



E30

Created to fit your home like no other, our compact suspension elliptical delivers a harmony of design and natural movement for the most comfortable, smoothest elliptical experience in the industry. Our E30 Elliptical includes our exclusive Suspension Elliptical Technology.



Our XER console includes a clear 10" touchscreen display and an intuitive home screen that offers easy access to entertainment. WiFi and Bluetooth available.

Apps available on touchscreen consoles subject to change. Console availability may vary by market.

CONSOLE	
DISPLAY TYPE	10" class capacitive touchscreen (26 cm)
WIFI ENABLED	ViewFit Connectivity, entertainment apps, software updates
BLUETOOTH ENABLED	Connect to popular training and coaching apps, Bluetooth headphones, Bluetooth heart rate monitor
HDMI PORT	No
USB PORT	Front: Use to access media from compatible devices and to install software updates.
SPEAKERS	3 Watt
CONSOLE APPS	My Media, HDMI, Netflix, Hulu, Spotify, YouTube, Facebook, Twitter, Instagram, MyFitnessPal, Weather, Web Browser, Flipbook, Press Reader, Solitaire Suite, WeChat, YouKu, Weibo, Iqiyi, NetEase (other apps vary by market)
PASSPORT READY	No
VIEWFIT CONNECTIVITY	Yes
HEART RATE	Bluetooth wireless heart rate, Bluetooth heart rate strap included
CONSOLE EXTRAS	Integrated reading rack, energy saver mode, audio in/out
WORKOUTS	12 total — manual, intervals, fat burn, time goal, distance goal, calorie goal, target heart rate, Sprint 8, Virtual Active American Northeast, Virtual Active Northern Rockies, custom

DISPLAY FEEDBACK	Time elapsed, time goal, time remaining, clock, miles / kilometers, RPM, current speed (MPH/KPH), pace, average pace, heart rate, peak heart rate, calories, calories per hour, METS, resistance, previous resistance
ASSEMBLED WEIGHT	4.5 kg / 10 lbs.
FRAME	
STRIDE LENGTH	51 cm / 20"
RESISTANCE SYSTEM	ECB magnetic braking system
STEP-ON HEIGHT	23 cm / 9.1"
RESISTANCE RANGE	20 levels, electronically adjustable
POWER REQUIREMENTS	120 V AC power, 15 A circuit (voltage may vary outside the USA)
PEDAL TYPE	Oversized
POWER INCLINE	N/A
PEDAL SPACING	6.35 cm / 2.5"
MAX USER WEIGHT	147 kg / 325 lbs.
HANDLEBAR DESIGN	Dual action, stationary with resistance toggles and heart rate grips
FRAME TYPE	Suspension Elliptical Trainer
FLYWHEEL WEIGHT	10.5 kg / 23.1 lbs
EXTRAS	Water bottle holder, accessory tray
ASSEMBLED WEIGHT	126 kg / 278 lbs.
ASSEMBLED DIMENSIONS	148 x 73 x 166 cm / 58" x 29" x 65" (Active footprint: 175 x 73 x 172 cm / 68.9" x 29" x 68")