1. Foreword

Information provided to users

smart watch

Watch5

Thank you for choosing our company's smartwatch. You can comprehensively understand the usage of the device by reading this manual. This device mainly connects to your phone through Wirelessfor adaptation and use, providing various practical functions and services to facilitate your operation of the phone, and has developed many functions for human sports . Our company reserves the right to modify the content of this manual without prior notice.

2.Definition of Touch Control

Swipe up: Enter message push, view when message arrives

Slide down: Enter the dropdown menu to perform functional operations on the system

Left swipe: Enter the widget to add functional applications

Right swipe: Enter split screen to perform functional operations on the system

3. Charge

1.When charging, in order to ensure stable charging, the watch will turn off the screen for charging. Clicking the button can wake up the watch. When the charging icon disappears, wait for 1 minute and the charging icon will automatically display again.

2. Please use the built-in standard charger for charging.

4.Download the APP

1. Download the app from the mobile app market and search for "RDFit" to download it

2. Scan the QR code below through a mobile browser to download

The QR code below is for downloading RDFit APP

Android/iPhone

Application only

5. Connect APP

1. Wireless5.0 connection method: After installation, open "RDFit" and turn on your phone's Wireless. Go to the RDFit homepage and select "Scan Device" or scan in the upper right corner to connect to the watch.

2. Wireless3.0 connection method: Turn on your phone's Wireless, click on the Wirelessname of the watch you want to connect to - follow the prompts to connect the Wirelessdevice, and the phone will display "Connected".

(Attention: To prevent high power consumption during connection and use, it is recommended to

turn off the media and audio switch inside Wireless.)

3. How to verify a successful Wirelessconnection: When the Wirelessof the watch 3.0 and 5.0 is blue+green in the drop-down status bar, it indicates a successful Wirelessconnection. When the Wirelessflag color is gray, it indicates that the Wirelessis not connected.

4. Common problems and simple solutions: Due to the lack of uniformity in Wirelessprotocols among different mobile phone brands, there may be unstable Wirelessconnections between the phone and the watch. You can turn off the phone's Wirelessand reconnect it again, or restore the watch to factory settings.

5. How to set up email notifications:Go to Settings - Application Management on your phone, find "RDFit" - Permission Management, and open all settings. Go back to Notification Management - Find 'RDFit' and open all permissions.

6.What should I do if I don't receive notifications?：Firstly, the notification function of the watch only synchronizes with the notification function of the mobile phone, such as incoming calls and message reminders. If your mobile phone does not receive notifications, the watch end will also not receive them. You need to go to the mobile phone settings - Notification function, find the corresponding APP, and turn on the permission notification.

6. Unbind APP

1. Android: Find "Unbind Device" in the "Device" interface of the APP, click on "Unbind Device", and then click "OK" to disconnect from the phone

2. IOS: In the "Devices" interface of the APP, find "Unbind Device" and click on "Unbind Device". After unbinding, enter the "Settings" - "Wireless" interface of the mobile system. Click on the "!" icon on the right - "Ignore this device" to disconnect from the phone

7. Precautions

1. Do not place the device near heat sources or exposed sources of fire, such as induction cookers, microwaves, ovens, stoves, candles, or other places that may generate high temperatures.

2. This device is equipped with a non removable built-in battery, please do not replace the battery.

8. Attention

FCC Statement
Changes or modifications not expressly
approved by the party responsible for compliance
could void the user's authority to operate the
equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-Reorient or relocate the receiving antenna.
-Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.
FCC Radiation Exposure statement
The device has been evaluatec to meel general RF exposure requirement. The device can be used in portable exposure condition without restriction.