The Wim Hof Icebarrel XL

Installation manual
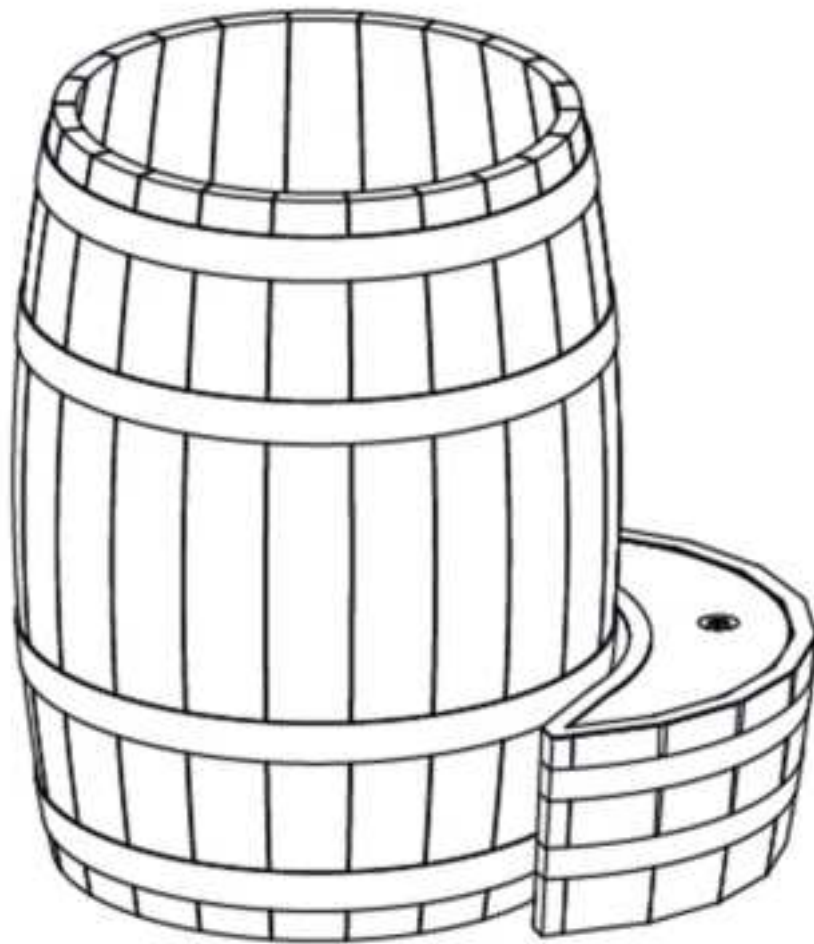
Installing the chiller

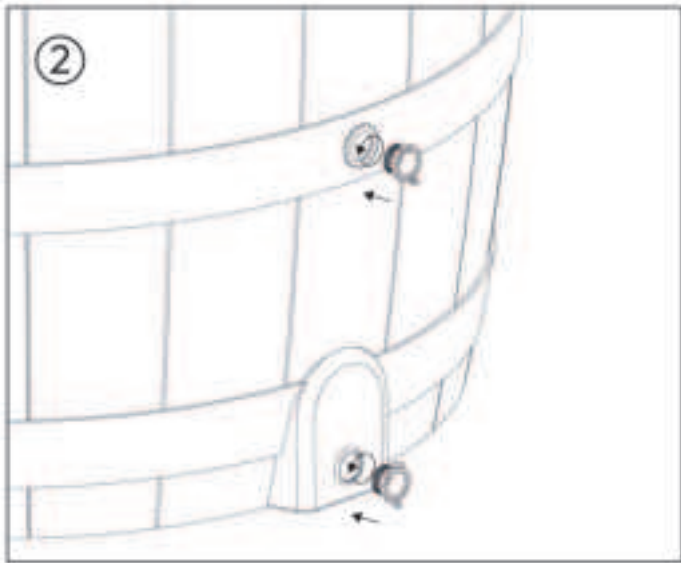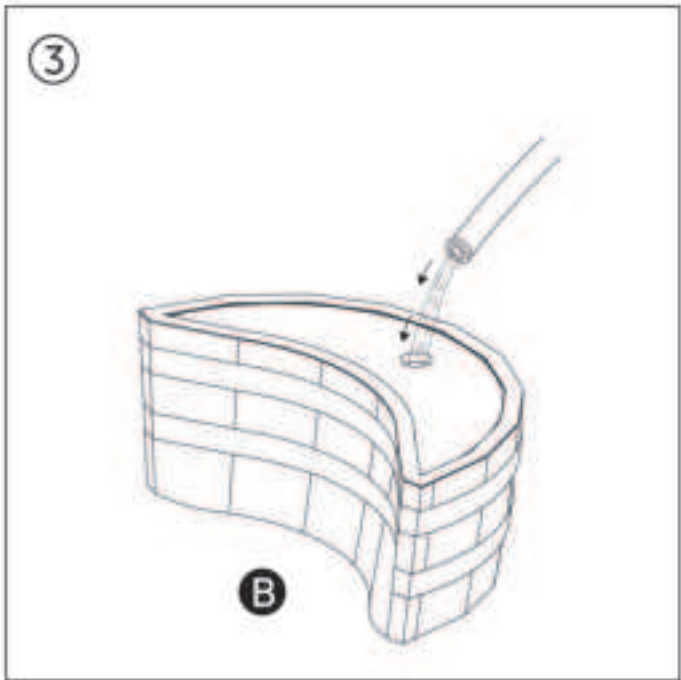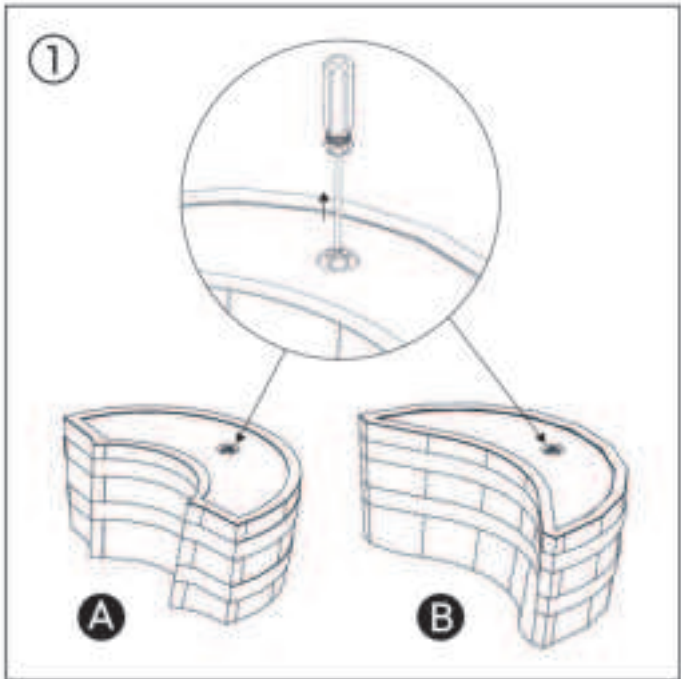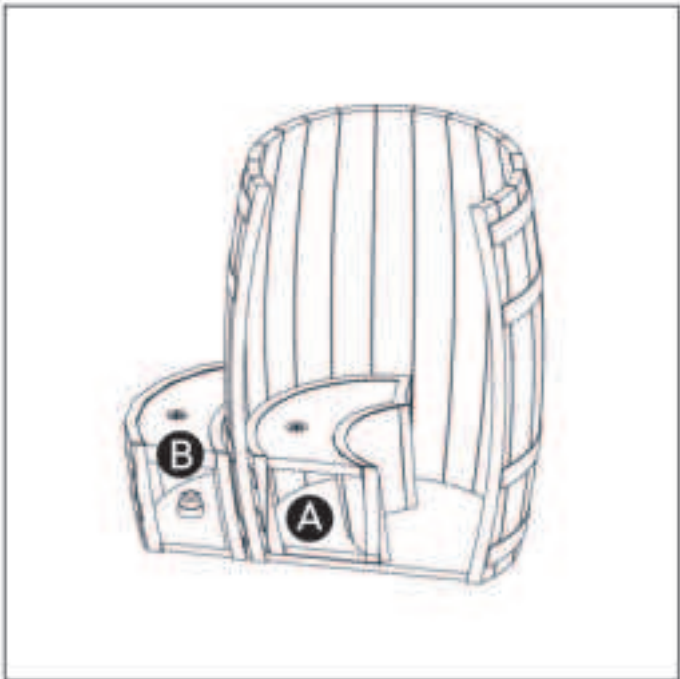To complete the installation, all you need is a flathead screwdriver or a kitchen knife to connect the chiller and your ice bath will be ready to use.
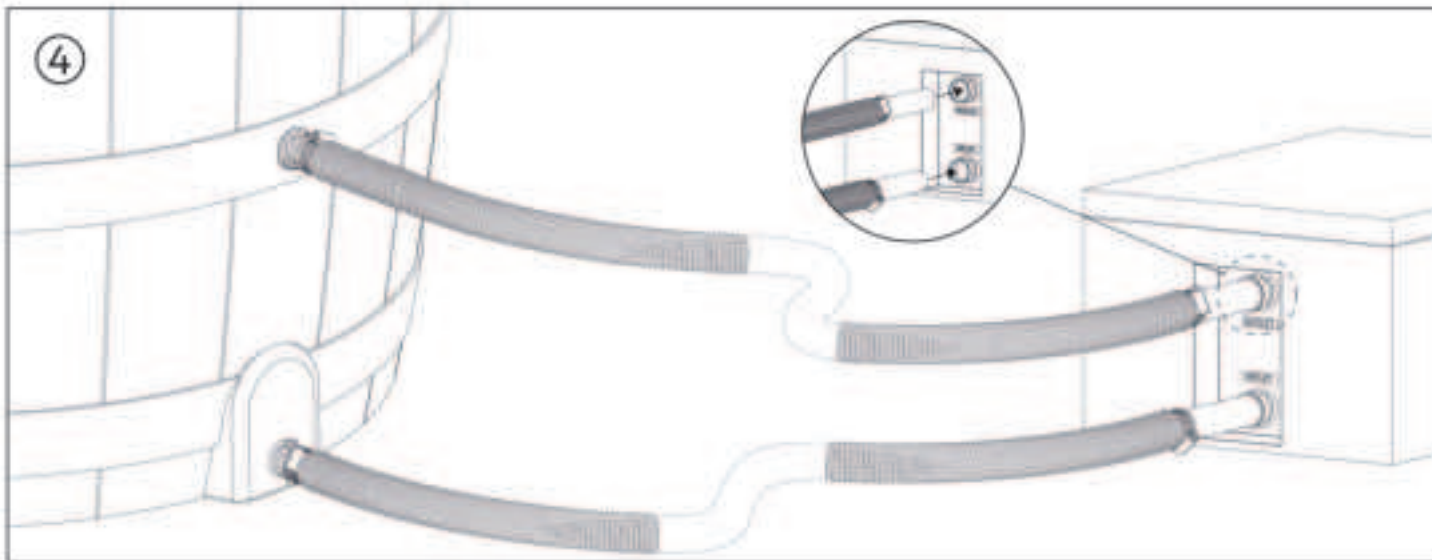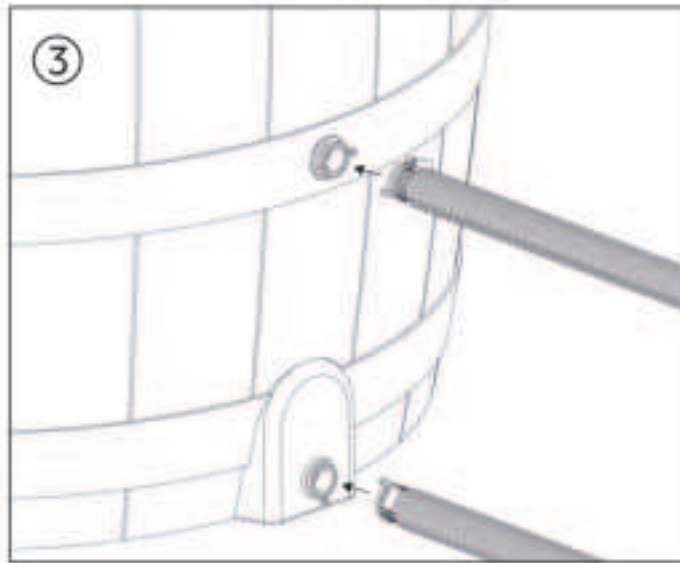
Installing the step and seat

To install the step and seat, you'll need a bag of sand to fill them and a crosshead screwdriver or kitchen knife to open the screws.

Setup the chiller

1. Powering On the Chiller

Step 1:   Plug the chiller into a power source. The display will automatically light up, indicating it's connected to power.

Step 2:   Press ⏻ to turn the system on.

Step 3:   Press 🌀 to start the pump.

Note: The system will not function unless the pump is turned on.

2. Setting the Desired Temperature

Step 1:   Press ⚙ before making any temperature adjustments.

Step 2:   Press ⋀ or ⋁ to adjust the temperature until you reach the desired setting.

Step 3:   Release the button, and the display will blink for a few seconds. Once it stops blinking, the system will start working to the new target temperature.

Additional Features

Some models may offer features like lighting or an oxygen pump. However, this specific model does not have an oxygen pump.

Indicator light

Icon	name	Hengliang representative	Extinguish represents	Flashing representative
❄	Refrigeration lamp	Cooling	Stop refrigeration	Compressor is delaying
♨	constant temperature	Target temperature reached	Not at target temperature	
☀	Heating lamp	Heating in progress	Stop heating	Compressor is delaying
❄	Defrost lamp	Defrosting	Stop defrosting	Compressor is delaying