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Mode 3: Combination Mode

In this mode, sleeves will be inflated and deflated alternately and circularly from lower to upper.

Q4: What to do when the temperature is too high or too low? A4: This device has 2 levels of heating function, you can choose low temperature or high temperature heating.

• The heating part is only on the knee part.

• Pay attention to the heating part to fit the knee, so that the

Q5: What should I do if I feel the massage strength is too light or too tight?

A5: There are 3 levels of massage strength selectable, please select the intensity which is fit for you. You can also adjust the strength via changing the tightness of Velcro on the wraps.

Q6: How long should we use it? A6: We suggest you use 1-2 times everyday, and 20 minutes per time. You can also use it for long time if you feel too tired or want to continue to enjoy.

- 1 x Knee Massager Wraps
- 1 x User Manual
- 1 x Power Adapter/ DC 12V 2A 1 x Portable Mesh Bag

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## Problems Causes & Solutions . The product does Make sure the power adapter is connected not work, and the well and press the power button of the control pancel. indicator light is off. 1.the power adapter fall off; 2.the massager works after 20 minutes and shut off automatically; 2. Sudden interruption 1.There are three massage levels for you 2. You can adjust the velcro of the strap to make the strength suitable; 3. Turn off the machine if you cannot bear 3. Too light or tight. the strength.

	Product Name	Knee Massager
-1	Model	QN-031KS
	Dimension	175 x 130 x 145mm/6.9x5.1x5.7 in
	Weitht	0.75kg/1.65lb
	AC/DC Adapter	AC Input:100-240V 50-60Hz 12V 1A
	Power	12W ( e <sup>300</sup>

If you have any problem, please feel free to contact us. Our customer service team will help you!

1. Service Email: service@quinear-ec.com

Notes: Please write the order number together with the problems you meet in the mail.



Lead a Healthy New Life

Knee Massager



QN-031KS

# **Instructions Manual**

Please read the instructions carefully before use and keep it well for further reference.

R	2	
Contents	93, "	
Safety Precautions	E MEMILI.	1
Device Features		2
Operating Instructions		2-3
FQAS		3-4
Package Included		4
Troubleshooting		5
Specifications		5
Contact Us		5
Safety Precautions	PILIFE	

1. Those with any of the following conditions or persons who are receiving medical treatment should consult the doctor before

- 1) Using pacemaker or other medical devices which are susceptible to electrical interference;
- 2) Suffering from malignant tumors;
- 3) Suffering from cardiac diseases
- 4) Having serious peripheral neuropathy dysfunction or sensory disturbance caused by diabetes;
- 5)Being unsuitable to do the massage because of traumas on the
- 2. Keep it out of the reach of infants, children and people without
- the ability to use it independently.
- 4. Don't scratch, damage, process, excessively bend, pull or twist the power cord of power adapter. Otherwise, it may cause fire or electric shock.
- 5. It is not allowed to use when the power adapter dysfunctions or the plug is loose.
- 6. Don't plug or unplug the power adapter with wet hands.
- 7. It is forbidden to remodel, disassemble or repair the machine without permission.















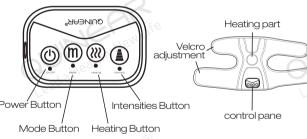
1. Stop using it immediately if you feel unwell. Don't use it again

before consult the doctor.

2. Don't use it in bathroom or other humid places.

3. Unplug the power adapter from the socket before you clean and maintain it.

4. Unplug the power adapter when you are not using it.
5. Don't walk around when you are using this item or wearing the



1. Make sure the position by tages and the central line.





3. Fix the calf parts via the velcros, then check and adjust the







4. Plug the power adapter into the control panel and socket on

each side. 5.Press " 0 " button to start the machine.

7.Press " (m)" button to switch and enjoy the different massage modes, the difference between these 3 modes can be seen in

8.Press " 🌘 " button to to select intensity. We suggest you use the lowest level at the beginning.

9. Press " w button to select heating function.

Note: The heat function is off by default, you can start it via " button, 2 heating levels selectable, you can also close it if you do not need not need.

Q1: How does this product massage?

A1: There are 2+2 airbags inside. It will be inflated and deflated to simulate kneading and stroking of tissues like human hands It can relax our muscles, increase circulation and relieve pain.

Q2: How many massage modes, and what's the difference? A2: There are 3 massage modes.

Mode1: Sequence Mode

In this mode, sleeves will be inflated and deflated from lower to upper.

Mode 2: Circulation Mode

In this mode, sleeves will be inflated and deflated circularly from lower to upper.

03