

OilyPod

A SIMPLE AND PRACTICAL GUIDE TO WELLNESS



WELLNESS WITH NATURE'S CURE





DISCOVER SERENITY WITH ESSENTIAL OILS

Welcome to OilyPod. We bring you premium Plant Therapy essential oils to help you live healthy and naturally. Learn how to use your oils safely and make the most of your Oily Points!

What Are OilyPoints?

- ✓ Earn points with every purchase
- ✓ Redeem for discounts on future orders
- ✓ Get early access on promos & events
- ✓ Track your points on oilypod.my → Your Account



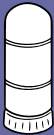


TOP TIPS FOR USING ESSENTIAL OILS SAFELY

Diffusion



Use a diffuser → 30-60 mins ON, 30-60 mins OFF (Avoid running diffuser all day—it wastes oils!)






Add 15 drops to a cotton wick (e.g., inhaler)

Topical Use (On the skin)

Never apply undiluted oils directly!

Always mix with:

-  Carrier oil (coconut, jojoba)
-  Aloe vera gel
-  Lotion or cream



DILUTION GUIDELINES *for* *ESSENTIAL OILS*

5%	10	15	30	45	72
4%	8	9	24	36	54
3%	6	6	12	18	36
2%	4	2	6	9	18
1%	2	3	3	4	9
0,5%	1	2	3	4	9

Volume
of base
oil



10 mL



15 mL



20 mL



30 mL



60 mL



Product Category	Estimated Shelf Life (Unopened)	Estimated Shelf Life (After Opening)
🌿 Essential Oils (General)	2 - 5 years	1 - 3 years
🍊 Citrus Oils	1 - 2 years	6 - 12 months
🌸 Floral Oils	3 - 4 years	1 - 2 years
🌲 Woody Oils	4 - 8 years	2 - 4 years
🌿 Herbal Oils	3 - 5 years	1 - 3 years
📦 Carrier Oils	1 - 2 years	6 - 12 months
🧴 Skincare	1 - 2 years	6 - 12 months
🧹 Household Cleaners	1 - 2 years	6 - 12 months



QUICK TIPS TO MAXIMIZE SHELF LIFE



Keep bottles tightly closed after every use



Store in a cool, dark place (like a drawer or cabinet)



For carrier oils or natural skincare, refrigerate after opening if possible



Avoid dipping fingers directly into jars or creams



HOW TO CHECK OIL QUALITY?

Use the Batch Code → Find purity
test (GC-MS) on planttherapy.my

LOOK FOR THESE ICONS



Leaping Bunny → Cruelty-free



KidSafe → Safe for kids



USDA Organic → Certified organic