

### GO AHEAD, PRESS THE BUTTON

1x ● 2x ●● 3x ●●● Press Hold ●●●

LEFT/RIGHT SYMMETRICAL CONTROLS

VOLUME UP/DOWN

PLAY/PAUSE ●  
TRACK FORWARD ●●●  
TRACK BACK ●●●  
NOISE CONTROL ●●●  
ANSWER ●●●  
HANG UP ●●●  
REJECT CALL ●●●

SWIPE SENSOR

TOUCH SENSOR

EQ CHANGE Simultaneous Press Hold Right and Left Touch Sensors  
SPATIAL AUDIO ON/OFF 5x Press Touch Sensor

### DOWNLOAD THE APP

Customize Epic Sport ANC 3 features and update the latest software. Download the JLab App in Apple/Google Play Store.

### MULTIPOINT

- Once **FIRST** device is connected, turn off Bluetooth in device settings. Earbuds will auto enter Bluetooth Pairing.
- Enter your **SECOND** device Bluetooth settings and connect.
- Enter your **FIRST** device Bluetooth settings. Turn on Bluetooth and connect to Epic Sport ANC 3.

### THE RIGHT SOUND FOR EVERY MOMENT

#### EQUALIZER MODES

- "JLab SIGNATURE"**  
JLab C3™ signature sound with amplified vocals and bass
- "KNOWLES PREFERRED"**  
The Knowles tuned to enhance Balanced Armature
- "BASS BOOST"**  
Amplified bass and sub-bass
- "CUSTOM"**  
Personalize your EQ through the JLab App.

### FIND YOUR FIT

Try all ear tips for best fit and proper seal.

- 1
- 2
- 3
- 4

### WITH LOVE FROM THE LAB

We have lots of different ways to show we care.

### GET STARTED + FREE GIFT

Product updates | How-to tips | FAQs & more  
Go to [JLAB.COM](#) to unlock your customer benefits including a free gift.  
Gift for US only. No APW/PO/DO addresses.

### WE GOT YOUR BACK

We're obsessed with creating the best possible experience around owning our products. If you have any questions, concerns, or feedback, we're here for you. Contact a real human on our U.S.-based customer support team.

Website: [jlab.com/contact](#)  
Email: [support@jlab.com](mailto:support@jlab.com)  
Phone U.S.: +1 (405) 445-7219 (Check hours [jlab.com/hours](#))  
Phone U.K./EU: +44 (20) 8142 9361 (Check hours [jlab.com/hours](#))  
Visit [jlab.com/warranty](#) to initiate a return or exchange.

For support visit:  
[HELP@JLAB.COM](#)

## EPIC SPORT ANC 3

DUAL-DRIVER ANC  
SPORT TRUE WIRELESS

## QUICK START GUIDE

## WELCOME TO THE LAB

The Lab is where you'll find real people, developing really great products, in a real place called San Diego.

### PERSONAL TECH DONE BETTER

**Designed for You**  
We actually listen to what you want and we're always looking for ways to make everything easier and better for you.

**Lab Quality Sound**  
Choose from different settings and customize your sound style to match exactly what you're doing.

**Surprisingly Awesome Value**  
We always pack in the most functionality and fun into every product at a truly accessible price.

#yourkindoftech

### PAIR UP

- Remove stickers from earbuds and place back in charging case.
- White light on case indicates charge. Remove earbuds.
- One earbud blinks blue/white = Ready to Pair. Connect to JLab Epic Sport ANC 3 in your device settings.

### GET CHARGED (EARBUDS)

Earbuds auto power off and start charging when placed in case. Earbuds will auto-connect when removed.

- Blue Light: Earbuds charging
- White Light: Case 100%-25%
- Red Light: Case less than 25% (charge case)

### GET CHARGED (CASE)

Computer OR USB-C adapter (5v 1A or less)

USB-C INPUT

INTEGRATED USB-C

WIRELESS CHARGING

Pulsing white: Charging

Solid white: Fully Charged

### LATEST AND GREATEST

Our team is constantly improving your product experience. This model may have new features or controls which are not detailed in this guide.

For the latest version of the manual, scan the QR code below.

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Front

	Date: 06.06.24
PROJECT: Epic Sport ANC 3 QSG	
STOCK: 157g, MATTE	
INK: 4/4 CMYK/CMYK	
FLAT SIZE: 468.5mm x 135mm	
FOLDED SIZE: 83.75mm x 135mm	