Zombazi

Smart Watch
User Manual

Thank you for purchasing Zombazi smart watch and become our valued VIP customer.
Please read this manual thoroughly before using.

After-Sale Service: **prepill79@gmail.com**

Setting up Your Watch

Charging your watch
Please fully charge your watch before initial use.

1. Insert the USB plug of the charging cable into the 5V/1A power adapter and connect to the power supply.
2. Hold the other end of the charging cable near the port on the back of the watch until it attaches magnetically.
3. Make sure the pins on the charging cable lock securely with the port and the battery icon with percent charged appears on the screen.

The charging cable included with the watch is a magnetic charging cable, please charge it as shown below:

Charging time: 2~3 hours
※ Please disconnect the charging cable from the adapter after each charging is completed.

Notes:
Use the original charging cable and ensure the metal contacts free of dirt, oxidation and impurities.
Use a computer USB port or a charger with a rated output voltage of 5V and a rated output current above 1A tocharge your watch.
If you don't need to use your smartwatch for a long time, turn off the device and make sure to charge it once a month to extend battery life.

Compatible Phone Models
Android 4.4 and above
IOS 9.0 and above

Tips For Wearing Your Watch

Put the strap on with comfortable looseness to allow the skin
to breathe and the sensor to function.
Do not wear your watch too tight. A tight band restricts blood
flow, potentially affecting the heart rate signal.
When measuring SpO_2, avoid wearing the watch on the wrist
joint, keep your arm flat, maintain a comfortable appropriately
tight) fit between the watch and the skin of your wrist, and
keep your arm still throughout the measurement process.
When affected by external factors (such as arm sag, arm sway,
arm hair, and tattoo), measurement results may be inaccurate
or the measurement may fail with no output.
The watch should be slightly tighter (snug but not constrict-
ing) during workout than during all-day wear. Tighten the
strap appropriately if your watch sways on your wrist or fails
to output data.

***Size of the watch
wristband: 22mm**

**Disassemble /
Assemble Your Watch**

How to Disassemble:

1. To remove the wristbands, turn over the watch and find the quick-release lever.
2. While pressing the quick-release lever inward, gently pull the wristband away from the watch to release it.
3. Repeat on the other side.

How to Assemble:

1. To reattach the wristbands, slide the pin (the side opposite the quick-release lever) into the notch on the watch. Attach the wristband with the clasp to the top of the watch.
2. While pressing the quick-release lever inward, slide the other end of the wristband into place.
3. When both ends of the pin are inserted, release the quick-release lever.
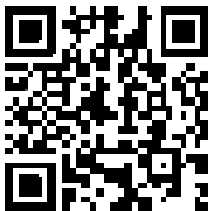
Connecting & Pairing

Use your phone to scan the following QR code, download and install the "FitCloudPro" app. You can also download "FitCloud-Pro" from Apple Store/Google Play.

* For the best user experience, update the app to the latest version as prompted.

Note: Your mobile phone must run Android 4.4 or iOS 9.0 and above.

* Please pair the watch with your phone in the FitCloudPro app, NOT in the Bluetooth settings of your phone.
* During binding process, "FitCloudPro" will prompt you to enable GPS and Bluetooth, files, camera, messages, notifica-tions, etc., all prompts click "Allow" to help ensure that all features are working properly.

① Enable the Bluetooth of your smartphone.
② Open the FitCloudPro app on your smartphone and go to the "Device" page, tap "Bind Device", then your smartphone starts searching devices.
③ In the list of found devices that appear on your smartphone, tap on "T21" to connect the watch to your smartphone. (If your phone failed to find T21, please search the watch on your smartphone again.)

Notes:

1. Once the watch is connected to your app, the watch will automatically search and reconnect itself if the connection is lost or when Bluetooth is restarted after manual disconnection.
2. If the watch is unbound from the app, the information on the watch will be reset, and the information on the app will be cleared. Please do not unbind the connection unless there is an issue that will require a reset.
3. The watch can only pair with one smartphone at a time. When pairing, please ensure the watch and your smartphone is within 0.5 meters distance.

Updating the system of your watch

Keep the watch connected with your phone, start the FitCloudPro app, go to "Me" > "Settings" > "About", and tap System update to view or update the system of your watch. It is recommended that you tap Update Immediately when your watch receives a system update message.
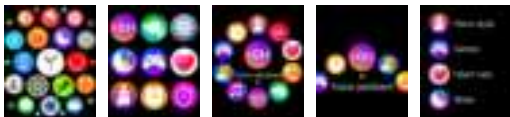
Start Operating Your Watch

Round Function Button

Press the round function button once:

• When the screen is locked, press the function button to unlock the screen.
• On the watch face screen, press the function button to go to the menu (app list).
• On the workout screen, press the function button to choose Stop/Continue the workout.
• On screens other than the watch face screen, press the function button to return to the watch face screen.

Press the round function button twice:

• On the watch menu (app list) screen, press the function button twice to switch menu styles from 5 styles.

Press and hold the round function button:

• When the watch is in the power-off state, press and hold the button for 2 seconds to power on the watch.
• When the watch is in the power-on state,press and hold the button to choose from "Power Off" / "Restart" / "Reset". Rorate the round function button
• On the watch face screen, rorate the round button to change your watch faces.
• On every fnction screen, rorate the round button to swipe up and down between screens.

Rectangular Function Button

Press the rectangular function button once:

- When the screen is locked, press the function button to unlock the screen.
- On every screen (unlocked), press the function button to enter sports mode.
- On the sports mode screen, press the function button to start your workout.
- On the workout screen, press the function button to choose Stop/Continue the workout.

Round Function Button

Rectangular Function Button

How to change the watch face:

1. Rorate the round function button to select the desired watch face. The watch provides several watch faces by default.
2. You can also go to Watch Faces in the FitCloudPro app to synchronize online watch faces to the watch, or set a picture on the phone as the watch face picture by using the FitCloudPro app.

* To add online watch faces, keep the watch connected to the phone, open the FitCloudPro app, go to Device > Watchface > Watchface Store, and select the desired online watch faces to synchronize them to the watch.

4 Easy Swipe Interfaces

1. Swipe up on the watch face page to check messages.
2. Swipe down on the watch face page to enter the Control Center, where you can access system features of the watch. Supports: Brightness, Do Not Disturb mode, Music, Flashlight, Bluetooth switch, Settings, Information, Mobile phone search, Power saving mode, Voice assistant.
3. Swipe left on the watch face page to check exercise data.
4. Swipe right on the watch face page to enter the Split Screen Mode, where you can access part features of the watch. Supports: Bluetooth switch, Weather, Messages, Heart rate, Exercise data, Stop watch.

Start Operating Your Watch

1. Enable the message notifications feature

Before you use the notifications feature, enable the app alerts feature in the "FitCloudPro" app and keep the watch connected to the phone.
After the watch is connected to the "FitCloudPro" APP, click "Device" > "Push Notifications" and set the corresponding apps to enable message notifications permission. Then the watch can receive the corresponding message push.
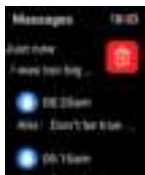
2. Message notifications

When the watch receives notification alerts, it vibrates and displays the notifications. If you do not view notifications when you first receive them, you can swipe up on the watch face screen to view them later. The latest 15 messages can be saved at most.

3. Incoming call alerts

Keep the watch connected to the phone to receive incoming call alerts on the watch. You can choose to hang up or ignore/mute the calls on the watch. You can also press the round button to stop vibrating. Before you use the incoming call alert feature, enable it in the "FitCloudPro" app.

Note:

* Contacts need to be added by entering the "FitCloudPro" app.

· If you use an iPhone, pair the watch with the phone's Bluetooth before you use the notifications feature. Otherwise, when you enable this feature, a message requesting Bluetooth pairing appears. Tap Agree.

· If you use an Android phone, add the "FitCloudPro" app to the allow list or auto-run list in the phone's background so that the app keeps running in the background without being killed as a background process of the phone. Otherwise, the watch will be disconnected from the app and cannot receive app notification alerts.

Smart Watch Features
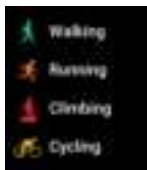
Workout

The smart watch supports 100+ types of workout.
Watch sports mode options: walking, running, mountain climbing, cycling, basketball, badminton, football, rope skipping.
The App can push exercise mode options: more than 100 types such as yoga, table tennis, tennis, baseball, rugby, golf, sit-ups, horizontal bar, hard body upwards, push-ups, rock climbing, etc.
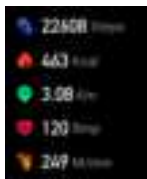
Pause, continue, and end workout

Press the button to end a workout, the Paused screen appears.
If you tap Continue, the watch continues to record workout data.
If you tap Stop, the watch stops to record workout data and ends workout.

Workout Records

This screen saves your latest 10 workout history records.
Tap a workout record to view workout details: workout duration, heart rate, calories and other data during every workout.

Workout Data
It supports viewing the daily accomplishment of the following info: Steps, Calories, Distance and Activity.
You can set a variety of goals for different workout types on FitCloudPro app, such as Pace, Duration, Distance, and Calorie consumption goal.

Precautions:

(1) Wear the watch one finger away from the wrist bone (protrusion of the ulna).

(2) Wear the watch tightly, with an appropriate sense of pressure.

(3) Place your arm on a tabletop or a stationary surface, with the watch screen facing up.

(4) Remain still during the measurement process and focus on the measurement.

(5) Factors such as hair, tattoos, shaking, low temperature, and incorrect wearing of the watch may affect measurement results and even lead to measurement failure.

(6) To ensure more accurate measurements, you need to wear the watch correctly according to the tips, and ensure that the part next to your skin is clean and free of sunscreen smear.

(7) This feature is for reference only and should not be used as a basis for medical diagnosis. If you feel unwell, please seek medical advice.

Sleep

Sleep quality has an important impact on human health.

When you sleep while wearing the watch, it automatically records your sleep data. Open the Sleep app to view your total sleep duration from the previous night and sleep data over the past seven days. You can also synchronize sleep data to the FitCloudPro app to view your sleep duration, sleep stages, sleep score, and sleep suggestions.

Heart rate

Heart rate is an important indicator of physical condition. Highly-frequent heart rate measurement helps capture more heart rate changes and provide a reference for a healthy lifestyle.

Wake up the watch, press the button on the watch face page to go to the app list, and swipe up or down on the screen to select and open the Heart Rate app. In the Heart Rate app on the watch, you can view your most recently measured heart rate value, all-day heart rate curve, heart rate zone, average heart rate and other information.

Pause, continue, and end workout

Blood oxygen is the concentration of blood oxygen in blood and an important physiological parameter of respiration and circulation.
1. Wake up the watch, press the side button to go to the app list, and select the SpO2 app to start measuring blood oxygen.
2. After measurement is complete, the watch displays the measurement result. You can also view measurement results of last 7 times and average SPO2.
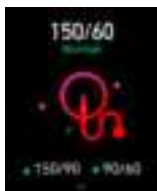
Blood pressure

Measure blood pressure in real time, this measurement is based on PPG technology. Keep abreast of your body, and give yourself more health protection. Click to find the BP function, the green light at the bottom will light up to start the measurement, and there will be a vibration reminder when the measurement is completed in 30-60 seconds. You can view your real time BP value, results of last 7 times and average blood pressure value.

Weather

In the weather page, you can view the current day's weather.

The watch retrieves weather data via update push from the phone. To get the latest weather information, keep the phone's Bluetooth on and connect the phone to the watch.

Music

When the phone is playing music, you can go to the Music screen of the watch to view information about the music being played.
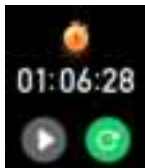
On the watch, tap Pause to stop music playback and tap Previous/Next to play the previous or next song. Tap the volume icons + and - to adjust the music volume.

Alarm

You can add alarms in the FitCloudPro app and on the watch.

Up to 5 alarms can be added. To turn off the current alarm, tap the X button on the Alarm screen to disable the vibration.

Stopwatch

Click the rectangular button to start the timing, click the reset button again to pause the timing, and click the reset button to reset the timing to zero. Up to 99 pieces of data can be saved.
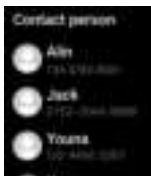
Find phone

After the watch is connected to the APP, click to find the mobile phone. The mobile phone will ring to prompt, and the watch will display that the search is successful; if the watch is not connected to the APP, the watch will prompt that it is not connected.

Timer

The system presets the commonly used timing duration, and the user can click the corresponding duration to quickly count, or click the custom button to set the time. Click the start button to start the timing, click the pause button to pause the timing, and click the reset button to reset the timing to 0.
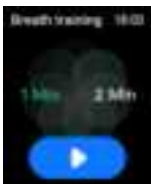
Breath Training

Go to the App List of the watch and open the Breathing app to follow the vibration frequency and animation instructions to adjust your breathing and it will help you relax.
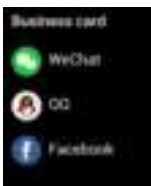
Business card

You can add your personal business cards on the the "FitCloudPro" app: "Device" > "Business Card".
Choose and add the business card of the social app you want to display. It will shows on the watch's business card after binding.
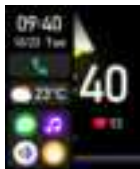
Basic settings on your watch

1. You can set your wrist-lifting screen, real-time heart rate, do not disturb switch, flashlight and power saving mode on the watch.
2. You can switch the locally stored watch face and 5 menu styles on the watch.
3. You can set the brightness of the watch and the length of time the screen is on on the watch; you can adjust the brightness what you prefer.
4. You can control the shutdown, restart, and factory settings of the watch on the watch (after restoring the factory settings, all data in the watch will be cleared and the binding relationship with the phone will be released)

Q&A

Why is weather data not displayed on my watch?

The watch does not automatically update weather data. You need to connect the watch to the app to synchronize weather data. You can update the weather by following these steps:

(1) Make sure that you have set the city for which you need weather data. In the app, go to Device > Weather reports.
(2) Return to the home page of the app and pull down to sync data. After data synchronization is complete, enter the weather screen to view weather data for the city that you set.

How do I add customized watch faces?

Keep the watch connected to your phone, open the "FitCloud-Pro" App, click "Device" > "Watchface" > "Watchface Store", and then go to customized watch faces in the first option.

For more FAQs, please check "FitCloudPro" App:

"Me" > "FAQ"