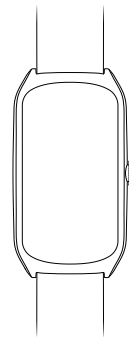# anyloop

QUICK START GUIDE

anyloop Band 2

75mm
70mm

Attaching and removing the band

(Point side) (Buckle side)

(1) Insert the needle of watch band to the hole

(2) Toggle the lifting lever of watch band and push it into the slot for fixing

(3) Pull the watch band gently after finishing assembly to ensure it will not drop

(4) Toggle the lifting lever of watch band to take down the watch band

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Download the app to pair and find the watch

Download anyloop by scanning this QR code, or from Google Play or app store, and install it. It's totally free to download anyloop.)

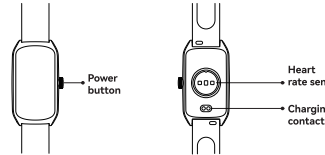Obtain more functions and usage

Scan this QR code, or open https://any-loop.com/ pages/help+and+manual, to obtain more functions and usage.

Packing List

Smart watch × 1
Charging cable × 1
Instructions × 1

Basic Parameters

Product Name	Smart Band
Product Model	ALB2
Input	5V ⎓ 0.2A
Battery	250mAh
Water Resistance Rating	IP68
Maximum Operating Temperature	45℃ (113℉)

About the Watch

Power button
Heart rate sensor
Charging contacts

Power button
When the watch is off, press and hold this button to power on the watch.
When the watch is on, press and hold this button to power off the watch.
When the screen is off, press this button to turn on the screen.
Press this button to switch the display interface from any other page to watch face.
When the display interface is watch face, press this button to open the watch's app menu.
When the display interface is the watch's menu, double-click this button to change the menu style.

UI touch
Slide left or right the interface to view the shortcut card or sidebar.
When the display interface is watch face, slide it up to view the notification panel.
When the display interface is watch face, slide it down to open the control center.

Notes:
1) For first use, please charge up the watch to activate it.
2) If the watch cannot be powered on, please charge it up, and then have another try.

How to Pair the Watch

1. Please scan the QR code on the right side using your phone; then download anyloop and install it. Alternatively, search anyloop from Google Play or app store, then download the latest version of anyloop and install it.
2. Ensure your phone's Bluetooth is on.
3. Open anyloop. Log-in or register your account as the app instructs (or enter the visitor mode).
4. Click "Add a device", and select the device to pair. Give the app related permission as the tooltip prompts.
5. Click the watch's Bluetooth name to make pairing.
6. Click "Accept" on the watch to confirm pairing. Once pairing succeeds, the watch will go to watch face automatically.
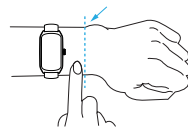
Notes:
1) During pairing, please confirm your phone's Bluetooth is on, and ensure the watch is being connected to your phone.
2) If the watch cannot be searched during device adding, or if the watch cannot be connected at use, please reset/reboot it, and then have another try.
3) Once pairing achieves success, please protect the app backstage from being accidentally closed by the system as the app guides. Otherwise, there may be a result that the watch is disconnected from your phone, affecting the watch to operate as normal.
4) For better user experience, please use the latest version of app. The operating system should be above Android 5.0 or iOS 9.0.
5) If you have problems with connection and pairing, please refer to "FAQs - What if the watch cannot be connected to or paired with your phone?" (on Page 11).

How to Wear the Watch

1. Wear the watch properly, neither too tight nor too loose, to allow your skin to breathe. In that way, you could feel comfortable, and the sensor could operate normally.
2. For accurate measurement, please keep your arm level and still, and keep your skin comfortable by leaving a room for a finger between watch and skin.
3. You could tighten the watch band during exercise and loosen it after exercise.
4. The tattoo, mark, and hair on your wrist where the watch is worn may affect the heart rate sensor. For this reason, please wear the watch on a wrist that will not disturb its function.

Notes:
1) Once the watch band is well-fit, please full it appropriately to check whether it's secure or not.
2) If you want to buy a watch band, please go to the anyloop store.
3) If the watch band appears to have breakage, please contact Support@any-loop.com for renewal.

Main Functions

Heart rate
1. Click "Heart rate" on the watch's menu.
2. The watch will begin to measure your heart rate automatically.
3. Wait about 10 seconds, and then you could view the measured heart rate.
4. Slide up or down the interface to view other information on heart rate. You could turn on Bluetooth, synchronize the information on heart rate with the app, and view further data of heart rate.

How to change settings for heart rate measurement:
1. Open anyloop.
2. Click "More Settings" on Device page.
3. Select the desired options, and set the method of measuring the heart rate.
(1)Continuous measurement: Measure your heart rate continuously (once five minutes around the clock).
(2)Heart rate warning: When your heart rate stays above the set value continuously, the watch will give you a warning sign.
(3)Wearing detection: When the watch presents "Please wear the watch properly" continuously, the thing may be either that the tattoo, mark, and hair on your wrist affect the sensor measuring your heart rate or that you wear the watch not as this Guide suggests. In the former case, you could close wearing detection. In the latter case, please refer to "How to wear the watch" on Page 04.

SpO2
1. Click "SpO2" on the watch's menu.
2. The watch will begin to measure your SpO2 automatically.
3. Wait about 10 seconds, and then you could view the measured SpO2. You could turn on Bluetooth, synchronize the information on SpO2 with the app, and view further data of SpO2.

Sleep
1. Sleep with the watch on, and it will begin to measure your sleep automatically.

2. When you wake up, click "Sleep" on the watch's menu, and then you could view the information on sleep for the previous night.
3. You could turn on Bluetooth, synchronize the information on sleep with the app, and view further data of sleep.

Notes:
If you have doubts about the data of sleep in anyloop, you could log in https://any-loop.com/pages/help+and+manual to view further information; or you could contact support@any-loop.com

Exercise
1. Click "Exercise" on the watch's menu.
2. Slide up or down the interface to select the desired exercise.
3. The watch will begin to record your exercise data automatically in 3 seconds. Slide up or down the interface to view heart rate, distance, time, etc. Slide right the interface to go back to or finish exercise.
4. You could turn on Bluetooth, synchronize the information on exercise with the app, and view further data of exercise from the plate Exercise on Homepage.

Notes:
In exercise mode, your heart rate will be measured on a real-time basis.

Message Notification
1. When the watch is connected to your phone via Bluetooth, the watch could receive messages from your phone's notification center.
2. When the display interface is watch face, slide it up to open the notification panel, and then the message notifications could be viewed.

How to change settings for Message Notification

1. Open anyloop.
2. Click "More Settings" on Device page.
3. Find "General", and select Message Notification. You could choose whether to enable Message Notification here and select the app to receive notifications.
NOTE 1: This equipment has been tested and found to comply with the limits for Message Notification.

Notes:
At present, the watch does not support reply to messages. A message could present 100 characters at most.

Weather
1. Turn on Bluetooth. Ensure the watch is connected to your phone.
2. Open anyloop.
3. Click "More Settings" on Device page.
4. Find the app plate, and turn on "Weather".
5. Open the watch's menu. Click "Weather" to view the information on local weather.

Notes:
Conditions for the watch to update data of weather:
1) The app has got permission to fix your location;
2) Your phone is in the condition of normal network connection; and
3) The watch is in the condition of normal Bluetooth connection.
4) If all the above conditions are met, the watch will update air temperature once every two hours. If air temperature remains unchanged, please close the app backstage and re-open it.

Daily exercise data
Click "Data" on the watch's menu, and you could view information on your current exercise.
(1)Steps: View your steps for the day. The closer to the goal the number of your steps is, the bigger the graphical progress is.
(2)Calories: View your calories consumed for the day. The closer to the goal the number of your calories is, the bigger the graphical progress is.
(3)Distance: View your exercise distance for the day. The closer to the goal your exercise distance is, the bigger the graphical progress is.

How to set a goal
1. Turn on Bluetooth. Ensure the watch is connected to your phone. Open anyloop.
2. Find the plate "My Goals" on "Me" page.
3. Click the desired data type, and set your goal.

Watch face

1. Press and hold watch face to enter "Edit" interface. Slide left or right the interface, and then select the desired watch face.
2. Turn on Bluetooth. Ensure the watch is connected to your phone. You could open anyloop and select more watch face from watch face store.
3. Alternatively, you could upload a picture to generate a user-defined watch face.

Watch face Store
1. Open anyloop. Turn on Bluetooth. Ensure the watch is connected to your phone.
2. Click "Watch face Store" on Device page.
3. Select the desired dial. Click Install.
4. The watch's watch face will be updated to that dial automatically.

How to charge up the watch

1. Wire the charging cable to the power adapter or your computer's USB interface.
2. Make the charging port tight aligned with the charging contacts on the watch's back.
3. During charging, you could view the charging status on the screen.
4. When the watch is fully charged, please disconnect it from the wireless charger.

Notes:
1) Please use the charging cable in the package.
2) Before charging, please ensure the charging port is dry, clean, free of foreign matter such as sweat, liquid, dust, and so on.
3) If charging is not practicable to power off the product before you put it aside. That product on the shelf shall be fully charged once six months to prevent its battery from being excessively discharged or even being damaged;
4) If the watch cannot be charged, please contact Support@any-loop.com

How to take off and renew the watch band

Please follow the graphical presentation to take off or fit the watch band.

Notes:
When you are fitting or renewing the watch band, please take care not to hurt your fingernail.

Push

Matters Needing Attention

1. This product, not a medical apparatus, shall not substitute for professional medical diagnosis. Its design or intention is not for diagnosing diseases and other symptoms or for curing, relieving, treating, or preventing any symptom or disease. Before making any decision on your health, please seek advice from your medical service provider.
2. Protect children and pets from biting or swallowing this product or its accessories. Otherwise, they probably get hurt.
3. Keep away this product from over-temperature and under-temperature conditions. Otherwise, it may catch fire or explode.
4. anyloop has internal and external certification agencies do harmful material testing for the watch, covering all materials in contact with skin, dermatologic toxicity, and wearing. Some people may show skin allergies to vinyl leather, fiber, etc., and they will show symptoms such as erythema and inflammation after long contact with this product. If you have such symptoms, please stop using the product right away, and seek advice from your doctor.
5. Please don't use an unauthorized/incompatible power charger or data cable. Otherwise, there may be a result that the watch is damaged, catches fire, explodes, or leads to other dangers.
6. Radio waves from this product probably affect availability of implantable/personal medical apparatuses such as cardiac pacemaker and hearing aid.
7. Please don't dispose this product and its accessories as general household garbage. Please ensure you dispose or recycle this product and its accessories by local laws and regulations.
8.Do not replace battery with an incorrect type.
9.Do not disposal battery into fire or a hot oven, or mechanically crushing or cutting of a battery, that can result in an explosion.
10.Do not leaving battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas.
11.Do not leaving battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.
12.Do not used in low air pressure at high altitude condition.
13.Do not used in high or low extreme temperatures.

Repair & Maintenance

1. Avoid using liquid soap, hand sanitizer, body wash, washing liquid, and other cleansers to clean the watch. Residual liquid soap, detergent, hand sanitizer, or cleanser remaining on the watch may induce irritation to your skin or might bring down the watch's waterproof performance.
2. Please don't wear the watch in underwater sports like snorkeling, diving, or scuba diving; in aquatic sports like water skiing or surfing; and in swimming in such environment of high hydraulic pressure as river. In those environments, hydraulic pressure will vary suddenly, causing change to the watch's waterproof performance.
3. The watch's waterproof performance may be impaired because of acute change to ambient temperature. For this reason, please don't wear the watch in high-temperature environments such as sauna room and hot water bath.
4. You could use the watch in exercise, in hand washing, or in rain.
5. Keep the watch dry, away from damp. Do not long expose the watch to direct sunlight. Both over-temperature and under-temperature may result in the watch's breakdown.
6. Please don't wear the watch in MRI examination or in other highly magnetic environments. Otherwise, the watch may be damaged.

FAQs

1. What if the watch cannot be connected to or paired with your phone?
When the watch is disconnected, a red connection symbol ▇ will appear in the control corner. When the watch is connected to your phone, a white connection symbol ▇ will appear in the control center.Please try the following steps:When any of them is finished,please check whether the watch can be connected or not.
(1) Check whether the watch can be connected.
(2)First, put together the watch and your phone. Open anyloop.
(3)Please turn off and on your phone's Bluetooth, then click "Connect" on the app's Device page.
(4)Reboot the watch, then click "Connect" on the app's Device page.
(5)Try re-connect the watch to your phone.
(6)Select either "Unbind" in the app's Device module. (That operation will result in the watch's data being cleared.)
(7)Clear the watch's Bluetooth information from the Bluetooth list in your phone's system; then turn off and on Bluetooth in your phone's system.
(8)Go to the app's BindView, re-bind the watch.
If the above way cannot solve your problem, please contact Support@any-loop.com. Alternatively, open anyloop; select Help & Feedback on "My" page; and submit your problem.

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2. Why is the data of heart rate / SpO2 inaccurate?
Even under ideal conditions, the watch cannot assure reliable heart rate / SpO2 readings to each person. Please wear the watch as this Guide suggests (on Page 04) to help anyloop Watch obtain readings as accurately as possible.

3. What if the watch cannot receive message notifications?
If you find the watch doesn't receive notifications, please try the following operations:
1. To ensure the watch can timely receive notifications, please confirm the watch is paired with your phone and is connected to via Bluetooth.
2. Check whether Message Notification is enabled in the app. Go to the app's DetailView > Message Notification, enable Message Notification, and toggle on the desired app's button.
3. Please toggle on the app's button in your phone's settings.
(1)Android system (taking Samsung phones for example): Open your phone's Settings > Notification, select the desired app, and toggle on its button.
(2)iOS system: Go to your phone's Settings > Notification, select the desired app, and toggle on its button; ensure that button is on in the notification center.
4. If your phone is an iPhone product, please ensure shared notification settings with the watch is normal. Open your phone's Settings; turn on Bluetooth; click the paired watch; turn on Shared System Notification.
5. Please confirm the watch is out of Do Not Disturb (DND) mode.
6. If the problem remains unsolved, please reboot your phone; re-connect the watch; then have another try.
7. If the above way cannot solve your problem, please contact Support@any-loop.com

4. What if the watch presents inaccurate weather?
Accuracy of weather data on the watch may vary with the following factors:
1. Turn on Bluetooth. Ensure the watch is connected to your phone. The watch will update its weather information automatically.
2. The watch's weather information collecting point slightly differs from the weather app's collecting point temperature in your phone. That is considered normal.

Customer Service
If you have any questions or doubts, please contact our customer support team at support@anyloop.com. We wish you would love your new smart watch.