

TIMEX Fit 2.0

Smart Watch User Manual



GETTING STARTED

Connect the USB charging base to a USB Port. Place the Smart watch on the charging base as shown in above picture. When charging begins, you will see a Charging notification on the screen. The display will get switched off after some time. Tap on the display screen to check the charging progress.

Download the App and connect with your phone

Download and install “Timex Fit 2.0” App from Google play or App store. Enable the Bluetooth on your phone To pair your phone with watch go to App>Watch Setting and Click on “Add Watch” option. Select the watch “TWTXW2” and pair.

Note:

Please ensure that your phone Android version is 7 and above or iOS is 12.0 and above and support Bluetooth low energy (BLE). Pair your watch from the app, do not directly pair it from Bluetooth setting.

Using your Smart watch Syncing your data to the App

Each time you open the app, your data automatically synced to the app if the paired smart watch is nearby and connected. For up to date insights on your wellness and fitness information, syncing at least once a day is recommended.

FEATURE AT A GLANCE

Below is a detail of the key features –

Bluetooth Calling: Use your watch to dial or receive any call coming on your mobile.

SpO2 Measurement: Measure your blood oxygen saturation level using the SPO2 measurement feature

Sleep Tracking: Track your sleep quality between 8PM to 10 Am seamlessly.

Sedentary Reminder: Set reminders on the app and be alerted when its time to move around.

Multiple Activity Modes: Choose from the available activity modes and monitor the steps taken or calories burned.

Continuous Heart Rate Monitoring: Stay on top of your health, monitor your heart rate, and keep track of your heart rate trend.

Blood Pressure Measurement: Measure your BP level using the BP measurement feature

All-Day Activity Tracking
Keep track of your daily activities like steps, distance and calories burned.

App Dashboard: The app dashboard shows your last measured heart rate, Blood pressure, your sleep duration and SpO2. It also provides you an overview of your fitness information like steps taken, calories burned, and distance covered.

FOR NON MEDICAL USE ONLY

This device or software is intended for use only for general well being purposes or to encourage or maintain a healthy lifestyle, and is not intended to be used for any medical purpose (such as the detection, diagnosis, monitoring, management or treatment of any medical condition or disease). Any health-related information provided by this device or software should not be treated as medical advice. Please consult a physician for any medical advice required.

WARRANTY

Congratulations!

You are now the proud owner of a trendy Timex smart watch which is designed to take the stress and strain of your everyday life. We warranty this Timex smart watch against any manufacturing defect for one year from the date of original retail purchase subject to the exception listed below

WARRANTY DOES NOT COVER

Normal wear & tear.

Damage Caused by mishandling, including damage to the mineral, glass or acrylic crystal and straps or band.

Damage caused by the watch being opened anywhere other than a Timex customer service center.

Damage due to water entry in a watch not marked water resistant.

Replacements of glass, band, strap, or case which is due to normal wear and wear out even if it is within the warranty period.

Wear-off of surface finishes, plating and any damage caused by abrasion or impact in components of plated watches.

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Plating on or adherence of rivets inserts or metallic transfers on straps.

Plating wear-off on the underside of the metal band.

Any consequential damage or loss arising on account of the aforesaid.

WARRANTY COVERS

Movements / modules

-Free replacement within one year for digital modules.

Leather strap / PU strap

-Free replacement within 6 months of retail purchase for manufacturing defects which include pasting peel o- or strap getting cut at the spring bar end.

TIMEX

Style No.-----

Bill No. -----

Date of Purchase -----