User manual

Welcome to use our high-performance wrist-band smart watch which creates thoughtful and health experience for you.

Please make a full charge before use it.

APP: Da Fit

1.Download & Pairing

1.1 Long press side button "OPEN" to turn on.

1.2 Scan below QR codes to install Da Fit APP, or download "Da Fit" from App Store, Google Player then install it.
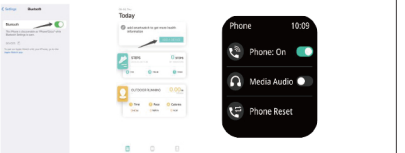
Compatible System: Android4.4 and above, iOS 8.0 and above

1.3 Open the mobile APP, select the device to be bound in the APP device list
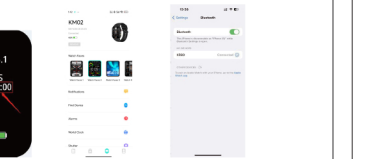
Step1: Turn on mobile phone Bluetooth

Step2: Open "Da Fit" APP, tap "Add a device" to connect.

Step3: Turn on phone menu on the watch.

Step4: View the last four digits of the MAC address then "About" in the watch menu, such as "0000", and then click "Connect watch" in the application program "DaFit" to search for MAC addresses that are the same as the last four digits of "0000". After the connection is completed, a "Bluetooth pairing request" will pop up, click "pairing", and follow the following steps.

2.Smart bracelet Functions

2.1 Time Interface

2.1.1 Power on: long press side button for 3 seconds.

2.1.2 Power off: On the time interface, press side button for 3 seconds, then click "√" icon to turn off

2.1.3 Switch dials: Based on the main dial, press and hold the screen, 5 interface options, the second editable dial, custom dials can manually replace user-defined pictures or photos on the APP.
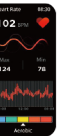
2.2 Functions menu

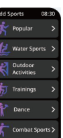2.2.1 Activity records (Step records)

2.2.2 Sleep monitor

Sleep monitor period: 20:00 PM to 10:00 AM. Pls make sure the wear the bracelet device

2.2.3 Heart Rate monitor(if need 24-hour monitor pls turn On "Full-day Heart rate" on Da Fitapp under "Other" menu
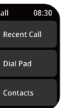
2.2.4 Exercise(Multiple sport modes: Walking , Running, Cycling, Skipping, Badminton , Basketball , Football, all exercise data will be sync to mobile phone Da FitApp)

Select the sport mode you want, start to test and show all exercise data: mileage, calorie, heart-rate as below picture, Slide screen on left can exit or pause the sport

2.2.5 Bluetooth call , you can directly dial a number and answer a call , Can view call logs.

2.2.6 Blood Pressure Detection (click screen to monitor)

NOTICE: This measurement data is for reference only, please do not use it in medical use.

2.2.7 Blood Oxygen Detection (click screen to monitor)

NOTICE: This measurement data is for reference only, please do not use it in medical use.

2.2.8 Weather (Swipe the screen to the left to view this week's weather information)

2.2.9 Shutter

Android: Turn on Da Fitapp, from smart bracelet enter "shutter" shake the bracelet or click to take photo.
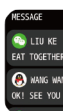
IOS: Enter smart bracelet "shutter ", make sure turn on mobile's camera, shake the bracelet or click icon.

2.2.10 Player (Enter BT music, click middle icon to pause or continue, tap left icon to play last song, tap right icon to play next song)

2.2.11 Notifications push (Turn on Da Fitapp "Notifications" social app like Facebook, Twitter, Skype etc.,

Pay attention on Android mobile phone setup: Da Fitapp/Notification/Accessibility to turn on "Da Fit"

3.Popup menu (sliding down the screen from the main dial)

Remaining battery

APP connection status

Do Not Disturb Mode

Brightness adjust

Turn on the flashlight

Enable power saving mode

Add WeChat QR code

Settings

4. Functions on Da FitApp

4.1 Data sync

All measured data from smart bracelet will be sync on mobile phone Da Fitapp eg: step, sleep monitor, heart rate, blood pressure, blood oxygen and other data as below Pic.
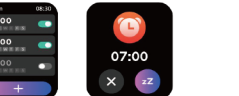
4.2 Smart bracelet connection interface

4.2.1 Watch Faces (5 interface options, and users can manually replace user-defined pictures or photos)

A. Power on "Find my bracelet" mode, the bracelet will vibrate when the bluetooth is connected successfully between mobile phone and smart bracelet.

B. Time format (2 options of 12&24 hours system)

C. Setting mode of no disturbing

D. Sedentary reminder (Valid period10:00AM-22:00PM)

E. Full day heart–rate monitor (Turn on it can detect your whole day heart-rate)

F. Quick view screen: wake up screen (turn on it and choose valid time period)

G. Drink Water Reminder

H. Weather (Turn on the weather, choose the city you want or automatic location, the band will show the located city's weather)

I. Physiological cycle reminder

(Notes: Please kindly note above functions are working based on activated and saved the related setup)

Frequently Asked Questions (FAQs)

1.Why does the smart bracelet automatically disconnect Bluetooth when the Android screen goes out?

1>Lock background APP. When the Da Fit process is cleared, the smart bracelet will be disconnected from the mobile phone.

2 >Set APP self-startup

3 > Unrestricted background operation. The Android mobile phone installed with APP intelligently restricts the background operation by default, and App should be set manually without any restriction.

2. Why cannot the smart bracelet receive message push?

1> Please confirm that you have turned on the switch for message push at the mobile phone client.

2> Please 'confirm that messages can be displayed normally in the mobile phone notification bar. The message push on the smart bracelet is completed by reading the message from the mobile phone notification bar . The smart bracelet will not receive the message push if there is no message in the mobile phone notification bar. (You need to find notification settings in the mobile phone settings, and turn on the notification switch of WeChat, QQ, call, SMS and mobile phone client).

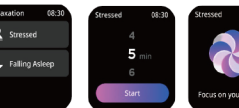3 >Turn on the mobile phone — Settings. Enter "Notification right" on the top search box, re-open Da Fit.

4.2.2 Notifications (Turn on social apps message push like WeChat, Facebook, Whatsapp , Twitter etc.)

4.2.3 Alarms (8 alarms can be added)

4.2.4 Relaxation and sleep aid monitoring

4.2.5 Calculator function

4.2.6 Built in 4 mini games

4.2.7 Slide left to the "+" sign and click to add more shortcut interfaces, as shown in the following figure:

4.3.1 Others (Find my smart bracelet, Time formats, Setting time of no disturbing, Sedentary reminder, Full-day hear-rate monitor , Quick View screen , Weather, Drink Water reminder, Physiological cycle reminder)

3.Why can't take a hot bath with the smart bracelet?

Answer: the bath water has a relatively high temperature, and generates a lot of vapor which is in the gas phase with small molecular radius and can easily infiltrate into the smart bracelet from the shell gap. When the temperature drops down, the vapor will condensate into liquid-phase droplets which will easily cause the short circuit inside the smart bracelet and damage the circuit board and then damage the smart bracelet.