



## Sauna Care Guide

### Surface Preparations:

- The soil underneath the sauna should be removed and replaced with a well-drained and load bearing material.
- It is important to ensure that the surface is load bearing. In addition, it is important to limit the growth of flora underneath and around the sauna to minimize any defects from moisture.
- Bring the power cable to the sauna in accordance with the heater manufacturers' manual.

### During sauna use:

- When using the heater and the control unit refer to the user manual provided by the heaters' manufacturer.
- Throw water only on the stones and not on the walls or the platform.
- To keep the platform looking fresh, we advise using seating pads or a towel on the bench.
- Avoid sitting on the platform in wet swimwear.
- Keep an eye on the stones as they might break down in time. Replace old stones with new ones or add new stones.
- Avoid use of non-compliant cleaning agents. For example, disinfectants bleach the wood surface and may ruin it.

### After sauna use:

- After using the sauna, ventilate the room and allow the surfaces to dry.
- Wipe off the platform with a clean, damp cloth. Keep excess water from pooling on wood surfaces. Do not use a stream of water to wash the platforms.
- After cleaning the sauna, ventilate the room and allow surfaces to dry. Remove seating pads from the benches.
- When not using the sauna, the door should remain closed.

### Annual Maintenance:

- The wood in the sauna should be treated with a specific cleaning compound (sauna cleaner).
- Wash all parts of the platform on all sides with a special cleaning compound (sauna cleaner), using a soft brush and/ or cloth. Follow the directions of the cleaning compound manufacturer.
- For stronger stains and soiling, the platform surface can be cleaned gently using fine-grade sandpaper. The platform or sanded surface should then be re-treated with protectant.

### Avoid the following:

- Drying textiles such as carpets and clothing etc. as this may pose a safety hazard. Excessive moisture may also damage the surface of the wood.
- Do not heat the sauna to a temperature beyond the specifications of the heater manufacturer. Excessive heat may cause the wood to warp or pose a safety hazard.
- Pressure washing or using a stream of water to clean the sauna, as excess moisture may permanently damage the wood surface and structures.