Table of contents

EN 1-35
DE 36-70

Catalogue

1. Signs and Symbols 1
2. Getting to know 2
3. Forward and Intended Use 3
4. Package Included 4
5. Product Function 5
6. Device Description 6
7. Use 7
8. Interaction(LED, Beep,Button) 8
9. Trouble Shooting 9
10. Program Overview 10
11. Technical Specifications 11
12. Charging Instruction 12
13. Warnings 13
14. Safety Precautions 14
15. Precautions 15
16. Appendix EMC Declaration 16
17. Warranty 17

Signs and Symbols

Warning Sign	Meaning
	It Shows that it will appear the dangerous of visualiza or serious injury in the error use.
	It Shows that it will appear the possibility of visualiza or serious injury in the error use.
	It Shows that it will appear the possibility of visualiza or damaged partial in the error use.
	Refer to instruction for use
	THIS SIDE UPWARD
	Manufacturer

1. Getting to know

Low Frequency pulse electrotherapy is a kind of therapy that uses low frequency pulse current to stimulate human tissue to produce physiological reaction, so as to achieve the purpose of treatment. It is commonly used to stimulate some nerveless and muscle tissue in order to relieve pain, improve blood circulation and muscle relaxation.

Low frequency pulse electrotherapy is used in the following aspects (including but not limited to):

(1) Relieve muscle fatigue

For the relief of general disease pain, such as muscle soreness, arthritis, headache and neuralgia, etc., **such as TENS therapy.**

(2) Sports performance enhancement

By reducing muscle fatigue and promoting entrainment, improve the performance level of athletes, **such as EMS therapy.**

(3) Improve blood circulation

Promote blood circulation of muscles, promote blood circulation, increase the supply of oxygen and nutrients, help remove muscle spasm, relieve cerebral and prevent bruise injury, **such as Massage.**

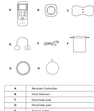
(4) Muscle relaxation

Low frequency pulse electrotherapy can reduce muscle tension and muscle spasm, relieve muscle tension and stretch, relieve muscle pain and discomfort, **such as Massage.**

2. Forward and Intended Use

The device is not a substitute for medical treatment and medicine. Consult your doctor first if you are experiencing any pain or are suffering from an illness. The device is used for temporary relief of pain associated with sore and aching muscles in the shoulder, back, back, back of the neck, arm, leg, and foot, due to strain from exercise or normal household and work activities.

3. Package Included



4. Product Function

- **Support TENS for pain relief:** Adjustable TENS for pain management.
- **30 Preset modes:** Providing versatile therapy options.
- **Strength selection:** 20 levels is optional.
- **Timer setting:** 20 60 minutes is optional.
- **ATOP function:** Plus-slide to stop the device's operation.
- **Control Methods:** Host Control and Remote Control.

5. Device Description

A	Remote Controller
B	Host Electrode
C	Electrode pad
D	Electrode Gel
E	Strap Clip
F	Strap
G	Button cell battery
H	Battery cover removal tab

6. Interaction(LED, Beep,Button)

6.1 Buttons of remote control

NO.	Button	Operation	Function
A	Short Press	Long Press (Hold down for 3 seconds)	Turn on / off the power
B	Short Press	Short Press	Set a timer
C	Short Press	Short Press	Choose a mode
D	Short Press	Short Press	Set a intensity level
E	Short Press	Short Press	Stop the device from working

6.2 Buttons of host device

NO.	Button	Operation	Function
F	M	Short Press	Mode Selection
F	M	Short Press	Increase in Intensity
G	Short Press	Short Press	Decrease in Intensity
G	Short Press	Long Press	Power On/Off

Note: The remote control can power off the host, but it cannot power on the host when it is turned off.

6.3 Mains

NO.	LE	Function
A		Battery level of the Remote control
B		Timing Selection
C		Mode selection
D		Impulse Intensity

6.4 LED indicator and Beep

Status	LED Indicator	Beep
Power On	LED indicator flashes twice in one second	Four Notes
	green flashing	Charging
	green Keep on	Charging Full battery
Mode Selection	1 brief seconds signal	settings acceptance confirmed
	1 long seconds signal	power on / off
	3 long seconds signal	Intensity at maximum or minimum.

7. Use

7.1 Notes on Use

(1) Charge the device for 2 hours for the first-time use. (Fig.1)

(2) Before use, check if the arrow symbol on the back cover of the remote control is aligned. (Fig.2)

(3) The device switches itself off automatically if it is **not used for 3 minutes (automatic switch-off).** (Fig.3)

⚠ Attention

If the device switches itself off or stops working, make sure the intensity is set THE MINIMUM and THE MODE is set to a pulse mode.

(4) For safety, don't use the device while charging. (Fig.4)

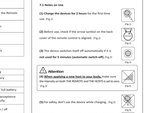
(5) To two electrodes need to be posted on the skin before the device can output pulses. (Fig.5)

7.2 Electrode Attachment Guide

Attention:

(1) For the small pain point or small muscle groups;

(2) For larger area of pain or larger muscle groups.



7.3 Use

7.3.1. Host Switch control

(1) After charging, stick electrodes on your body. (Fig.1)

(2) Long press the power button to turn on the device. (Fig.2)

(3) Press the mode selection key to select the mode. (Fig.3)

(4) Press the intensity key to select intensity. (Fig.4)

7.3.2. Remote control

(1) After charging, stick electrodes on your body (Fig.1)

(2) Long press the device's power button, then long press the remote's (Fig.2)

(3) Press the key to select mode. (Fig.3)

(4) Short press the key ⏲ to set a timer. (Fig.4)

(5) Press the plus key ⊕ to select a impulse intensity. (Fig.5)

(6) Pressing the plus button on the remote control immediately feels the force about capitation when needed. (Fig.6)

8. Trouble Shooting

Problem 01: The device does not switch when the ON/OFF button is pressed.

How to prevent:

(1) Charge with the 5A cable for about 2 hours (Fig.1).

(2) Contact Customer Services.

Problem 02: Electrodes do not adhere to the body.

How to prevent:

(1) Ensure the part of the electrodes with clean water. If they don't stick well, use new ones.

(2) Before applying the electrodes, clean your skin and avoid using lotions or oils. Wiping the skin may help the electrodes last longer.

Problem 03: There is no noticeable stimulation.

How to prevent:

(1) Restart the program.

(2) The two electrodes need to be posted on the skin before the device can output pulses.

(3) Check electrode positions and ensure that adhesive electrodes do not overlap.

(4) Ensure the battery socket/adapter when the battery is charged. Please charge for 2 hours before using.

(5) In consideration of safety, the device does not support usage while charging.

(6) If the battery is depleted, the device is not making good contact. Please try using a different electrode pad.

Problem 04: The unit on the device is flashing in red and cannot be used.

(1) Reduce the remote control or the hosts and try again.

(2) If there are broadcasts on the 433 MHz signal frequency around, please turn them off and try again.

(3) Check if there is excessive distance or any obstacles affecting the signal between the remote control and the device.

(4) If the above steps don't resolve the issue, please contact customer support.

Problem 05: Remote Control Not Working

How to prevent:

(1) Ensure proper battery alignment in the back cover. Poor alignment may cause bad contact.

(2) If batteries are depleted, use the cover or a card to create a tight pressure.

Problem 06: Since the product allows separate control by the host and remote, simultaneous commands might cause issues.

How to prevent:

(1) Use the remote: Within mobile range, disabled the mode on the remote, the host will automatically disconnect.

(2) Manual Control: Return back the host and remote, Start from Mode 1 and select until the desired mode.

9. Charging Instruction

(1) Use Battery: When the battery level is below 15%, the host will automatically shut down to prevent damage from deep discharge. When the power is depleted, the device will shut down automatically. If not used for a month or longer, please charge it fully before use.

(2) When the remote control's out of battery, use the button battery, key provided with the product to unlock the battery cover, replace the old CR2032 (3V button battery with a new one, and lock the battery cover back in place with the key.

(3) The vibration does not work while charging.

(4) The stimulator should be connected to an EC 62368 certified adapter for charging.

(5) When the equipment is fully charged, the working time of the equipment is about 10 hours. (Test condition: the forward strength: TENS 20 levels)

(6) The typical service life of the battery is between 2 and 3 years.

10. Program Overview

The preset modes are recommended for use on specific areas, but users can customize their own modes by adjusting the pulse parameters.

• The unit features a total of 30 programs:

Parts	Mode NO.	Frequency	Width
Shoulder&Neck	1	5Hz	200us
	2	5Hz, 80Hz	200us, 200us
	3	5Hz, 80Hz	200us, 200us
Waist	4	2Hz	200us
	5	2Hz, 80Hz	200us, 200us
	6	2Hz, 80Hz	200us, 200us
Hand	7	80Hz	200us
	8	80Hz, 2Hz	200us, 200us
	9	80Hz, 2Hz	200us, 200us
Leg Lower Limb	10	1Hz, 5Hz	200us, 200us
	11	1Hz, 5Hz	200us, 200us
	12	80Hz, 5Hz	200us, 200us
	13	80Hz	200us
	14	80Hz, 2Hz	200us, 200us
	15	80Hz, 2Hz	200us, 200us
Upper Limb(Elbow)	16	1Hz, 80Hz	200us, 200us
	17	1Hz, 80Hz	200us, 200us
	18	1Hz, 80Hz	200us, 200us
	19	1Hz, 80Hz	200us, 200us
	20	1Hz, 80Hz	200us, 200us
	21	1Hz, 80Hz	200us, 200us
	22	1Hz, 80Hz	200us, 200us
	23	1Hz, 80Hz	200us, 200us
	24	1Hz, 80Hz	200us, 200us
	25	1Hz, 80Hz	200us, 200us
	26	1Hz, 80Hz	200us, 200us
	27	1Hz, 80Hz	200us, 200us
	28	1Hz, 80Hz	200us, 200us
	29	1Hz, 80Hz	200us, 200us
	30	1Hz, 80Hz	200us, 200us

11. Technical Specifications

Power program	30
Timer Setting	Supported, 10 - 60 minutes
Intensity	Supported, 1 - 20 levels
Electrode Pad	4 Pieces
Connection mode	Wireless wireless
Remote control	Supported, Remote control
Output mode	2-channel
Impulse frequency	0-120hz
Output voltage	peak ≤100V
Output current	≤ 100mA
Host Battery	Rechargeable lithium battery 300mAh
Remote Battery	CR2032 button Battery
Host	19.5*14.5*3.5cm
Adapter	Support DC 5V
Operating conditions	Environment temperature: +10°~+40°C Environment humidity: 15-85RH Atmospheric environment condition: 500Pa-1060Pa
Storage/Transport conditions	Environment temperature: -10°~+55°C Environment humidity: 5-93RH Atmospheric environment condition: 500Pa-1060Pa

WARNING:

When the ambient temperature is 10°~ 35°C the Item 3 refers to the equipment is room ad from the minimum storage temperature between rate rate to be made for use is about 2 Ohm (±), the equipment is current free. maximum storage temperature between rate to made for use approximately 5 Ohm (±).

12. Charging and storage

12.1 Adhesive electrodes

(1) Use only the adhesive electrodes remain unheated for a long as possible, clean their surfaces with a damp, lint-free cotton, place the underside of the electrodes under between, running water and gel dry with a lint-free cloth, (if, after drying naturally, it can be used

(2) Keep the electrodes in the carrier foil following treatment.

(3) Keep the electrodes in the carrier foil following treatment.

(4) Do not use the device if the electrodes are damaged that the electrode should not be used more than 30 times.

12.2 Cleaning the device

• Remove the battery from the device before cleaning.

• Clean the device after use with a soft, slightly damp cloth. Fire only use a mild detergent. Do not use solvents or abrasive cleaners.

• Do not use any chemical or abrasive cleaning agents. Ensure that no water enters the device. Reuse of the device Once it has been properly prepared for the next use, the device should be disinfected in accordance of the treatment electrodes as well as cleaning of the surface of the device. Follow the instructions for use.

12.3 Storage

• Do not make sharp bends in the connection cables and electrodes.

• Reapply the electrodes to the carrier foil after use.

• Store the device and accessories in a cool, well-ventilated space.

• Never place any heavy objects on the device.

13. Warnings

(1) The long term effects of chronic electrical stimulation to the human body are not known.

(2) Patients with cardiac pacemaker are alarmed.

(3) Do not use on people who are pregnant, have epilepsy, heart disease, or suffering from serious illnesses.

(4) Keep the electrodes to the carrier foil following treatment.

(5) Do not use the device in the following situations: Fractures, dislocations, muscle tearing stage after the operation.

(6) Treatment is not sensitive to heat or electrical stimulation of the skin patients disabled.

(7) Disturbance of consciousness or disabled children.

(8) Treatment of sanitary, skin infection or with skin diseases, phlebitis patients disabled.

(9) Do not use the device when showers, sweating and disabled when you go for bathing.

(10) Driving traffic tools or disable during movement.

(11) Infant allergies are disabled.

(12) Parts of the new equipment that are not serviced or maintained under it or with the patient.

(13) Unauthorized modification of equipment may result in dangers

14. Safety Precautions

It is important that you read all the warning and precautions into this manual before using the equipment. Failure to do so may cause injury and damage in situations that could result in damage to the device.

⚠ The manual said that the purpose of warning sign and legend is safe and proper using the product by users, and prevents the harm to you and others.

⚠ The warning sign and legend as well as their meaning is as follows.

⚠ Please note that for safety reasons, the product does not support using while charging.

⚠ Attention

• The therapeutic apparatus cannot be used with the RF apparatus to avoid the mutual interference between the two devices affecting the normal output and cause a situation that could result in damage to the device.

⚠ The manual said that the purpose of warning sign and legend is safe and proper using the product by users, and prevents the harm to you and others.

⚠ The warning sign and legend as well as their meaning is as follows.

• Pacemaker patients, people with implanted defibrillators, heart disease, or electrocardiogram (ECG) monitoring users are prohibited.

• Keep the electrodes to the carrier foil following treatment.

• Do not use the device in the following situations: Fractures, dislocations, muscle tearing stage after the operation.

• Do not use on people who are pregnant, have epilepsy, heart disease, or suffering from serious illnesses.

• Do not use the device when showers, sweating and disabled when you go for bathing.

⚠ Caution

• Pregnant women and patient's menstrual period, a person with implanted electronic devices, a person with a pacemaker, a person with a hearing aid, a person with a metal implant, a person with a tumor, a person with a cardiac disease, a person with a fever, a person with a skin allergy, a person with a skin wound, a person who is drunk or other person treated by the doctor must consult a doctor over use the product.

• It is contraindicated for use by those who have a pre-ejaculatory tendency, hemorrhagic tendency, and fever.

• It is prohibited to use when bathing, sweating, and sleeping.

• For patient with unstable hemorrhage • should be disabled in the stimulation. The picture on the left requires Cover the eyes under the supervision of doctors.

• Do not use the device if you feel dizzy have accident information, avoid blood pressure, and continuous hypoxemia.

• It is contraindicated for use by those who have a rare cardiovascular disease, cardiac function, Please stop using it immediately in the event of any adverse reaction.

• Indicate that stimulation should not be applied across or through the head, neck, mouth, or the front of the neck(especially the carotid sinus), or the chest and the upper back over the heart.

• Do not use the device for other purposes.

• Do not use accessories not specified by the manufacturer.

15. Precautions

⚠ Please do not use in the parts which is reserved heart, head, neck, chest and abdomen (for the carotid artery), the left side of upper back, and nearby or pacemakers, also disease.

The head, the neck or any area of the face.

The chest or any area of the thoracic disease (the cardiac sinus electric impulse causes resulting in chaos after the electric pulse is applied to the chest, causing effects on heart rhythm or death and disease).

Near the heart, or on genital area.

Both sides of the chest cavity (emphysema) Central nervous system (the electric pulse is applied to the head, causing effects on the brain function, causing unconscious or other disorders which could be lethal.

The Pacemaker patient (electrical stimulation may cause cardiac dysfunction.

(1) It should be shut off when used again when the apparatus is more or changed the intensity of the output of the strength, otherwise there will be a strong stimulation.

(2) It is not permitted to give children or people who were in the mental state of use.

(3) Do not use the device while driving the product, please stop using it immediately in the event of a failure.

(4) Please pull up the power plug when you are done or do not use the product.

(5) Do not used in conjunction with other medical electronic devices, such as a cardiac pacemaker, artificial heart and lung, and other medical electronic devices with life, electrocardiograph, and other medical electronic devices, otherwise it will lead to danger.

(6) Do not use the product in the place where it direct sunlight, high temperature, high humidity and dust environment.

(7) Do not disassemble, repair and modify the therapeutic apparatus, otherwise cause failure or get an electric shock accident.

(8) The therapeutic apparatus will produce a weak or medium which is easy to move the plugs to use, it is easy to move the plugs in emergency circumstances.

(9) Check the equipment before each use to avoid the exposed wires caused by accidental damage or other reasons.

(10) Root may affect the performance of the unit, please use a dry silk cloth to clean the device. Do not use the device if the surface is damaged.

(11) Do not use in conjunction with other medical electronic devices, such as a cardiac pacemaker, artificial heart and lung, and other medical electronic devices with life, electrocardiograph, and other medical electronic devices, otherwise it will lead to danger.

(12) Do not use the product in the place where it direct sunlight, high temperature, high humidity and dust environment.

(13) Do not disassemble, repair and modify the therapeutic apparatus, otherwise cause failure or get an electric shock accident.

(14) The therapeutic apparatus will produce a weak or medium which is easy to move the plugs to use, it is easy to move the plugs in emergency circumstances.

(15) Check the equipment before each use to avoid the exposed wires caused by accidental damage or other reasons.

(16) Root may affect the performance of the unit, please use a dry silk cloth to clean the device. Do not use the device if the surface is damaged.

(17) Do not used in conjunction with other medical electronic devices, such as a cardiac pacemaker, artificial heart and lung, and other medical electronic devices with life, electrocardiograph, and other medical electronic devices, otherwise it will lead to danger.

(18) Do not use the product in the place where it direct sunlight, high temperature, high humidity and dust environment.

(19) Do not disassemble, repair and modify the therapeutic apparatus, otherwise cause failure or get an electric shock accident.

(20) The therapeutic apparatus will produce a weak or medium which is easy to move the plugs to use, it is easy to move the plugs in emergency circumstances.

(21) Check the equipment before each use to avoid the exposed wires caused by accidental damage or other reasons.

(22) Root may affect the performance of the unit, please use a dry silk cloth to clean the device. Do not use the device if the surface is damaged.

16. Appendix EMC Declaration

The equipment is intended for use in the electromagnetic environment specified below. The customer or the user of the equipment should assure that it is used in such an environment. The Transcutaneous Electrical Nerve Stimulation is suitable for use in a professional health care environment, not including areas where there are sensitive equipment or sources of intense electromagnetic disturbances, such as the medical electronic equipment, medical electronic systems, high-frequency operating room, near active HF surgical equipment, electrophysics laboratories, protected rooms or areas where short-wave therapeutic equipment is used.

• Do not use the patient around the strong electric field, electromagnetic wave and the place where the electromagnetic wave is easy to spread. Using the device in an improper environment may cause malfunction or damage.

• The consumers and EMS (Equipment or system) cannot be guaranteed the use of modified cables or those which does not comply with the standards and under certain circumstances.

• The system must not be used adjacent or supported by other equipments. The recommendation of this manual must be followed.

• Do not use accessories, transducers, internal parts of components and other cables other than those previously specified by the manufacturer. This may result in increased emission or decreased electromagnetic immunity and result in improper operation.

• Portable RF communications equipment (including peripherals such as antenna cables and external antennas)should be used no closer than 30cm to any part of the ultrasound system, including cables specified by the manufacturer. Otherwise, degradation of the performance of this equipment could result.

• To maintain basic safety in relation to electromagnetic disturbances during the expected service life, always use the system in the specified electromagnetic environment and follow the maintenance recommendations indicated in the manual.

The following table provides information on compliance of the equipment according to the standard EN 60601-1-2:2015.

Table 1: Compliance class

Immunity Test	Complying	Electromagnetic Environment and Guidance
	Group 2	Equipment uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
RF emissions CISPR 11	Group 1	The equipment is suitable for use in all establishments, including domestic establishments and those directly connected to the public low voltage power supply network that supplies buildings used for domestic purposes.
Harmonic emissions IEC 61000-3-2	Class A	
Voltage fluctuations/ Flicker emissions IEC61000-3-3	Complies with the limits	

Table 2: Compliance standards

Measurement	Basic Standard	Immunity Test	Level of
Electrostatic discharge (ESD)	IEC 61000-4-2	±8 kV contact ±15 kV air	±8 kV contact ±15 kV air
Radiated RF	IEC 61000-4-3	10 V/m 80 MHz - 2.7 GHz	10 V/m 80 MHz - 2.7 GHz
EFT/Burst	IEC 61000-4-4	2kV for 5/50 ns, 100kHz repetition frequency	2kV for 5/50 ns, 100kHz repetition frequency
Protection Body from RF electromagnetic interference equipment	IEC 61000-4-6	See table	See table
Power frequency Transients	IEC 61000-4-8	30 A/m 50Hz or 60Hz	30 A/m 50Hz or 60Hz
Conducted disturbance induced by RF fields	IEC 61000-4-6	3 Vrms 150 kHz to 80 MHz 6 Vrms in ISM bands between 0.15 MHz and 80 MHz	3 Vrms 150 kHz to 80 MHz 6 Vrms in ISM bands between 0.15 MHz and 80 MHz

Table 3: Test specifications for CHELLOUSE PORT IMMUNITY to RF wireless communications equipment

Test frequency	Band	Service	Modulation	Power	Distance
385	380-390	TETRA 400	Pulse modulation 18Hz	1.8	0.3
450	430-470	GMRS 460 FRS 462	FM ±5 deviation 1kHz sine	2	0.3
710	704-787	LTE Band 13, 17	Pulse modulation 217Hz	0.2	0.3
745					
780					
810	800-960	GSM 800 CDMA 800, LTE Band 5	Pulse modulation 18Hz	2	0.3
870					
930					
1700	1700-2000	GSM 1800 CDMA 1900 UMTS Band 1 LTE Band 4	Pulse modulation 217Hz	0.2	0.3
1845					
1970					
2450	2400-2570	IEEE 802.11b/g/n WiFi 2.4 LTE Band 7	Pulse modulation 217Hz	0.2	0.3
5240	5100-5800	IEEE 802.11a/n WiFi 5.2/5.8	Pulse modulation 217Hz	0.2	0.3
5500					
5785					

17. Warranty

24 Hrs Quick Customer Support

90 Days Free Return

365 Days Warranty

If you have questions or concerns, don't hesitate to contact us directly at:

Customer Service Hotline

1(833)990-0618

Monday to Friday, 8:00 a.t.-5:PM EST

Email: help@comfytemp.com

Deutsches Inhaltsverzeichnis

Zeichen und Symbole 1
1. Kennenlernen 2
2. Vorwort und Bestimmtes Verwendung 3
3. Verpackungsinhalt 4
4. Product Function 5
5. Gerätebeschreibung 6
6. Interaktion (LED, Piepton, Taste) 7
7. Verwenden 8
8. Fehlerbehebung 9
9. Ladeanleitung 10
10. Programmübersicht 11
11. Technische Spezifikationen 12
12. Reinigung und Lagerung 13
13. Warnungen 14
14. Sicherheitsvorkehrungen 15
15. Vorsichtsmaßnahmen 16
16. Anhang EMC Erklärung 17
17. Garantie 71

1. Zeichen und Symbole

Zeichen	Bedeutung
	Es zeigt, dass bei falscher Anwendung die Gefahrlichkeit oder schwerwiegend Verletzung
	Es zeigt, dass bei falscher Anwendung die Gefahrlichkeit oder Verletzung
	Gebrauchsanweisung beachten
	Typ-B angewandter Teil
	Hersteller

1. Kennenlernen

Niederfrequenz-Pulsstromtherapie ist eine Art von Therapie, die niedrige Frequenzpulse verwendet, um eine menschliche Gewebe zu stimulieren und therapeutische Effekte zu erzeugen. Es wird eine Reaktion des menschlichen Gewebes hervorgerufen, um einige nervenlose und Muskelgewebe zu stimulieren, um Schmerzen zu lindern, Durchblutung zu verbessern und Muskelentspannung zu fördern.

Niederfrequenz-Pulsstromtherapie wird in den folgenden Bereichen verwendet (einschließlich, aber nicht hierauf beschränkt):

(1) Schmerzmanagement

Zur Linderung dieser oder chronischen Schmerzen, wie Muskelkater, Arthritis, Kopfschmerzen und Neuralgien, etc., **wie in TENS Therapie.**

(2) Sportliche Leistungssteigerung

Durch Reduzierung der Muskelermüdung und die Förderung der Muskelfunktion, Verbesserung der Leistung von Sportlern, **wie in EMS-Therapie.**

(3) Verbesserung der Durchblutung

Gewebesauerstoff und Nährstoffversorgung, die Durchblutung fördern, die Muskelkrämpfe lindern, die Ansammlung von Ödemen verhindern, Gewebeverletzungen lindern und die Gesundheitszustand fördern, **wie in Massage.**

(4) Muskelentspannung

Niederfrequenz-Pulsstromtherapie kann Muskelverspannungen und Muskelkrämpfe reduzieren, Muskelentspannung und Dehnung fördern, Schmerzen und Unwohlsein lindern, **wie in Massage.**

2. Vorwort und beabsichtigtes Verwendung

Das Gerät ist kein Ersatz für ärztliche Behandlung und Behandlung. Bitten wenden Sie zuerst Ihren Arzt, wenn Sie Schmerzen haben oder an einer Krankheit leiden. Das Gerät wird zur vorübergehenden Linderung von Schmerzen bei Muskelkatter und schmerzenden Muskeln in Schulter-, Taillen-, Rücken, Arm-, Bein- und Fußbereich aufgrund von Anstrengung oder Arbeit im normalen Haushalts, und Arbeitsleben, leisten verwendet.

3. Verpackungsinhalt

4. Product Function

- **Unterstützt TENS zur Schmerzlinderung:** Einstellung der TENS Schmerzmanagement.
- **30 verschiedene Modi:** Bietet vielseitige Therapieoptionen.
- **Stärkeauswahl:** 20 Stufen zur Auswahl.
- **Timer-Einstellung:** 20-60 Minuten zur Auswahl.
- **ATOP-Funktion:** Mit einem Klick kann das Gerät gestoppt werden.
- **Steuerungsmethoden:** Steuerung über den Host-Gerät und Fernbedienung.

5. Gerätebeschreibung

A	Fernbedienung
B	Hauptelektrode
C	Elektrode Pad
D	Elektrode Gel
E	Gurtclip
F	Gurt
G	Knopfzellenbatterie
H	Batteriefach Entfernungsmechanismus

6. Interaktion (LED, Piepton, Taste)

6.1 Fernbedienungstaste

NO.	Taste	Operation	Funktion
A	Lang drücken (Halten Sie 3 Sekunden gedrückt)	Kurz drücken	Ein/Ausschalten des Gerätes
B	Kurzer Druck	Kurzer drücken	Timer einstellen
C	Kurzer Druck	Kurzer drücken	Modus wählen
D	Kurzer Druck	Kurzer drücken	Intensitätsstufe einstellen
E	Kurzer Druck	Kurzer drücken	Gerät stoppen

6.2 Gerätetasten

NO.	Taste	Operation	Funktion
F	M	Kurzer Druck	Modusauswahl
F	M	Kurzer Druck	Erhöhung der Intensität
G	Kurzer Druck	Kurzer Druck	Verringerung der Intensität
G	Kurzer Druck	Lang drücken	Ein / Ausschalten

Hinweis: Die Fernbedienung kann das Gerät ausschalten, aber sie kann das Gerät nicht einschalten, wenn er ausgeschaltet ist.

6.3 Anzeigen

NO.	LE	Funktion
A		Batteriestand der Fernbedienung
B		Timeinstellung
C		Modusauswahl
D		Impulsintensität

6.4 LED-Anzeige und Beep

Status	LED-Anzeige	Beep
Einschalten	LED-Anzeige blinkt zweimal pro Sekunde	Vier Noten
	grün blinkend	Laden
	grün Dauerlicht	Laden Vollständig aufgeladen
Modusauswahl	1 kurzes akustisches Signal	Einstellungen erfolgreich bestätigt
	1 langes akustisches Signal	Ein / Ausschalten
	3 lange akustische Signale	Intensität auf Maximum oder Minimum.

7. Verwenden

7.1 Hinweise zur Verwendung

(1) Laden Sie die Geräte beim ersten Mal 2 Stunden lang vollständig auf. (Fig.1)

(2) Vor der Verwendung überprüfen Sie, ob das Pfeilsymbol auf der Rückseite der Fernbedienung ausgerichtet ist. (Fig.2)

(3) Das Gerät schaltet sich automatisch aus, wenn es 3 Minuten nicht benutzt wird (automatische Abschaltfunktion). (Fig.3)

⚠ Achtung

Wenn das Gerät sich von selbst ausschaltet oder aufhört zu funktionieren, stellen Sie sicher, dass die Intensität auf das Minimum eingestellt ist und auf den Modus pulsartig eingestellt ist. (Fig.4)

(4) Verwenden Sie das Gerät aus Sicherheitsgründen nicht während des Ladevorgangs. (Fig.5)

(5) Die beiden Elektroden müssen auf der Haut gestellt werden bevor das Gerät Impulse abgeben kann. (Fig.6)

7.2 Anleitung zur Elektrodenbefestigung

HINWEIS:

(1) Für kleine Schmerzpunkte oder kleine Muskelgruppen;

(2) Für größere Schmerzbereiche oder größere Muskelgruppen.

7.3 Use

7.3.1. Host Fernbedienung

(1) Nach dem Laden die Elektroden auf Ihre Haut befestigen. (Fig.1)

(2) Die Einschalttaste des Geräts lang drücken, dann die Fernbedienung lang drücken. (Fig.2)

(3) Die Modus-Taste, um den Modus auszuwählen. (Fig.3)

(4) Drücken Sie kurz die Taste ⊕, um einen Impuls auszuwählen. (Fig.4)

(5) Drücken Sie die Intensitätstaste, um die Intensität zu ändern. (Fig.5)

7.3.2. Fernbedienung

(1) Nach dem Laden die Elektroden auf Ihre Haut befestigen. (Fig.1)

(2) Die Einschalttaste des Geräts lang drücken, dann die Fernbedienung lang drücken. (Fig.2)

(3) Die Intensität des Geräts Kurzmodus wählen. (Fig.3)

(4) Drücken Sie die Taste ⏲, um einen Timer einzustellen. (Fig.4)

(5) Die Intensitätstaste Gerätes Kurzmodus wählen. (Fig.5)

(6) Die Taste drücken, um die Intensität zu ändern. (Fig.6)

8. Fehlerbehebung

Problem 01: Das Gerät schaltet sich nicht ein, wenn die Ein/Aus-Taste gedrückt wird.

Vorgehensweise:

(1) Laden Sie das Gerät mit einem 5V 2A Kabel für ca. 2-3 Stunden bis zur vollen Ladung auf.

(2) Kontaktieren Sie den Kundendienst.

Problem 02: Die Elektroden haften nicht am Körper.

Vorgehensweise:

(1) Reinigen Sie die Hinterseiten Teil der Elektroden unter warmem Wasser. Wenn sie nicht haften, verwenden Sie neue.

(2) Vermeiden Sie vor der Anwendung Lotionen oder Öl auf der Haut und verwenden Sie die Verwendung von Lotionen oder Ölen, Zu Kosmetika, das Benutzen kann helfen, dass die Elektroden länger haften.

Problem 03: Es gibt keine spürbare Stimulation.

Vorgehensweise:

(1) Starten Sie das Programm neu.

(2) Platzieren Sie die beiden Elektroden vor dem Einsatz auf der Haut gestellt werden, damit das Gerät Impulse ausgeben kann.

(3) Prüfen Sie die Elektrodenpositionen und stellen sie sicher, dass sich die Klebeflächen nicht überlappen.

(4) Die Intensität des Geräts funktioniert besser, wenn der Akku voll geladen ist. Laden Sie das Gerät vor der Verwendung 2 Stunden lang.

(5) Aus Sicherheitsgründen sollte das Gerät nicht verwendet werden, während es geladen wird.

(6) Überprüfen Sie, ob der Kopf richtig sich im Anliegen haben haben.

Problem 04: Die Fernbedienung und die Bonustasten können keine Signale senden.

Vorgehensweise:

(1) Verkürzen Sie die Fernbedienung oder die Hauptgeräte näher und versuchen Sie es erneut.

(2) Wenn in der Umgebung mehrere 433 MHz Frequenzsignale vorhanden sind, schalten Sie sie bitte aus und versuchen Sie es erneut.

(3) Überprüfen Sie, ob es zu große Entfernungen oder Hindernisse zwischen der Fernbedienung und dem Bonustasten gibt.

(4) Wenn die oben genannten Schritte das Problem nicht lösen, bitten Sie den Kundendienst.

Problem 05: Fernbedienung funktioniert nicht.

Vorgehensweise:

(1) Stellen Sie sicher, dass die Ausrichtung der Knopfzellenbatterie im Inneren deckschlüssel. Eine schlechte Ausrichtung kann zu einem schlechten Kontakt führen.

(2) Wenn die Batterien leer sind, verwenden Sie die Abdeckung oder eine Karte, um einen festen Druck zu erzeugen.

Problem 06: Da die produkte eine unabhängige Fernbedienung und Bonustasten ermöglichen, können die Befehlen nicht immer richtig funktionieren.

Vorgehensweise:

(1) Fernbedienung: Innerhalb der Reichweite, wenn die Fernbedienung aktiviert ist, wird das Hauptgerät automatisch getrennt.

(2) Manuelle Steuerung: Zurückkehren Sie zu Modus 1 und wählen Sie bitte Sie den Modus aus.

9