

Leg Massager

Model NO . FT-008A

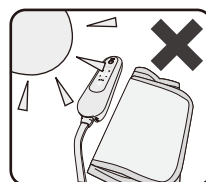
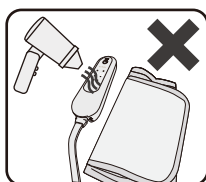
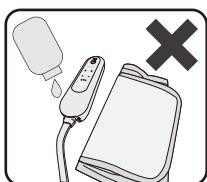
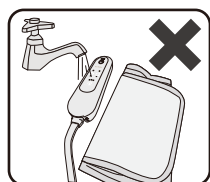


User Manual

| Safety precautions

Warnings

1. Those with any of the following conditions or persons who are receiving medical treatment should consult the doctor before using the machine:
 - 1) Using pacemaker or other medical devices which are susceptible to electrical interference;
 - 2) Suffering from malignant tumors;
 - 3) Suffering from cardiac diseases;
 - 4) Having serious peripheral neuropathy dysfunction or sensory disturbance caused by diabetes;
 - 5) Being unsuitable to do the massage because of traumas on the body;
2. Keep it out of the reach of infants, children and people without the ability to use it independently.
3. Don't use other power adapter but the original one.
4. Don't scratch, damage, process, excessively bend, pull or twist the power cord of power adapter. Otherwise, it may cause fire or electric shock.
5. It is not allowed to use when the power adapter dysfunctions or the plug is loose.
6. Don't plug or unplug the power adapter with wet hands.
7. Don't put the controller in the quilt or use the machine in high temperature condition.
8. It is forbidden to remodel, disassemble or repair the machine without permission.



Cautions

1. Stop using it immediately if you feel unwell. Don't use it again before consult the doctor.
2. Don't use it in bathroom or other humid places.
3. Unplug the power adapter from the socket before you clean and maintain it.
4. Unplug the power adapter when you are not using it.
5. Don't walk around when you are using this item or wearing the wraps.

| Specifications

Model	FT-008A
Name	Air Compression Leg Massager
AC/DC Adapter	AC Input: 100~240 Volts, AC 50/60Hz, DC Output: 12V 1A
Rated power	12 W
Timing	20 Minutes

Names of component

Diagram of the Controller

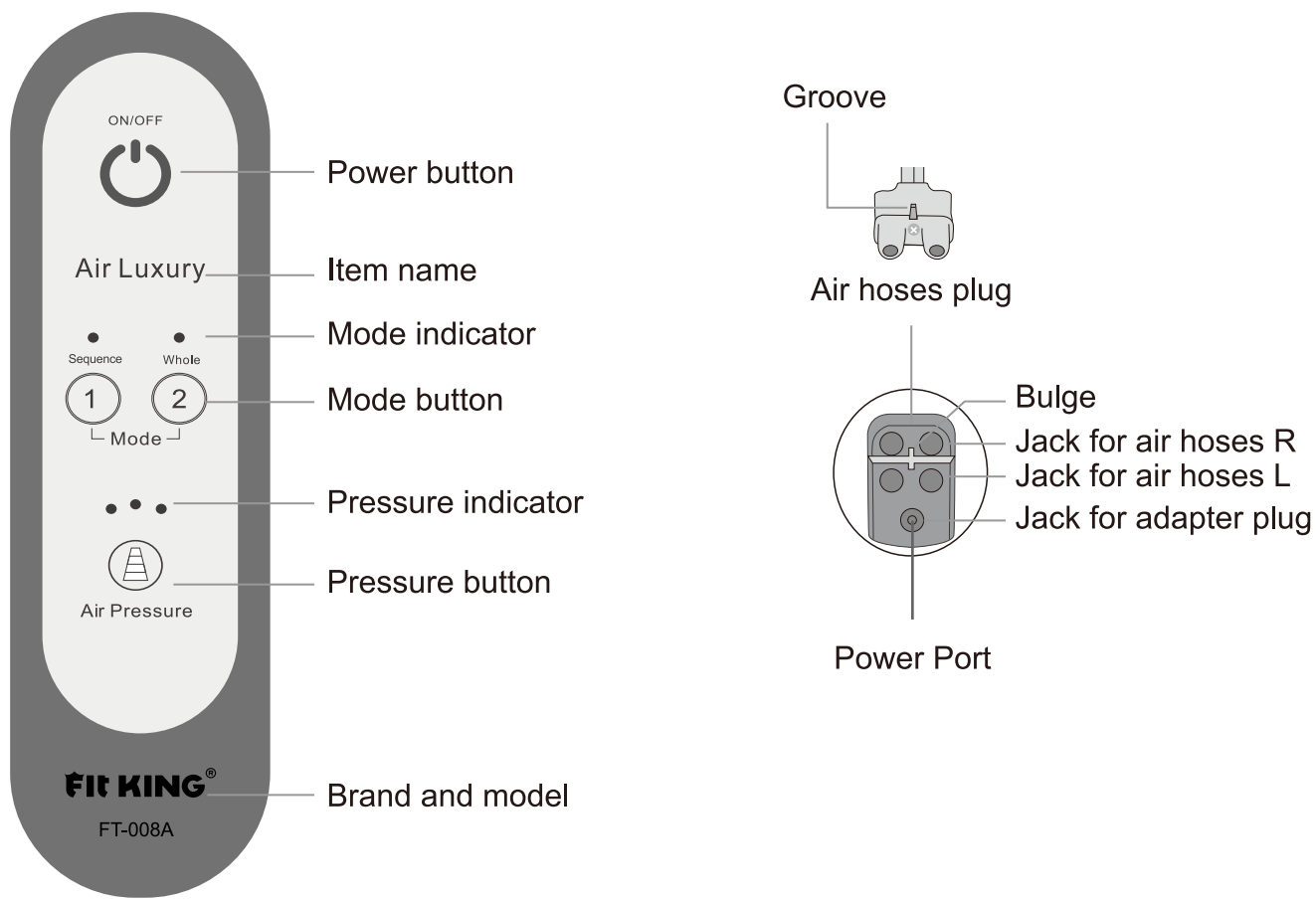
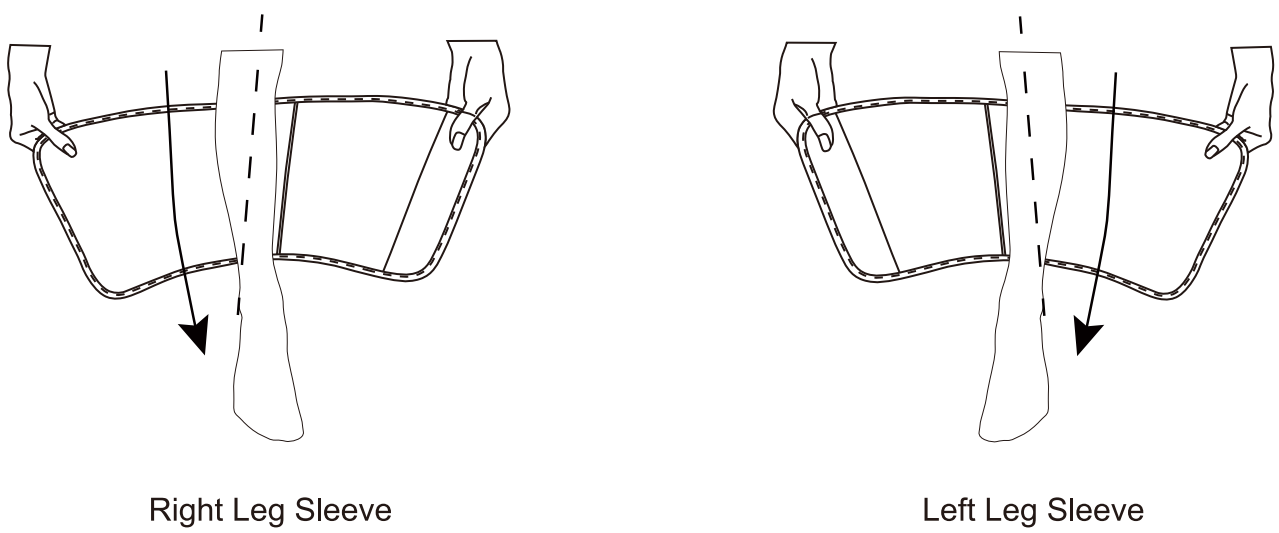


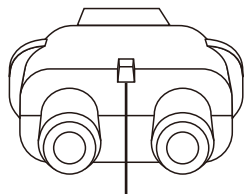
Diagram of the Sleeves



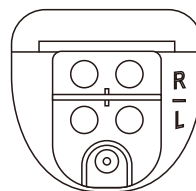
■ Usage

Cautions: Please read safety precautions carefully before using the product. In order to get better massage, please wear the sleeves properly.

1. Find the letter L / R on either end of air hoses, confirm the sleeve for left / right leg.
2. Check and adjust the position and tightness as below, don't wrap too tight.
3. Plug the power adapter into the controller and socket on each side.
4. Insert two air hose plugs into the controller correctly and completely.



Make sure it is aligned to the groove



R jacks for "R" air hose L Jacks for "L" air hose

5. Take up the controller and press the on-off button to start the machine.
 - It will begin with mode 1 and strength 1 (The lowest) by default.
 - It will shut off after 20 minutes (You can restart it manually).
6. Press "Mode" button to switch and enjoy the different massage modes.
7. Press "Air Pressure" button to select intensity.
 - 1) Three pressure levels for choice. We suggest you use the lowest level at the beginning.
 - 2) You can change the tightness of the warps to make the strength suitable as you like.
8. Press on-off button to turn it off.

■ Notes after use

9. Unplug the power adapter from the socket.
10. Pull out the plugs of the power adapter and air hoses from the bottom of the controller.
11. Take off the wraps, fold it into the storage bag or box.

■ FAQs

Q1: How does this product massage?

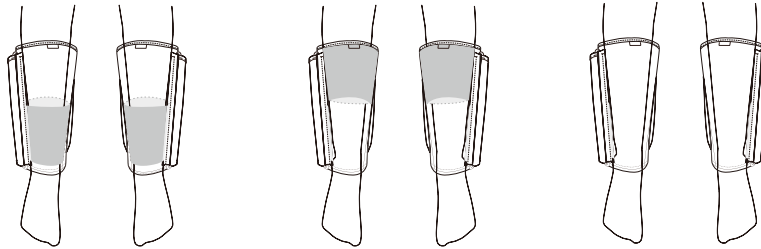
A1: There are 2+2 airbags inside. It will be inflated and deflated to simulate kneading and stroking of tissues like human hands. It can relax our muscles, increase circulation and relieve pain.

Q2: How many massage modes, and what's the difference?

A2: There are 2 massage modes.

Mode 1: Sequence Mode

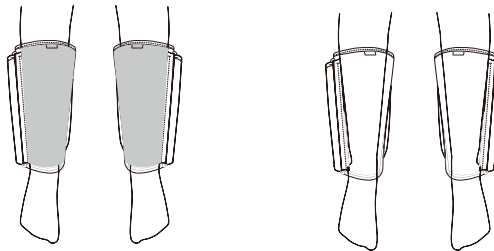
In this mode, sleeves will be inflated and deflated alternately from lower to upper.



Mode 1: Sequence Mode

Mode 2: Whole Mode

In this mode, sleeves will be inflated and deflated simultaneously and wholly.



Mode 2: Whole Mode

■ Cleaning

Make sure to cut off the power when you clean the machine.

1. If dirty, please wipe the controller, wraps and hoses with a soft cloth moistened by soap solution.
2. Don't use gasoline, alcohol, diluent and other irritating liquid to wipe the machine in case it causes malfunction or the components are damaged or discolored.
3. Don't allow foreign matters to enter the hoses.
4. Toothpicks can be used to remove the hair or chippings attached on the Velcros.

■ Storage

- Keep it out of the reach of children.
- Don't disassemble the machine by yourself.
- Don't place it in high temperature and humidity condition.
- Avoid direct sunlight.
- Avoid needles puncture the air bags and hoses.
- Don't place heavy stuff on it.

■ Disposal

Please adhere to the local regulations when you dispose of the wasted.

■ Contact us

If you have any problem during use, please feel free to contact our after-sales service team at any time.

E-mail: service@ifitking.com

Note: Please write the order number together with the problems you meet in the email.