

®

WATCHMARK



USER MANUAL

WWW.WATCHMARK.COM

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Introduction

About the Watchmark Ultra

A multifunctional smartwatch created for people who like an active lifestyle. Thanks to the built-in speakers and microphone, you can answer calls straight from your wrist. You will also find 19 sports modes and health functions.

Device configuration

Contents of the package



Smartwatch (color and material may vary depending on color selected)



Charger (color and material may vary depending on the model selected)

Strap (color and material may vary depending on color selected)

Hardware requirements

iOS 10.0 and above

Android 5.0 and above

Supported Bluetooth: 5.1

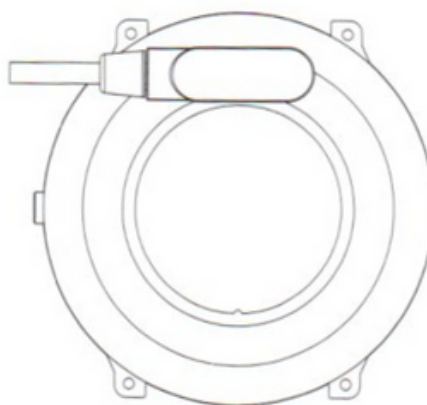
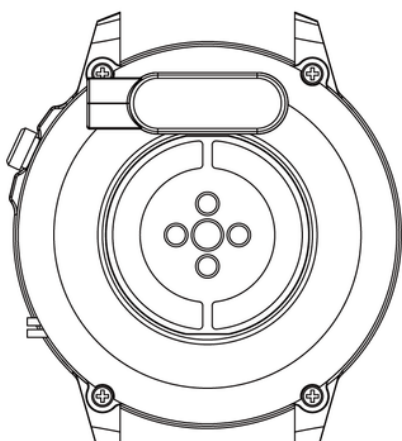


Android 5.0+



iOS 10.0+

Charging instructions



This smartwatch uses magnetic charging.

Connect the charging cable to the USB input and to the rear charging pins of the device. Once connected, charging will start automatically and the charging icon will appear on the screen.

It takes approximately 2 hours to fully charge the battery. Do not use the watch while charging.

Caution: Do not connect the magnetic charging cable to any 2 pins at the same time with conductive material, as this may cause a short circuit.

Additional information

Before using the equipment, read the entire operating manual carefully. It is recommended to use only the original battery, charger and accessories included with the device.

The manufacturer or distributor is not responsible for the use of third-party accessories.

The functions presented in this manual may vary between models, as the manual is a general description of smartwatches. Some models may differ from the standard.

Before using the device for the first time, charge it for at least 2 hours. Before you start using the device, you must download and install the application and accept all consents requested by the smartphone. If this is not fully done, not all device functions will be available. The smartphone will only ask for access to functions that are necessary for the proper functioning of the smartwatch.

The company reserves the right to change the content of this manual.

How to wear a smartwatch?

The strap for this watch model is 22mm wide. It is replaceable and you can buy additional straps in a different color or material.

Wearing a watch

When you're not exercising, wear your smartwatch like a regular watch, i.e. one finger above your wrist bone.

To take full advantage of the heart rate monitoring feature while exercising, try wearing the device over your wrist (2 fingers above the wrist bone) for improved comfort and stability. Many exercises, such as cycling or lifting weights, may change the positioning of the smartwatch by, for example, bending the wrist. If the watch is positioned lower on the wrist bone, measurements may be interrupted, so correct positioning is so important.

Replacing the belt

Before using the watch, please attach the original strap to it. When performing this activity, be very careful and watch out for your nails when attaching the telescopes to the watch.

Putting on the belt

1. Insert one end of the strap with the telescope into the recess of the watch case.
2. On the other side, slide the telescope inside the recess and attach it to the watch.

Removing the belt

1. On one side, press the circle on the telescope and gently move it inward.
2. Then, pull up until the telescope detaches from the watch.

Apps and features

Installing the application

The application for the Ultra smartwatch model is "FitCloudPro". The application must be downloaded from the Google Play / App Store or using the QR code below.



Google Play



App Store

After installing the application, turn on Bluetooth on your phone and go to the application. Create an account or continue without registration. Complete the data and authorize access. For the application to function properly, it is necessary to provide all the consents requested by the application. To connect the watch, select "Device" and then "Scanning", select the watch model (NX3).

To use the smartwatch's calling and receiving functions, connect your watch via Bluetooth as well. On the phone, go to the Bluetooth settings and connect to the device called "BT-85E", while on the watch, expand the top menu, select the earphone icon and turn on "Audio mode". Without such a connection, some functions will not be active.

Features available in the Smartwatch

- **Time, date, day of the week**

The display shows the time, date and day of the week. The data is displayed on the main screen of the watch.

- **Pedometer**

Counts steps taken on a given day (data resets every day from 00:00). The number of steps taken can be seen in the application or in the first tab on the right of the main screen.

- **Calories burned counter**

Calculates the amount of calories burned on a given day. Calorie burn data can be found in the first tab on the right of the home screen or in the application.

- **Distance traveled**

Information about the distance covered during the day. The distance traveled is located in the first tab on the right of the main screen or in the application.

- **Adjusting the brightness of the screen backlight**

Adjusting the brightness helps protect your eyes from the screen being too bright at night and saves your watch's battery. You can find this feature in the drop-down menu from the main screen.

Features available in the Smartwatch

- **Blood pressure (BP)***

Arterial pressure is the force with which blood pushes against the walls of arteries during contraction and relaxation of the heart muscle. The accepted norm for systolic blood pressure is 120 mm Hg, and for diastolic blood pressure it is 80 mm Hg. On the watch, the blood pressure measurement function is located in the menu under the name BP.

- **Saturation (SPO2)***

The function informs about the level of blood oxygenation. As a standard, the result should be between 95 and 100%. When oxygenation levels drop, it can be dangerous to our health. In the watch, the saturation measurement function is located in the menu under the name "Blood oxygen".

- **Pulse***

Heart rate, i.e. pulse: it is the number of heart muscle beats per minute. The accepted norm is the limit of 60 to 100 beats per minute. When the pulse is elevated, it is called tachycardia, and when it is decreased, it is called bradycardia. Both conditions can be dangerous to our health. In the watch, the heart rate measurement function is located in the menu under the name "Pulse".

*You should not make health decisions solely based on the test results from your smartwatch. For accurate measurements, users should measure health functions at rest as with traditional medical devices and refrain from measuring while exercising, smoking or drinking alcohol. The smartwatch is not a medical device and the measurement results are for illustration purposes only.

Features available in the Smartwatch

- **"Find phone" function**

After correctly pairing the device with the application on your phone, you will be able to quickly find your phone. After selecting the "Find phone" option, the phone will vibrate and ring. On the watch, you will find this function in the menu.

- **Stopper**

A function that is used to control and measure short periods of time. On the watch, you will find this function in the menu.

- **Minute timer**

The timer allows you to count down the time. On the watch, you will find this function in the menu.

- **Alarm**

To view the alarms you have set, go to the menu and select "Alarm". To turn on the alarm, go to the application. More on page 18.

Features available in the Smartwatch

- **Sleep monitor**

A feature that helps analyze human sleep. The watch shows the number of hours slept and sleep phases, in which we distinguish between light and deep sleep. On the watch, the sleep monitoring function is located in the menu and in the third tab on the right side of the main screen.

- **Music control**

After connecting the watch to your phone via the application and turning on music on your phone, you can pause and resume music, rewind and rewind songs, and control the volume. To control music, turn it on on your phone and then go to the music function. On the watch, this function is located in the menu.

- **Monitoring a woman's cycle**

You can monitor your menstrual cycle on your smartwatch. To use this function, activate it in the application, personalizing the settings according to your preferences. More on page 20.

Features available in the Smartwatch

- **Sports modes**

19 sports modes on the watch allow you to control your training goals by monitoring steps, heart rate, calories and distance.

Training data can be found in the application after synchronization or in the watch in the menu on the left of the main screen under the name "Physical activity log".

In the sports mode, depending on the selected function, parameters such as time, calories burned and heart rate are measured. On the watch, sports functions are located in the menu. Additionally, you can add other sports modes in the application. More on page 20.

- **Changing the shield theme**

The watch has several dials to choose from. To change dials, long press the main screen (about 3 seconds). You can download more dials in the app. More on page 17.

- **Weather**

After connecting to the application, the watch will show the temperature for a given day. On the watch, the weather function is located in the menu or in the fourth tab to the right of the main screen. More on page 19.

Features available in the Smartwatch

- **Notifications/Messages**

After connecting the watch to the phone via the application and Bluetooth and allowing the appropriate consents, incoming message and social media notifications will be displayed on the watch. For notifications to appear, this function must be enabled in the application settings. More on page 17.

- **Connections**

Connecting the watch to your phone via Bluetooth allows you to make calls from the smartwatch while maintaining high sound quality. After connecting the watch to your phone, the phone's contacts will be displayed on the watch. To make a call, you can manually enter the number or select from the list of most frequent contacts.

- **Frequent contacts**

You can access your most frequently dialed contacts on your watch to quickly make a call. To add contacts, go to the application. More on page 17.

- **Do Not Disturb Mode**

A mode that prevents all notifications from appearing. To enable this mode, select the moon icon from the drop-down menu on the main screen.

Features available in the Smartwatch

- **Resetting to factory settings**

Factory reset allows you to reset your watch and erase all data and settings. On the watch, the reset function is located in the settings in the menu.

- **Settings**

In settings you can:

- set the backlight time and screen brightness
- set the response time of the G-sensor function
- set the vibration intensity
- select the style of the main menu
- turn on battery saver mode
- set the watch language
- set password
- restore factory settings
- turn off the device

Functions available in a dedicated application

- **Measurement history**

In the application you will find the history of measurements made by the watch. To check your history, select "Home" in the app.

- **Notifications**

The notification function allows you to read the beginning of the message on the smartwatch screen. Notifications may come from applications such as Facebook, Instagram, Skype and Messenger. To enable this feature, go to "Device" and then select "Notification Settings".

- **Changing the shield theme**

Other dial themes are available in the dedicated app. To select watch faces, go to "Device" and then "Watch face selection" in the app. To download shields, data/Wifi must be turned on on your phone.

- **Frequent contacts**

To add contacts, select "Device" and then "Contacts" in the application.

Functions available in a dedicated application

- **Phone camera control**

The function allows you to remotely take photos with your phone's camera by activating the camera's shutter button by shaking the watch. To take a photo, select "Device" and then "Remote Camera". This function is useful for taking group photos from a distance.

- **Find your device**

In the application, selecting the "Search for watch" function will trigger a vibration alarm in the watch, which will help locate the device.

- **Alarms**

To set an alarm on your watch, select the time and alarm time in the app. To do this, select "Device" and then "Alarms" in the application.

- **Motion reminder**

In the application, you can set hourly reminders, thanks to which the watch, when it detects that a person remains motionless for a long time, reminds them to do some activity. To enable the feature, select "Device" and then "Inactivity Reminder."

Functions available in a dedicated application

- **Hydration reminder**

In the application, you can set cyclical reminders every 30-180 minutes, thanks to which the watch reminds you to reach for water. To enable this feature, select "Device" and then "Hydration reminder" in the application.

- **Waking up the screen with a movement of the wrist (G-Sensor)**

To enable or disable the function of turning on the watch screen with a wrist movement, select "Device" in the application and then "Wake up with a wrist movement".

- **Weather**

To display the current weather on your watch, you must enable the application to access your phone's location and enable the weather information function in the application. Go to "Device" and then "Weather Info."

- **Automatic heart rate monitoring**

In the application, you can set the heart rate measurement to be performed cyclically. The frequency can be set within a given time period. Automatic measurement is performed without our intervention. To enable the feature, select "Device" and then "Continuous heart rate monitoring" in the app.

Setting automatic measurements reduces battery life.

Functions available in a dedicated application

- **Additional sports modes**

In addition to the basic sports modes available on the smartwatch, you can add additional modes. To add them, select "Device" in the application and then "Sports push".

- **Monitoring a woman's cycle**

To activate this function, go to "Profile" and then select "Menstrual Calendar". You must grant access to the calendar. In the application you can choose from 3 options: menstrual cycle, pregnancy preparation cycle and pregnancy cycle. After entering data into the application, the smartwatch records menstrual cycles and reminds you when the next one is due. To set the parameters, go to "Profile" and then "Menstrual Calendar" in the application.

- **Goals**

In the app you can set daily goals for the number of steps taken, distance covered and calories burned. The watch will systematically monitor your progress towards these goals. Depending on the clock face you choose, you can track your daily achievements. To set goals, go to "Profile" and then "Goal."

- **Unit settings**

To adjust the units of length, mass and temperature, go to "Profile" and then "Units" in the application.

General Information

Technical data

IP67 waterproof**

Allows you to use the watch while washing your hands or on a rainy day.

Battery 400mAh

Modern lithium-polymer battery with high capacity.

Processor RTL8762DK

Innovative processor with high performance.

Outdoor

Durable materials and an easy-to-clean silicone strap.



****The IP67 standard allows water temperatures from +10 to +35 degrees Celsius and immersion to a depth of 1 m for up to 30 minutes. The watch cannot be used in hot baths or in the sauna as it is not steam resistant. It is not intended for swimming, it is designed to help you stay healthy.**



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