
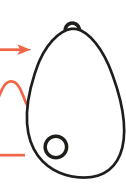




97 mm

110 mm



So glad you're here.  
Now let's get in sync!



You are just a few minutes away from zen-like tranquility. Scan the QR code or follow this link to get set up

<https://getsensate.com/quickstart>

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### Get started

1.

Using your smartphone, search for 'Sensate' in the App Store (iPhone) or Google Play (Android) and install the app. After downloading, open the app and follow the instructions to complete your setup.


2.

Make sure that Bluetooth is enabled on your phone, the Sensate is on, and the phone is near the Sensate.


3.

Power your Sensate on holding the button for half a second. The device LED will turn on and off accordingly.

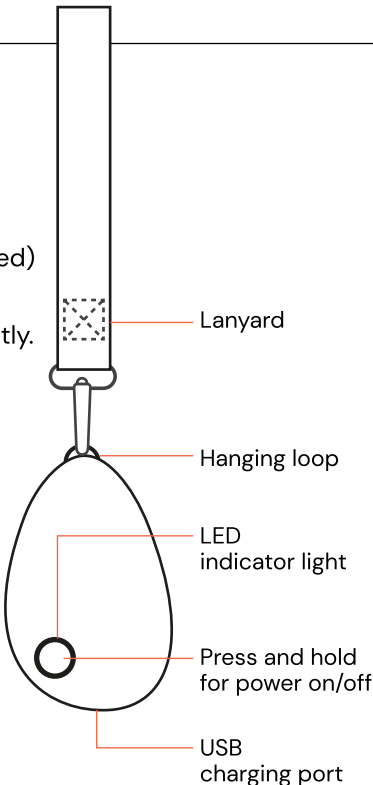


### About your Sensate

Attach the lanyard (included) to the loop to keep the Sensate positioned correctly.

Your Sensate light will be:

- Blue when powered **on**
- Green when battery is **low**
- Red when battery is **almost depleted**



### Make the most of your session

Set aside some uninterrupted time – as few as 10 minutes is enough.

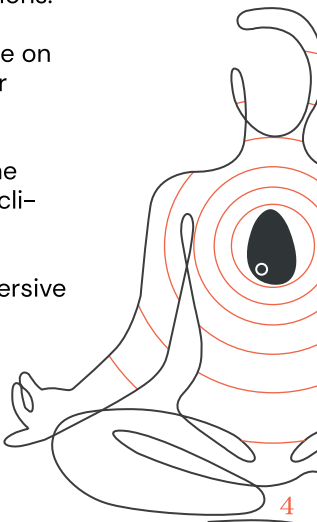
Put your phone on sleep mode or do-not-disturb to avoid notifications.

Recline or lie flat, with the Sensate on your chest – over light clothing or directly on your skin.

Adjust the lanyard to keep it in the right place, especially if you're reclining at an angle.

Use headphones for a more immersive experience.

Darken the room or cover your eyes. Make sure Bluetooth is on, start your session through the app, and relax.



### Exploring the app – the nature of sound




**Your Sensate device already comes with 17 amazing free soundscapes.**


To explore the library, tap 'select track' and browse the different themes. You can adjust the sound volume for your headphones, as well as the intensity of the Sensate resonance, after starting any track.


#### Sensate Plus

When you get the Sensate Plus annual subscription, it provides you with instant access to a library of over 30 additional soundscapes, featuring guest artists, 4D compositions, and much more! You can also try the first month free by activating it in the Sensate Plus section of the app.

### Key tips for your best Sensate experience




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Watch the quick setup video at: <https://getsensate.com/quickstart>
- 

Download the free app on **Itunes** or **Google Play**. Your Sensate device only works when synchronized with the audio on the companion app.
- 

Don't try to pair Bluetooth to your Sensate device in your smartphone menu – the devices will connect automatically when they are on and the Sensate app is open.

We're here to help you get the most out of your Sensate. Any questions or comments please email [info@getsensate.com](mailto:info@getsensate.com)

 [info@getsensate.com](mailto:info@getsensate.com)  
  Sensate

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#### FCC ID: 2BHD0SEN209 COUNTRY OF ORIGIN: CHINA

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:  
(1)This device may not cause harmful interference.  
(2)This device must accept any interference received, including interference that may cause undesired operation.
2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the device.

Note: This device has been tested and found to comply with the limits for a class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This device generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular use. If the device does cause harmful interference to radio or television reception, which can be determined by turning the device off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the device and receiver.
- Connect the equipment into an outlet or a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirements. The device can be used in portable exposure conditions without restriction.

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#### SENSATE RELAXATION DEVICE terms & conditions

Designed in the US by Sensate, Inc.

**CAUTION! PLEASE READ CAREFULLY ALONG WITH THE GUIDE BEFORE UNBOXING OR TOUCHING YOUR DEVICE OR ITS CONTENTS.**

Please pass this information to any third parties who you have allowed to use your device.  
DO NOT UNBOX OR USE if you are unclear, concerned in any way or have any questions, in which case you should first contact us at [info@getsensate.com](mailto:info@getsensate.com).



**CE Certified:**  
Sensate, Inc. is authorised to apply the CE mark, thereby declaring conformity to the essential requirements and other relevant provisions of Directive 2014/53/EU

Bluetooth	Frequency range	2402MHz-2480MHz
	EIRP(dBm)	-4.22dBm
Wifi	Frequency range	2412MHz-2472MHz
	EIRP(dBm)	4.20dBm



**FCC Certified:**  
Manufactured by: Sensate, Inc., 2140 South Dupont Highway, Camden, Kent County, DE 19934, United States  
FCC ID:2BHD0SEN209 Country of origin: China.



**Sensate battery attributes:**  
The built-in rechargeable battery can be fully charged in 100 minutes. We strongly recommend you place your Sensate on charge in between uses.

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**WARNING: This product contains a lithium-ion polymer battery and in the event the sealed device case is broken open, can expose you to chemicals, including cobalt lithium nickel oxide, and nickel, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).**

#### ISED Statement

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s).

Operation is subject to the following two conditions:

1. This device may not cause interference.
2. This device must accept any interference, including interference that may cause undesired operation of the device.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence.

L'exploitation est autorisée aux deux conditions suivantes :

1. L'appareil ne doit pas produire de brouillage, et
2. L'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

L'appareil a été évalué pour répondre aux exigences générales d'exposition aux RF.

L'appareil peut être utilisé dans des conditions d'exposition portable sans restriction.

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#### Important information:

- Failure to follow the safety instructions could result in injury
- Abuse or misuse of the lithium-ion polymer battery can lead to overheating, fire or explosion
- Charge rechargeable batteries at ambient temperature between 10°C/50°F and 35.5°C/95°F
- Dispose of products with built-in rechargeable batteries at a special collection point:
  - Do not throw the device into fires and do not subject it to moisture, extreme heat, cold or changes in atmospheric pressure. Do not use in high or low extreme temperatures, low air pressure at high altitude during use, storage or transportation
  - Do not crush, cut or otherwise damage the battery as it may result in leakage of flammable material or an explosion. Disposal of a battery into fire or a hot oven, or mechanically crushing or cutting of a battery can result in an explosion
  - Replacement of a battery with an incorrect type that can defeat a safeguard
  - Leaving a battery in an extremely high temperature environment can result in an explosion or the leakage of flammable liquid or gas
  - A battery subjected to extremely low air pressure may result in an explosion or the leakage of flammable liquid or gas
  - Risk of fire or explosion if the battery is replaced by an incorrect type
- No medical claims are made for this product
- Sensate is not a medical device. Consult your doctor if you have any pre-existing conditions that may be affected by your use of Sensate
- This product has not been assessed by the FDA Discontinue if any irritation or symptoms arise
- Do not use if pregnant or if you have a pacemaker or other medical device fitted
- Your Sensate comes in a box with small parts that may be a choking hazard. Keep out of reach of children
  - Do not disassemble, modify or attempt to repair the unit
  - Do not attempt to change the rechargeable battery, especially with a non authorized type as it may present a risk of fire of explosion
  - Keep away from moisture and extremes of temperatures
  - Use Sensate and all accessories only as described and for the purpose intended in the guide
  - Do not subject the Sensate to strong shocks, such as dropping the unit on the floor
  - Sensate is for external use only; do not eat, put in your mouth or ingest your Sensate device or any items that come with it
  - For adult use only, keep away from children under the age of 18. You are responsible for anyone who uses your device

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**Cleaning instructions:**  
This Sensate has a high-tactile surface and it is best to maintain the device and clean the surfaces by wiping with a slightly damp, lint-free cloth. Never submerge the Sensate in liquid or use any chemicals or solvents to clean the device.

#### Limited device warranty:

Subject to the following provisions of this section, we provide a limited warranty that on delivery and for a period of twelve months from delivery, your Sensate shall be free from material defect. If you are a consumer, this warranty is in addition to your legal rights in relation to the Sensate if it is faulty or not as described. The limited warranty is given by us subject to the following condition: we are not under liability to you for any loss, damage, costs, expenses or other claims in respect of: Any defect arising from fair wear and tear; any defect arising from wilful damage, abnormal, storage or working conditions, accident, negligence by you or any third party; failure to operate the products in accordance with the product guide; misuse or alteration of the product without our approval; any alteration or repair by you or a third party who is not one authorised by us.

EXCEPT TO THE EXTENT PROHIBITED BY APPLICABLE LAW, ALL IMPLIED WARRANTIES (INCLUDING, WITHOUT LIMITATION, WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE) SHALL BE LIMITED IN DURATION TO THE DURATION OF THIS LIMITED WARRANTY. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS, SO IF YOU LIVE IN THE UNITED STATES, THE ABOVE LIMITATION MAY NOT APPLY TO YOU. OUR RESPONSIBILITY FOR DEFECTIVE PRODUCTS UNDER THIS WARRANTY IS LIMITED TO REPAIR OR REPLACEMENT. OUR RESPONSIBILITY FOR DEFECTIVE SERVICES IS LIMITED TO REPAIR OR REPLACEMENT

To obtain warranty service, you must email us at [info@getsensate.com](mailto:info@getsensate.com) during the warranty period. You must provide your order number and contact details so that we may assist you.

#### Returns policy

You have the right to change your mind. Please review our Terms of Sale for further details. (In short, we are so confident you'll love your Sensate that you can return your device within 90 days for a refund if you don't want to keep it and it has not been damaged. If your Sensate is faulty, we will replace or refund your purchase for up to 12 months.)

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### Product specification

Product Name: Sensate 2  
Model No.: Sensate 2-USB-C  
Input: 5V=1A  
Wattage: 1.5W  
Battery Voltage: 3. 7V  
Battery Capacity: 600mAh  
Sensate, Inc.  
2140 South Dupont Highway, Camden, Kent County, Delaware 19934, USA  
CAN ICES-003(B)/NMB-003(B)  
FCC ID: 2BHD0SEN209  
IC: 32693-SEN209  
Made in China

#### What's in the box?

- Sensate
- Travel pouch
- Adjustable lanyard
- USB charging cable
- Instruction manual

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582 mm