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EN 1-35
DE 36-71

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Signs and Symbols

Warning Sign	Meaning
	It Uses that it will appear the dangerous of visualize or serious injury in the ever use.
	It Uses that it will appear the possibility of visualize or serious injury in the ever use.
	It Uses that it will appear the possibility of visualize or damaged partial in the ever use.
	Refer to instruction for use
	THIS SIF APPLIED BWF
	Manufacturer

1. Getting to know

Low-frequency pulse electrotherapy is a kind of therapy that uses low-frequency pulse current to stimulate human tissue to produce physiological reactions and treat diseases. Electrotherapy pulse current is definition some voltage and waveforms in order to relieve pain, improve blood circulation and muscle relaxation.

Low frequency pulse electrotherapy is used in the following aspects (including but not limited to):

(1) Pain relief therapy:

For the relief of acute or chronic pain, such as muscle soreness, arthritis, headache and neuralgia, etc., **such as TENS therapy.**

(2) Sports performance enhancement:

By reducing muscle fatigue and promoting entanglement, improve the performance level of athletes, **such as EMS therapy.**

(3) Improve blood circulation:

Promote blood circulation, eliminate edema, promote blood circulation, increase the supply of oxygen and nutrients, help tissue repair and recovery, relieve cerebral and peripheral tissue hypoxia, **such as Massage.**

(4) Muscle relaxation:

Low-frequency pulse electrotherapy can reduce muscle tension and muscle spasm, relieve muscle pain and stiffness, relieve muscle pain and discomfort, **such as Massage.**

2. Foreword and Intended Use

Congratulations on your purchase of this medical device. Please read carefully before use. Keep this manual in a safe place for future reference.

The device is not a substitute for medical consultation and treatment. Consult your doctor first if you are experiencing any pain or are suffering from an illness. The device is used for temporary relief of pain associated with sore and aching muscles in the shoulder, back, back, back of the neck, arm, leg, and foot, due to strain from exercise or normal household and work activities.

3. Package Included

A	Remote Controller
B	Host Devices
C	Electrode pad
D	Electrode pad
E	Strap Belt
F	Strap Belt
G	Button cell battery
H	Battery cover remove tab

4. Product Function

- **Support TENS for pain relief:** Adjustable TENS for pain management.
- **30 Preset modes:** Providing versatile therapy options.
- **Strength selection:** 20 levels is optional.
- **Timer setting:** 20-60 minutes is optional.
- **ATOP function:** Plus-slide to stop the device's operation.
- **Control Methods:** Host Control and Remote Control.

5. Device Description

6. Interaction(LED, Beep,Button)

6.1 Button of remote control

NO.	Button	Operation	Function
A	Short Press	Long Press	Turn on / off the power
B	Short Press	Short Press	Set a timer
C	Short Press	Short Press	Choose a mode
D	Short Press	Short Press	Set a intensity level
E	Short Press	Short Press	Stop the device from working

6.2 Button of host device

NO.	Button	Operation	Function
F	Short Press	Short Press	Mode Selection
G	Short Press	Short Press	Power ON/OFF
H	Short Press	Short Press	Increase in intensity
I	Short Press	Short Press	Decrease in intensity
J	Short Press	Short Press	Power ON/OFF

Note: The remote control can power off the host, but it cannot power on the host when it is turned off.

6.3 Display

NO.	LE	Function
A		Battery level of the Remote Control
B		Timing Selection
C		Mode selection
D		Impulse Intensity

6.4 LED indicator and Beep

Status	LED Indicator	Beep
Power ON/Shutdown	LED indicator flashes 3 times	Long beep
		Long beep
Mode Selection	1 short acoustic signal	Short Press: Changing the mode
	1 long acoustic signal	Long Press: Turn off Sound
Intensity adjustment	1 long acoustic signal	Short Press: Increase in intensity
		Long Press: Decrease in intensity
Power ON/OFF		Short Press: Power ON/OFF
		Long Press: Power ON/OFF
Battery Low		Long Press: Power ON/OFF
	3 long acoustic signal	Long Press: Power ON/OFF

7. Use

7.1 Notes on Use

(1) Charge the device for 2 hours for the first-time use. (Fig.1)

(2) Before use, check if the arrow symbol on the back cover of the remote control is aligned. (Fig.2)

(3) The device switches itself off automatically if it is **not used for 3 minutes (automatic switch-off).** (Fig.3)

⚠ Attention

①Pour plus-slide to stop the device in use (only mode uses the intensity or not THE REMOTE and THE HOSTS is set to off.

② For safety, don't use the device while charging. (Fig.4)

(5) To two electrodes need to be peeled on the skin before the device can output pulses. (Fig.5)

7.2 Electrode Attachment Guide

Animals:

TENS:

7.3 Use

7.3.1. Wait button control

(1) After charging, dim electrodes on your body skin. (Fig.1)

(2) Long press the power button to turn on the device. (Fig.2)

(3) Press the mode selection key to select the mode. (Fig.3)

(4) Short press the fan to set a timer. (Fig.4)

(5) Press the plus key to select a regular intensity. (Fig.5)

(6) Pressing the plus button on the remote control immediately feels the best absorb operation when needed. (Fig.6)

7.3.2. Remote control

(1) After charging, dim electrodes on your body skin. (Fig.1)

(2) Long press the device's power button, then long press the remote's (Fig.2)

(3) Short press the fan to set a timer. (Fig.3)

(4) Press the mode selection key to select the mode. (Fig.4)

(5) Short press the plus key to select a regular intensity. (Fig.5)

(6) Pressing the plus button on the remote control immediately feels the best absorb operation when needed. (Fig.6)

8. Trouble Shooting

Problem 01: The device does not switch when the ON/OFF button is pressed.

How to prevent:

(1) Charge with the 5.0V power adapter. (Fig.1)

(2) Contact Customer Services.

Problem 02: Electrodes do not adhere to the body.

How to prevent:

(1) Ensure the parts of the electrodes with clean water. If they don't stick well, use new ones.

(2) Before applying the electrodes, clean your skin and avoid using lotions or oils. Wearing the sticky side facing the electrodes last longer.

Problem 03: There is no noticeable stimulation.

How to prevent:

(1) Restart the program.

(2) The two electrodes need to be peeled on the skin before the device can output pulses.

(3) Check whether positions of electrodes that adhere electrodes do not overlap.

(4) Ensure the battery anodes better when the battery is charged. Please charge for 2 hours before using.

(5) In consideration of safety, the device does not support usage while charging.

(6) It might be because the battery is not making good contact. Please try using a different electrode pad.

Problem 04: The LED on the device is flashing in red and the device is not working.

This indicates low battery. Charge the device for about 2 hours with 5V 1.5A adapter.

Problem 05: The heat or unpleasant sensation at the electrodes.

How to prevent:

(1) Ensure electrodes are not positioned correctly. Check their positions and re-position, if necessary.

(2) The electrodes are worn. This may cause irritation or even skin rashes. Replace with new electrodes. Longer use is no longer guaranteed for the causes, replace the electrodes.

Problem 06: Skin in the treatment area turns red

How to prevent

Immediately stop treatment and wait until your skin returns to its normal state. Then, restart the device at a lower intensity. Depending on sensitivity, there is no risk – this is caused by the stimulation causing localized blood flow. However, consult your doctor before you continue treatment if the redness persists or if you feel any discomfort, pain, or tingling sensations. If discomfort persists, stop the device and discontinue reaction to the adhesive surface.

Problem 07: When using for the first time, the product's intensity is too strong.

How to prevent

The intensity is related to the battery level, and there is a difference of 10-30 in intensity between low and full battery.Please charge the host for about 2 hours and try again.

Problem 08: The remote control and the hosts cannot connect, or the connection is lost.

(1) Reset the remote control or the hosts and try again.

(2) If there are headphones on the 433 MHz signal frequency around, the connection may be unstable. Try to another location to minimize potential interference.

(3) Check if there is excessive distance or any obstacles affecting the signal between the remote control and the hosts.

(4) If the above steps don't resolve the issue, please contact customer support.

Problem 09: Remote Control Not Working

How to prevent

(1) Check for battery polarities alignment in the back cover. Poor alignment may cause bad contact.

(2) If batteries are depleted, use the cover or a coin to rotate and replace the batteries.

Problem 10: Since the product allows separate control by the host and remote, both controls might not match.

How to prevent

(1) Use the remote: Within mobile range, disabled the mode on the remote, the host will automatically follow the remote.

(2) Reset both Master both the host and remote, Start from Mode 1 and select until the desired mode.

9. Charging Instruction

(1) Low Battery: When the battery level is below 15%, the host device will beep and the LED indicator will flash red to remind you.

When the power is depleted, the device will shut down automatically. If not used for a month or longer, please charge it fully before use.

(2) When the remote control's out of battery, use the button battery. Key provided with the product to unlock the battery cover, replace the old CR2032 3V button battery with a new one, and lock the battery cover back in place with the key.

(3) The vibration does not work while charging.

(4) The stimulator should be connected to an DC 4.5V adaptor with adaptor for charging.

(5) When the equipment is fully charged, the working time of the equipment is about 10 hours. (Not condition: the heat strength, TENS or Sweep)

(6) The typical service life of the battery is between 2 and 5 years.

10. Program Overview

The preset modes are recommended for use on specific areas, but users can customize them to suit their needs. Adjust intensity as needed.

• The unit features a total of 30 programs:

Parts	Mode NO.	Frequency	MODE
Shoulder&Neck	1	80Hz	Effect
	2	80Hz	Effect
	3	2Hz, 80Hz	Effect
Waist	4	80Hz	Effect
	5	80Hz	Effect
	6	2Hz, 80Hz	Effect
	7	80Hz	Effect
	8	80Hz	Effect
	9	2Hz, 80Hz	Effect
Leg Lumbago	10	80Hz	Effect
	11	2Hz, 80Hz	Effect
	12	2Hz, 80Hz	Effect
	13	80Hz	Effect
	14	2Hz, 80Hz	Effect
	15	2Hz, 80Hz	Effect
Upper Lumbago	16	2Hz, 80Hz	Effect
	17	2Hz, 80Hz	Effect
	18	2Hz, 80Hz	Effect
	19	2Hz, 80Hz	Effect
	20	2Hz, 80Hz	Effect
	21	2Hz, 80Hz	Effect
	22	2Hz, 80Hz	Effect
	23	2Hz, 80Hz	Effect
	24	2Hz, 80Hz	Effect
	25	2Hz, 80Hz	Effect
	26	2Hz, 80Hz	Effect
	27	2Hz, 80Hz	Effect
	28	2Hz, 80Hz	Effect
	29	2Hz, 80Hz	Effect
	30	2Hz, 80Hz	Effect
Full Backbone	31	2Hz, 80Hz	Effect

11. Technical Specifications

Power program	30
Timer Setting	Supportive: 10 - 60 minutes
Strength Intensity	Supportive: 1 - 20 levels
Electrode Pad	4 Pieces
Connection mode	Wireless unhaunt
Remote control	Wireless remote control
Output mode	2-channel
Impulse frequency	2-120hz
Output voltage	peak ≤100V
Output current	≤ 100mA
Host Battery	Rechargeable lithium battery 300mAh
Remote Battery	CR2032 button Battery
Charge	5V 1A
Adaptor	Support 5V 2 1A
Operating conditions	Environment temperature: +10°~+40°C Atmospheric environment humidity: 30%~75% Atmospheric environment condition: 500hPa~1060hPa
Storage/Transport conditions	Environment temperature: -10°~+55°C Environment humidity: 5~93%RH Atmospheric environment condition: 500hPa~1060hPa

12. Storing and storage

12.1 Adhesive electrodes

(1) Keep the adhesive electrodes remain unheated for storing as possible, clean them without a lotion, and then adhere, place the underside of the electrodes under between, running water and pat dry with a lint-free cloth, or, after drying naturally, it can be used.

(2) Keep the electrodes in the carrier foil following treatment.

(3) Keep the electrodes in a cool, dry environment, ensure that the electrode should not be used more than 30 times.

12.2 Cleaning the device

• Remove the battery from the device before cleaning.

• Clean the device after use with a soft, slightly damp cloth. If it's very dirty, use a mild soap solution. Ensure no liquid enters.

• Do not use any chemical or abrasive cleaning agents. Ensure that no water enters the device. Reuse of the Device Once it has been properly prepared for the next use, the device can undergo thorough disinfection, replacement of the treatment electrodes as well as cleaning of the surface of the device. Follow the instructions below:

12.3 Storage

• Do not make sharp bends in the connection cables and electrodes.

• Reapply the electrodes to the carrier foil after use.

• Store the device and accessories in a cool, well-ventilated space.

• Never place any heavy objects on the device.

13. Warnings

(1) The long-term effects of chronic electrical stimulation to the human body are not known.

(2) Patients with cardiac pacemaker are alarmed.

(3) Do not use near people with cardiac pacemakers, heart disease, pregnancy or intracranial sensitive are prohibited.

(4) Treatment parts have the material.Image after acute trauma or fractures, disabling wound healing stage after the operation.

(5) Treatment is not sensitive to heat or electrical stimulation of the skin patients disabled.

(6) Disturbance of consciousness or disabled children.

(7) Treatment of swelling, skin infection or with skin disease, phlebitis patients disabled.

(8) Do not place the device under showers, sweating and disabled when you go to sleep.

(9) Driving traffic tools or disable during movement.

(10) Infant allergies are disabled.

(11) Parts of the new equipment that are not serviced or maintained under in use with the patient.

(12) Unauthorized modification of equipment may result in danger.

14. Safety Precautions

It is important that you read all the warning and precautions instructions before using the device. Improper use of the device may cause injury and damage.

Please note that the purpose of warning sign and legend is safe and proper using the product by users, and prevents the harm to you and others.

⚠ For warning: sign and legend as well as their meaning is as follows.

⚠ Please note that for safety reasons, the product does not support using while charging.

⚠ Attention

①The therapeutic apparatus cannot be used with the AF apparatus to avoid the occurrence of anesthetic explosion hazard. ②The use of the accessories approved or AP equipment or the same lines that exceed the of the leakage pole may be cause burns on the apparatus, it may also reduce the electromagnetic emissions of the equipment and cause the device to incorrectness ③Electromagnetic apparatus, the output of apparatus may be affected by other devices.

④ Pull and disconnect the plugs of Host Electrodes to unplug/detach pads close to the chest.

⑤Pressure Sensitive Equipment should be supervised by professional technicians staff, otherwise it will produce risk.

⑥ Do not use the device in the environment with flammable, explosive, and medical gases, otherwise it will lead to danger.

⑦ Unauthorized connection of a patient to high frequency surgical kit may cause unexpected burns. ⑧ Do not use the device on the patient who has implanted electronic medical devices.

⑨ Medical Electrical Equipment needs special attention to EMC, and the installation and use must be in accordance with the relevant EMC information provided in the accompanying documents. ⑩ Do not use accessories not specified by the manufacturer.

⚠ Caution

①Pregnant women and pediatrics should be used with caution. ②Do not use the device on the patient who has a pacemaker, implanted with metal or electronic equipment, cardiac patients, patients with the disease of the heart or other person treated by the doctor must consult a doctor over and over the product.

③ It is contraindicated for use by those who have a poor perception of pain or those who have difficulty in expressing pain.

④ It is prohibited to use when bathing, swimming, and sleeping.

⑤ The patient with implanted hemostatic ⑥ should be disabled in the stimulation. The patient who has the vascular stent ⑦ should be used under the supervision of doctors.

⑧ Do not use the device on the patient who has severe heart disease, severe hypertension, severe hypertension, and severe hypertension.

⑨ Do not use the device on the patient who is direct suffering. Tight clothing and clothing with metal fibers should be avoided.

⑩ Do not place the electrode pad on the eyes, head, and front of the heart, and avoid the meridians and acupuncture points. ⑪ Do not use the device on the patient who is sensitive to electrical stimulation.

⑫ Do not use the device on the patient who is direct suffering. Tight clothing and clothing with metal fibers should be avoided.

⑬ Do not place the electrode pad on the eyes, head, and front of the heart, and avoid the meridians and acupuncture points. ⑭ Do not use the device on the patient who is sensitive to electrical stimulation.

15. Precautions

⚠ Please do not use in the parts which is reserved heart, head, and neck when using the vertebrae, leg, the left side of upper back, and cavity or pudendum, skin disease.

The head, the neck or any area of the face.

The chest or any area of the thoracic vertebrae. Cause severe muscle spasms resulting in closure of the airway, which may cause difficulty breathing or affect heart rhythm or blood pressure.

Near the heart, or on general area.

Both sides of the chest cavity simultaneously Cause a direct electrical pathway to the heart, which may affect the heart's rhythm. Stimulation of the chest muscles may also cause serious disturbances.

The Pacemaker equipment and implantable defibrillator may cause serious disturbances.

(1) Check the equipment before each use to avoid the exposed wires caused by accidental damage or other reasons.

(2)If it has been damaged, please stop using the product, please contact the customer service in time.

(3) Do not use the device while using the product, please stop using it immediately in the abnormal situation.

(4)Please pull up the power plug when you are done or do not use the product.

(5) Do not used in conjunction with other medical electronic devices, such as a cardiac pacemaker, artificial heart and lung, and other medical electronic devices with life, electrocardiograph, and other medical electronic devices, otherwise it will lead to danger.

(6) Do not use the product in the place where it direct sunlight, high temperature, and humidity environment, otherwise it will lead to danger.

(7) Do not disassemble, repair and modify the therapeutic apparatus, otherwise cause failure or get an electric shock accident.

(8) The therapeutic apparatus of the electrical stimulation which is easy to move the plugs to use, it is easy to move the plugs in emergency circumstances.

(9) It should be shut off when used when the apparatus is moved or changed the treatment position of in the company, otherwise there will be a strong stimulation.

(10) It is not permitted to give children or people who are mentally ill to use the product.

(11) Do not use the product in the place where the electromagnetic interference is strong, otherwise it will affect the normal use of the product.

(12) Do not use the product in the place where the electromagnetic interference is strong, otherwise it will affect the normal use of the product.

(13) Do not use the product in the place where it direct sunlight, high temperature, and humidity environment, otherwise it will lead to danger.

(14) Do not disassemble, repair and modify the therapeutic apparatus, otherwise cause failure or get an electric shock accident.

(15) The therapeutic apparatus of the electrical stimulation which is easy to move the plugs to use, it is easy to move the plugs in emergency circumstances.

16. Appendix EMC Declaration

The equipment is intended for use in the electromagnetic environment specified below. The customer or the user of the equipment should assure that it is used in such an environment. The Transcutaneous Electrical Nerve Stimulation is suitable for use in a professional health care environment, not including areas where there are sensitive equipment or sources of intense electromagnetic disturbances, such as the shielded room for medical electromagnetic resonance imaging, high-intensity radiation, near active HF surgical equipment, electrophysiology laboratories, pressed rooms or areas where short-wave therapeutic equipment is used.

• Do not use the patient around the strong electric field, electromagnetic wave, and the place where the electromagnetic wave is easily disturbed. Using the device in an improper environment may cause malfunction or damage.

The consumers and EMS (Electrical Medical Equipment) should be the use of modified cables or those that which does not comply with the stress standards under which the equipment was validated.

• The system must not be used adjacent or supported by other equipments. The recommendation of this manual must be followed.

• Do not use accessories, transducers, internal parts of components, and other cables other than those previously specified by the manufacturer, otherwise, this may result in increased emission or decreased electromagnetic immunity and result in improper operation.

• Portable RF communications equipment (including peripherals such as antenna cables and external antennas)should be used no closer than 30cm to any part of the ultrasound system, including cables specified by the manufacturer. Otherwise, degradation of the performance of this equipment could result.

• To maintain basic safety in relation to electromagnetic disturbances during the expected service life, always use the system in the specified electromagnetic environment and follow the maintenance recommendations described in the manual.

The following table provides information on compliance of the equipment according to the standard EN 60601-1-2:2015.

Table 1. Compliance class

Immunity Test	Electromagnetic Environment and Guidance	Electromagnetic Environment and Guidance
RF emissions CISPR 11	Group 1	The equipment only RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
RF emissions CISPR 11	Class B	The equipment is suitable for use in all establishments, including domestic establishments and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.
Harmonic emissions IEC 61000-3-2	Class A	
Voltage fluctuations/ flicker emissions IEC61000-3-3	Conforms	

Declaration: This may result in increased emission or decreased electromagnetic immunity and result in improper operation.

• Portable RF communications equipment (including peripherals such as antenna cables and external antennas)should be used no closer than 30cm to any part of the ultrasound system, including cables specified by the manufacturer. Otherwise, degradation of the performance of this equipment could result.

• To maintain basic safety in relation to electromagnetic disturbances during the expected service life, always use the system in the specified electromagnetic environment and follow the maintenance recommendations described in the manual.

17. Warranty

24-Hrs Quick Customer Support

90 Days Free Return

365 Days Warranty

If you have questions or concerns, don't hesitate to contact us directly at:

Customer Service Hotline

1(833)390-0618

Monday to Friday, 8:00 a.m.-5:00 EST

Email: help@comfytamp.com

Table 2 Compliance standards

Phenomenon	Basic Standard	Immunity Test	Level of
Electrostatic discharge (ESD)	IEC 61000-4-2	±8 kV contact ±15 kV air	±8 kV contact ±15 kV air
Radiated RF	IEC 61000-4-3	80 MHz-2.7 GHz 80% AM at 1 kHz	80 MHz-2.7 GHz 80% AM at 1 kHz
Proximity fields from RF wireless communications equipment	IEC 61000-4-3	See table	See table
Power frequency magnetic field	IEC 61000-4-8	30 A/m 50 Hz or 60 Hz	30 A/m 50 Hz or 60 Hz
Transients/ burst	IEC 61000-4-4	±2 kV for power supply lines ±1 kV for input/output lines	±2 kV for power supply lines ±1 kV for input/output lines
Conducted disturbance induced by RF fields	IEC 61000-4-6	0.15 MHz-80 MHz 6 Vrms in ISM bands and amateur radio bands 80% AM at 1 kHz	0.15 MHz-80 MHz 6 Vrms in ISM bands and amateur radio bands 80% AM at 1 kHz

Radio Service	Band	Modulation	Maximum Power	Distance	Immunity Test Level
GMRS 460	460 MHz	FM ±5 kHz dev 1 kHz sine	2 W	0.3 m	28 V/m
GMRS 460	460 MHz	50% PM 133 kHz	2 W	0.3 m	28 V/m
GMRS 460	460 MHz	FM ±5 kHz dev 1 kHz sine	5 W	0.3 m	28 V/m
GMRS 460	460 MHz	50% PM 133 kHz	5 W	0.3 m	28 V/m
GMRS 460	460 MHz	FM ±5 kHz dev 1 kHz sine	9 W	0.3 m	28 V/m
GMRS 460	460 MHz	50% PM 133 kHz	9 W	0.3 m	28 V/m
LTE Band 13	746 MHz	217 Hz Pulse	0.2 W	0.3 m	9 V/m
LTE Band 5	1845 MHz	217 Hz Pulse	2 W	0.3 m	28 V/m
LTE Band 7	2565 MHz	217 Hz Pulse	2 W	0.3 m	28 V/m

18. Deutsches Inhaltsverzeichnis

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19. Zeichen und Symbole

Zeichen	Bedeutung
Achten Sie vor dem Verwenden auf die Warnungen und Vorsichtsmaßnahmen	Es ist wichtig, dass Sie Sicherheitsinformationen und Warnungen in der Tabelle beachten.
Achten Sie vor der Verwendung auf die Warnungen	Es ist wichtig, dass Sie Sicherheitsinformationen und Warnungen in der Tabelle beachten.
	Gebrauchsanweisung beachten.
	Typ BF angewandter Teil.
	Hersteller.

1. Kennenlernen

Low-frequency pulse electrotherapy is a kind of therapy that uses low-frequency pulse current to stimulate human tissue to produce physiological reactions and treat diseases. Electrotherapy pulse current is definition some voltage and waveforms in order to relieve pain, improve blood circulation and muscle relaxation.

Low frequency pulse electrotherapy is used in the following aspects (including but not limited to):

(1) Pain relief therapy:

For the relief of acute or chronic pain, such as muscle soreness, arthritis, headache and neuralgia, etc., **such as TENS therapy.**

(2) Sports performance enhancement:

By reducing muscle fatigue and promoting entanglement, improve the performance level of athletes, **such as EMS therapy.**

(3) Improve blood circulation:

Promote blood circulation, eliminate edema, promote blood circulation, increase the supply of oxygen and nutrients, help tissue repair and recovery, relieve cerebral and peripheral tissue hypoxia, **such as Massage.**

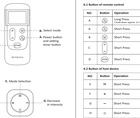
(4) Muscle relaxation:

Low-frequency pulse electrotherapy can reduce muscle tension and muscle spasm, relieve muscle pain and stiffness, relieve muscle pain and discomfort, **such as Massage.**

2. Vorwort und beabsichtigte Verwendung

Das Gerät ist kein Ersatz für ärztliche Beratung und Behandlung. Konsultieren Sie zuerst Ihren Arzt, wenn Sie Schmerzen haben oder an einer bestimmten Krankheit. Das Gerät wird zur vorübergehenden Linderung von Schmerzen bei Muskelkater und schmerzenden Muskeln in Schulter-, Taillen-, Nacken, Arm-, Bein- und Fußbereich aufgrund von Anstrengung durch Sport oder normale Haushalts- und Arbeitsaktivitäten verwendet.

3. Verpackungsinhalt



A	Fernbedienung
B	Gastgeräte
C	Elektrode Pad
D	Elektrode Pad
E	Gurt
F	Gurt
G	Knopfzellenbatterie
H	Batteriefach Entfernungsmarkierung

4. Product Function

- **Unterstützt TENS zur Schmerzlinderung:** Einstellung der TENS Schmerztherapie.
- **30 voreingestellte Modi:** Bietet vielseitige Therapieoptionen.
- **Stärkeauswahl:** 20 Stufen zur Auswahl.
- **Timer-Einstellung:** 20-60 Minuten zur Auswahl.
- **ATOP-Funktion:** Mit einem Klick kann das Gerät gestoppt werden.
- **Steuerungsmethoden:** Steuerung über den Host-Gerät und Fernbedienung.

5. Gerätebeschreibung

6. Interaktion (LED, Piepton, Taste)

6.1 Fernbedienungstaste

NO.	Taste	Operation	Funktion
A	Lang drücken Lang drücken	Ein/Ausschalten des Gerätes	
B	Kurzer Druck	Timer einstellen	
C	Kurzer Druck	Modus wählen	
D	Kurzer Druck	Intensitätsstufe einwählen	
E	Kurzer Druck	Timer stoppen	

6.2 Gerätetasten

NO.	Taste	Operation	Funktion
F	Kurzer Druck	Moduswahl	
G	Kurzer Druck	Ein/Ausschalten	
H	Kurzer Druck	Verringerung der Intensität	
I	Kurzer Druck	Erhöhung der Intensität	
J	Kurzer Druck	Ein/Ausschalten	

Hinweis: Die Fernbedienung kann den Host ausschalten, aber sie kann den Host nicht einschalten, wenn er ausgeschaltet ist.

6.3 Anzeigen

NO.	LE	Funktion
A		Batteriestand der Fernbedienung
B		Timeinstellung
C		Modusauswahl
D		Impulsintensität

6.4 LED-Anzeige und Ton

Status	Anzeigeleuchte	Ton
Ein/Ausschalten	Anzeigeleuchte blinkt 3 mal	Langer Ton
		Langer Ton
Modus wählen	1 kurzer akustischer Signal	Kurzer Druck: Modus wechseln
	1 langer akustischer Signal	Langer Druck: Ton ausschalten
Intensität einstellen	1 langer akustischer Signal	Kurzer Druck: Intensität erhöhen
		Langer Druck: Intensität verringern
Ein/Aus		Kurzer Druck: Ein/Aus
		Langer Druck: Ein/Aus
Niedrigen Batteriestand		Langer Druck: Ein/Aus
	3 lange akustische Signale	Langer Druck: Ein/Aus

7. Verwenden

7.1 Hinweise zur Verwendung

(1) Laden Sie die Geräte beim ersten Mal 2 Stunden lang aufladen. (Abb.1)

(2) Vor der Verwendung überprüfen Sie, ob das Pfeilsymbol auf der Rückseite der Fernbedienung ausgerichtet ist. (Abb.2)

(3) Das Gerät schaltet sich automatisch aus, wenn es 3 Minuten nicht benutzt wird (automatische Abschaltfunktion). (Abb.3)

⚠ Achtung

① Wischen Sie zu Ende (auf Pfeil Stopp aufhängen, wenn Modus dabei, dann die Intensität sowohl an der Fernbedienung als auch an den Hosts auf Null eingestellt ist.(Abb.4)

② Verwenden Sie das Gerät aus Sicherheitsgründen nicht während des Ladevorgangs. (Abb.5)

(5) Bei beiden Elektroden müssen auf der Haut gelöst werden(kein gelöst werden, kann das Gerät impulse abgeben) Sam (Abb.6)

7.2 Anleitung zur Elektrodenbefestigung

HINWEIS:

TENS:

7.3 Use

7.3.1. Host Tastenbedienung

(1) Nach dem Laden die Elektroden auf Ihre Haut befestigen. (Abb. 1)

(2) Die Einschalttaste des Geräts lang gedrückt halten, dann die Fernbedienung lang drücken. (Abb. 2)

(3) Drücken Sie kurz die Taste ⏲, um einen Timer einzustellen. (Abb. 3)

(4) Drücken Sie kurz die Taste ⏻, um die Impulsintensität zu wählen. (Abb. 5)

(5) Durch Drücken der Stoppuhr auf der Fernbedienung wird die Wirkung des Hauptgeräts bei Bedarf sofort angehalten. (Abb. 6)

7.3.2. Fernbedienung

(1) Nach dem Laden die Elektroden auf Ihre Haut befestigen. (Abb. 1)

(2) Die Einschalttaste des Geräts lang gedrückt halten, dann die Fernbedienung lang drücken. (Abb. 2)

(3) Drücken Sie kurz die Taste ⏲, um einen Timer einzustellen. (Abb. 3)

(4) Drücken Sie kurz die Taste ⏻, um die Impulsintensität zu wählen. (Abb. 5)

(5) Durch Drücken der Stoppuhr auf der Fernbedienung wird die Wirkung des Hauptgeräts bei Bedarf sofort angehalten. (Abb. 6)

8. Fehlerbehebung

Problem 01: Das Gerät schaltet sich nicht ein, wenn die Ein/Aus-Taste gedrückt wird.

Vorgehensweise:

(1) Laden Sie das Gerät mit einem 5V 1A Kabel für ca. 2 Stunden bis zur vollen Ladung auf.

(2) Kontaktieren Sie den Kundendienst.

Problem 02: Die Elektroden haften nicht am Körper.

Vorgehensweise:

(1) Reinigen Sie die verklebten Teile mit sauberem Wasser. Wenn sie nicht gut haften, verwenden Sie neue.

(2) Vermeiden Sie vor der Anwendung Lotionen oder Öle auf der Haut. Das verwischen für die Verwendung von Lotionen oder Öle. Das Kleben des Bereichs kann haften, dass die Elektroden länger haften.

Problem 03: Es gibt keine spürbare Stimulation.

Vorgehensweise:

(1) Starten Sie das Programm neu.

(2) Zwei Elektroden müssen vor dem Anlegen auf der Haut gelöst werden, damit das Gerät Impulse ausgeben kann.

(3) Prüfen, ob die Positionen der Elektroden sich überlappen, wenn sie an der Hautoberfläche sich überlappen.

(4) Die Internität des Geräts funktioniert besser, wenn der Akku aufgeladen wird. Bitte laden Sie das Gerät 2 Stunden lang, bevor Sie es verwenden.

(5) Aus Sicherheitsgründen sollte das Gerät nicht verwendet werden, während es geladen wird.

(6) Überprüfen Sie, ob der Kontaktfläche durch ein anderes Kabel blockiert

9. Ladeanleitung

(1) Low Battery: Wenn die Batteriestärke unter 15% liegt, blinkt die Anzeige des Hauptgeräts rot und das Bedienungsfeld des Hauptgeräts piept.

Wenn der Strompegel zur neige geht, schaltet das Gerät automatisch ab. Wenn es einen Monat oder länger nicht verwendet wird, laden Sie es vollständig auf.

(2) Wenn die Fernbedienung keine Batterie mehr hat, verwenden Sie die Knopfzelle. Verwenden Sie den Schlüssel, um die Batteriefach zu entsperren, ersetzen Sie die alte CR2032 3V Knopfzelle durch eine neue und verriegeln Sie die Batteriefachabdeckung wieder mit dem Schlüssel.

(3) Der Stimulation fun