



User Manual

Model Name – smartBIKE C3

Attention!

Please read the instruction carefully before using this equipment!

Note: Following the principles of continuous development, we may modify machines when necessary. Always choose a Spin Bike that can support at least 20 more kilograms of weight than your current weight since the impact weight increases during running and walking.



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Read all Instructions before using and keep this manual for future consultation.

IMPORTANT SAFETY INSTRUCTIONS



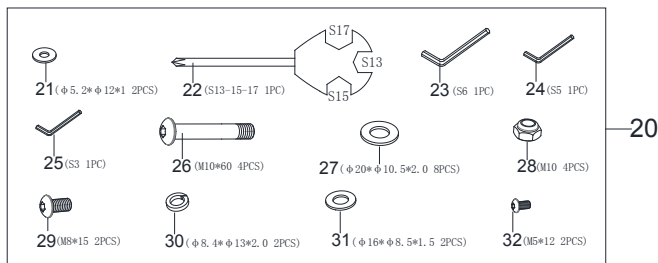
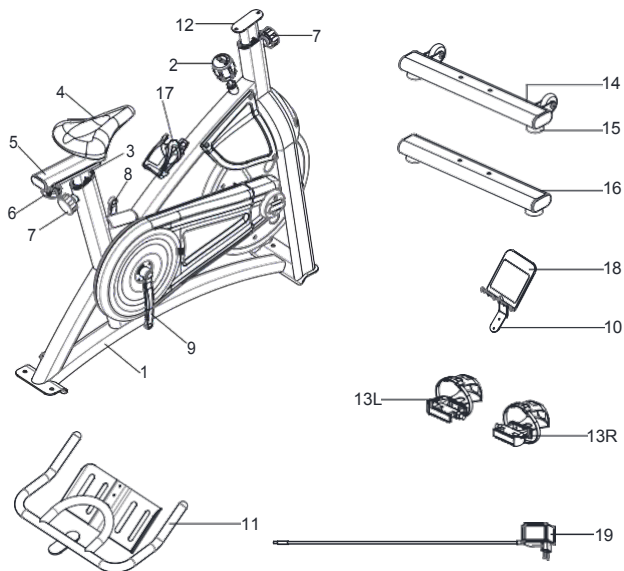
Caution!

Read all instructions before using and keep this manual for future consultation.

Thank you for purchasing our products. The correct use of this machine is the guarantee of safety and health for you. Please read the following content carefully before using the product:

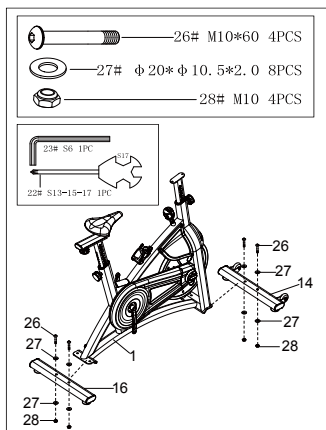
- 1 It is important to read the manual before installation and use. Only with the proper installation, maintenance and use of this equipment can you enjoy the unique experiences and unique solutions.
2. Before beginning any exercise program, consult your doctor or fitness coach. It can help you establish the exercise frequency, intensity and timing appropriate to your age and physical condition. If you have chest pain or tightness, irregular heartbeat, shortness of breath, feeling faint or having any discomfort while you exercise, **STOP IMMEDIATELY!** Consult your doctor before continuing. This is important for people of all ages or who have a persistent health problem.
3. **Caution:** excessive or improper exercise may cause injury.
4. This spinning bike is intended for adults, the use of the bike by children should be supervised by a responsible adult. And make sure children and pets stay away from this equipment when there is no accompany or in process of exercise.
5. Please cushion the bottom of the equipment with a strong and flat material to protect your floor and carpet. For safety reasons, please make sure that at least 1.64ft of free moving space is reserved around the equipment.
6. Before use, please make sure the screws and nuts are tightly locked.
7. Please use this equipment carefully. If you find any defects during the installation or use of the equipment, or hear any abnormal sound, please stop the exercise immediately, and do not continue to use it until the problem is solved.
8. When doing the exercise, please wear clothes that fit your body in order to prevent loose clothes from tripping over or restricting exercise.
9. This appliance is intended for residential, indoor use only and is not intended for therapeutic purposes.
10. Please be careful when moving the equipment in order to avoid unnecessary injury.

PARTS LIST



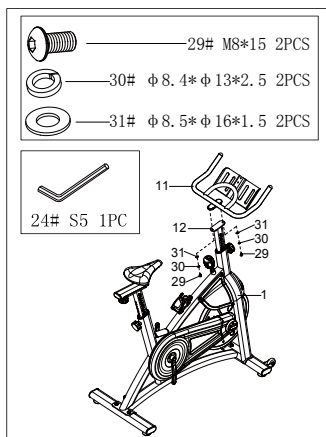
No.	Description	Spec.	Qty	No.	Description	Spec.	Qty
1	Main Frame assembly	According to the physical object	1	20	Parts Pack	According to the physical object	1
2	Brake Knob	According to the physical object	1	21	Flat washer	φ12*5.2*1.0	2
3	Saddle Tube Assembly	According to the physical object	1	22	Cross Spanner	S13-15-17	1
4	Saddle	According to the physical object	1	23	L-type wrench	S6	1
5	Saddle Cross Tube Assembly	According to the physical object	1	24	L-type wrench	S5	1
6	Horizontal tube adjustment knob	Φ50*57*M10*22	1	25	L-type wrench	S3	1
7	Adjustment knob	Φ52*70.5*M16*1.5	2	26	Hexagon socket head screw	M10*60*S6	4
8	Left Crank	32*152	1	27	Washer	φ20*10.5*2.0	8
9	Right Crank	32*152	1	28	Nut	M10	4
10	Support plate		1	29	Hexagon socket head screw	M8*15*S5	2
11	Handle Assembly	According to the physical object	1	30	Elastic washer	Φ8.4 *13*2.0	2
12	Handle riser assembly	According to the physical object	1	31	Flat washer	Φ16*8.5*1.5	2
13 L/R	Pedal	9/16	1set	32	Hexagon socket head screw	M5*12*S3	2
14	Front bottom tube bonding	According to the physical object	1				
15	Foot pad	Φ50*15*M10*30	4				
16	Rear bottom tube bonding	According to the physical object	1				
17	Kettle Holder	According to the physical object	2				
18	IPAD bracket		1				
19	Power adapter	Φ3.5*2000	1				

ASSEMBLY STEPS



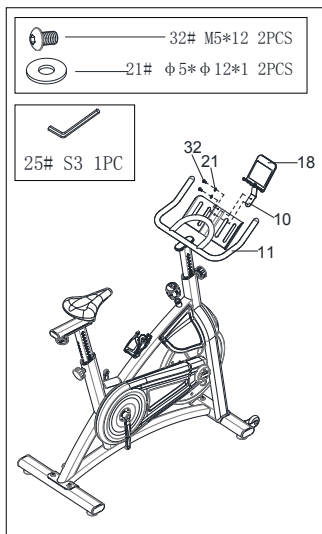
STEP 1:

1. Take out 4 screws (26#), 8 washers (27#) and 4 caps (28#) from the tool kit (20#), and use the taken out screws, washers and caps to attach the front bottom tube (14#) and the rear bottom tube (16#) are mounted on the main frame (1#). Use an S6 Allen key (23#) and a cross machine hand (22#) to tighten the screws and caps and fix them.

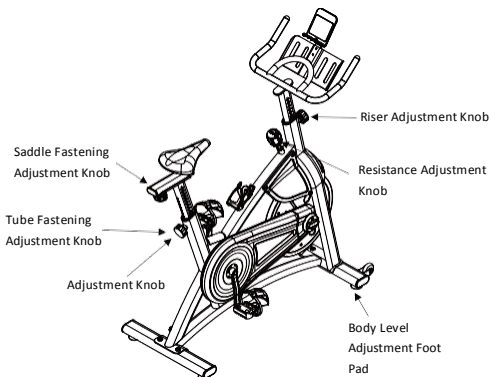


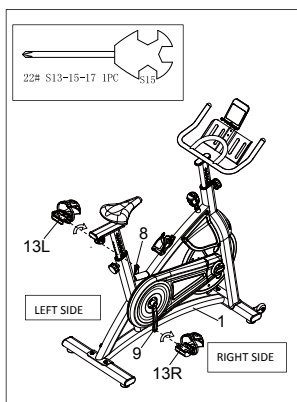
STEP 2:

1. Take out 2 screws (29#), 2 elastic washers (30#) and 2 flat washers (31#) from the tool kit (20#), and use the screws and washers taken out to combine the handle (11#) with Install the S5 (24#) Allen wrench on the main frame assembly (1#), and tighten the screws to fix it.

**STEP 3:**

1. Take out 2 screws (32#) and 2 flat washers (21#) from the tool bag (20#), and use the taken-out screws and washers to attach the support plate (10#) and IPAD bracket (18#) are mounted on the handle (11#). Use an S3 Allen key (25#) to tighten the screws to fix it.



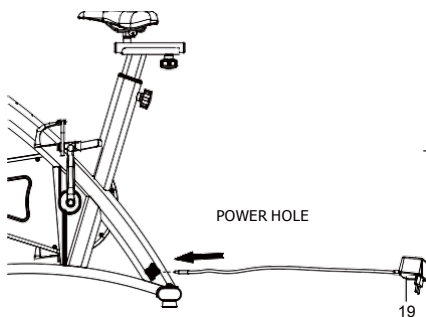


STEP 4:

1. Please screw the pedal into the crank by hand, and then use the wrench to lock the pedal.
2. Use the S15 of the cross wrench (22#) to install the pedal (13L#) on the left crank (8#) on the main frame (1#); use the S15 of the cross wrench (22#) to install the pedal (13R#) to the main frame (1#). on the right crank (9#) of the frame assembly (1#), and tighten it in the direction of the arrow in the figure (towards the front of the bike).

STEP 5:

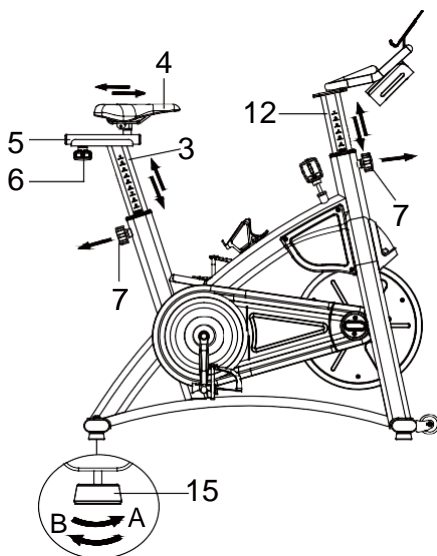
The bike has been assembled, please check again whether the screws of each component are assembled in place and locked, and adjust the riser saddle and cushion to the appropriate height to start use!



1. Power on

Connect the power adapter (19#) to the power port at the lower rear of the frame. Please use the standard power adapter. Unauthorized replacement of the power adapter may cause serious consequences.

HOW TO ADJUST BIKE

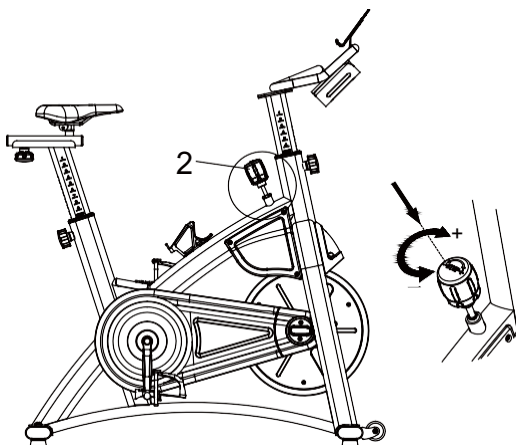


SEAT ADJUSTMENT

The seat of this bicycle is fully adjustable because it moves up, down, forward and backward. To adjust the height of the seat slider tube (3#), loosen and pull the adjustment knob (7#) outward, and then raise or lower the seat to the desired height. After adjustment, reinsert and tighten the adjustment knob (7#) to hold the seat in place. To adjust the seat back and forth, release the adjustment knob (6#), and then slide the seat lever (5#) to the desired position. After positioning, reinsert and tighten the adjustment knob (6#) to hold the seat slider tube in place.

BALANCE ADJUSTMENT

In order to get a smooth and comfortable driving, you must ensure that the stability of the bicycle is guaranteed. If you notice that the bicycle is unbalanced during use, you should adjust the foot leveler located under the front and rear stabilizers of the bicycle. To do this, loosen the foot pad (15#) clockwise (direction A) by hand until it is flush with the surface on which the bicycle is located. If necessary, repeat this process to adjust the remaining foot pads to be flush with the surface on which the bicycle is located.



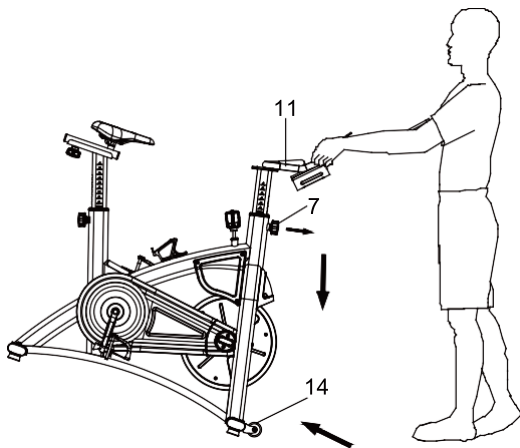
RESISTANCE ADJUSTMENT

Use the resistance knob **(2#)** to adjust the resistance of the bicycle. Turn the resistance knob to the right (clockwise) to increase the resistance, and turn the resistance knob to the left (counterclockwise) to reduce the resistance.

Emergency braking

During use, the user can completely stop the bicycle by pressing the resistance knob **(2#)**. Pressing the tension knob will force the brake and stop the bicycle immediately.

HOW TO MOVE BIKE



First make sure the handle is properly secured. If the handle is loose, tighten the knob (7#) and fix it. Then, stand in front of the bike so that you can put it directly in front of the handlebar. Hold and hold each side of the handle firmly, place one foot on the front bottom tube assembly (14#), press down the handle (11#) hand-by-hand and tilt the bike to you until the transport wheel on the front wheel steadily touches the ground. Through the wheels on the ground, you can easily transport the bike to the desired location.

Note: Be careful when moving a bike, because accidental impacts, such as a bike falling, may cause injury and affect the performance of the bike.



Customer Care Support

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