

**blue<sup>m</sup>**  
essentials for health

Sonic Toothbrush User Manual

V1.3

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Designed by Bluem International,  
assembled in China

Statement: Patents and Copyrights  
of blue<sup>m</sup> **sonic+ toothbrush** belong  
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Thank you for selecting this blue<sup>m</sup> **sonic+ toothbrush**. Please carefully read the safety tips of the product before using it and properly keep it.

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### IMPORTANT SAFETY TIPS

When using electrical products, especially when children are present, basic safety precautions should always be followed, including the following:

- ⚠ **Dangers** To reduce the risk of electrocution:
  - Always place and store the charging base or charging travel case at a safe distance from water.
  - Unplug the charging base or charging travel case immediately if it falls into water.
  - Never use a charging base or charging travel case with a damaged cord or plug.
- ⚠ **Warnings** To reduce the risk of burns, electrocution, fire, or physical injury:
  - Do not use attachments other than those recommended by the manufacturer.
  - Do not plug the charging base or charging travel case into an outlet with a voltage other than specified on the bottom of the charging base or charging travel case. This product is designed to operate within a range of 100 to 240 volts. Voltage converters do not warrant voltage compatibility.
  - Never force the plug into an outlet; if the plug does not easily fit into the outlet, discontinue use.
  - Discontinue use if the product appears damaged in any way (brush head, handle, charging base or charging travel case).
  - Do not use the charging base or charging travel case if it has dropped into water.
  - Keep the cord away from heated surfaces.
  - Do not use the charging base or charging travel case outdoors.
  - This product contains no user-serviceable parts. Refer to "Warranty and support" (page 9) if the appliance no longer works properly or needs repair.
  - Use this appliance only for its intended use as described in this document or as recommended by your dental professional.
  - This appliance is not intended for use by persons (including children) with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
  - Children should be supervised to ensure that they do not play with the appliance. blue<sup>m</sup> **sonic+ toothbrush** is a personal care device and is not intended for use on multiple patients in a dental office or institution.
  - Use UL-listed computer, USB hub, or USB duplex receptacle when you charge the toothbrush handle in the charging travel case.
  - When you use a computer to recharge the toothbrush handle, the computer should be located away from sources of water (i.e., sink or tub) so as to avoid electrical shock.
- ⚠ **Medical Warnings**
  - Consult your dental professional before you use this product if you have had oral or gum surgery in the previous 2 months.
  - Contact your dental professional if excessive bleeding occurs after using this product or bleeding continues to occur after 1 week of use.
  - Discontinue use of this product and contact a physician/dentist if discomfort or pain is experienced.
  - This product complies with the safety standards for electromagnetic devices. If you have a pacemaker or other implanted device, contact your physician or the device manufacturer prior to use.
  - Consult your physician/dentist if you have other medical concerns.

### FITTING

Number	①	②	③	④
Name	Main body	Brush head cover	Inductive Charger	Toothbrush head
Quantity	1	2	1	2

Note: Please carefully check the fitting and its number. If a part is missing, contact our customer service.

### HOW TO USE?

blue<sup>m</sup> recommends BASS brushing method, brush teeth at least two times every day, each time no less than two minutes. Follow the right brushing steps and make sure to always be very careful when taking care of the hard and soft tissues in your mouth.

Put the brush head into the output side carefully. Leave a space between the handle and the main body, which is necessary for the vibration of the brush head.

To effectively clean your teeth, use blue<sup>m</sup> toothpaste. It is relatively liquid and makes your toothbrush more effective in removing plaque. Be careful: toothpaste can splash. First put the toothbrush into your mouth, before starting.

Select the right brushing mode. Press once to clean (standard mode), press twice to massage and press three times for whitening. Place the brush head in a 45 degree angle and move the brush slowly, use minimal pressure, from teeth to teeth.

Do not scrub like a manual toothbrush, but allow our **sonic+ toothbrush** to do the work for you. Gently move the brush from teeth to teeth. Go slightly back and forth so the longer bristles reach between your teeth. Work from quadrant to quadrant, the timer will remind you to switch to each of the 4 sections in your mouth.

### MAINTENANCE

#### TO CLEAN THE BRUSH HEAD

- Please clean the bristles and the brush head after using it. Let it dry naturally.
- Do not pull bristles out of the brush head to avoid deformation and falling out.

#### TO CLEAN THE MAIN BODY

- Clean your toothbrush with soft cloth and let it air drying. Do not immerse it in water for a long time.
- Do not clean with water or acid cleaning solution which is higher than 40°C.

#### TO CLEAN THE CHARGER

- Use a soft cloth to wipe the stains off the charging base.
- Before cleaning recharging bed, cut power off for safety.

#### TO REPLACE THE HEAD

We suggest you change the head of your toothbrush every three months.

- Regular cleaning will maintain the best condition of the product and lengthen its service lifetime.

### CHARGING

- Charge for 24 hours before your first use.
- Place the toothbrush in the charging base, when the charging indicator is red it means your **sonic+** is charging.
- It takes approximately 3-4 hours to recharge an empty toothbrush.
- When the indicator turns green, it means charging is completed and your **sonic+ toothbrush** is ready for use.
- When the toothbrush shakes continuously for three times it means you have low power, make sure to recharge in time.
- After a long time of non-recharging, the indicator may light up after 6-10 minutes. That is a normal situation.

DC 5V

3-4H

Charging indicator

### FUNCTIONAL OPERATION

- **Turn on/Turn off**  
Shortly press the Start button once to turn on the toothbrush. After working for 10 seconds, seconds, shortly press the button again to turn it off.
- **Mode Switch**  
When the toothbrush is starting in a certain mode, shortly press the button once within 10 seconds to switch to another mode.
- **Memory Function**  
After the toothbrush starts up, the toothbrush will automatically read the intelligent memory mode after the last brushing and start with the brushing mode you were using during your last brushing session.

Start button

### INSTRUCTION MODES

- **CLEAN MODE 31000 movements/min**  
With the high-frequency sound wave, a large of micro bubbles will be developed to generate the strong impact force, for deep clearing the oral cavity, and easily and fully cleaning the stubborn tartar.
- **MASSAGE MODE 28000-31000 movements/min**  
Gradually varying sonic vibration frequency, changes from weak to strong, brings comfortable massage experience to both teeth and gums. We strongly recommend to use the massage mode after cleaning and extend your oral care ritual with an extra minute.
- **WHITE MODE 35000-38000 movements/min**  
The mutual switch of weak and strong frequency of both sound waves can easily loosen all the teeth stains on the surface of teeth to realize the polishing and cleanliness under the regular vibration of different frequencies.

Clean  
Massage  
White

### SPECIFICATION

Name of the product: blue<sup>m</sup> **sonic+ toothbrush**

Category: Sonic Toothbrush

Model: LBT-203542B

**MAIN BODY**

Rated voltage: 3.7V<sup>≡</sup>

Rated power: 1.8W

**CHARGING**

Rated voltage: 5V<sup>≡</sup>

Rated power: 1.6W

Waterproof grade: IPX7

Execution standard: Q/LBD 1-2019

Production date: Please see the product packaging

Production place: Dongguan, Guangdong, China.

• Please carefully read the parameters in the specification and use the product correctly.

### FAULT DIAGNOSIS

Fault phenomenon	Cause analysis	Elimination method
Weakening of the vibration.	① The toothbrush is forcefully pressed on the teeth. ② The brush head is too tight to the main body.	① Press the brush head lightly on the teeth. ② Take the brush head from the handle and then reset it on the output side. Keep a space between the brush head and the handle.
The toothbrush can only be used for a short time even if it is fully charged.	The toothbrush is out of power.	① The toothbrush isn't fully charged. ② The toothbrush has not been used for more than 6 months. ③ The battery has reached its service lifetime.
The toothbrush stops working.	① Toothbrush without electricity. ② Toothbrush with failure.	① Please charge the battery and confirm the bright red indicator light. ② Maintenance only at customer service center which has been authorized by For more info, contact blue <sup>m</sup> customer service (info@bluemcare.com).

### HAZARDOUS SUBSTANCES TESTS

Component Name	Hazardous Substance in the Product					
	Pb	Hg	Cd	Cr6+	PBB	PBDE
Structural Part	○	○	○	○	○	○
PCBA Assemblies*	×	○	○	○	○	○
Power Adapter	×	○	○	○	○	○
Power Cord	×	○	○	○	○	○
Supporting Equipment	○	○	○	○	○	○

\*PCB assemblies include the PCB and its electronic components, such as resistor, capacitor, integrated chip, etc.

This table is prepared in accordance with the provisions of SJ/T11364-2014 "Marking for the restriction of the use of hazardous substances in electrical and electronic products".

○: Indicates that the content of the hazardous substance in all homogeneous materials of the component complies with the requirements of concentration limits stipulated in GB/T26572-2011 "Requirements of concentration limits for certain restricted substances in electrical and electronic products".

×: Indicates that the content of the hazardous substance in at least one homogeneous material of the component exceeds the requirements of concentration limits stipulated in GB/T26572-2011 "Requirements of concentration limits for certain restricted substances in electrical and electronic products".

\*× is given above because substitution or reduction cannot be realized for the time being due to the global limitation of industrial technology.

### ENVIRONMENTAL PROTECTION

This toothbrush with a built-in rechargeable battery contains substances, which may pollute the environment. Our mission is a healthier planet, therefore take proper care of disposing the blue<sup>m</sup> **sonic+ toothbrush** when the life cycle has ended. Please don't put dumping products and general life garbage together, you should remove the battery into the battery recycling barrel and the blue<sup>m</sup> products shall be delivered to the corresponding recycling center, which is conducive to environmental protection.