

# ARMODD Silentwatch 7 Pro GPS



EN DE CZ SK HU RO PL IT  
(2) (5) (8) (11) (14) (17) (20) (23)

ES PT HR SI BG UA  
(26) (29) (32) (35) (38) (41)

## Abridged instructions

Before using carefully read these abridged instructions. To have a more complete experience of the product, we recommend downloading the detailed instructions at [www.armodd.com](http://www.armodd.com)

**The manufacturer is not liable for any damage caused by improper use of the product.**

## Charging and Switching On

1. The smartwatch must be fully charged before first use. Always use the original charging cable supplied with the smartwatch. Always charge for no more than 2 hours and do not move the smartwatch while it is being charged.
2. Connect the charging cable to the USB port of your notebook (it must be plugged in) or conventional mobile phone adapters (5 V / 1A) and attach the magnetic connectors at the opposite end of the cable to the charging contacts. While charging, the magnetic connectors of the charging cable must not come into contact with the strap or metal components. It could result in the charger short-circuiting or strap being damaged. Therefore, always charge the watch only with the strap detached.
3. If the display does not activate on its own, gently press the side button (1) for at least 3 seconds.

## Pairing the watch with a mobile phone

For setting the smartwatch, the current time and date and their proper operation, the smartwatch must be paired with a mobile phone via the recommended GloryFit Pro app. Do not pair the smartwatch to your mobile phone just via your phone's Bluetooth; always use the app! You can download the app using the QR code in the watch or find it in Google Play or the App Store.

1. During installation, we recommend that you allow all authorisations that you are requested, including running the app in the background.
2. Depending on your mobile phone model, we also recommend checking setting authorisations in the app management in your phone, especially location tracking.
3. Before pairing, activate Bluetooth (make sure it is visible for all devices for an unlimited time) and GPS in your phone. Do not pair the smartwatch using the Bluetooth menu of the phone!
4. Open the GloryFit Pro. It is recommended that you create an account.
5. The smartwatch should be as close as possible to the phone during pairing.
6. Tap on the "Device" icon in the app (bottom ) and then on "Select device".
7. Tap on your device in the scanned devices shown. Confirm the pairing request on both the watch and the phone.
8. Once the devices have been paired, set the required smartwatch functions in the app.
9. To allow more precise measurements, it is recommended that you fill in your personal profile in the app.

## Language settings

Tap on the **Settings** in the app and then on the **Languages** and select the desired language.

## Smartwatch controls

### Button (1)

- Press and hold to turn the smartwatch on/off.
- Press briefly to activate the display or return to the menu.
- Carefully turn the button and choose among watch faces or browse functions.

**Press the button gently so as to not damage it.**

**Button (2)**

- Press briefly to enter the sport menu.
- If the display is switched off, press briefly to switch it on.

**Touchscreen (3)**

Swipe from left to right to show a list of functions.

Swipe from right to left to show basic stats and selected functions.

Swipe from top to bottom to show "Quick settings".

Swipe from bottom to top to display the messages page.

Swipe from bottom to top then from top to bottom to switch between functions.

A short tap activates the function of your choice.

**Display activation by twisting the wrist**

Allow and set it up in the smartwatch and in the app in your phone.

**Change the watch face**

You may change it using several methods, both in the smartwatch and using the app.

**Calling**

1. Make sure the watch is paired with the app on your phone and that you have Bluetooth turned on on your phone.
2. In the watch menu, click on the Phone icon - Bluetooth Switch (Quick settings) to turn it on.
3. In the Bluetooth available devices on your phone, click on your watch and set the desired functions. (The procedure may vary depending on the phone model).

If the function is permitted and the smartwatch is paired with your phone, you may make and answer calls both on the smartwatch and your phone.

You can save your contacts on the smartwatch via the app.

**Sports**

For selected sports, wait for the GPS signal to load after starting.

**Heart rate, Blood Pressure, SpO2**

After activation, wait for the measurement to begin and end. The smartwatch must be in the correct position on your wrist.

**Music player**

Tap to enter the music player menu. The smartwatch must be paired with the phone, and the player must be turned on in the phone. Tap to play/stop, skip one track forward or backward.

Audio output from the smartwatch – allow "Sound". Turn on the Bluetooth Switch. (Quick settings)

Audio output from the phone – deactivate "Sound".

**Other functions - see detailed instructions**

**Important notes, recommendations and FAQs**

1. This product is not a medical device. Neither the smartwatch nor the app are intended for the diagnosis, treatment or prevention of illnesses and symptoms thereof. The values measured are illustrative.
2. In order to ensure correct date and time settings, the smartwatch must be paired with a phone. Then the date and time will be set automatically.
3. The smartwatch has the IP68 degree of protection. We recommend avoiding contact of the smartwatch with water under pressure, fast and rapidly flowing

# Obsah je uzamčen

**Dokončete, prosím, proces objednávky.  
Následně budete mít přístup k celému dokumentu.**



**Proč je dokument uzamčen? Nahněvat Vás rozhodně nechceme. Jsou k tomu dva hlavní důvody:**

- 1) Vytvořit a udržovat obsáhlou databázi návodů stojí nejen spoustu úsilí a času, ale i finanční prostředky. Dělali byste to Vy zadarmo? Ne\*. Zakoupením této služby obdržíte úplný návod a podpoříte provoz a rozvoj našich stránek. Třeba se Vám to bude ještě někdy hodit.

*\*) Možná zpočátku ano. Ale vězte, že dotovat to dlouhodobě nelze. A rozhodně na tom nezbohatneme.*

- 2) Pak jsou tady „roboti“, kteří se přiživují na naší práci a „vysávají“ výsledky našeho úsilí pro svůj prospěch. Tímto krokem se jim to snažíme překazit.

A pokud nemáte zájem, respektujeme to. Urgujte svého prodejce. A když neuspějete, rádi Vás uvidíme!