

Instructions



Please read the manual carefully before use to ensure proper installation and use

1/ Important Note

- 1 Upon receiving the watch, please install the SIM card correctly and ensure that the VOLTE function is enabled on the SIM card
- 2 To make a call, the country area code (such as +41 or 0041) needs to be added before the phone number. To set a contact person, the country area code needs to be added before the number
- 3 Click on the QR code icon in the watch menu, and the network will generate a binding QR code. Clicking on the QR code again will display the number and verification code, which can be bound through the APP

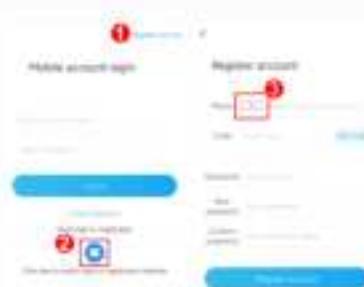
2/ Download and install APP

Scan the QR code below and open the link in the browser to download the "me.watch" app



me.watch
Download

3/ Register



- 1 Support phone number or email registration
- 2 Please select the correct country number for mobile phone number registration
- 3 If you cannot receive the SMS verification code in your country, please choose your

4/ QR code



- 1 When the watch plug-in card starts, there will be a download binding prompt. Download
- 2 Scanning this QR Code
- 3 Click the QR Code to view the QR Code information and enter it manually.

5/ WeChat



- 1 Click on "QR code" in the watch menu bar to enter the watch interface
- 2 Use the "me.watch" app to add a watch and scan the QR code
- 3 Click on the QR code to view the device number information, which can be manually entered

6/ Location



- 1 Please click "Positioning" in the "Guarding" interface
- 2 Click the icon in the upper right corner to view the historical track
- 3 Click the icon in the lower right corner to refresh and view the real-time positioning

7/ SOS



- 1 You can set three SOS one-touch numbers. When hidden numbers, the watch will dial these three numbers in turn until they are connected
- 2 Don't forget to click "Save" to save after setting. You can set three SOS one-touch numbers. When hidden numbers, the watch will dial these three numbers in turn until they are connected

8/ Heart rate monitoring



- 1 Please select "Heart Rate" in the "Guarding" interface to enter the monitoring interface.
- 2 Please click "Start check" to start detection.

Only watches that support the health detection function

9/ Temperature



- 1 Please select "Temperature" in the "Guarding" interface to enter the monitoring interface.
- 2 Please click "Start check" to start detection.

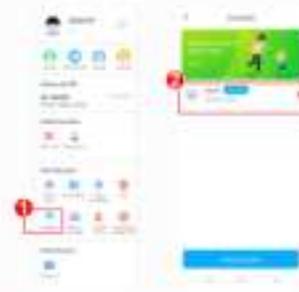
Only watches that support the health detection function

10/ Telephone interception



- 1 Please select "Intercepting strange calls" in the "Guarding"
- 2 After clicking Open, only the watch phone contacts can make a call to the watch when it is turned on.

11/ Guardian



- 1 You can click "Guardian" in the "Guarding" interface to set
- 2 You can add or modify the guardian information on this interface