



+ IN THE BOX +







Spiral

Bracelet + Pouch

Necklace + Pouch



Charging Cable



8 Cards



Stickers

"To bring anything into your life, imagine that it's already there."

- Richard Rach



+ CHARGING +

- 1. Use a cord to magnetically attach to the charging pins
- 2. Plug the USB-A into power
- Charging
- Fully charged

"Thoughts become things. If you see it in your mind, you will hold it in your hand."

- Bob Proctor



+ SPIRAL APP +

Scan QR code above with your phone camera to download the Spiral App.

"What you think, you create. What you feel, you attract. What you imagine, you become."

Ruddha



+ CONNECTING +

- 1. To connect via Bluetooth, search for the Spiral on the app (Name of device e.g. SPIRAL00001)
- 2. Select the device
- Blinks 3 times when connected

"When you are in alignment with the desires of your heart, things have a way of working out."

- Iyanla Vanzan



+ HOW TO WEAR +

- **1. Bracelet** on wrist (can monitor vibe and other physiological data)
- 2. Necklace (not tracking anything)
- Hold on thumb (track vibe during meditation or whenever you feel like)

"When you are in alignment with the desires of your heart, things have a way of working out."

- Rhonda Byrne



+ DISCONNECT +

Use the Spiral app to disconnect device via Bluetooth.

Device blinks red 3 times

"You are a living magnet. What you attract into your life is in harmony with your dominant thoughts."

- Brian Tracy

EXPLANATION OF THE VIBE IN APP

Calm Tired Love Courage Worried Energized Overwhelmed

"You do not attract what you want. You attract what you are."

- Wavne Dver



+ HOW TO USE +

Your journey with the Spiral VibeTracker begins with these cards. For the full experience and detailed guidance, simply scan the QR code above to explore the complete VibeTracker manual.

"Every intention sets energy into motion, whether you are conscious of it or not."

- Gary Zukav

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions; (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver. $% \label{eq:continuous}%$
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.