LATEST AND GREATEST

Our team is constantly improving your product experienc This model may have new features or controls which are not detailed in this guide.

For the latest version of the manual, scan the QR code below.



This device meets the FCC and ISED radiation exposure requirements set forth for an uncontrolled environment. The requirements set a SAR limit of water of the property of the property of the property of the standard during product certification for use when properly worn on the head. To maintain compliance with FCC and ISED RF exposure requirements, use a cossories that maintain a separation distance of offer headest. The use of the property of the property

FCC ID: 2AHYV-JBASP4 IC: 21316-JBASP4

WITH LOVE FROM THE LAB

We have lots of different ways to show we care.

GET STARTED + FREE GIFT Product updates | How-to tips | FAQs & more



THE RIGHT SOUND FOR EVERY MOMENT

We get it, sound is personal. Choose your sound preferences from our EQ3 settings and customize your sound style to match exactly what you're doing.

EQUALIZER MODES



"JLab SIGNATURE" JLab C3™ signature sound with amplified vocals and bass

BEST FOR



Even sound with no additional sound enhancements

BEST FOR Podcasts, Audiobooks Classical music



"BASS BOOST" Amplified bass and sub-bass

BEST FOR Working out, sport and fitness



"CUSTOM"

Personalize your EQ through
the JLab App.

FIND YOUR FIT

OUTSIDE



Try all ear tips for best fit and proper seal.



VOICE PROMPTS

"JLab ON": Power ON
"JLab OFF": Power OFF
"Ready to Pair":
JLab JBus Sport ANC 4 is ready
to pair to Bluetooth device
"Bluetont Donnected":
"Battery Low": Less than 25%
(When power decreases to 10%,
"Battery Low" will play one time)

INSIDE

QUICK TIPS

Fully dry off earbuds before putting in the charging case to avoid any damage to the case. The earbuds are sweat/water resistant but the case is not.

MANUAL RESET

CONNECTION FAILURE OR EARBUDS DISCONNECTED FROM EACH OTHER

- 1 Keep the earbuds in the charging case and forget "JLab JBuds Sport ANC 4" from your Bluetooth device settings.
- Quick tap one earbud 7x while in charging case.
 Earbud blinks blue 4 times.
- 3 Quick tap 7x on other earbud in charging case. Earbud blinks blue 4 times.
- 4 Take both earbuds out of charging case. One earbud LED will shine solid white and other will blink blue/white indicating: read to pair to your device.

For support please visit: HELP.JLAB.COM



QUICK START GUIDE

المعال (8)

WELCOME TO THE LAB

DONE BETTER







#yourkindoftech

PAIR UP

Take earbuds out of case and remove stickers.
Place back in case and close door,



White light on case indicates charge, move earbuds from case.



One earbud will blink blue/white indicating ready to pair





Select "JLab JBuds Sport ANC 4" in your device's Bluetooth settings.



Voice prompt "Bluetooth connected" will indicate connection.

ADDING DEVICES FOR MULTIPOINT:

Turn OFF Bluetooth from any previously connected device. Earbuds will automatically enter Bluetooth Pairing mode. Turn ON Bluetooth from new device. Select "JLab JBuds Sport ANC 4" in device settings to connect.

Turn ON Bluetooth on previous device, Audio will switch automatically between devices

GO AHEAD, PUSH THE BUTTON

Touch controls are fully L/R Symmetrical

VOLUME UP/DOWN: Swipe Up/Down

PLAY/PAUSE ● 1x Tap TRACK FORWARD • • 2x Tap TRACK BACK ••• 3x Tap

NOISE CONTROL Press Hold EQ CHANGE Press Hold Both Earbuds

ANSWER CALL • 1x Tap HANG UP • 2x Tap

REJECT INCOMING CALLS Press Hold

DOWNLOAD THE APP

Customize JBuds Sport ANC 4 with features like an interval timer and update to the latest software.

Download the JLab App







GET CHARGED (EARBUDS)

Earbuds will power off and start charging when placed in the case.



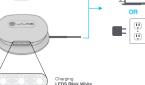
2 Earbuds will auto power on and connect to your



GET CHARGED (CASE)

Connect the JBuds Sport ANC 4 to a USB 5V 1A (or less) output device, or place on wireless charging dock







Fully Charged

All LEDs Solid White