STORM CALL 3 PLUS

USER MANUAL

boAt

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Thank you for choosing the boAt Storm Call 3 Plus as your fitness transformation companion

Allow this manual to guide you through the functioning of your smartwatch. Please read it thoroughly before using it for a smooth ser. You may refer to these instructions for later use as well.

PACKAGE CONTAINS:

- boAt Storm Call 3 Plus x1
- USB magnetic charging cable x1
- User Manual x1
- Warranty Card x1

CHARGING THE WATCH

The smartwatch must be charged before initial use. It takes up to 3 hours to be fully charged. Connect and charge the watch with the image below as a reference, using a 5V/2A adapter.

TURNING THE WATCH ON/OFF

To restart or turn the watch on/off, long press the side button for 3-5 seconds.
You can wake up the screen by lifting your wrist.

CONNECTING TO THE APP

1. Download the boAt Crest app on your phone
Available on both App Store (iOS 8.4 and above)
& Google Play Store (Android 8.0 and above)

OR

Scan [QR CODE] (Also available on the watch)

2. Connect the device with the boAt Crest app: ensure that the phone's Bluetooth, as well as the GPS functionalities, are turned on
3. Select Wave Storm Call 3 Plus on the app's home screen and click pair to connect
4. Once connected, you will get an alert to connect with STORMCALL_XXXX, click pair if need to receive or make calls from the watch
5. To use all your Storm Call 3 Plus features seamlessly, tap on 'yes' to the 'connection' and 'grant access' system prompt
6. Disable battery optimization

GET IT ON Google Play | Download on the App Store

Note: To ensure connectivity throughout your journey, make sure the app is allowed to run in the background of your phone at all times.

SYNCING YOUR SMARTWATCH TO THE APP

Data Synchronization

- Open the app on your phone
- Make sure your Storm Call 3 Plus is connected to the app
- Synchronization will start automatically once you enter the app interface.

Note:
Synchronize data at least once a day to avoid data loss in the watch.

NAVIGATING THROUGH THE FUNCTIONS

SHORT PRESS THE SIDE BUTTON FOR THE MAIN MENU

Call

Dialer
You can use the dialer to dial any number.

Phone Book
Add up to 20 contacts from boAt Crest app. You can select any contact to directly dial from the watch.

Call History
You can find recently received, missed, and outgoing call logs in the Call History of the watch.

Activities
Choose from multiple sports modes like Walking, Treadmill, Running, Badminton, Football, Basketball, Tennis, Yoga, Dancing, Cycling, Indoor Cycling, etc. The watch has 100+ activity modes. You can also add or replace the activities according to your preference. Tap on any sport mode to start the activity. Click the pin button, and the watch will start recording the duration of the activity. Swipe right to pause or stop the activity. The activity will not be recorded if it is less than 1 min.

Activity Records
Sync your smartwatch to the app to get a detailed record of your activities.

Heart Rate Monitor
Wear the watch on your wrist, then click on the icon to start measurements. You can also view the data on the app.
Note: Measurements are for reference only and not for medical purposes.

SpO2 monitoring
Wear the watch on your wrist, then click on the icon to start measurements. You can also view the data on the app.
Note: Measurements are for reference only and not for medical purposes.

Sleep Monitor
Tap on the icon to review the sleep data of the previous night.
Once the sleep criteria are met, your smartwatch will start recording from 8 pm at night to 10 am in the morning the next day.
Once you lie down and watch detects no movement for 30 minutes, it will start recording, and will stop recording if it detects excessive movement.
You can check the data on the app only after the sleep criteria is met.
You can also track sleep scores on boAt Crest app.
Note:
*For accurate sleep data recording, the sleep criteria have to be met which includes limited movement, wrist gesture and angles, and more.
*The sleep criteria will be met only after it records some noticeable movement

Breathe exercises
Click on the breath exercises icon to regulate your breathing by doing breathing exercises. You can set the time and level of exercise.

Notifications
You can check all the notifications from here.

Stopwatch
Click on this to start the stopwatch on your watch.

Timer
Tap on this to turn on the timer.

Alarm
Tap on this to set an alarm on your watch.

Flashlight
Tap on this to turn your dial into a flashlight.

Camera Control Mode
Tap on the remote camera icon on your smartwatch to click a photo from your phone.
*Note: Turn the camera on from your phone to use this feature.

Music Control
Tap on the remote music control icon on your watch to play music from your phone.
*Note: Some apps with different protocols might not work.

Find My Phone
Tap on this icon to find your phone. Once enabled, your phone will start ringing and vibrating. Tap again to stop it.
Note: Your smartwatch should be connected to your phone via Bluetooth and within its range for this feature to work.

SETTINGS

Watch Faces
Tap on this icon to change your watch face

Screen Sleep
Tap on this and adjust the screen sleep time

Ringtone
Tap on this to choose the ringtone and put the watch on silent mode

Wake Gesture
Tap on this to enable wake gesture

Vibration
Tap on this to adjust vibration levels from strong, soft and none.

Do Not Disturb
Tap on this to turn on the Do Not Disturb mode system

Brightness
Tap on this to adjust the brightness

System
Tap on this to restart, factory reset or to power off the smartwatch

Download App
Tap on this and scan the bar code from mobile to connect the smartwatch.

About
Shows the device details.

Voice Assistant
Tap on this to enable the voice assistant feature and give the command from the watch.
Note: Make sure the watch is connected with the app

Game
Tap on this to access the built-in game. You can select from 2048 and Hamster

QR Tray
Tap on this to access the QR of different applications. You can transfer the QR code of metro boarding pass, bus pass, UPI, social apps, and more into the smartwatch by adding the QR code in the boAt crest app. To add the QR code follow these steps:
• Click on "QR Tray" option in the boAt Crest app.
• To add a QR code, capture a screenshot of the QR code of the app you want to include.
• After this, you'll be able to find a collection of QR codes in the smartwatch under the QR Tray feature. Select the QR code you want to be scanned.

Navigation
Navigation
• Tap on this to start navigating your route. Follow the steps to use this feature.
• Search your desired destination on the boAt Crest app.
• Then select navigation instructions to your boAt smartwatch by clicking on get directions.
• After clicking on it choose the navigate on watch option.
• Then follow step-by-step instructions on your smartwatch to reach your destination.
Note: The navigation is not shown in maps indeed it is shown by direction arrows. You can access the last start from the watch navigation icon or by swiping left from the home screen.
• To avoid receiving notifications on your smartwatch during navigation enable DND mode.

SWIPE DOWN FOR THE SHORTCUT MENU
You can access DND, Alarm, Find My Phone, Brightness, Navigation and Settings.

SWIPE LEFT OR RIGHT TO ACCESS ALL DATA
You can access steps, SpO2, heart rate, sleep, QR tray, navigation, music, and notifications.

SWIPE UP TO ACCESS THE LIVE SCORE.
You can check the cricket live scores from here.

SIDE BUTTON FUNCTIONALITY

Short press the side button to go to the previous tab and long press the side button to make an SOS call. Follow these steps to activate the SOS feature:

- Open the boAt Crest app on your device
- Navigate to the "Home Dashboard."
- Locate the "Top Features" section on the dashboard.
- In the "Top Features," you will find the "SOS" feature. Click on it to access the SOS functionality.
- To initiate an SOS call, perform a long press on the side button of your smartwatch.
- Note: You can add an emergency contact through the boAt Crest app.

PRODUCT PARAMETERS

Model	boAt Storm Call 3 Plus
Screen type	1.96" Display
Battery capacity	300 mAh
Net weight	41.5g
Bluetooth version	Bluetooth 5.2
Working temperature	-20°C - 60°C
Charging time	60 Minutes
Working time	5 days
Water Resistance	IP67
Frequency band	No

MAINTENANCE

Regularly clean your wrist and the strap of the smartwatch, especially after sweating during exercise or being exposed to substances such as soap or detergent, which may get stuck on the other end of the product. Do not wash the strap with a household cleaner. Please use soap less detergent, rinse thoroughly and wipe with a piece of soft towel or napkin. For stains or stains that are not easy to remove, scrub the area with rubbing alcohol and then follow the above procedure.

FAQ

Search for the app to connect keeps failing
1. Keep the boAt Crest app on your device version
2. Close all the programs on the watch & Stop and restart Bluetooth and GPS & connect again.
3. Check and enable the notification functions of your phone and keep the phone and watch in close contact.
Note: Make sure your phone system meets Android 7.0 and above and iOS 12.0 and above.

My Watch Storm Call 3 Plus is receiving no alerts, texts, or phone calls.
Make sure smart reminders on the app are on and synced to Storm Call 3 Plus. Also, make sure the notification centre of the phone is displaying messages. Only then will your smartwatch also display those notifications.
Make sure app is running in the background and the battery optimization feature on the phone is disabled

My Bluetooth keeps getting disconnected.
1. Make sure there is not more than 1m distance between Bluetooth on the phone and the watch.
2. There is no obstacle between the watch and the phone.
3. Make sure the app is running in the background

Which functions of Storm Call 3 Plus need Bluetooth to work?
Call & Text Notifications, Find My Phone, music control, camera control, weather forecast, cloud and custom watch faces and Bluetooth calling need Bluetooth connectivity to work.

Will it be okay to take a bath wearing Storm call 3 Plus?
The IP67 water resistance will only work under the following conditions:
(1) Maximum depth of water 15m (2) Maximum time for exposure to water: 10 minutes
The watch isn't suitable for hot baths, hot springs, saunas, snorkelling, diving, water skiing and other wading or deep-water activities with high-speed water flow.

SAFETY & PRODUCT INFORMATION

Battery
• Do not disassemble, bore or damage the battery.
• Do not disassemble the built in batteries of non replaceable battery devices.
• Do not use sharp objects to remove the battery.

HEALTH WARNING

• If you are wearing a pacemaker or other implanted electronic devices, please consult your doctor before using the heart rate monitor of the watch.
• The optical heart rate sensor will glow green. If you suffer from epilepsy or are sensitive to blinking light sources, please consult your physician before wearing this device.
• The device tracks your daily activities through sensors. This data is intended to tell you about your daily activities such as steps, sleep, distance, heart rate and calories, but may not be completely accurate.

• The device accessories, heart rate sensor, oxygen level monitor, and other relevant data is designed for fitness and not for medical purposes. They do not apply to the diagnosis, monitoring, treatment or prevention of any diseases or symptoms. They are for reference only. We're not responsible for any deviation in data.
• Avoid wearing the watch too tightly. Make sure you keep your skin dry - the area that comes in contract with the watch. If symptoms such as redness or swelling appear on your skin, immediately stop using the watch and consult the doctor.

THINGS TO KEEP IN MIND

- Sync data everyday days to avoid data loss.
- Water Resistance will not work for seawater, acidic and alkaline solutions, chemical reagents and other corrosive liquid. The damage or effects caused by misuse or improper use are not covered by the warranty.
- Sports modes support up to 6 hours of exercise at a time.
- Avoid wearing the watch too tight in daily use. Keep the parts of skin touching the watch dry.
- Keep your arm still while measuring data for accurate measurement.

Disclaimer: This product is an electronic monitoring product and is not intended as a medical reference. We reserve the right to modify or improve any of the functions described in this manual without any prior notice. At the same time, we hold the right to continuously update the product content.

CAUTION

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT SUBSTITUTE. DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.

Old electrical appliances must not be disposed of together with the residual waste but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycling valuable raw materials and treatment of toxic substances.