

# CRYSTAL WHITES®

## PROFESSIONAL TEETH WHITENING KIT

### 6 Steps To Whiter Teeth

#### STEP 1: Mouth Trays

Place the trays individually, one at a time in very hot water (not boiling) for 5-10 seconds until they wilt.



#### STEP 2: Moulding The Trays

Press the trays firmly against your teeth and suck the air out to mould the trays around your teeth. Repeat for the 2nd tray.



#### STEP 3: The Fitting

Once you are happy with the fitting of the trays, trim the handles with scissors.



#### STEP 4: Apply The Gel

Add a small line of gel along each tray. Approximately 0.2 - 0.4ml of whitening gel.



#### STEP 5: Session Time

Brush & floss your teeth before each session. Insert trays, upper then lower. Check your teeth shade before you begin your session.



#### STEP 6: The Whitening Light

Remove the plastic film inside battery cap inside the light, put the batteries in the correct way, turn on the light. You are now ready for your teeth whitening session.



#### KIT CONTENTS:

X8 Advanced High Quality Teeth Whitening Gels  
X5 Pro Teeth Whitening Strips  
X2 Thermo Boil & Bite Mouth Trays  
X1 Ultra Power Whitening Light  
Syringe Gel Caps  
Printed Colour Instruction Manual  
Teeth Shade Guide To Track Your Progress

#### RECOMMENDED USAGE:

Teeth whitening session time: 20-30 minutes (depending on your sensitivity level).  
A 5 day course eg: (Mon - Fri) is recommended with 2 days rest (Weekend) **TIP:** Check your teeth shade before your first session and again after the fifth. If required you can repeat this process for an additional 5 days (maximum 2 weeks). This kit can be used once every six months.

#### CRYSTAL WHITES PROFESSIONAL TEETH WHITENING KIT

**INGREDIENTS:** Gel Syringe 0.10 FL.OZ (3 ML) Propylene glycol 32%, Glycerin 27.1%, Aqua 25.5%, Cellulose gum 5.5%, Carbomer 3%, Sodium bicarbonate 2%, EDTA 1.5%, Menthol 1.4%, PVP 1%, Sodium chlorite 1%

**Warning:** For cosmetic use only. Do not swallow gel. Avoid contact with eyes. Store in a cool dry place away from heat. Keep out of reach of children. Temporary tooth sensitivity may occur. Discontinue use upon sustained discomfort or irritation. Not advised for use for those who are pregnant or lactating.

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Manufacturer: Foshan Tanton Trade Co. Limited



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MADE IN PRC

