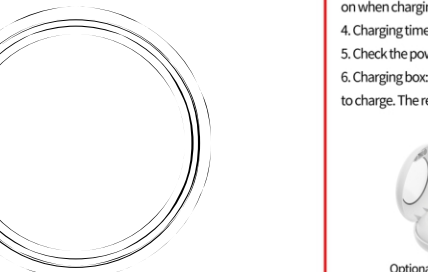


# manual Smart Ring



## Charging activation

- When using for the first time, please charge and activate the device. If the factory settings are restored on the app, please charge and reactivate.
- 1. There are two ways to charge the ring: USB cable charging or wireless charging (charging box) of your (purchased) product.
- 2. After connecting to the power supply, the ring indicator light is always red.
- 3. Indicator status: · The red light is always on during charging · The green light is always on when charging is completed.
- 4. Charging time: 60 minutes.
- 5. Check the power: Check the power at the device connection on the APP home page.
- 6. Charging box: If the box charger is out of power, you need to plug in the Type-C cable to charge. The red light is off, indicating that the box charger has completed charging.



Optional package comes with 200mah charging case



Please note that the Ring Services are not intended to diagnose, treat or prevent any disease or medical condition. The information and data in the Services are for reference only and are not intended to replace the services of a health professional or physician. If you have any questions about a medical condition, it is recommended that you consult a professional physician.



Heart rate light

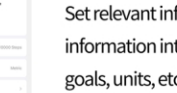


Finger pulp



Diagram of how to wear a smart ring correctly. Align the heart rate light to the tip of your finger

## 1. Charge the ring for 60 minutes before first use



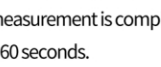
## 2. Search JRing on Google Play or scan the QR code below to download the APP



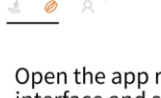
Please allow the app to obtain Bluetooth connection permissions and location permissions

## JRing

## 3. Select the ring and pair it on the mobile app



## 4. Flashing red light means the ring is charging



## 5. Flashing green light indicates the ring is fully charged



## Box charger - built-in 200 mAh battery

