Que 1 Ans 1	Is this smartwatch from Timex? This smartwatch is from Helix brand which is owned by Timex Group
Que 2 Ans 2	Which app download to this smartwatch? Dowload "Helix Smart" app from playstore or apple app store
Que 3 Ans 3	what all activity modes are in this smartwatch? Helix Smart 2.0 comes with 10 activity tracking mode (treadmill, running, walking, basketball, yoga, skipping, badminton, climbing cycling)
Que 4 Ans 4	how long the battery last in single charge With active usage the battery last upto 9days of and 15days in standby mode.
Que 5 Ans 5	Can we monitor bp in this watch? No, this watch doesn't support blood pressure monitoring.
Que 6 Ans 6	Can we make calls from this watch You won't be able to make call but you can receive and reject calls from this watch
Que 7 Ans 7	How do I view my sleep and activity data? Sleep, step, calorie and other activity data can be viewed in detail in the "Helix Smart" app which is available on Android and iOS.
Que 8 Ans 8	Can we control camera from this watch Yes, you control your camera from this watch
Que 9	Do we get notifications through this watch

Yes, we will get all the important notifications(Call, Whatsapp, SMS, Facebook etc.,) on the watch screen

Ans 9