

## UNBOX YOUR ADVENTURE

Inside your Outsura hiking pole set, you'll find everything you need for your next outdoor journey:

- 2 Adjustable Hiking Poles
- Snow Baskets for icy conditions
- Mud Baskets for soft ground
- Foot Covers for extra durability
- Walking Pads for paved surfaces
- Carry Bag for easy storage

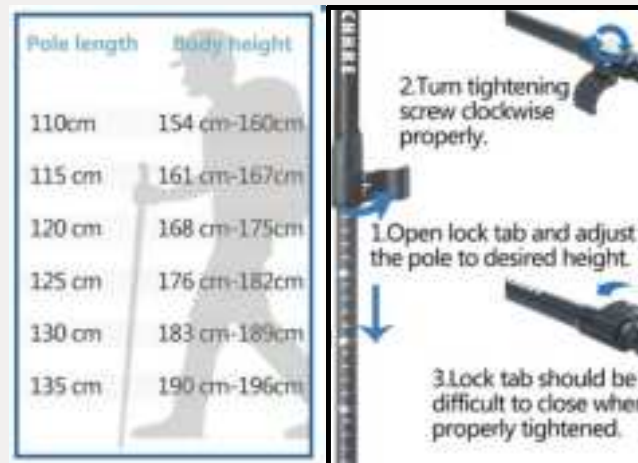


## SPECIFICATIONS

Handle: Natural Cork + EVA  
Extended Length: 54 inches  
Weight: 7.4 oz single pole

## ADJUSTING FOR COMFORT

- **Set the 3rd Section:** Adjust the third section of the pole slightly below the "**STOP**" mark.  
**Important:** Do not extend beyond the "STOP" mark.
- **Adjust the 2nd Section:** Set the second section length according to your height. Adjust the pole so that your arm forms a 90-degree angle at the elbow when holding the grip.

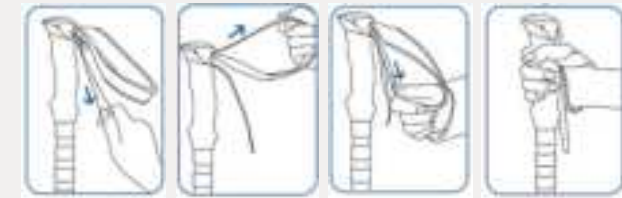


## CLIMBING AND DESCENDING

- Uphill: Shorten the poles for comfortable support as you climb.
- Downhill: Lengthen the poles to keep an upright posture and maintain control while descending.

## WRIST STRAP ADJUSTMENT

- Adjust the Bottom Strap: Tighten or loosen the bottom belt of the wrist strap.
- Pull the Upper Strap: Adjust the upper strap to the desired length.
- Secure the Strap: Pull the middle strap to lock it in place.
- Fit Check: Repeat steps above until the strap fits comfortably.



## SAFETY INFORMATION

- Ensure the poles are tightly screwed together before each use.
- Not suitable for alpine skiing.
- Avoid using oil, as it can weaken the adjustment mechanism.
- Do not use poles for towing or pulling others.
- Trekking poles are not designed to support full body weight.
- Keep away from children.