Product Overview

Front View

MODE
RESET
SET

Battery

Battery CR2025
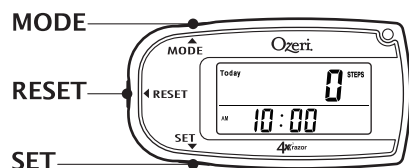
Back View

Battery hole
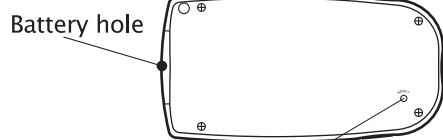
System Reset Button

Strap
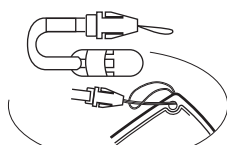
Attach the lanyard to the pedometer through the corner hole

Model:	PD4X3-2	
Power Supply:	3 VDC (One CR2025 battery)	
Measurement Range:	Number of steps:	10 ~ 99,999 steps
	Distance:	0.00 to 999.99 mile
	Calories:	0.0 to 9999.9 kcal
	Time:	12 H (AM12:00~PM11:59) or 24 H (0:00~23:59)
	Fat burn:	0.0 ~ 9999.9 oz
	Activity Time:	00H00M ~ 23H59M
	99 Days total steps:	10~999,999 steps
Memory:	Number of steps:	previous 7 days
	Distance:	previous 7 days
	Calories:	previous 7 days
Setting Range:	Time:	12 hour or 24 hour display
	Weight:	45 ~ 350 lbs (In increments of 1 lbs)
	Stride Length:	1 ~ 6 feet (In increments of 0.25 feet)
Auto Sleep Mode	If no activity is detected for 3 minutes, the LCD will automatically turn off to conserve the battery. The pedometer will still count activity in Sleep Mode. To turn the LCD back on, press any button for 1 second.	
Operating Temperature:	14°F to 104°F (-10°C to + 40°C)	
Step Counting Precision:	Within +/- 5% (By vibration testing machine)	
Time Precision:	Within +/- 30 seconds of the average monthly deviation (Under normal temperature)	
Battery Life:	Approx. 7 months. (10,000 steps per day)	
External Dimensions:	Approx. 65 x 35 x 7mm	
Weight:	Approx. 16 gram (Including the battery)	
Contents:	1 Pedometer, 1 Battery CR2025 installed, 1 Strap, 1Screwdriver, and 1 Instruction Manual	

*The images in this manual are for illustration purposes only and may vary slightly from actual product.

Getting Started

Before using your 3D Pedometer for the first time (or after changing the battery), you will need to set it up so that it is personalized to you by following the instructions below.

1. Remove battery tab from the pedometer by pulling the tab outwards. This will automatically begin the setup process with the TIME screen.
2. Program each screen using the Mode and Reset buttons to increase and decrease the digits respectively. Use the Set button to confirm each entry.
3. If a button is not pressed within 60 seconds, the pedometer will exit Setup Mode and the screen will turn off. If this happens, apply a pin to the hole on the back of the pedometer to perform a System Reset.

Programming your Pedometer:

1. TIME: Press **MODE** to switch from 24 HR and 12 HR clock display. Press **SET** to confirm entry. Continue to program HOUR and MIN as follows.
Press **MODE** to advance by 1. For rapid advance, press and hold **MODE** for over 2 seconds.
Press **RESET** to decrease by 1. For decrease rapidly, press and hold **RESET** for over 2 seconds.
Press **SET** to confirm the **TIME.**

2. STRIDE: After programming the **CLOCK,** the screen will flash the default STRIDE length (default value is 3 feet. Range is 1 to 6 feet).


Press **MODE** to advance by 0.25 feet.
Press **RESET** to decrease by 0.25 feet.
To advance or decrease rapidly, press and hold **MODE** or **RESET** respectively for over 2 seconds.
Press **SET** to confirm your STRIDE.

3. WEIGHT: After programming the CLOCK, the screen will advance to WEIGHT (default value is 150 lbs. Range is 45 - 350 lbs).

Press **MODE** to advance by 1.
Press **RESET** to decrease by 1. To advance or decrease rapidly, press and hold **MODE** or **RESET** respectively for over 2 seconds.
Press SET to confirm your WEIGHT.

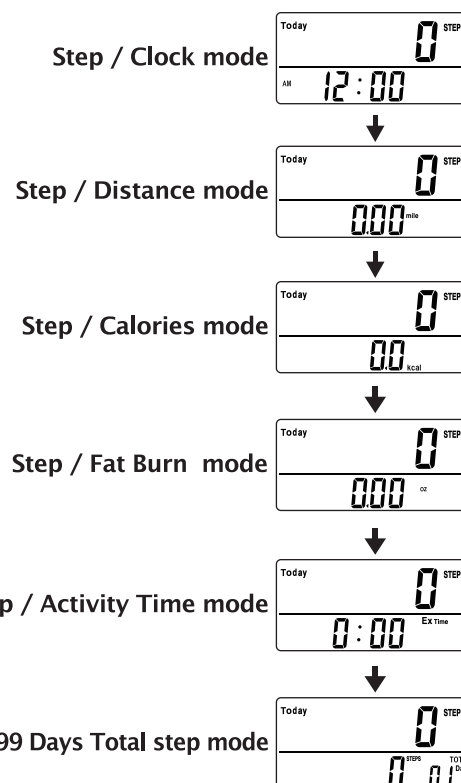This completes the programming. Your pedometer will default to the **STEP** and **TIME** screen for TODAY.
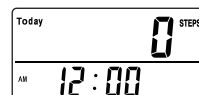
NOTE: The pedometer can be reprogrammed at any time by pressing SET for over 3 seconds. Reprogramming the pedometer will not erase the 7 Day and TOTAL STEP memory.

Using your Pedometer

● **How to change the display**
Press **MODE** to cycle through the Pedometer's data views.

Step / Clock mode
Step / Distance mode
Step / Calories mode
Step / Fat Burn mode
Step / Activity Time mode
Step / 99 Days Total step mode

Memory Mode

Your pedometer can store up to 7 days of data for steps walked, calories consumed and distance traveled. At 12:00 a.m. the LCD resets to zero and the previous day's data is automatically stored in memory. Even though the daily memory is reset at midnight, the pedometer will still add each day's data to the **TOTAL** memory, accumulating for up to 99 days or 999,999 steps.
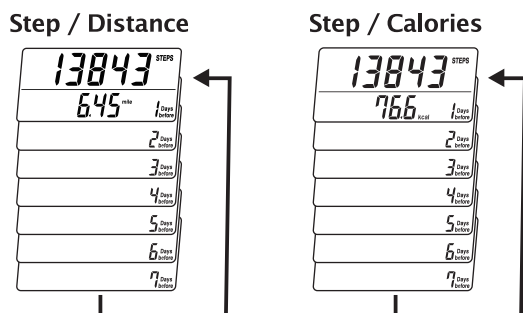
Viewing the data stored in memory:

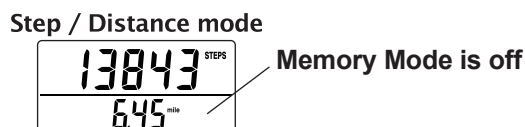From either the **DISTANCE OR CALORIES** screen, press the **SET** button to view historical data.

| 13843 STEPS |
| 13843 STEPS 1 Days before | — Memory Mode
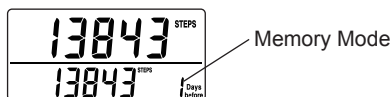
Once in Memory Mode, press the MODE button to between the STEP, CALORIES and DISTANCE screens.

Step / Distance

13843 STEPS
6.45 mile 1 Days before — 1 day before

↓

Step / Calories

13843 STEPS
76.6 kcal 1 Days before — 1 day before

Press the **RESET** button to cycle back into historical data by day.

Step / Distance   **Step / Calories**

13843 STEPS   13843 STEPS
6.45 mile 1 Days before   76.6 kcal 1 Days before
2 Days before   2 Days before
3 Days before   3 Days before
4 Days before   4 Days before
5 Days before   5 Days before
6 Days before   6 Days before
7 Days before   7 Days before

Press the **SET** button at anytime to exit the Memory Mode.

Step / Distance mode

13843 STEPS
6.45 mile — **Memory Mode is off**

Total Memory Mode

Total Memory Mode shows the total data captured over and up to 99 days.

Press the **MODE** button until the screen displays TOTAL on the bottom right

Today 0 STEPS
0 STEPS 01 TOTAL Days   ....➤   Today 12345 STEPS
                                 12345 STEPS 01 TOTAL Days
                                 1 days

↓

Today 4567 STEPS
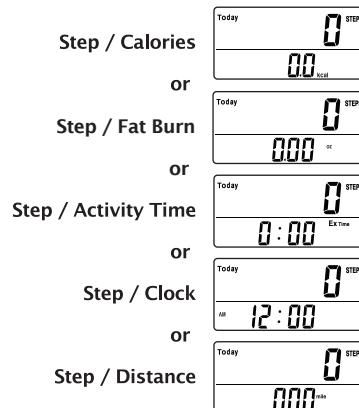16912 STEPS 02 TOTAL Days
2 days

↓
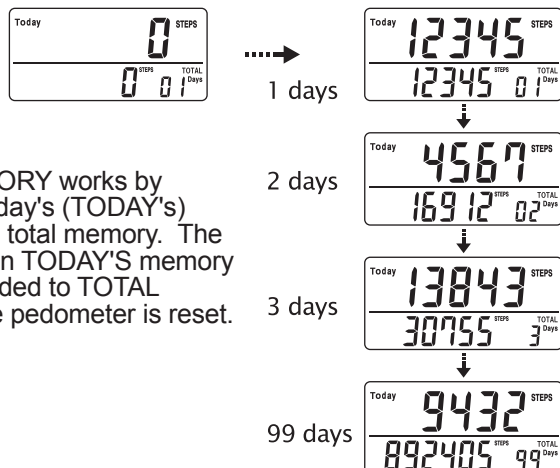
TOTAL MEMORY works by adding each day's (TODAY's) steps into the total memory. The steps stored in TODAY'S memory will still be added to TOTAL memory if the pedometer is reset.

Today 13843 STEPS
30755 STEPS 3 TOTAL Days
3 days

↓

Today 9432 STEPS
892405 STEPS 99 TOTAL Days
99 days

NOTE: When the TOTAL MEMORY reaches 999,999 steps and/or 99 days, the pedometer will stop counting steps. A RESET must be performed from the TOTAL MEMORY screen. Please refer to the RESET instructions.

Reseting the Pedometer (warm reset)

From any of the following display views, press and hold the **RESET** button for over 5 seconds to reset the pedometer. All exercise data except TOTAL MEMORY will be reset to zero.

Step / Calories
Today 0 STEPS
0.0 Kcal

or

Step / Fat Burn
Today 0 STEPS
0.00 or

or

Step / Activity Time
Today 0 STEPS
0 : 00 Ex Time

or

Step / Clock
Today 0 STEPS
12 : 00 AM

or

Step / Distance
Today 0 STEPS
0.00 mile

The STEP, CALORIES, FAT BURN, ACTIVITY TIME and DISTANCE will be reset to zero.

When the TOTAL MEMORY reaches 999,999 steps and/or 99 days, the pedometer will stop counting steps. A TOTAL MEMORY reset must be performed. Switch to the TOTAL MEMORY screen display, then press and hold the RESET button for 5 seconds. This will erase all exercise data stored in the pedometer (excluding DATE, TIME, STRIDE and WEIGHT setup data). Whereas a warm reset only erases exercise data, a cold reset erases all exercise and setup data stored in the pedometer, restoring the pedometer to its original factory set programming.

Performing a Cold Reset

A cold reset is required if all data needs to be deleted or if the display becomes unrecognizable.

NOTE: Changing the battery automatically causes a cold reset. To perform a cold reset, insert a blunted pin into the RESET hole on the back of the pedometer. The pedometer will have to be programmed before use. Please refer to Setup instructions.

The battery needs to be changed when the LCD begins to dim and the screen digits become difficult to read. Refer to the following diagram when changing the battery.

Thin Stick

System Reset Button
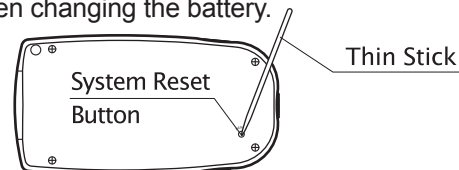
Replacing the Battery

1. Remove the screw from the back of the pedometer.
2. Pull the battery slot out of the pedometer.
3. Replace the battery with a new CR2025 battery.

Step 2

Step 1

RESET

Step 3

Battery type:CR2025

+
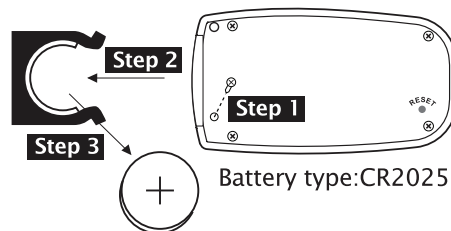
4. Program the TIME, STRIDE and WEIGHT as per the instructions in the GETTING STARTED section.

NOTE: If the pedometer is not programmed after a cold reset, or if no activity is detected immediately after a cold reset, the pedometer will deactivate. Perform a cold reset again by inserting blunted pin into the hole on the back of the pedometer. If a pin is not available, remove and reinsert the battery to manual perform a cold reset.

Congratulations on your purchase of the 4x3razor Pedometer, by Ozeri. This pedometer is a great exercise tool that tracks the total number of steps you take and the total time you spend walking, along with the distance you walk and calories you burn. This pedometer's motion sensor is optimized to detect steps while walking. The data is tracked daily and the daily memory is automatically reset at midnight. Even though daily memory is reset at midnight, this pedometer will still add each day's data to the total memory, accumulating data for up to 7 days.

This pedometer uses a Lithium battery (CR2025 installed). It automatically powers off after 3 minutes second of inactivity to preserve battery life. To change the battery please use the included mini-screwdriver. If you lose this screwdriver, any mini-screwdriver similar to the type used on eye glasses will work.

Please remove the battery insulation tab before attempting to use the Pedometer for the first time.

When setting up your pedometer for the first time, you will need to enter your walking stride [the distance between your steps]. To measure your stride, it is recommended that you calculate an average in the following way: Walk 10 steps notating your starting position and ending position. Measure the distance between your starting and ending position. Divide this total distance by 10 to get your average stride. For example, if the total distance you walked over 10 steps is 330 inches, your average stride would be 33 inches (or 2.75 feet). Note: To ensure accuracy, this pedometer will not begin counting steps until it detects motion resembling approximately 10 continuous steps. This pedometer may not accurately count steps in the following conditions:

• When the unit moves irregularly. This can occur when the pedometer is changing its orientation, such as when loose in a purse or bag, or if hanging from a belt.
• When walking at an inconsistent pace. This can occur when wearing shuffles or sandals, or when you are constantly stopping such as in a crowded place.
• During Up and Down movement. This can occur when exercising in ways other than walking, or when ascending or descending on a steep staircase.

WARNINGS – PLEASE READ FIRST AND KEEP THIS MANUAL FOR FUTURE USE

• This pedometer is not a toy. Keep this pedometer away from children. The pedometer contains small pieces that can be swallowed. The pedometer's lanyard can cause strangulation.
• Always contact your healthcare provider before undertaking a weight loss or exercise regimen.
• Operate this unit only as intended.
• Do not swing the pedometer by the lanyard. Doing so may cause injury.
• Be careful when placing the pedometer in your shorts or trousers not to sit on it while it is still in your pocket. This may damage the pedometer.
• When replacing the batteries, please ensure that the batteries are correctly aligned by polarity (+/-).
• It is recommended that the battery be removed if this device will not be used for an extended period of time.
• Do not dispose of battery in a fire. This may cause an explosion. Dispose of battery at your local recycling center to avoid pollution and unlawful disposal.
• Do not expose this product to rain or extreme conditions.
• Do not attempt to disassemble this product. It has no serviceable parts.
• This product is battery operated. Improper use of this product may cause battery to leak or explode, which may cause personal injury. If contact is made with a leaking battery, immediately flush affected area with running water and contact your local poison control center or seek medical attention. You may also call the National Battery Hotline at 202 625-3333.

Your 4x3razor Pedometer, by Ozeri is warranted to the original owner for 1 year from the date of purchase against defects in material and workmanship under normal use and service. Should your Pedometer prove defective within 1 year from the date of purchase, return the defective product, freight prepaid along with an explanation of the claim to "Ozeri." Please pack your Pedometer carefully to avoid damages in transit. Under this warranty, Ozeri will repair or replace any parts found to be defective due to a manufacturer's defect.

This warranty extends only to personal use and does not extend to any product that has been used for commercial use, rental use, or use which is not intended. There are no warranties other than that expressly set forth herein. This warranty is not transferable.

Ozeri is not responsible in any way for damages, losses or inconveniences caused by equipment failure or by user negligence, abuse, or use not in accordance with the "User Guide" or any additional safety, use, or warnings included in the product materials. Further, Ozeri is not liable for incidental or consequential damages of any nature resulting from the use of this product and any liability shall not exceed the purchase price of the product.

This Warranty gives you specific legal rights. You may also have other rights which vary from state to state.

THIS WARRANTY DOES NOT APPLY TO THE FOLLOWING

- Damage due to accident, misuse, abuse, alterations or vandalism.
- Improper or inadequate maintenance.
- Unauthorized modification or commercial use.
- Damage in return transit
- Unsupervised use by children

Ozeri Customer Service:
Phone: 1-877-299-1296
Email: support@ozeri.com

(Ozeri™ and its subsidiaries assume no liability for damage caused by the use of the Pedometer other than for its intended use or as instructed above and in the User Manual.)