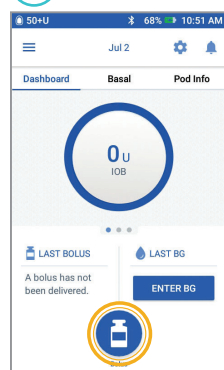
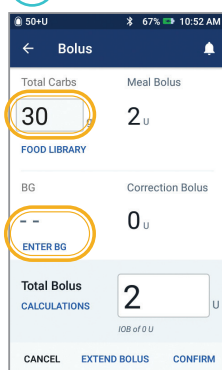
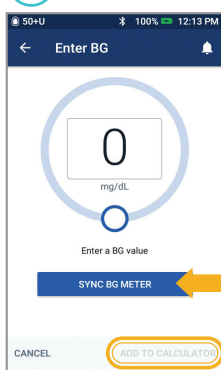
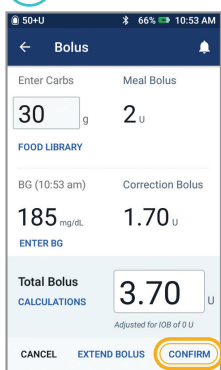
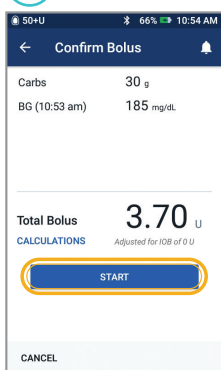


Podder[™] Quick Glance Guide

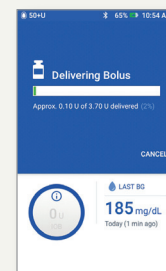
How to deliver a bolus

-  Tap the Bolus button on the home screen.
-  Enter grams of carbs (if eating). Tap "ENTER BG".
-  Tap "SYNC BG METER" or enter BG manually. Tap "ADD TO CALCULATOR".
-  Tap "CONFIRM" once you have reviewed your entered values.
-  Tap "START" to begin bolus delivery.

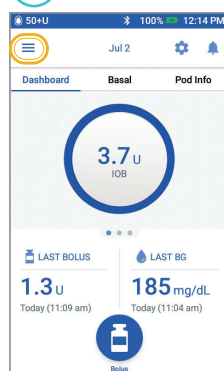
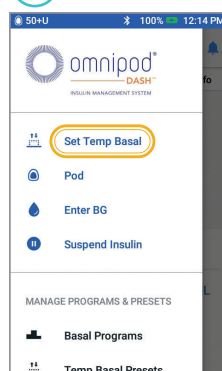
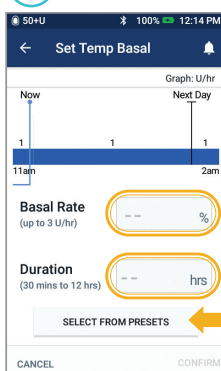
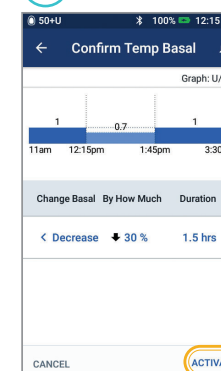
**From CONTOUR[®]NEXT ONE BG Meter*

REMINDER

- The home screen displays a progress bar and details while you are delivering an immediate bolus.
- You cannot use your PDM during an immediate bolus.

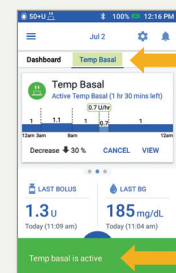


How to set a temp basal

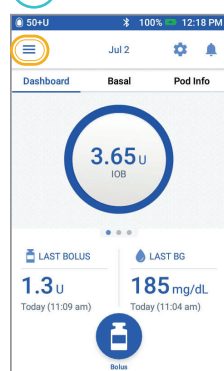
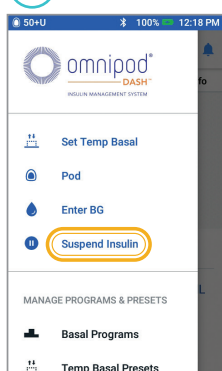
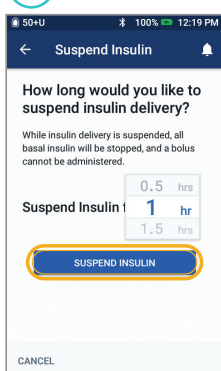
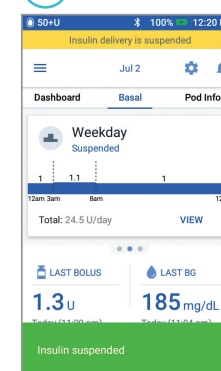
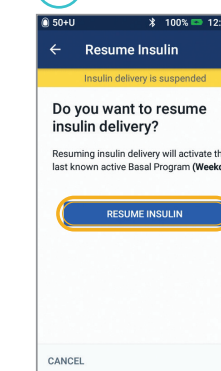
-  Tap the menu icon on the home screen.
-  Tap "Set Temp Basal".
-  Tap "Basal Rate" box, and select your % change. Tap "Duration" box, and select your time. Or tap "SELECT FROM PRESETS".
-  Tap "ACTIVATE" once you have reviewed your entered values.

DID YOU KNOW?

- "Temp Basal" is highlighted in green if there is an active temp basal rate running.
- You can swipe to the right on any green confirmation message to dismiss it sooner.



How to suspend and resume insulin delivery

-  Tap the menu icon on the home screen.
-  Tap "Suspend Insulin".
-  Scroll to desired duration of insulin suspension. Tap "SUSPEND INSULIN". Tap "Yes" to confirm you want to stop insulin delivery.
-  The home screen displays a yellow banner stating insulin is suspended.
-  Tap "RESUME INSULIN" to start insulin delivery.

REMINDER

- You **MUST** resume insulin, insulin does not automatically resume at end of suspension period.
- The Pod beeps every 15 minutes throughout the suspension period to remind you that insulin is not being delivered.
- Your temp basal rates or extended boluses are canceled when insulin delivery suspends.

Podder™ Quick Glance Guide



How to change a Pod

1

Tap "Pod Info" on the home screen.
Tap "VIEW POD DETAILS".

2

Tap "CHANGE POD". Carefully follow the on-screen directions. Pod will be deactivated.

3

Tap "SET UP NEW POD".

4

Carefully follow the on-screen directions.

DON'T FORGET!

- Keep the Pod in plastic tray during fill and prime.
- Place the Pod and PDM next to each other and touching during priming.
- A "Check BG" reminder alerts you to check your blood glucose level and infusion site 90 minutes after Pod activation.

For more detailed instructions, refer to the Omnipod DASH® Insulin Management System User Guide.

How to view insulin and BG history

1

Tap the menu icon on the home screen.

2

Tap "History" to expand list.
Tap "Insulin & BG History".

3

Tap the "Day drop-down" arrow to view 1 day or multiple days.

4

Continue swiping up to see the details section.
Tap the "down" arrow to display more details.

HISTORY AT YOUR FINGERTIPS!

- **BG info:**
 - Average BG
 - BG in Range
 - BGs Above and Below range
 - Average Readings per day
 - Total BGs (in that day or date range)
 - Highest and Lowest BG
- **Insulin info:**
 - Total Insulin
 - Avg Total Insulin (for date range)
 - Basal Insulin
 - Bolus Insulin
 - Total Carbs
- **PDM or Pod events:**
 - Extended Bolus
 - Activation/reactivation of a Basal program
 - Start/end/cancellation of a Temp Basal
 - Pod activation and deactivation

This Podder™ Quick Glance Guide is intended to be used in conjunction with your Diabetes Management Plan, input from your healthcare provider, and the Omnipod DASH® Insulin Management System User Guide. Personal Diabetes Manager imagery is for illustrative purposes only and should not be considered suggestions for user settings.

Refer to the **Omnipod DASH® Insulin Management System User Guide** for complete information on how to use the Omnipod DASH® System, and for all related warnings and cautions. The Omnipod DASH® Insulin Management System User Guide is available online at omnipod.com or by calling Customer Care (24 hours/7 days), at **800-591-3455**.

This Podder™ Quick Glance Guide is for Personal Diabetes Manager model **PDM-USA1-D001-MG-USA1**. The Personal Diabetes Manager model number is written on the back cover of each Personal Diabetes Manager.