

# How to Factory Reset True Wireless Stereo Earbuds

Double-tap the button on the right earbud, then on the third tap - press and hold the button for more than 5 seconds (until the unit shuts off).

This restores the earbuds to the factory defaults.

TWS must be connected to perform the reset, so neither of the earbuds should be off or in the charging case.

It also may be necessary to remove or forget the earbuds from the list of paired Bluetooth devices in order to pair again.

Applies to:

- [JBL Club Pro+ TWS](#)
- [JBL Endurance Peak 3](#)
- [JBL Live Flex](#)
- [JBL Live Free 2 TWS](#)
- [JBL Live Free NC+ TWS](#)
- [JBL Live Pro 2 TWS](#)
- [JBL Live Pro+ TWS](#)
- [JBL Live 300TWS](#)
- [JBL Reflect Aero TWS](#)
- [JBL Reflect Mini NC](#)
- [JBL Tour Pro 2](#)
- [JBL Tour Pro+ TWS](#)
- [JBL Tune Beam](#)
- [JBL Tune Buds](#)
- [JBL Tune Flex](#)
- [JBL Tune Flex Ghost Edition](#)
- [JBL Tune 130NC TWS](#)
- [JBL Tune 230NC TWS](#)
- [JBL Vibe 100TWS](#)
- [JBL Vibe 200TWS](#)
- [JBL Vibe 300TWS](#)
- [JBL Wave Beam](#)
- [JBL Wave Buds](#)
- [JBL Wave Flex](#)
- [JBL Wave 100TWS](#)
- [JBL Wave 200TWS](#)
- [JBL Wave 300TWS](#)

**Reset procedure for JBL Tune Flex:**

With both earbuds on, and not charging, tap two times and hold the button on the third tap for more than 5 seconds.

You may need to 'forget' the headphones in Bluetooth settings on your phone/tablet in order to pair it again.

**Reset procedure for JBL Tune Flex:**

With both earbuds on, and not charging, tap two times and hold the button on the third tap for more than 5 seconds.

You may need to 'forget' the headphones in Bluetooth settings on your phone/tablet in order to pair it again.