approx 0.3kg / 0.04kg
Cord length adapter	120cm

## Operating conditions

Temperature	0°C to 40°C
Relative humidity	15% to 90% (no condensation)

## FM

Operating frequency	76.0 MHz - 108.0 MHz
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Made in China